

CURRICULUM VITAE

DR. HEATHER M BOYNTON, HBPE, MSW, RSW, PHD

Associate Professor, University of Calgary

Work: University of Calgary, Faculty of Social Work,
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Linked In: <https://www.linkedin.com/in/heather-boynton-138a4631/>

EDUCATIONAL BACKGROUND

- 1992 Honours Bachelor of Physical and Health Education, Lakehead University
Thesis: The effects of a co-operative games program on physical and verbal aggression in pre-adolescent males
- 2005 Honours Bachelor of Social Work, Lakehead University
Areas of focus: Child and family mental health, lifespan development, attachment
- 2007 Graduate Teaching Certificate, Lakehead University
- 2008 Master of Social Work, Lakehead University
Project: Children's spirituality: An exploration of literature and a rationale for its inclusion in social work (published)
- 2016 Doctor of Social Work, University of Calgary
Thesis: Navigating in seclusion: The complicated terrain of children's spirituality in trauma, grief and loss <https://prism.ucalgary.ca/server/api/core/bitstreams/4b440fe4-292f-4949-b6ec-a6e3085f490c/content>
- 2021 Teaching and Learning Certificate, Taylor Institute for Learning, University of Calgary

ACADEMIC APPOINTMENTS

- 2020- current Assistant Professor, Faculty of Social Work, University of Calgary, Edmonton Campus
- 2016-current Adjunct Professor, School of Kinesiology, Lakehead University
- 2011-2023 Faculty, Clinical Sciences, Northern Ontario School of Medicine
- 2010-2019 Sessional Lecturer, Lakehead University
- 2016-2018 Sessional Lecturer, Dalhousie University
- 2012 Sessional Lecturer, University of Calgary (Rural and Northern Practice)
- 2010 Graduate Teaching Assistant, University of Calgary (Grief and Loss)
- 2006-2007 Graduate Research Assistant, Lakehead University

1987-current Supervisor of Practicum Students – University of Calgary, Lakehead University, Confederation College, McGill University, Yorkville University. Fields of Social Work, Child and Youth Work, Recreation Therapy, Social Service Worker, Computer Programming, Occupational Therapy, Counselling Psychology

ACADEMIC ADMINISTRATIVE EXPERIENCE

2023-2024 Course Lead Mental Health Course BSW redesign Faculty of Social Work, University of Calgary (UofC)

2022-Current Interprofessional Education Committee Chair and Lead, Faculty of Social Work, University of Calgary

2011-2015 Interprofessional Education Coordinator, Lakehead University

RELATED WORK EXPERIENCE

2019-current Mental Health Consultant CASA Mental Health Edmonton - training, coaching, mentoring of mental health therapists in central and rural Alberta.

2016-current Workshop Facilitator TELUS Health (formerly Morneau Shepell) – training for organizations in Thunder Bay and surrounding area.

2000-current Owner Inner Harmony Consulting- holistic therapies, training and workshops, Feng Shui consultations

2014-2019 Manager of Mental Health Outpatient Programs St. Joseph's Care Group Thunder Bay – managed 6 programs with 60 direct reports. Established a stepped care program, trauma treatment program, Chronic Pain & ECHO program, psychiatric consultation program, implemented a Decision Guide Model of system navigation and client support, a spiritual care program for complex grief and trauma, and a triaged online referral process, provided mentorship for other hospitals. Reduced wait for services time from 2+ years to 3 weeks or less.

2005-current Office Manager and Bookkeeper Tundra Contracting, South Gillies, ON.

2011-2012 E-Counselling Project Manager Thunder Bay - established online counselling and training of counsellors across three organizations.

2007-2014 Child and Family Therapist – providing child and family therapy, Triple P group facilitator, HEALTHY group developer, therapist, case manager.

2005-2007 Intake Social Worker and Child and Family Therapist – development of a single point of access and assessment, child and family therapy, and case management.

2007-2009 Child Witness Program (Domestic Violence), Thunder Bay Counselling Centre – providing group therapy and psychoeducation for children and mothers.

2002-2006 Founding Committee Member of the Northwestern Branch of the Ontario Association for Child and Youth Counsellors – establish roles, responsibilities, values, mission, vision.

1996-2005 Office Manager and Bookkeeper Harrison Log Homes, South Gillies, ON.

1987-2005 Child and Youth Worker – Children's Centre Thunder Bay, Residential Program, Day Treatment Program, Short Term Assessment and Treatment Program – providing therapy and psychoeducation for children and families individually and in groups.

TEACHING

Courses Taught: University of Calgary

Year	Course Section	Course Title, Delivery, and Curriculum Design	# Of students
2026	797.43 S03	Conceptualization of Well-Being: Online Independent Study Course	2
2026	SW 551 S01	Spirituality and Social Work: Online Revised course development	35
2026	SW 641 S01	Models of Practice: Online Revised course development	35
2025	SW 613 S01	Trauma Impacts and Interventions across the Lifespan: Online Substantial redesign	30
2025	SW 427 S02	Multiple Dimensions of Mental Health: Face to face Course lead design	23
2025	SW 601 S01	Clinical Work with Individuals: Online Substantial course development	38
2025	SW 641 S01	Models of Practice: Online Substantial course development	32
2024	SW 557.19 S02	Spirituality and Social Work: Online Revised course development	25
2024	SW 613 S01	Trauma Impacts and Interventions across Lifespan: Online Substantial course development	32
2024	SW 553 S02	Mental Health: Online Substantial course development	26
2023	SOWK 797.22 S02	Phenomenology as Qualitative Methodology: face to face Independent Study Course	1
2023	SW 613 S03	Trauma Impacts and Interventions across the Lifespan: Online Substantial course development	43
2023	SW 557.19 S01	Spirituality and Social Work: Online Revised course development	34
2023	SW 743 S01	Values, Ethics & Professional Beliefs: face to face Substantial course development	7
2023	SW 553.15 S02	Mental Health: Online Revised course development	32
2022	SW 612.01 S03	Trauma Impacts and Interventions across the Lifespan: Online Substantial course development	34
2022	SW 625 S02	Practice with Individuals Families and Groups: Online Substantial course development	31
2022	SW 557.19 S07	Spirituality and Social Work: Online Revised course development	34
2022	SW 553.01 S02	Mental Health: Online Substantial course development	35
2021	SW 557.19 S07	Spirituality and Social Work: Online New course development	17
2021	SW 553.01 S02	Mental Health Online Substantial course development	24

2020-2021	SW 660 & SW 662	MSW Practicum Faculty Liaison & Integrative Practice Seminar: Face to Face then move to online – Co- taught	24
2020-2021	SW 412 & SW 413	BSW Practicum Faculty Liaison & Integrative Practice Seminar: Face to Face then moved to online	13
2012	SW 300	Northern and Rural Practice: Online– Learning Circles Substantial course development	54
2010	SW 557.22 S20	Social Work in Health Care: Online Teaching Assistant Instructor: Dr. Waegemakers-Schiff	48

Courses Taught: Dalhousie University

Year	Course Section	Course Title, Delivery, and Curriculum Design	# Of students
2018S	SW3360.07	BSW Social Work with Adolescents Online Substantial course development	44
2018W	SW 4010Y.07	BSW Advanced Social Work Practice (Theory and Skills) Online Substantial course development	51
2017S	SW 3320.07	BSW Social Work and Aging Online Substantial course development	38
2017W	SW 5130.08	MSW Aging Perspectives in Social Work Online Substantial course development	34
2016F W	SW 4010Y.08	BSW Advanced Social Work Practice (Theory and Skills) Online Substantial course development	51
2016W	SW 5130.08	MSW Aging Perspectives in Social Work Online Substantial course development	34

Courses Taught: Lakehead University

Year	Course Section	Course Title, Delivery, and Curriculum Design	# Of students
2016S	KINE 5070	Qualitative Research Methods for Health Sciences: Masters Reading Course New course development	1
2013-2018W	GERO 3439	Grief and Loss (Cross listed with SOWK and NURS) New course development	481
2010-2019W	SOWK 4055	Interprofessional Education Health and Wellness Online undergraduate and graduate (Cross listed in: MPH 5250, KINE 4055, NURS 4055, GERO 4055) Substantial course development	231
2014-2017	GERO 3450	Introduction to Case Management (cross listed with SOWK and NURS) Substantial course development	248
2008 & 2014	KINE 4059	Applied Sport Psychology Substantial course development	64

Courses Taught: Northern Ontario School of Medicine

Year	Course Section	Course Title, Delivery, and Curriculum Design	# Of students
2011-2019	CBL	Social Sciences and Clinical Topics, and Interprofessional Education: Face to Face Facilitation	168

	104, 105, 106, 109	(2 per year)	
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Invited Guest Lectures (13)

2025 November 4th CRIM 4035 Lakehead University. *Adopting an anti-oppressive and social justice lens and trauma-informed approach.*

2025 May 26th SOWK 621 S01 University of Calgary. History and Foundation of the Profession. *Spirituality: A foundational aspect of Social Work.*

2024 Oct 22nd CRIM 4035 Lakehead University. *Adopting an anti-oppressive and social justice lens and incorporating a trauma-informed approach in legal professions.*

2024 April 12th Nursing 400 University of Alberta. Leadership and Interprofessional Practice. *Social Work and Interprofessional teamwork and collaboration.*

2023 Nov 8th SOCW 453/698 University of Northern British Columbia. Social Work Practice and Spirituality. *The Spiritual Practice Model for Social Work.*

2023 Oct 16th SOWK 602 University of Calgary. Models of Practice. *The Spiritual Practice Model as a Model of Practice.*

2023: Mar 3rd SOWK 201 University of Calgary. Introduction to Social Work. *Spirituality and Social Work Practice.*

2023: Feb 28th SOWK 412 Practicum II University of Calgary & SOWK 450 Field Education (MacEwan University). *The Spiritual Practice Model and Field Education.*

2022: Nov 7th CRIM 4035 Lakehead University. *Adopting an anti-oppressive and social justice lens and trauma-informed approach Part 2.*

2022: Sept 26th CRIM 4035 Lakehead University. *Adopting an anti-oppressive and social justice lens and trauma-informed approach Part 1.*

2022: July 4th SOWK 616.03 S01: University of Calgary. Clinical work with other professionals. *Developing and evaluating interprofessional teams.*

2021: Oct 19th Post Master's Certificate Program in Spirituality and Social Work, New York University, Silver School of Social Work. *Children's spirituality research and practice, spiritual assessment.*

2018: January 11th SOWK 2011AA: Foundations to Social Work Practice in Canada, Lakehead University. *Spirituality across the lifespan and in trauma, grief and loss.*

CURRICULUM DEVELOPMENT

2025 Spirituality and Interprofessional Health Care Online Course, undergraduate and graduate sections, Lakehead University.

2023-2025 Multiple Dimensions of Mental Health Course Lead, Bachelor of Social Work Redesign, Faculty of Social Work, UofC.

- 2023-2025 Interprofessional Education Mental Health Status Exams and Goal Setting UofC Social Work and Nursing.
- 2023-2025 Interprofessional education for Stem Cell Transplant Assessment and Treatment, UofC Social Work and University of Alberta Pharmacy, Dietetics & Nursing.
- 2023 Case Study Design: O'Rae, Boynton, H., Parker, C., Eastveld, M., Topps, D., & Cullen, M. Elizabeth's Clinic visit: Interprofessional education mental health simulation. Retrieved Borealis V1: <https://doi.org/10.5683/SP3/EE9JBS>
- 2023 Case Study Design: O'Rae, A., Boynton, H., Parker, C., Langille, J., Eastveld, M., Topps, D., & Cullen, M. Elizabeth's visit to her father's long-term care facility: IPE mental health simulation. Retrieved Borealis V1: <https://doi.org/10.5683/SP3/YTUOTX>
- 2022 O'Rae, A., Boynton, H., Cullen, M., Parker, C., Langille, J., Eastveld, M. Vernon aging individual moving to long term care, grief and loss of partner. Interprofessional Education simulation.
- 2020 SOWK 557 Spirituality and Social Work, UofC
- 2018 Spirituality and Health professions, Lakehead University
- 2008 Spirituality and Social Work, Lakehead University

GRADUATE STUDENT SUPERVISION

PhD

Supervisory Committee (External)	March 2026-current Sondra Struke Health Sciences UNBC	Body Spirit and Adversity
Supervisory Committee Chair (Internal)	September 2022 - current, Sarah McGreer, UofC, Social Work	Culturally Responsive Practice in Alberta's Urban Schools from the Perspectives of School Social Workers. Candidacy completed December 2024
Supervisory Candidacy Examiner (Internal/External)	November 2023 Candidacy Exam Kristina Kopp, UofC, Social Work	<i>nitâkonmakewina otâcimowin</i> The Story of My Bundle. Candidacy completed November 2023
Supervisory Committee Member (External)	June 2020 – current, Linda McFalls, University of Alberta, Faculty of Education	Uncovering the 'not yet known': Exploring the role of emotions in educational leadership
Supervisory Committee Member (External)	2021- 2024. Tracey Laroque, Lakehead University, Health Sciences (withdrawn)	Using the voice-centred relational method to understand experience and identity through a group-based exercise program for individuals living with cancer
Supervisory Candidacy Examiner (Internal/External)	December 2024 Candidacy exam Nonye Nwachukwu	Experiences of Mental Illness Stigma among West African Immigrant Women in Edmonton, Alberta. Candidacy completed December 2024.
Examiner (Internal/External)	March 2022, Julia Imanoff, UofC, Nursing	Manuscript Based Thesis: Psychological birth trauma. Met after examination to refine data analysis and address revisions
Examiner (Internal/External)	December 2021 Elyse Lecharrois, UofC,	Identifying effective psychotherapeutic interventions and preferences in emotional care:

	Nursing	Reducing psychological distress and promoting emotional health in women who have experienced perinatal loss
Neutral Chair	2022 Saleema Salim, UofC, Social Work	Experiences of Muslim female students in social work programs in Western Canada. Graduated 2022.

Masters

Chair, Thesis Based	2025 Adele Wilson UofC, Social Work (withdrawn)	The spiritual experience of individuals who have used psychedelics in mental health treatment.
External Examiner	2025 Sarah Talebi UofC, Graduate Program in Educational Psychology	Evaluating the Re: Building Families Program: Strengthening Family Functioning and Well-Being in Emergency First Responder Households
Internal Examiner	2025 Abraham Fomboh UofC, Social Work	Perspectives of Cameroonian Male Immigrants in Edmonton on Mental Health Experiences and the Role of Ethnocultural Associations in Promoting Mental Health and Well-being
Supervisory Committee (Internal)	2025-2026 Hannah Pearson Lakehead University, Kinesiology	Health Equity in Action: Assessing the Impact of the Healthy Kids Family Program Using the RE-AIM Framework
External Examiner	2025 Karen Fulton UofC, Nursing	Role of Mindfulness in Peer Support Practice: An Interpretive Description Study
Chair, Thesis Based	2022- 2023, Megan Flynn, UofC, Social Work (withdrawn)	Children's Spirituality: A grounded theory study
Chair, Thesis Based	2021-2022, Jen Merrick, UofC, Social Work	Narrative Identity in mind, body, and spirit: A trauma-informed narrative inquiry of life stories told by women with ADHD. Defended Dec. 2022.
Co-Chair, Thesis Based	2021-2022, Emma De Vynck, UofC, Social Work	Exploring the experience of spiritual distress in evangelical Christian women. Defended Dec. 2022.
Supervisory Committee (Internal/External)	2021-2023, Pooja Sohal, UofC, Counselling Psychology	Physically distanced yet digitally connected: A reflective thematic analysis of grief expressed online through community discussion forums. Defended Aug. 2023
Examiner (External)	Jan 2022 Lucas Hudson, Lakehead University, Kinesiology	Examining the relationship between balance confidence and the physical and psychosocial adaptation to transtibial amputation on physical activity participation and avoidance habits
Examiner (Internal/External)	March 2022 Ijab Khanafer-Larocque, UofC, Master of Medical Science	Palliative care in the neonatal intensive care unit
Examiner (External)	March 2022 Emily Post, Lakehead University, Social Work	The Clinical Utility of Spirituality and Religion in Meaning-Making Theory for Suicide Loss Survivors: A Scoping Review
Examiner (Internal/External)	Aug 2022 Aliya Kassam, UofC, Master of Medical Science	Ethical Issues in Residency Education Related to the First Wave of the COVID-19 Pandemic: A Narrative Inquiry Study
Neutral Chair	July 2020, Stacey Marianchuk, UofC, Social Work	Teacher's perceptions of vulnerability and risk: Considerations for social work
Supervisory Committee (Internal/External)	2018-2019, Shelly Poluchowicz, Lakehead University, Social Work	Project: The Soulful Journey: A program evaluation on spiritual well-being and quality of life.
Supervisory Committee (External)	2017-2018, Lisa Beckwick, Royal Roads University, Master of Business	Building leadership capacity to navigate change at St. Joseph's Care Group. Defended 2018.

	Administration in Executive Management	
Supervisory Committee (External)	2018, Melissa Gilbert, Yorkville University, Master of Arts in Counselling Psychology	Evaluating Group Programs in Adult Mental Health
Supervisory Committee (External)	2016-2017, Tera Levanto, Lakehead University, Social Work	Client's perspectives on Decision Guide program: An evaluation
Supervisory Committee (External)	2016-2017 Michael Renzi, Lakehead University, Kinesiology (withdrawn)	The experience of health care workers with the use of a treadmill workstation

STUDENT SUPERVISION: FIELD, SUMMER STUDENT, RESEARCH

Practicum Students at University of Calgary:

MSW	Winter 2026 Alexis Beaulieu
BSW	Winter 2026 Lorelee Scobie
BSW	Spring Summer 2025 Tamara Raine
BSW	Winter 2023 Carmel Loria
BSW	Winter 2022, Spring 2022 Sheibani Patel 2 practicums
MSW	Winter 2022 Michael Frisby
MSW	Fall 2022-Spring 2023 Crystal Parker
MSW	Fall 2022- Spring 2023 Amanda Howard
BSW	Fall 2020 Chizobam Iwe

Support for Students in Self Directed Practicum

Winter 2026	BSW	Sarah Binnendyk
Winter 2025	MSW	Jennifer Johnson
Fall 2024-Winter 2025	MSW	Ingrid Sinclair
Fall 2024-Winter 2025	MSW	Brittany Houk
Fall 2023-Winter 2024	MSW	Marin McCue
Spring-Summer 2024	BSW	Emma Pharis

Canada Summer Student Jobs Program

Spring 2025	Communications Officer	Jacob Washuk BSW graduate
Spring 2025	Event Coordinator	Danial Jamal BSW student

Research Assistant Supervision

1 postdoc, 1 PhD, 10 MSW students, 4 BSW students and 4 students from other professions, 6 volunteers

SCHOLARLY ACTIVITIES (60)

Books Peer Reviewed (1)

H.M. Boynton, & J. Vis (Eds.) (2022). *Trauma, spirituality, and posttraumatic growth in clinical social work practice*. University of Toronto Press.

Vis, J., Boynton, H.M. (2026). *Spirituality, Resilience, and Posttraumatic Growth*. MDPI AG
<https://www.amazon.ca/Spirituality-Resilience-Posttraumatic-Heather-Boynton/dp/372586344X>

Book Chapters Peer Reviewed (13)

McGreer, S., **Boynton, H.M.**, Margolin, I., Tufford, L., Vis, J. (2026). Nurturing the Spirit through Connection, Meaning, and Hope in Child and Family Counselling. In J. Twikirize, & K. Frimpong-Manso (Eds.). *Children and Family Social Work*. Springer.

Boynton, H.M., & Margolin, I. (2025a). Becoming a spiritual influencer through the heart and soul of field practice. In J. Drolet, & G. Charles (Eds.) *Transforming the Field Education Landscape: Student handbook on field education*, pp. 211-240. University of Calgary Press.
https://ucp.manifoldapp.org/read/f1d61403-bdc3-4962-83fb-8174daced8f7/section/fba20669-0384-46ed-b006-394281b3d93b#_idParaDest-12

Boynton, H.M., & Margolin, I. (2025b). Spirituality, trauma and healing centred care: Pedagogy and Practice. In L. Tufford, A. Dylan (Eds.), *Trauma-informed care in social work education: Implications for students, educators, pedagogy, and field*, pp.181-207. Routledge.

Boynton, H.M., McMillan, C., Hanbidge, A., Archer-Kuhn, B., Hughes, J. (2025). Trauma-informed pedagogy and online Social Work education and field Instruction. In L. Tufford, A. Dylan (Eds.), *Trauma-informed care in social work education: Implications for students, educators, pedagogy, and field*, pp. 248-273. Routledge.

De Vynck, E., Ciesielski, J., & **Boynton, H.M.** (2022). Supporting spiritual competencies in field education and practice. In J. Drolet, M. Bogo, G. Charles, & S.M. McConnell (Eds.), *Transforming social work field education: New insights from practice research and scholarship*. Chapter 15, pp. 295-322. University of Calgary Press. <https://ucp.manifoldapp.org/system/resource/2/2/5/2253b552-7697-4095-bbb8-2391ca085181/attachment/d0683cc4ebacda722375f73c9aad792d.pdf>

Boynton, H.M., & Vis, J. (2022). Introduction. In H. M. Boynton & J. Vis (Eds.) *Trauma, spirituality and posttraumatic growth in clinical social work practice*, pp. 3-21. University of Toronto Press.

Boynton, H.M. (2022). Spirituality and possibilities for posttraumatic growth in children. In H. M. Boynton & J. Vis (Eds.) *Trauma, spirituality and posttraumatic growth in clinical social work practice*, pp. 22-32. University of Toronto Press.

Wark, J., **Boynton, H.M.**, & Vis, J. (2022). Spirituality and child welfare practice with Indigenous families: Fostering a culture of strengths. In H.M. Boynton & J. Vis (Eds.), *Trauma, spirituality and posttraumatic growth in clinical social work practice*, pp. 33-51. University of Toronto Press.

Boynton, H.M., & Vis, J., & Smith, T. (2022). Trauma-informed schools: Creating a school community equipped to supporting children exposed to interpersonal trauma. In H.M. Boynton & J. Vis (Eds.) *Trauma, spirituality and posttraumatic growth in clinical social work practice*, pp. 66-87. University of Toronto Press.

Poluchowicz, S., & **Boynton, H.M.** (2022). The Soulful Journey: A spiritual based group for treatment. In H. M. Boynton & J. Vis (Eds.), *Trauma, spirituality and posttraumatic growth in clinical social work practice*, pp. 111-126. University of Toronto Press.

Boynton, H.M., & Vis, J. (2022). Conclusion. In H.M. Boynton & J. Vis (Eds.) *Trauma, spirituality and posttraumatic growth in clinical social work practice*, pp. 183-188. University of Toronto Press.

Boynton, H.M., & Vis, J. (2017). Spirituality: The missing component in trauma therapy across the lifespan. In B. Crisp (Ed.), *Routledge handbook of religion, spirituality and social work*, pp. 193-201. Routledge.

Boynton, H.M. (2016). Children's spirituality: A component of holistic care in child welfare. In R. Neckoway, & K. Brownlee (Eds.) *Child welfare in rural remote areas with Canada's First-Nations peoples: Selected readings*, pp. 165-189. CERPYD.

Refereed Journal Articles

Guest Editor Special Editions (4)

J. Vis, & **H.M. Boynton**, (Eds.) (2025). Introduction. *Spirituality, Resilience, and Posttraumatic Growth, Religions*.

H.M. Boynton, & J. Vis (Eds.) (2014). Introduction. *Proceedings of the Canadian Society of Spirituality Conference, Journal of Religion and Spirituality in Social Work: Social Thought*, 33, 197-200.

H.M. Boynton, & J. Vis (Eds.) (2014). Conclusion. *Proceedings of the Canadian Society of Spirituality Conference, Journal of Religion and Spirituality in Social Work: Social Thought*, 33, 377-379.

H.M. Boynton, I. Margolin, & J. Vis (Eds.) (in progress). Introduction. Evolving and Flourishing in an Age of Disruption: The Role of Spirituality in Realignment and Transformation: Proceedings from the 12th International Spirituality Conference, Religions.

Peer Reviewed Articles (17)

Boynton, H.M., McGreer, S. & Schirmacher, M. (2026). Opening Space and Working Together: A Roadmap for Organizational Cultural Competence. *Journal of Qualitative Research in Mental Health*.

Cobbina, M. & **Boynton, H.M.** (2025). Integrating spirituality with Cognitive Processing Therapy to facilitate posttraumatic growth in survivors of interpersonal trauma. *Journal of Religion and Health*, 65, 3137-3152. <https://doi.org/10.1007/s10943-025-02391-7>

Archer-Kuhn, B., **Boynton, H.M.**, McMillan, C., Schmidt-Hanbidge, A., Hughes, J. (2025). Trauma-informed pedagogy: Social work students informing pedagogy. *Journal of Social Work Education*, 62(1), 79-94. <https://doi.org/10.1080/10437797.2025.2601158>

Boynton, H.M. (2025). Establishing spiritual competencies. Proceedings from the Social Work and Spirituality: Interfaith Forum to Address Future Challenges Conference. *International Journal of Religion and Spirituality in Social Work*, 44(4), 372-388. <https://doi.org/10.1080/15426432.2025.2547230>

Vis, J., & **Boynton, H.M.** (2024). A spiritually informed approach for trauma, grief, and loss: Competencies and opportunities for growth. *Religions*, 15(8), 931. Special Edition Spirituality, Resilience, and Posttraumatic Growth. <https://doi.org/10.3390/rel15080931>.

Hodge, D. R., **Boynton, H.M.**, Vis, J.A., Graham, J. R., Coholic, D., & Canda, E. R. (2024). Spirituality in social work practice: Myth or essential component of ethical and effective service provision? *Journal of Social Work*, 25(2). <https://doi.org/10.1177/14680173241279028>

Boynton, H.M., Samson, P., Vis, J., & Asante, B. (2024). The lived experience of Alberta Children's

Service Workers during COVID-19, *Mental Health and Prevention*, 37,200382.
[10.1016/j.mhp.2024.200382](https://doi.org/10.1016/j.mhp.2024.200382)

De Vynck, E., **Boynton, H.M.**, & Burns, V. (2023). Pulled from the shoreline in search of spacious spirituality: Journeys of spiritual distress, resilience, and posttraumatic growth for evangelical Christian women in western Canada. *Religions*, 14(9), 1193. <https://doi.org/10.3390/rel14091193>.

Post, E., Vis, J.A., & **Boynton, H.M.** (2023). The clinical utility of spirituality and religion in meaning-making theory for suicide loss survivors: A scoping review. *Religions*, 14(73).
<https://doi.org/10.3390/rel14010073>

Roth, C. G., Zwicker, J. D., Hagel, B. E., **Boynton, H.**, Crowshoe, L., Dimitropoulos, G., Exner-Cortens, D., Metcalfe, A., Russell-Mayhew, S., Schwartz, K. D., Thomas, K., & Tough, S. C. (2022). *Scoping review on child health and well-being indicator frameworks in OECD Countries*.
<https://doi.org/10.17605/OSF.IO/YMBP2>, <https://doi.org/10.17605/OSF.IO/YMBP2> and
<http://hdl.handle.net/1880/115359>.

Roth, C. G., Zwicker, J. D., Hagel, B. E., **Boynton, H.**, Crowshoe, L. (Lindsay), Dimitropoulos, G., Exner-Cortens, D., Metcalfe, A., Russell-Mayhew, S., Schwartz, K. D., Thomas, K., & Tough, S. C. (2022). Scoping review protocol on child health and well-being indicator frameworks in OECD countries.
<https://prism.ucalgary.ca/items/529a6218-48a9-43c9-bcbe-59f8e9eacf50>.

Boynton, H.M., & Mellan, C. (2021). Co-Creating authentic sacred therapeutic space: A spiritually sensitive framework for counselling children. *Religions*, 12(7), 524. MDPI AG.
<http://dx.doi.org/10.3390/rel12070524>.

Boynton, H.M. (2014). The Healthy Group: A mind, body and spirit approach to treating anxiety and depression in youth. *Journal of Religion and Spirituality in Social Work: Social Thought*, 33, 236–253.

Boynton, H.M., & Vis, J. (2011). Meaning Making, spirituality, and creative expressive therapies: Pathways to posttraumatic growth in grief and loss for children. *Counselling and Spirituality*, 30(2), 137-159.

Boynton, H.M. (2011). Children's spirituality: Epistemology and theory from various helping professions. *International Journal of Children's Spirituality*, 16(2), 109-127. DOI: 10.1080/1364436X.2011.580727.

Boynton, H.M. (2009). Children's spirituality: An exploration of literature and a rationale for its inclusion in social work. *Child and Family Professional*, 12(1), 25-44.

Vis, J., & **Boynton, H.M.** (2008). Spirituality and transcendent meaning making: Possibilities for enhancing posttraumatic growth. *Journal of Religion and Spirituality in Social Work: Social Thought*, 27(1-2), 69-86.

Book Reviews (4)

Boynton, H.M. (2012). Book Review: Spirituality and Social Work. *Social Work Education*, 31(4), 531-533. DOI:10.1080/02615479.2011.621765.

Boynton, H.M. (2023). Book Review: Rogers, F. *Cradled in the Arms of Compassion. A Spiritual Journey from Trauma to Recovery*. Lake Drive Books. <https://www.amazon.ca/Cradled-Arms-Compassion-Spiritual-Recovery/dp/1957687207>.

Boynton, H.M. (2022). Book Review: Rothery, M., & McLaughlin, A. *Jesus and the Black Dog: Christian Faith and Depression*. Wipf & Stock Publishers.

Boynton, H.M. (2020). Book Review: Finn, J. *Just Practice*. Oxford University Press.

Peer Reviewed Manuscripts Submitted and In Progress

Submitted (6)

Boynton, H.M., & O'Rae, A (Submitted, 2026). Spiritually reflective, creative, and mindful experiential learning approaches in Social Work and Nursing. *Transformative Social Work Journal. Special Issue on Holistic well-being, hope, and transformative practices in social work education, research, and practice*.

Boynton, H.M., Sinclair, I., Fayaz, I., McGreer, S., Cobbina, M., Wachuk, J. (submitted, 2026). The Spiritual Development Spiral: The process of an evolving spiritually sensitive practice. *British Journal of Social Work*.

Boynton, H.M. (in review, 2025). It's weird and taboo: The Isolating Experience of Exploring Children's Services Workers' Perceptions of COVID-19: Trauma, Connection and Creativity. *Spirituality and Mental Health*.

Boynton, H.M., O'Rae, A., & Zettel, S. (in review, 2025). Managing a disaster: A virtual interprofessional simulation experience. *Educational Review*.

Boynton, H.M., & O'Rae, A. (in review, 2025). Spiritually Reflective, Creative, and Mindful Experiential Learning Approaches in Social Work and Nursing. *Thinking Skills and Creativity*

In Progress (18)

Boynton, H. M. (manuscript in preparation). Constructivist grounded theory: A prudent choice for researching children's spirituality in social work. *Qualitative Research*.

Boynton, H.M. (manuscript in preparation). It's normal and important: Preadolescent children's spirituality in trauma, grief, and loss counselling. *Spirituality in Clinical Practice*.

Boynton, H.M. (manuscript in preparation). Navigating in Seclusion: Clinician experiences of children's spirituality in trauma, grief, and loss. *Qualitative Social Work*.

Boynton, H.M. (manuscript in preparation). Spiritually Informed Trauma Treatment: Stages and Processes. *Journal of Traumatic Stress*.

Boynton, H.M. (manuscript in preparation). Creating a spiritual toolbox for helping professionals. *PLOS Mental Health*.

Boynton, H.M., McGreer, S., Scobee, L., Bennindyk, S. (manuscript in preparation). What's love got to do with social work? *Families in Society*.

Boynton, H.M., McGreer, S., Waite, T. (manuscript in preparation). Neurodiversity and goal setting in social work education. *Social Work Education*.

Boynton, H.M. (manuscript in preparation). Attuning to spiritual and cultural diversity in social work. *British Journal of Social Work*.

Hughes, J., McMillan, C., Schmidt Hanbidge, A., Archer-Kuhn, B., & **Boynton, H.M.** (manuscript in preparation). Use of trauma informed pedagogical strategies in online education during turbulent times. *British Journal of Social Work*.

Boynton, H.M., McGreer, S., Cobbina, M., Sinclair, I., Fayaz, I., & Waschuk, J. (manuscript in preparation). Spiritual pedagogy in social work education: Emerging student voices. *Qualitative Social Work*.

Boynton, H.M., McGreer, S., Cobbina, M., Sinclair, I., Fayaz, I., & Waschuk, J. (manuscript in preparation). A thematic analysis of spiritual competencies for students in a social work spirituality course. *Journal of Social Work Education*.

Boynton, H.M., Waite, T. & Waschuk, J. (manuscript in preparation). Project Heaven on Earth: Being a Heaven Maker in Day-to-Day Life. *Psychology of Religion and Spirituality*.

Boynton, H.M., Fayaz, I., McGreer, S. (manuscript in preparation). Spiritually informed pedagogy: A comprehensive literature review. *Higher Education*.

Boynton, H.M., Margolin, I., Waschuk, J., De Vynck, E., & Mellan, C. (manuscript in preparation). Children's spirituality and gender. *The International Journal for Children's Spirituality*.

Boynton, H.M., Margolin, I., & De Vynck, E., McGreer, S. (manuscript in preparation). When research goes Awry: Issues with institutional and recruitment processes. *Social Work Research*.

Boynton, H.M., & McGreer, S. (manuscript in preparation). Educating students with trauma: Do we have their "backs"? (Beliefs, Attitudes, Confidence, Knowledge, and Skills). *Child and Youth Care Forum*.

Boynton, H.M., & Pharis, E. (manuscript in preparation). Neurodiversity and goal setting: Implications for Higher Education and Practice. *Journal of Social Work Teaching*.

Boynton, H.M., & Waite, T. (manuscript in preparation). The Journey of Becoming a Heaven Maker. *Psychology of Religion and Spirituality*.

Unpublished Manuscripts (1)

Boynton, H.M. (2016). *Navigating in seclusion: The complicated terrain of children's spirituality in trauma, grief and loss* (Unpublished doctoral thesis). University of Calgary, Calgary, AB. doi:10.11575/PRISM/27063 <http://hdl.handle.net/11023/2997>.

RESEARCH GRANTS AND ACTIVITIES (19) (Total: \$10,630,409.28)

Principal Investigator (10) (Total: \$306,850.33)

Year	Title of Grant	Total
2025	Examining the spirituality and JuJu practices and influences for Ghanaian Athletes. Co-investigators: Warriia, A., Giancarlo, A., Bitugu, B., Korleki Niyawornota, V.	\$8498.33
2025	Supporting Psychological Health in First Responders (SPHIFR) grant program: Examining Moral Injury, Spirituality, and Job Retention, for Alberta Emergency Services Workers. Co-Investigators: Vis, J., Godley, J., Smith-McDonald, L., Carleton, N., Malloy, D. Drolet, J. Collaborator: Pritchard, Z.	\$102,454.70
2024	Social Sciences and Humanities Research Council of Canada (SSHRC) Insight Development Grant: A Pan Canadian Study of Social Workers'	\$63,120.00

	Experiences of Children and their Spirituality in Counselling. Co-Investigators: Dylan, A., Godley, J., Margolin, I., Tarshis, S., Tufford, L., Vis, J., Johnston, P	
2023	UofC Transdisciplinary Scholarship Connector Grant: Spirituality in shifting dynamics and evolving narratives: A transdisciplinary research symposium. Co-investigators: Dr. A. Donsky, Abigail Williams, Dr. C. Hanrahan, Dr. I. Margolin, Dr. J. Kaur, Dr. J. Coates, Dr. J. Graham	\$16,943.30
2021	UofC Catalyst Grant: Project Heaven on Earth: Creating positive change, growth, and meaning in addiction. Co-investigators: Dr. D. Wang Springfield College, Dr. R. Hoersting University of Prince Edward Island; Collaborator: Martin Rutte	\$13,489.00
2021	SSHRC Explore Faculty Seed Grant: Children's spirituality and gender in trauma grief and loss. Team Member: Dr. I. Margolin University of Northern British Columbia	\$15,000.00
2020	SSHRC Partnership Engage Grant: Evaluating organizational cultural competence through participatory action research. Co-Investigators: Dr. D. Nicholas, Dr. H. Ngo, Dr. L. Davis (AHS); Collaborator: C. Avveduti (CASA Mental Health)	\$24,980.00
2020	SSHRC Partnership Engage Grant: COVID-19 Children's Intervention Services: Exploring the lived experience of Alberta Children's Services' Social Workers during COVID-19. Co-Investigators: Dr. P. Samson; Julie Mann-Johnson, Dr. D. Nicholas, Dr. Vis, Dr. G. Dimitropoulos Collaborators: Anna Perry, Tara Gauvreau	\$24,865.00
2020	University Research Grants Committee Faculty Seed Grant for Partnership Engagement Grant Development	\$2,500.00
2013	Doing Evaluation Grant Ontario Centre of Excellence for Child and Youth Mental Health: An evaluation of the Child and Family Services team at Children's Centre Thunder Bay. Co-investigators: Dr. F. Schmidt, A. Tarjan, C. Loud, O. Lehto	\$35,000.00

Co-Investigator (6) (Total: \$2,763,208.95)

Year	Title of Grant	Total
2024	SSHRC Canadian Consortium on Child & Youth Trauma Principal Investigator: Collin-Vézina. 39 co-applicants, 18 collaborators, and 43 partner organizations from across Canada.	\$2,500,000.00
2024	Transdisciplinary By Design: Developing A New Partnership for Transdisciplinary Research and Experiential Learning. Principal Investigator Dr. J. Drolet, 22 co-investigators.	\$8,500.00
2021	BMO Endowed Research Award in Healthy Living-Child Health and Wellness Grand Challenge Catalyst: Measure what matters: Identifying key indicators to align health and social policy and service delivery with child health and well-being. PI: Dr. B. Hagel., Co-investigators: Dr. J.D. Zwicker, Dr. H.M. Boynton, Dr. L.F.J. Crowshoe, Dr. G. Dimitropoulos, Dr. D. Exner-Cortens, Dr. A. Metcalfe, Dr. S. Russell-Mayhew, Dr. K.D. Schwartz, Dr. K. Thomas, Dr. S. Tough	\$199,708.97
2020	Desire 2 Learn Innovation Guild Funding: Understanding trauma informed pedagogy in online education during turbulent times. PI: Dr. C. McMillan, Co-Investigators: Dr. A. Hanbidge, Dr. H.M., Boynton, Dr. B. Archer-Kuhn, Dr. J. Hughes	\$24,999.98
2016	Women's Xchange \$15K Challenge: The experience of postpartum mental health changes and intimate relationships. PI: Dr. K. Maranzan, Co-Investigators: Dr. H.M. Boynton, R. Scofich, R, Dr. M. Teatero	\$15,000.00
2015	Women's Xchange \$15K Challenge: Group treatment for postpartum mood disorders: Improving women's mental health and reducing stigma Dr. K.	\$15,000.00

	Maranzan Co-investigators: Dr. H.M. Boynton, Dr. M Teatero, R. Scofich	
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Professional / Program Grants (2) (Total: \$79,710)

Year	Title of Grant	Total
2024	UofC Teaching and Learning Grant: Designing Interactive, Unfolding Case Study Simulation Learning Objects to Prepare BSW Students for Professional Practice and to Empower Instructors with Engaging Tools to Facilitate Experiential Learning. PI: Cari Gulbrandsen, Co-Investigators: Dr. H. M. Boynton, Angela Judge-Stasiak, Jacqueline Warrell, Dr. A. Jenney, Julie Mann-Johnson, Nathan Pronshyn	\$39,710.00
2022	UofC Scholarship of Teaching and Learning (SoTL) Grants: Spiritual Pedagogy: Best practices for social work and informing the helping professions. Co-principal investigator: Dr. C. Walsh; Co-investigators: Dr. J. Drolet, Julie Mann-Johnson, Dr. F. Edwards, Saleema Salim, Yassanah Nurudeen	\$40,000.00

Collaborator (1) (Total: 7,480,640.00)

2024	Collaborator EPID at Work https://www.lakeheadu.ca/centre/epid Principal investigator Dr. V. Kristman (joined after initial grant obtained)	\$5,500,000.00
2020	SSHRC Partnership Grant: Transforming the field education landscape: Intersections of research and practice in Canadian social work field education. PI: Dr. J. Drolet 40 co-investigators and collaborators	\$1,980,640.00

Grant Reviewer

2023 Alberta Innovates Accelerating Innovations into CarE (AICE) - Validate Program.
 2021 Child Health & Wellness Grand Challenge Catalyst Awards, Alberta Children's Hospital Research Institute

Conference Organization

Chair: with co-chair Dr. I. Margolin: June 12-15, 2025; Evolving and flourishing in an age of disruption: The role of spirituality in realignment and transformation. The 12th International Conference on Spirituality (Transdisciplinary), University of Calgary, University of Northern British Columbia, & MacEwan University, Canada.

Co-Organizer/Facilitator: November 14, 2024, Northern Interprofessional Collaborative for Education (NICE) Virtual Conference. Nipissing University, Lakehead University, Northern Ontario School of Medicine.

Co-Chair with Dr. C. Hanrahan: June 21-24, 2023; The Spirit in Social Work: Toward Ecospirituality, Holistic, and Sustainable Social Work Practice: The 11th International Conference on Spirituality and Social Work, Dalhousie University & University of Calgary, Halifax, Canada.

Co-Chair with Dr. F. Aparico-Ting: November 12, 2020; Spirituality in Education within Health & Helping Professions: Virtual Symposium, University of Calgary, Alberta.

Chair: June 21-23, 2012; The Evolution of Spirituality Across the Lifespan: Embracing Spiritual Diversity from Northern Communities to Global Localities: 7th Annual North American Conference on Spirituality and Social Work. Lakehead University, Thunder Bay, Ontario.

Co-Chair with Michelle Kostick: May 2005; First Canadian Northwestern Ontario Child and Youth Work

Conference, Thunder Bay, Canada

Co-Organizer: 2009; Developing Engaged Adolescent Leaders Conference

Co-Organizer: 2006; Natural Helpers Conference, Thunder Bay Public Health Unit

REFEREED/JURIED PAPERS & ORAL PRESENTATIONS at CONFERENCES (Total 61)

Keynote Speaker (1):

Boynton, H.M. (2023). *Establishing spiritual competencies in Social Work: Supporting lifespan health and wellness in shifting dynamics and evolving narratives* [keynote address]. Social Work and Spirituality: Interfaith Forum to Address Future Challenges. Fredericton, Canada.

Oral Presentations and Papers (40)

Boynton, H.M., & McGreer, S., Cobbina, M., Sinclair, I., Fayaz, I., Waschuk, J., Raine, T., Walsh, C., Drolet, J., Mann-Johnson, J., Edwards, F. (2026). *Embracing Global Spiritualities in Pedagogy and Practice: A Competency Framework* [oral presentation]. 16th International Conference on Religion and Spirituality in Society. Lima, Peru. <https://cgscholar.com/events/16th-international-conference-on-religion-spirituality-in-society/presentations/80971>

Kraft, K., Goodwin, E., **Boynton, H.M., & Fraser, A.J.** (2026). *Understanding Child Hope*. [oral presentation and panel discussion]. Global Summit 2026, Fostering Hope for Children. Vatican City, Rome, Italy. The Society for Global Flourishing, World Vision International, Harvard University, and the Institute for Global Human Flourishing at Baylor University.

Boynton, H.M., & Waschuk, J. (2026). *Children feel their spirituality is important in their trauma experiences*. The Symposium on Child and Youth Trauma. Montreal, Canada.

Boynton, H.M., & Margolin, I. (2025, June). *The spirit of practice and pedagogy* [oral presentation]. 12th International Spirituality Conference: Evolving and flourishing in an age of disruption. University of Calgary, Calgary, Alberta, Canada.

Boynton, H.M., Waite, T., & Waschuk, J. (2025, June). *Project Heaven on Earth: Being a heaven maker in day-to-day life* [Oral presentation]. 12th International Spirituality Conference: Evolving and flourishing in an age of disruption. University of Calgary, Calgary, Alberta, Canada.

Boynton, H.M., & McGreer, S., Cobbina, M. (2025, June). *Spiritual pedagogy in social work education: Emerging student voices* [oral presentation]. 12th International Spirituality Conference: Evolving and flourishing in an age of disruption. University of Calgary, Calgary, Alberta, Canada.

Fayaz, I., Cobbina, M., & Sinclair, I., **Boynton, H.M.** (2025, May). *Integrating spiritual pedagogy into interprofessional education: Enhancing holistic practice* [oral presentation]. Uniting Professionals in Learning and Interprofessional Frameworks for Tomorrow (UPLIFT) Conference, Canadore College of Applied Arts and Technology, Ontario, Canada.

Boynton, H.M., McGreer, S. (2025). Spirituality, social work, and field education: Pedagogical Approaches. Transforming Field Education and Learning Symposium. Calgary, Alberta, Canada.

Sinclair, I., McGreer, S., Cobbina, M., **Boynton, H.M.** (2025, January). *Spirituality: The master key for health education, self-care, and healing* [oral presentation]. International Network for Health Workforce Education (INWHE) online conference.

Boynton, H.M. (2024, July). *Children's Spirituality: Resilience and Psychosocial Health in times of Uncertainty, Trauma, and Loss* [oral presentation]. IALMH XXXVIIIth Congress. Barcelona, Spain.

Boynton, H.M., & Walsh, C. (2024, March). *What is involved in spiritually informed pedagogy and practice?: Competencies for holistic social work practice*. [oral presentation]. International Federation of Social Workers (IFSW), the International Association of Schools of Social Work (AIETS) and the International Council of Social Work (ICSW), the Joint World Conference on Social Work, Education and Social Development, Panama City, Panama. (Unable to attend due to family emergency)

McMillan, C., Hanbidge, A., Archer-Kuhn, B., Hughes, J., & **Boynton, H.M.** (2024, March) *Understanding trauma informed pedagogy in on-line education during turbulent times: A mixed methods study in a Canadian Social Work context* [oral presentation]. IFSW, AIETS and ICSW, the Joint World Conference on Social Work, Education and Social Development, Panama City, Panama. (Unable to attend due to family emergency)

McMillan, C., Hanbidge, A., Archer-Kuhn, B., **Boynton, H.M.**, & Hughes, J. (2024, April). *Understanding Trauma Informed Pedagogy in On-Line Education during Turbulent Times: A Mixed Methods Study in a Canadian Social Work Context* [oral presentation]. International Conference on Social Work, Education and Social Development. London, United Kingdom.

Boynton, H.M., Loria, C., & Moriarty, M. (2023, June). *Project Heaven on Earth: Ecospirituality as a form of vision* [oral presentation]. 11th International Conference on Spirituality and Social Work: The Spirit in Social Work: Toward Ecospirituality, Holistic, and Sustainable Social Work Practice, Halifax, Canada.

Boynton, H.M., & Margolin, I., & De Vynck, E. (2023, June). *Listening to children's voices of spirituality and ecospirituality* [oral presentation]. 11th International Conference on Spirituality and Social Work: The Spirit in Social Work: Toward Ecospirituality, Holistic, and Sustainable Social Work Practice, Halifax, Canada.

Boynton, H.M., Walsh, C., & Kotadiya, S. (2023, June). *Embracing holistic practice and ecospirituality in social work pedagogy* [oral presentation]. 11th International Conference on Spirituality and Social Work: The Spirit in Social Work: Toward Ecospirituality, Holistic, and Sustainable Social Work Practice, Halifax, Canada.

Boynton, H.M., & Margolin, I. (2023, June). *Two spiritualist educator's conceptualization of a Spiritual Practice model for social work* [oral presentation]. 11th International Conference on Spirituality and Social Work: The Spirit in Social Work: Toward Ecospirituality, Holistic, and Sustainable Social Work Practice, Halifax, Canada.

Boynton, H.M., & Margolin, I. (2023, May). *Re-imagining social work through critical spiritual pedagogy* [oral presentation]. CASWE Conference: Reckonings and Re-Imaginations: Indigenous and Black Offerings to Social Work and Beyond, Toronto, Canada.

Boynton, H.M., Walsh, C., & Kotadiya, S. (2023, May). *Spiritual pedagogy: A critical requirement for student preparation for holistic and social justice practice* [oral presentation]. CASWE Conference: Reckonings and Re-Imaginations: Indigenous and Black Offerings to Social Work and Beyond, Toronto, Canada.

Boynton, H.M., Samson, P., Asante, B., Mann-Johnson, J., Perry, A., Nicholas, D., & Vis, J. (2023, February). *Exploring the lived experience of Children's Services' social workers during COVID-19* [oral presentation]. Align Conference: Strengthening Today; Building Tomorrow. Edmonton, Alberta.

Boynton, H.M., Samson, P., Perry, A., Mann-Johnson, J., Nicholas, D., Vis, J., Asante, B., & Koenig, L. (2022, November). *Exploring the lived experience of Children's Services' social workers during COVID-19* [oral presentation]. Renewing Change in Social Work Education: Dismantling, Decolonizing and Reconnecting, CASWE-ACFTS Annual Virtual Conference, Canada.

Roth C.G., Zwicker J.D., Hagel B., **Boynton H.M.**, Crowshoe L.F.J, Dimitropoulos G., Exner-Cortens, D.,

Metcalfe A., Russell-Mayhew S., Schwartz K.D., Thomas K., & Tough S. (2022). *Measure what matters: Identifying key indicators to align policy and service delivery with child health and well-being in Alberta* [oral presentation]. Owerko Conference, Calgary, Canada.

Boynton, H.M., Chin, A.B., & McGreer, S. (2022, March). *Understanding trauma-informed pedagogy in online education during turbulent times* [oral presentation]. Social Work Distance Education International Virtual Conference.

Boynton, H.M., McGreer, S., Schirmacher, M., Davis, L., Nicholas, D., Ngo, H., Avveduti, C. (2022, February). *Evaluating organizational cultural competence through participatory action* [virtual oral presentation]. Issues of Equity, Diversity, Inclusion and Decolonization in Research and Practice. University of Calgary Virtual Research Symposium. Alberta, Canada.

Boynton, H.M., Margolin, I., De Vynck, E., Patel, S., Russell, A., Mellan, C. (2022, May). *Children talk about their spirituality* [oral presentation]. Social Work Practice in a Challenging World, Babcock University [virtual]. Nigeria, Africa.

Boynton, H.M., Samson, P., Koenig, L., Asante, B., Perry, A., Mann-Johnson, J., Nicholas, D., Vis, J., Patel, S. (2022, May). *Protecting children and families through the Coronavirus pandemic* [oral presentation]. Social Work Practice in a Challenging World, Babcock University [virtual]. Nigeria, Africa.

Boynton, H.M. (2022, June). *New beginnings of understandings in children's spirituality in trauma, grief and loss* [oral presentation]. Society for Spirituality and Social Work Conference [virtual]: Ohio, United States.

Boynton, H.M. (2021, June). *It's normal and important and it's weird and taboo: Children's spirituality in trauma, grief, and loss* [oral presentation]. Eleventh International Conference on Religion & Spirituality in Society. Córdoba, Spain. (unable to present due to COVID-19 pandemic).

Boynton, H.M., Margolin, I., Mellan, C. (2021, November). *Opening our hearts to the spirituality of children in trauma, grief and loss* [oral presentation]. World Parliament of Religions Virtual Conference [virtual].

Boynton, H.M. (2020). *Creating a Mandala: A Jungian approach to facilitating spiritual awareness in students* [oral presentation]. Integrating Spirituality into Health and Helping Professions Curriculum Symposium [virtual]. Alberta.

Boynton, H.M. (2020). *Children's spirituality: A significant right of child and adolescent social work* [oral presentation]. International Federation of Social Workers Conference [virtual].

Boynton, H.M., Jecker, J., & Poluchowicz, S. (2020). *Spirituality and the helping professions: An interprofessional education framework for exposure, immersion, and mastery*. International Network for Health Workforce Education (INWHE) conference. Barcelona, Spain. (unable to present due to COVID-19 pandemic).

Boynton, H.M. (2017). *Navigating in seclusion: The complicated terrain of children's spirituality in trauma, grief and loss* [oral presentation]. 12th Annual St. Joseph's Care Group Showcase of Applied Health Research, Thunder Bay, ON.

Maranzan, K. A., Scofield, R., **Boynton, H.M.**, & Teatero, M. (2017). *Self-stigma amongst women seeking treatment for postpartum mood disorders* [paper]. 7th World Congress on Women's Mental Health. Dublin, Ireland.

Lindstrom-Forneri, W., Koscielniak, A., & **Boynton, H.M.** (2017). *Everyone knows what's happening: A decision guide model of interprofessional care and planning* [oral presentation]. Collaborating Across Borders VI conference. Banff, Alberta.

Maranzan, K. A., Teatero, M., Scofich, R., & **Boynton, H.M.** (2017). *Relationships between self-stigma, loneliness, and depressive symptoms amongst women experiencing postpartum mood changes* [oral presentation]. 8th International Together Against Stigma Conference, Copenhagen, Denmark.

Boynton, H.M., (2013). *Spirituality: An integral component of interprofessional practice* [oral presentation]. Canadian Association of Continuing Health Education Conference, Vancouver. British Columbia.

Boynton, H.M., & Vis, J. (2012). *Spirituality and transcendent meaning making* [oral presentation]. 7th Annual North American Conference on Spirituality and Social Work. Thunder Bay, Ontario.

Boynton, H.M., O'Shaughnessy, C., Sigsworth, L. (2012). *The Healthy Group: Holistic emotional management alternatives for transforming health in youth* [oral presentation]. 7th Annual North American Conference on Spirituality and Social Work. Thunder Bay, Ontario.

Boynton, H.M., Graham, C., Keeping, K., Pan, I. (2012). *Holistic healing: Linking the Chakra System, Maslow's hierarchy, crystal therapy, and Yoga* [oral presentation]. Pre-conference day workshop, 7th Annual North American Conference on Spirituality and Social Work. Thunder Bay, Ontario.

Boynton, H.M. (2010). *Spirituality, children and mental health* [oral presentation]. 5th Annual North American Conference on Spirituality and Social Work. Calgary Alberta.

Boynton, H.M., & Mickleburgh, P. (2003). *Hands on activities for youth: Add to your bag of tricks* [oral presentation]. Making a Giant Difference, OACYC Provincial Conference. Thunder Bay, Ontario.

Boynton, H.M., & Mickleburgh, P. (2002). *Hands on activities for youth: Add to your bag of tricks* [oral presentation]. Making a Giant Difference, OACYC Provincial Conference. Kingston, Ontario.

Posters Peer Reviewed (13)

Fayaz, I., Cobbina, M., & Sinclair, I., **Boynton, H.M.** (2025, May). *Integrating spiritual pedagogy into interprofessional education: Enhancing holistic practice* [poster presentation]. Uniting Professionals in Learning and Interprofessional Frameworks for Tomorrow (UPLIFT), Canadore College of Applied Arts and Technology, Ontario, Canada.

Boynton, H.M., McGreer, S., Sinclair, I., Fayaz, I., Cobbina, M., & Waschuk, J. (2025, March). *Spirituality as a critical factor in social work and wellbeing: Voices of faculty, students, and stakeholders* [poster presentation]. Faculty of Social Work Research Symposium: Making CHANGE Together – Partnering for Well-being and Health, University of Calgary, Edmonton, Alberta, Canada. Student presentation Award.

Fayaz, I., & **Boynton, H.M.** (2024, December). *Exploring spirituality in social work education: Insights from Muslim spiritual leaders* [poster presentation]. Canadian Muslim Mental Health Conference. Toronto, Canada.

Boynton, H.M., McGreer, S., Schirmacher, M. (2023 June). *Assessing cultural humility and competence through Participatory Action Research* [poster presentation]. CASWE Conference. Reckonings and Re-Imagining: Indigenous and Black Offerings to Social Work and Beyond, Toronto, Canada.

Sohal, P.R., Wada, K., **Boynton, H.M.**, Maroney, M. R. (2023, June 23-25). *Physically distanced yet digitally connected: A reflexive thematic analysis of COVID-19 grief expressed online through Reddit* [poster presentation]. Canadian Psychological Association (CPA) 2023 Convention, Toronto, ON, Canada.

Boynton, H.M., & O'Rae, A. (2023 April). *Building hope and trust through interprofessional education in disaster management* [poster presentation]. Collaborating Across Borders Conference. Building Hope and Trust in Health Care and Social Care, Toronto, Canada. Virtual.

Boynton, H.M., McGreer, S., Nicholas, D., Ngo, H., Davis, L., Schirmacher, M., & Avveduti, C. (2023 January). *Evaluating organizational cultural competence through Participatory Action* [poster presentation]. Twenty-third International Conference on Knowledge, Culture and Change in Organizations, Auckland, Australia.

Boynton, H.M., McGreer, S., Schirmacher, M., Nicholas, D., Ngo, H., Davis, L., Avveduti, C. (2023 March). *The spirit of organizational cultural competence: Participatory Action Research* [poster presentation]. University of Calgary Faculty of Social Work Research Symposium.

Roth C.G., Zwicker J.D., Hagel B., **Boynton H.M.,** Crowshoe L.F.J, Dimitropoulos G., Exner-Cortens D., Metcalfe A., Russell-Mayhew S., Schwartz K.D., Thomas K., & Tough S. (2022). *Measure what matters – Identifying key indicators to align policy and service delivery with child health and well-being* [poster presentation]. DOHaD World Congress, Vancouver, Canada.

Teatero, M., Maranzan, K. A., Scofich, R., & **Boynton, H.M.** (2018). *Interagency collaboration to address gaps in service: Development of a perinatal interpersonal psychotherapy group* [poster presentation]. 31st Annual Postpartum Support International Conference, Houston, Texas, USA.

Stewart, C., Walker, J., Lyon, A., Teatero, M., **Boynton, H.M.,** & Barefoot, C. (2018). *The Decision Guide Model: Applying the concept of decision coaching to mental health Treatment* [poster presentation]. 14th Annual St. Joseph's Care Group Showcase of Applied Health Research, Thunder Bay, ON.

Phutuva Parattukudi, A., **Boynton, H.M.,** Dubois, S., Maxwell, H., Lowey, J., Bedard, M. (2018). *A Study of spiritual intelligence and depression among mental health outpatient clients* [poster presentation]. 14th Annual St. Joseph's Care Group Showcase of Applied Health Research, Thunder Bay, ON.

Maranzan, A., Scofich, R., & **Boynton, H.M.** (2017). *The postpartum group project: Improving maternal mental health and reducing stigma* [poster presentation]. 13th Annual St. Joseph's Care Group Showcase of Applied Health Research, Thunder Bay, ON.

Research, Technical, Professional Reports (8)

Boynton, H.M., McGreer, S., Schirmacher, M. (2025). *Examining Organizational Cultural Competence Final Report*. CASA Mental Health.

Boynton, H.M., Salim, S., Fayaz, I., Drolet, J. (2024). *Spiritual pedagogy in social work and the human services professions: An annotated bibliography*. University of Calgary, AB: Authors. Transforming the Field Education Landscape Website.

Boynton, H.M., McGreer, S., Schirmacher, M. (2023). *CASA Mental Health, Board of Directors Brief Research Report: Organizational cultural competence*.

Boynton, H.M., McGreer, S. (2022). *CASA Mental Health, Organizational cultural competence staff survey: Executive summary*.

Di Renna, T. St Jacques, K., Bertram, J., Besse, J., **Boynton, H.M.,** Buckley, N., Campbell, F., Candelaria, H., Clarke, H., Cooper, L., Hogan, M., Jacobs, H., Patel, A., Plotzke, L., Poulin, P., Radhakrishnan, A., Rodriguez, J. (2020). Quality Standards: Chronic Pain Care for Adults, Adolescents, and Children. *Ontario Health Quality*. <https://www.hqontario.ca/Portals/0/documents/evidence/quality-standards/qs-chronic-pain-quality-standard-en.pdf>

Boynton, H.M., Shute, T., Rawlin, D., Smith, K., Willet, T. (2014). *Interprofessional education and care for seniors: An environmental scan*. SIMOne for the Ministry of Health and Long-Term Care.

https://www.sim-one.ca/sites/default/files/default_images/Interprofessional%20Education%20and%20Care%20For%20Seniors.pdf

Boynton, H.M., Lehto, O., Tarjan, A., Loud, C. & Schmidt, F. (2014). *An evaluation of the Child and Family Services Team at Children's Centre Thunder Bay*. Submitted to the Ontario Centre of Excellence for Child and Youth Mental Health.

https://www.childrenscentre.ca/application/files/6114/4568/7356/Child_and_Family_Services_Evaluation_Report.pdf

Boynton, H.M., & Livingston, L. (2012). *Faculty of Health and Behavioural Sciences Interprofessional Education and Interprofessional Care (IPE/IPC) Needs Assessment*. Submitted to the Faculty of Health and Behavioural Sciences, Lakehead University.

INVITED PAPERS, PRESENTATIONS, WORKSHOPS (22)

Boynton, H.M. (2025, November 26). *Creating space for the sacred in counselling children*. Spirituality in Counselling Chapter (SinCC) for the Canadian Counselling and Psychotherapy Association (CCAP)

Boynton, H.M., & Ferriera, U. (2025, May 30). *Trauma, posttraumatic growth and the Self: A non-dual approach to healing* [virtual oral presentation]. Canadian Society for Spirituality and Social Work. <https://www.youtube.com/@heatherboynton2384>

Jecker, J., Craswell, G., & **Boynton, H.M.** (2024, July, 11). Episode 42: Trauma-Informed Care in Everyday Practice [podcast interview]. OT Conversations that Matter: The Podcast. <https://podcasts.apple.com/us/podcast/episode-42-trauma-informed-care-in-everyday-practice/id1572063345?i=1000661909287>

Boynton, H.M. (2024). *The intersections of trauma, resilience, posttraumatic growth and spirituality for children*. Child Health and Wellness Innovator Series Seminar. Alberta Children's Hospital Research Institute. <https://bit.ly/Nov18CHWSEminar>

Boynton, H.M. (2023). *SOTL Grant Recipient Panel*. [virtual oral presentation]. Virtual Presentation Research Lunch and Learn Faculty of Social Work, University of Calgary.

Boynton, H.M., & Vis, J. (2023). *Spirituality, Trauma, and Posttraumatic Growth* [virtual oral presentation]. Lakehead University Equity, Diversity and Inclusion Teaching and Learning Days.

Wright, T., Roth C.G., Zwicker J.D., Hagel B., **Boynton H.M.,** Crowshoe L.F.J, Dimitropoulos G., Exner-Cortens D., Metcalfe A., Russell-Mayhew S., Schwartz K.D., Thomas K., & Tough S. (2023). *Measure what matters: identifying key indicators to align policy and service delivery with child health and well-being – Alberta Environmental Scan* [oral presentation]. Child Health and Well-being Dialogue Forum, University of Calgary, Alberta, Canada.

Boynton, H.M., Margolin, I., Russell, A., De Vynck, E., Flynn, M., & Patel, S. (2022). *When research goes awry* [virtual oral presentation]. Virtual Presentation Research Lunch and Learn Faculty of Social Work, University of Calgary.

Boynton, H.M. & De Vynck, E. (2022, May 25). *The stormy side of spirituality* [virtual oral presentation]. Alberta Children's Hospital Research Institute Seminar Series.

Boynton, H.M., Samson, P., Mann-Johnson, J., Perry, A., Nicholas, D., Vis, J., Asante, B., Koenig, L. Patel., S. (2022, May 23). *Covid 19 impact panel* [virtual oral presentation]. Research Lunch and Learn. University of Calgary, Alberta.

Boynton, H.M. & De Vynck, E. (2022, April 21). *Cultural and spiritual attunement in social work Practice* [virtual oral presentation]. Canadian Society for Spirituality and Social Work and American Society for Spirituality and Social Work. Global. https://www.youtube.com/watch?v=SIV7_iPOj60

Boynton, H.M., Margolin, I. (2022, April 13). *Centering ourselves in consciousness* [virtual oral presentation]. Canadian Society for Spirituality and Social Work Virtual Workshops. Canada.

Boynton, H.M. & De Vynck, E. (2022, Feb 22). *Exploring cultural and spiritual humility in your practice* [virtual oral presentation]. Alberta Health Services Professional Practice Training Day.

Boynton, H.M. (2022, February 4). *Compounding loss in weird and secluding times* [virtual oral presentation]. Grey Nuns Community Hospital Joint Psychiatry and Palliative Care Grand Rounds. Alberta, Canada.

Boynton, H.M. (2021, November 18). *Spirituality and ethics in social work: Part 2* [virtual panel discussion]. CASW Webinar. Canada.

Boynton, H.M. (2021, October 26). *Exploring the spiritual lives of children* [virtual oral presentation]. Child Brain & Mental Health Program chalk talk/discussion series

Boynton, H.M. (2021, May 18). *Spirituality and social work: Children's spirituality* [virtual oral presentation]. Spirituality and Social Work and Grief, Professional Practice. CASW Webinar. Canada.

Boynton, H.M., Samson, P., Perry, A., Mann-Johnson, J., Nicholas, D., Vis, J., Koenig, L., & Asante, B. (2021, March 3). *Practice experience and Alberta Children's Services research* [virtual oral presentation]. University of Calgary Research Day Virtual Symposium.

Boynton, H.M. (2020, November 18). *Spirituality, self-compassion and resilience in coping with a pandemic of grief and loss* [virtual oral presentation]. Calgary Alliance. Alberta, Canada.

Boynton, H.M. (2020, June 11). *A pandemic of grief and loss* [virtual oral presentation]. University of Calgary Knowledge Engagement Conversations (keynote). Alberta, Canada.

Boynton, H.M. & Lee, R. (2020, May 15) *Inspiring Reflection in social work supervision* [1/2 day oral presentation]. Field Education Supervisor's Training Day, Lakehead University.

Boynton, H.M. (2014, May 16). *Spirituality and Practice* [1/2 day oral presentation]. Field Education Supervisor's Training Day, Lakehead University.

Boynton, H.M. (2014, May 20). *The intergenerational workplace* [full day oral presentation].

EDITORIAL ACTIVITIES

Editorial Board Member

International Journal of Children's Spirituality (review of 9 articles)

Guest Editor

International Journal of Religion and Spirituality in Social Work (review of 12 articles)

Religions (review of 11 articles)

Peer Reviewer

School Mental Health (6)
International Journal of Religion and Spirituality in Social Work (15)
Religions (3)
BMC Health Services Research (1)
Mental Health Religion & Culture (1)
Transformative Social Work Journal (3)
SSM-Mental Health (1)

SERVICE

University/Faculty

2025	Health, Happiness, Design and the City: Explorations of Critical Forces & Factors Beyond the Pragmatic Transdisciplinary Grant Workshop
2024-current	FSW PhD and MSW Thesis Committee
2024-current	Research and Scholarly Leave Committee
2024-current	FSW MSW Committee
2024-current	FSW Research Day Planning Committee
2023-current	Canadian Association for Social Work Education International Affairs Committee
2024-current	Western Canada Interprofessional Education Alliance Committee Member
2024-current	Gnash Member on Sosido
2022-current	Global Engagement Strategy & Internationalization Committee Meeting
2022- current	Member, BSW Redesign Committee, Faculty of Social Work, UofC
2022- current	Chair, Interprofessional Education Committee (subcommittee of Teaching and Learning Committee), Faculty of Social Work, UofC
2021-current	International Network for the Study of Spirituality
2021-current	Organizing committee FSW Annual Research Day Symposium
2020- current	Member, Teaching and Learning Committee, Faculty of Social Work, UofC
2020-current	Field instructor MSW and BSW practicum students UofC
2020-current	Member, Calgary Interprofessional Collaboration and Education (CICE) Committee, UofC https://nursing.ucalgary.ca/teaching-and-learning/interprofessional-education-ipe-calgary
2014-current	Northern Interprofessional Collaborative for Health Education board member
2023	FSW Teaching Awards Committee, UofC
2023	FSW Research Day Planning Committee
2022-2025	Lead for BSW redesign for Mental Health Course, Faculty of Social Work, UofC
2022	BSW Admissions Committee, Faculty of Social Work, UofC
2022	FSW Research Day Planning Committee
2021-2023	Co-Chair Canadian Society for Spirituality and Social Work Conference, Halifax, Nova Scotia

2021- 2023	Member, Mental Health Committee, Faculty of Social Work, UofC
2021	Creator and Chair Integrating Spirituality into Health and Helping Professions Curriculum Symposium
2020	BSW admissions committee Faculty of Social Work, CNAR, UofC
2014-2019	Faculty Committee Member/Advisor, Student Led Clinic Northern Ontario School of Medicine
2011-2019	Co-Chair and Member Interprofessional Education Standing Committee, Lakehead University

Professional/Community Service

2024-Current	Adjunct Member EPID@WORK Research Institute
2022- Current	Member of the International Society for Spirituality and the Arts
2021-2024	Vice President, Canadian Society for Spirituality and Social Work
2021-current	Member of the American Society for Spirituality and Social Work
2021-current	Member of the International Network for the Study of Spirituality
2020-current	Member of the Alberta Children's Hospital Research Institute
2019-current	Member of the International Association for Children's Spirituality
2009- Current	Board of Directors Canadian Society for Spirituality and Social Work

In the News

McSwiney, D. (2008, June 8). Get help for dealing with COVID-19 grief and loss, great and small. *UCalgarynews*. <https://ucalgary.ca/news/get-help-dealing-covid-19-grief-and-loss-great-and-small>

McSwiney, D. (2025, May 20). International spirituality conference seeks connection in an age of disruption. *UCalgarynews*. [International spirituality conference seeks connection in an age of disruption | News | University of Calgary](#)

Hrvatín, Vanessa (2021, June 24). Your brain on grief: Loss feels like a threat to survival. *National Post, and Healthing.ca*. <https://www.healthing.ca/mental-health/your-brain-on-grief-loss-feels-like-a-threat-to-survival>

Dunick, L. (2012, May 3). E-counselling. *Thunder Bay Newswatch*. <https://www.tbnewswatch.com/local-news/e-counselling-391042>

Alex, C. (2012, May 2). E-counselling in Thunder Bay. *CBC Radio*.

PROFESSIONAL MEMBERSHIPS

Alberta College of Social Workers (registered member since 2019)

Ontario College of Social Workers and Social Service Workers (2003-2019)

ACADEMIC AND COMMUNITY AWARDS

2026	Faculty of Social Work Graduate Student Supervision Award
2024	Society for Social Work Research 2025 Book Award Nomination for Best Scholarly Book Published
2023	COVID-19 Outstanding Achievement Award Faculty of Social Work UofC

2023 Early Career Researcher: Canadian Queen Elizabeth II Diamond Jubilee Scholarships:
Advanced Scholars (West Africa) project – *Partnering for Innovation in Women-led Social Work
and Social Science in West Africa* (QES-AS-WA). \$10,000

2023 Dr. Myer Horowitz Book Award (CASA Mental Health) for outstanding achievement in Professional
Development and Education for new child mental health professionals in northern and central
Alberta

2023 FSW Early Career Research Award Faculty of Social Work, UofC

2022 FSW UofC Publication Award \$1000

2016 Trudeau Scholarship Nominee - PhD Committee, UofC

2016 Governor General Award Nominee – PHD Committee, UofC

2016 Chancellor Award Nominee - PhD Committee, UofC

2012 Recognition of Excellence-Cullen Ramsey Personal Achievement Award \$500, UofC

2012 Student Publication Award \$300, Faculty of Social Work, UofC

2012 NICHE Innovation and Leadership in Interprofessional Health Education Award Nominee

2010 Dean's Research Excellence Award \$3000, Faculty of Social Work, UofC

2009 Dean's Research Excellence Award \$3000, Faculty of Social Work, UofC

2009 Social Sciences and Humanities Research Council of Canada (SSHRC) Entrance Scholarship
PhD \$80,000

2009 Dean's Entrance Scholarship \$3000, Faculty of Social Work, UofC

2009 Department of Social Work Entrance Scholarship \$2000, Faculty of Social Work, UofC

2006 SSHRC Entrance Scholarship MSW \$17,5000

2006 Datatel Scholarship \$1600