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## PROFILE

Andrea Downie is a SSHRC scholar, experienced educator, researcher, choreographer, and speaker. She is committed to enhancing dance teaching, training, performance, and wellness through equity-informed and evidence-based education. Her research focuses on the intersection of dance science, social somatics, and embodiment in dance pedagogy. Andrea is a co-founder and past president of Healthy Dancer Canada. She is the founding director of Enhance Dance, a registered provider with Safe in Dance International, the Level 1 C-I Training™ Teacher Course and Certification provider, and a Royal Academy of Dance teacher-tutor. She works with professional, pre-professional, and community dancers of all ages, levels, and abilities.

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## EDUCATION

### Degrees

- 2020-present **PhD, Kinesiology**, University of Calgary, Calgary, Canada  
 Specialization: Innovation in Pedagogy and Sport Performance  
 Dissertation: *Health, wellness, and embodiment in dance: Integrating dance science and somatic movements in undergraduate contemporary dance technique classes*  
 Supervisors: Dr. Sarah Kenny and Dr. Meghan McDonough  
 Courses: KNES 611, Research Methods in Kinesiology  
 KNES 610, Qualitative Research Analysis  
 EDER 693, Interpretive Study of Curriculum: Curriculum as Resistance
- 2007-2010 **MA, Dance Studies**, York University, Toronto, Canada  
 Thesis: *Teaching dance: Multisensory instruction addresses learning diversity and enhances dance skill learning*  
 Supervisor: Professor Mary Elizabeth Manley  
 Courses: DANC 5200, Research Methods in Dance  
 DANC 5110, Directed Reading  
 DANC 6315, Issues in Heritage Studies  
 PSYC 610, Cognitive Neuroscience (UNBC)
- 1990-1994 **BFA Specialized Honours, Dance Performance**, York University, Toronto, Canada

### Professional Dance Training

- 1995-1996 **Professional Training Program**, Dance New Amsterdam/Dance Space Center, New York, USA

### Certificates

- 2023 **Equity Literacy Certificates**, Equity Literacy Institute
- 2018 **Healthy Dance Practice Certificate with Best Practice**, Safe in Dance International

2008-present	<b>Master C-I Training™ Teacher</b> , Conditioning-with-Imagery for Dancers	2022
	○ <b>Level 2 Certified</b> , with Dr. Donna Krasnow, York University, Toronto, ON	2010
	○ <b>Level 1 Certified</b> , with Dr. Donna Krasnow, York University, Toronto, ON	2008
1997	<b>Certified Simonson Technique Teacher</b> , with Lynn Simonson, Dance Space Centre, NY, USA	

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## HONOURS AND AWARDS

### Academic Honours and Awards

2022-2025	<b>SSHRC Doctoral Fellowship</b> , Social Sciences & Humanities Research Council (\$60,000)
2020-2024	<b>Kinesiology Dean's Doctoral Scholarship</b> , University of Calgary (\$80,000)
2023	Alberta Graduate Excellence Scholarship, Kinesiology Award PhD, U Calgary (\$5000)
2023	Kinesiology Presentation Award, University of Calgary (\$1,000)
2022	Kinesiology PhD Scholarship, University of Calgary (\$5,000)
2022	Kinesiology Presentation Award, University of Calgary (\$750)
2021	Kinesiology PhD Scholarship, University of Calgary (\$1,000)
2021	Kinesiology Presentation Award, University of Calgary (\$500)
2019	<b>Nomination, Student Union Teaching Excellence Award</b> , University of Calgary
2010	<b>Nomination, Dean's Award for Master's Thesis</b> , York University
2008	York Graduate Scholarship, York University (\$4,000)
1993	Senate Travel Award, York University (\$500)
1990	<b>Talent Entrance Scholarship</b> , York University (full tuition)

### Professional Honours and Awards

2023	Keynote address, Healthy Dancer Canada Annual Conference 2023
2023	Keynote address, British Columbia Dance Educators Association Annual Conference 2023
2020	<b>Nomination, International Association for Dance Medicine and Science Teaching Award</b>
2019	<b>Visiting Guest Artist in Residence</b> , Division of Dance, University of Calgary
2016	Choreography Award, <i>Water covers the rocks</i> , BC Annual Dance Festival
2015	Choreography Award, <i>Flawed</i> , Prince George Dance Festival
2014	Choreography Award, <i>Moving over waters</i> , Prince George Dance Festival
2013	Choreography Award, <i>Empty-handed</i> , Prince George Dance Festival
2012	Choreography Award, <i>Autobiography in 5</i> , Prince George Dance Festival
1992-1994	<b>York Dance Ensemble</b> , York University

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## RESEARCH AND TEACHING

### Research and Teaching Interests

#### **Dance science and somatics**

- Dancer wellness / healthy dance practice
- Dance anatomy and kinesiology
- Motor learning in dance
- Complementary training for dance
- Social somatics and embodied dance experiences

#### **Dance pedagogy**

- Dance for children and youth
- Dance in higher education
- Dance in professional and community contexts

#### **Social justice**

- Anti-oppressive dance pedagogy and practice
- Equity literacy

### Research Experience

- 2020-present **Research Assistant, Doctoral level**, Faculty of Kinesiology, University of Calgary  
Project: *Exploring dance science, social somatics, and embodied experiences in pre-professional contemporary dance technique classes for young adults*  
Supervisors: Dr. Sarah Kenny and Dr. Meghan McDonough
- Developed and carried out 3 studies: (1) a field study that explored how experienced teachers incorporate dance science and/or somatics in undergraduate contemporary dance technique classes, (2) a field study that examined undergraduate dancer majors use dance science and somatic perspectives in their practice, (3) an action research study that explored how dance science and social somatics can be integrated in contemporary dance technique classes foster meaningful embodied experiences for undergraduate dance majors. Currently analyzing data and writing manuscripts for publication. Findings from action research study will be presented at the National Dance Education Organization Conference fall 2023.
- 2022 **Research Assistant, Doctoral level**, Faculty of Kinesiology, University of Calgary  
Project: *Community dance for older adults*  
Supervisors: Dr. Meghan McDonough and Dr. Sarah Kenny
- Helped prepare the manuscript of findings from the community stakeholders' study. Findings were presented at the International Association for Dance Medicine and Science Conference fall 2022. Manuscript has been submitted for publication.
- 2008-2010 **Research Assistant, Master's level**, Department of Dance, York University  
Project: *Exploring the pedagogical methods of master dance teachers*  
Supervisor: Professor Mary Elizabeth Manley

- Developed and carried out this study that examined how master dance teachers identify and address the diverse learning needs of students in contemporary dance technique classes. Findings were reported in thesis, presented at numerous conferences, and disseminated to the dance sector via continuing professional development courses for dance teachers.

2008 & 2009 **Research Assistant, Master's level**, Department of Dance, York University

Project: *Developing dance conditioning certification courses*

Supervisor: Dr. Donna Krasnow

- Assisted in the development and organization of the Level 1 and Level 2 C-I Training™ Teacher Certification Courses. Continuing professional development certification courses for dance teachers are now delivered annually.

2008 & 2009 **Research Assistant, Master's level**, Department of Dance, York University

Project: *Documenting the work of Canadian senior choreographers*

Supervisor: Dr. Mary Jane Warner

- Co-developed and carried out a component of this SSHRC funded project. Examined and documented the work of choreographer David Earle. Findings were presented at the World Dance Alliance General Assembly. Project is archived at Dance Collection Danse.

2009 **Research Assistant, Master's level**, Department of Dance, York University

Project: *Developing an editorial manual and dance writing guide*

Supervisor: Professor Megan Andrews

- Compiled this manual for use by *The Dance Current* magazine.

### Teaching Experience: Higher Education

2019-present **Sessional Instructor**, Division of Dance, University of Calgary, Canada

- DNCE 201, Introductory Contemporary Dance I 2019 & 2020
- DNCE 207, Elementary Contemporary Dance I 2023
- DNCE 209, Elementary Contemporary Dance II 2020, 2022 & 2023
- DNCE 307, Intermediate Contemporary Dance I 2019
- DNCE 313, Elementary Jazz Dance I 2019
- DNCE 359, Dance Anatomy 2021 & 2022
- DNCE 375, Complementary Training for Dance 2021
- DNCE 407, Intermediate Contemporary Dance III 2022
- DNCE 413, Intermediate Jazz Dance II 2019
  - *This class nominated me for the Student Union Teaching Excellence Award*
- DNCE 447, Dance Pedagogy: Community Populations 2021 & 2024
- DNCE 449, Dance Pedagogy: Children & Youth 2020 & 2023
- DNCE 493, Dance Teaching Practicum 2024
- DNCE 507, Advanced Contemporary Dance II 2022

2023 **Teaching Assistant & Lab Instructor**, Kinesiology Program, University of Calgary

- KNES 402, Dance & Health Promotion (with Dr. Sarah Kenny)

- 2021, 23 & 24 **Guest Instructor**, Dance, Trinity Laban Conservatoire of Music of Music & Dance, London, UK  
○ Healthy Dancer Certificate Preparation (MA, MFA, and BSc Dance Science students)
- 2011-2013 **Course Director**, University-Transfer Kinesiology Program, College of New Caledonia, Prince George, Canada  
○ HK 120, Biomechanical Analysis of Sport & Dance 2011, 2012 & 2013  
○ HK 124, Dynamics of Motor Skill Acquisition 2012  
○ HK 221, Physical Growth & Motor Development 2012
- 2014 & 2015 **Guest Instructor**, Foundations Program, University of Northern British Columbia, Prince George, Canada  
○ Embodied Learning
- 2014 **Guest Instructor**, Dance Program, Simon Fraser University, Vancouver, Canada  
○ Simonson Jazz
- 1997 & 2008 **Guest Instructor**, Dance Program, York University, Canada  
○ Simonson Jazz
- 2007 **Teaching Assistant & Lab Instructor**, Dance Program, York University, Toronto, Canada  
○ DANC 1320, Dance Conditioning (with Dr. Donna Krasnow)  
○ DANC 2320, Dance Kinesiology (with Dr. Donna Krasnow)  
○ DANC 3221, Prevention & Care of Dance Injuries (with Dr. Donna Krasnow)

### Teaching Experience: Teacher-Tutoring

- 2018-present **Assessor & Registered Provider**, Healthy Dance Certificates, Safe in Dance International
- 2019-present **Course Provider & Master Teacher**, Level 1 C-I Training™ Teacher Course & Certification
- 2008-2019 **Course Assistant & Administrator**, C-I Training™ Teacher Course & Certification
- 2017-present **Continuing Professional Development Provider**, Royal Academy of Dance Canada
- 2010-present **Workshop Provider**, Healthy Dancer Canada

### Teaching Experience: Secondary (selected)

- 2014-2020 **Course Instructor**, Performing Arts Program, Prince George Secondary School, Prince George, Canada  
○ Courses: Dance Kinesiology, Healthy Dancer Certificate Preparation, Dance History, Creative Process & Choreography
- 2019 **Guest Instructor**, Dance, Wexford Collegiate School for the Arts, Scarborough, Canada
- 2007 & 2008 **Guest Instructor**, Arts York Dance Program, Unionville High School, Markham, Canada
- 2007 **Guest Instructor**, Dance Program, Langley Fine Arts School, Langley, Canada

**Teaching Experience: Professional, Pre-Professional & Community (selected)**

- 2016-present **Instructor**, School of Canadian Contemporary Dance Theatre, Toronto, Canada
- CCDT Company: Contemporary, dance conditioning
  - Community: Limón modern, contemporary, creative dance, parent & tot
- 2016-2018 **Instructor-Choreographer**, Durham School of Ballet and Contemporary Dance, Whitby, Canada
- Community: Contemporary, ballet, parent & tot
- 2020 Guest Instructor, Pre-professional Program, Alberta Ballet School, Calgary, Canada
- 2019 Guest Instructor, Decidedly Jazz Danceworks (Company & School), Calgary, Canada
- 2017-2019 **Regular Guest**, Pre-Professional Program, Quinte Ballet School of Canada, Belleville, Canada
- 2017 Guest Instructor, Canada's Ballet Jörgen company, Toronto, Canada
- 2017-2019 Regular Guest, Guelph Youth Dance Company, Guelph, Canada
- 2009-2016 **Instructor-Choreographer**, Enchaînement Dance Centre, Prince George, Canada
- Performer's North Company: Contemporary; dance conditioning
  - Community: Modern, contemporary, conditioning, ballet, creative dance, parent & tot
- 2015 & 2016 Guest Instructor & Choreographer, Pro Arte Centre, North Vancouver, Canada
- 1998-2009 **Instructor-Choreographer**, Shadbolt Centre for the Arts, Burnaby, Canada
- Community classes: Jazz, dance conditioning, ballet
- 2004-2007 **Instructor-Choreographer**, One Dance Creative Arts Centre, North Vancouver, Canada
- 1998-2001 **Instructor**, Place des Arts, Coquitlam, Canada
- Community classes: Creative dance

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**COMMUNITY INVOLVEMENT**

- 2008-present **Board of Directors** and **Founding Member**, Healthy Dancer Canada
- Co-founded this national non-profit organization that focuses on dancer health and wellness with Dr. Donna Krasnow, Dr. Bonnie Robson, and Dr. James Carson.
  - The longest serving board member, serving since the organization's inception.
- 2017-present **Director** and **Founder**, Enhance Dance
- Founded and direct this national initiative that focuses on closing the research-practice gap and disseminating information on equity-informed and evidence-based practice in dance teaching, training, performance and wellness.
- 2015-2020 **President** (2016 & 2017), **Immediate Past President** (2018-2020), **Vice President** (2015), Healthy Dancer Canada
- 2016-2020 **Treasurer** (2016-2020) and **Secretary** (2016 & 2017), Healthy Dancer Canada

- 2011-present **Chair**, Healthy Dancer Canada
- Conference Chair (2011, 2012, 2014, 2018)
  - Continuing Education Committee Co-Chair (2013-present)
  - Equity, Diversity, Inclusion & Accessibility Chair (2024-present)
- 2008-present **Committee Member**, Healthy Dancer Canada
- BIPOC Advocacy Working Group (2020-present)
  - Continuing Education/Conference Committee (2011-present)
  - Continuing Education/Resources Committee (2013-present)
    - Have overseen the development of **21 educational resources**
    - Organize and oversee the **educational webinars**
  - Dancer Screening Committee (2015-present)
    - On the team that developed the Healthy Dance Canada **Pre-Professional Dancer Screens**
  - Long-Term Development Working Group (2022-present)
    - On the team that is developing a **Long-Term Development Model for Dance**
  - Membership Committee (2016-2019)
  - Newsletter Committee (2016-2020)
  - Outreach and Communications Committee (2015-present)
  - Website Coordinator (2017-present)
- 2008-present **Course Administrator**, C-I Training™ Teacher Certification Courses
- 2021-present **Special Interest Group Member**, Dance and Disability, National Dance Education Organization
- 2016-2019 **Wellness Team Member**, Canada's Ballet Jörgen
- 2024-present **Committee Member**, Faculty of Kinesiology, University of Calgary
- Equity, Diversity, Inclusion & Accessibility Committee

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## PUBLICATIONS

### Peer Reviewed Publications

Paglione, V., Morrison, L., McDonough, M.H., **Downie, A.**, & Kenny, S.J. (2024). Bringing dance to older adults: Program experts' perspectives on the role of community dance classes to support older adults. *Canadian Journal on Aging*. <https://doi.org/10.1017/S0714980824000084>

**Downie, A.** (2023). Equity-informed dancer wellness. *Journal of Dance Education*, 23(3), 243-253. <https://doi.org/10.1080/15290824.2022.2030061>

Dickson, L., & **Downie, A.** (2017). Hermione sessions: Dancing The Winter's Tale and the kinaesthetic imagination. *Borrowers and Lenders*, 10(2). <https://doi.org/10.18274/bl.v10i2>



### Non-Peer Reviewed Publications

- Krasnow D., & Downie, A. (2021). Defining posture and alignment. *The Dance Current*, 24(1), 49.
- Downie, A. (2019). Born flexible: Managing hypermobility. *The Dance Current*, 22(6), 19-20.
- Downie, A. & Downie-Back A. (2019). Dancers and doctors: Communicating with healthcare professionals. *The Dance Current*, 22(3), 16-18.
- Downie, A. (2017). Inside ed: Toward a scope of practice. *Dance International*, Winter, 38.
- Downie, A. (2016). Freer and more fragile: Embracing the benefits and challenges of dancing and aging. *The Dance Current*, 19(5), 16-17.
- Downie, A. (2015). Providing support to dancers: A resource for dancers and their families. *Healthy Dancer Canada Resources*. Retrieved from [http://www.healthydancercanada.org/uploads/4/7/1/3/47130231/hdc\\_rp\\_providing\\_support\\_to\\_dancers\\_2015.pdf](http://www.healthydancercanada.org/uploads/4/7/1/3/47130231/hdc_rp_providing_support_to_dancers_2015.pdf)
- Downie, A. (2008). Body Central. *Dance Central*, January/February, 4-5.
- Downie, A. (2007). Points of view: Capturing live performance. *The Dance Current*. Retrieved from <https://www.thedancecurrent.com/review/points-view-unsolicited>
- Downie, A. (2007). Dancing without injuries. *Dance Central*, January/February, 7.

### Works Submitted and Works in Progress

- Downie, A. *A multisensory model for dance skill instruction*. Manuscript in preparation. [in progress]

### Reports and Resources

- Dancer Screening Committee (2019). *Pre-professional dancer screen: Dance educator version*. Healthy Dancer Canada. [dancer screening tools]
- Downie A. & Krasnow, D. (2018). *A dance class with Donna Krasnow*. Dance Collection Danse. [video resource]
- Downie A. (2016). *Dance curriculum*. Enchainement Dance Centre [modern/contemporary dance curriculum, dance conditioning curriculum, early childhood curriculum]
- Downie, A. (2013). *Dance teacher diploma program feasibility study and proposal*. College of New Caledonia

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## CONFERENCES

### Academic Presentations

- Downie, A., Kenny S. J., & McDonough, M. (June 2024). Integrating dance science and somatics in undergraduate contemporary dance classes. *Dance Science and Somatic Educators 2024 Conference, Detroit, USA*.



- Downie, A.** (November 2024). Kenny S. J., McDonough, M., & Sanborn, J. (October 2023). Science, somatics and embodiment in tertiary dance. *University of Calgary Movement Research Festival, Calgary, Canada.*
- Downie, A.** (November 2023). Keynote Speaker: Fostering equity in dance. *Healthy Dancer Canada 2023 Virtual Conference.*
- Downie, A.** (October 2023). Keynote Speaker: Equity-informed dancer wellness. *B.C. Dance Educators Association 2023 Conference, Vancouver, Canada.*
- Downie, A.,** Kenny S. J., McDonough, M., & Sanborn, J. (October 2023). Science, somatics and embodiment in tertiary dance. *National Dance Education Organization 2023 National Conference, Denver, USA.*
- Downie, A.** (October 2022). Dancing and dance science: The symbiotic relationship between dance research and practitioner wisdom (sociological perspective). *International Association for Dance Medicine and Science 32<sup>nd</sup> Annual Conference, Limerick, Ireland.* [lecture presentation]
- Paglione, V., Morrison, L., McDonough, M. H., **Downie, A.,** & Kenny, S. J. (October 2022). Stakeholders' perspectives on community dance participation for older adults. *International Association for Dance Medicine and Science 32<sup>nd</sup> Annual Conference, Limerick, Ireland.* [lecture presentation]
- Downie, A.** (July 2022). Supporting dancers' mental wellbeing. *Talking Dance Science Virtual Conference.* Hosted by Imperial Society for Dance of Teachers of Dancing, Safe in Dance International and International Association for Dance Medicine and Science. [lecture presentation]
- Downie, A.** (May 2022). Somatics and embodying social justice. *University of Calgary Kinesiology EDI Grad Chats, Calgary, Canada.* [lecture presentation]
- Downie, A.,** Morris, M., & Rafferty, S. (November 2021). Advance, adapt, access, repeat. *Healthy Dancer Conference 2021 Virtual Conference.* [interactive workshop]
- Downie, A.** (August 2021). (Re)Visiting dancer wellness. *Dance Science and Somatic Educators 2021 Virtual Conference.* [lecture presentation]
- Downie, A.** (October 2020). The A.R.T of learning: How we learn motor skills and teaching strategies to enhance skill learning. *B.C. Dance Educators Association 2020 Virtual Conference.*
- Downie, A.** (July 2020). Multisensory instruction addresses learning diversity and enhances dance skill learning and performance [lecture presentation]. *International Association for Dance Medicine and Science 30<sup>th</sup> Annual Conference iConference.* [lecture presentation] **\*Re-presented and recorded for IADM's enduring educational materials.**
- Downie, A.** (October 2019). Multisensory instruction addresses learning diversity and enhances dance skill learning and performance. *International Association for Dance Medicine and Science 29<sup>th</sup> Annual Conference, Montreal, Canada.* [lecture presentation]
- Downie, A.** (October 2019). Enhance Dance: Holistic multisensory movement. *International Association for Dance Medicine and Science 29<sup>th</sup> Annual Conference, Montreal, Canada.* [interactive workshop]
- Brubacher-Cressman, K., **Downie, A.,** Keinick, S., Kenny, S., Mayall, E., Rathle, K., & Sather, P. (October 2019). Screening for dancers: What can teachers do? *International Association for Dance Medicine and Science 29<sup>th</sup> Annual Conference, Montreal, Canada.* [lecture presentation]

- Downie, A.** (August 2018). Contemporary Simonson Technique: How anatomical imagery facilitates anatomical understanding and somatic awareness. *Dance Science and Somatic Educators, Conference 2018 Conference, Buffalo, USA.* [movement session]
- Downie, A.,** & Hamel, S. (February 2017). Functional turnout: Assessment and improvement. *Performing Arts Medicine Association Regional Conference, Toronto, Canada.* [lecture presentation]
- Downie, A.,** Etlin-Stein, H., & Hamilton, N. (February 2017). Role of dance educators in dancer health and wellness. *Performing Arts Medicine Association Regional Conference, Toronto, Canada.* [lecture presentation]
- Downie, A.** (October 2016). The importance of screening in dance. *International Association for Dance Medicine and Science Day for Teachers, Vancouver, Canada.* [lecture presentation]
- Downie, A.** (October 2015). Incorporating dance history in modern dance technique. *B.C. Dance Educators Association Conference 2015, Vancouver, Canada.* [interactive workshop]
- Downie, A.** (February 2011). Conditioning for improved technique and injury prevention. *Healthy Dancer Canada Annual Conference 2011, Vancouver, Canada.* [movement session]
- Downie, A.** & Manley, M. E. (May 2009). Multisensory teaching in physical learning environments. *University of Windsor Teaching and Learning Conference 2009, Windsor, Canada.* [lecture presentation]
- Downie, A.** & Manley, M. E. (May 2009). Meeting the needs of the individual while leading the group. *World Dance Alliance General Assembly 2009, Madison, USA.* [lecture presentation]
- Downie, A.** (May 2009). Simonson technique: Addressing individual needs. *World Dance Alliance General Assembly 2009, Madison, USA.* [movement session]
- de Bilbao, M., **Downie, A.,** La France, C., & Warner, M.J. (May 2009). Preserving the choreography of David Earl. *World Dance Alliance General Assembly 2009, Madison, USA.* [panel presentation]

### Professional Presentations (selected)

- Downie, A.** (May 2023). Fostering equity. *Healthy Dancer Canada Strategic Planning Meeting, Calgary, Canada.*
- Downie, A.** (2021-2023). Healthy Dance Practice Certificate Webinars. *Royal Academy of Dance, Safe in Dance International, Enhance Dance.* [**17 interactive webinars on dancer health and wellness**]
- Downie, A.** (2021, March). Self-care and collective wellness. *Dancer Transition Resource Centre, On the Move Virtual Conference.* [lecture presentation]
- Downie, A.** (2019, August). Anatomical and biomechanical principles in dance; Injury prevention and management; Preparing for optimal dance. *Royal Academy of Dance Genée International Ballet Competition 2019, Toronto, Canada.* [3 interactive workshops for teachers]
- Downie, A.** (May 2013). Preventing and caring for dance injuries. *B.C. Provincial Dance Festival, Penticton, Canada.* [interactive workshop]
- Simonson, L. & **Downie A.** (2007 & 2009). Simonson Technique Workshop. Scotiabank Dance Centre. Vancouver, BC. [weekend workshop]

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## CREATIVE CONTRIBUTIONS

### Choreography (selected)

- Downie, A.** (choreographer). (2019). *Bach*. Guelph Youth Dance Company. Toured to theatres in Barcelona, Madrid, and Valencia, Spain.
- Downie, A.** (choreographer). (2018). *The beauty of being a misfit*. Guelph Youth Dance Company. River Run Centre, Guelph, Canada
- Downie, A.** (choreographer). (2017). *Refugee*. Guelph Youth Dance Company. River Run Centre, Guelph, Canada
- Downie, A.** (choreographer). (2016). *Autobiography in 5*. CatchingART Contemporary Ballet Theatre. Roundhouse Theatre, Vancouver, BC.
- Downie, A.** (choreographer). (2016). *On being human* [multigenerational performance]. Performers North Dance Company. Vanier Hall, Prince George, Canada.
- Downie, A.** (choreographer). (2015). *Where the wild things are*. Performers North Dance Company. Vanier Hall, Prince George, Canada.
- Downie, A.** (choreographer). (2014). *The road to now* [multigenerational performance]. Performers North Dance Company. Vanier Hall, Prince George, Canada.
- Downie, A.** (choreographer). (2013). *The physics of falling leaves*. Performers North Dance Company. Vanier Hall, Prince George, Canada and Lester Centre for the Performing Arts, Prince Rupert, Canada.
- Downie, A.** (choreographer). (2008). *Chain reaction*. Arts York Dancers. Markham Theatre for Performing Arts, Markham, Canada.
- Downie, A.** (choreographer). (2007). *Café*. Shadbolt Centre for the Arts dancers. James Cowan Theatre, Burnaby, Canada.
- Downie, A.** (choreographer). (2003). *(Re)Current*. Shadbolt Centre for the Arts dancers. James Cowan Theatre, Burnaby, Canada.
- Downie, A.** & Hernandez, M. (choreographers). (1999). *Gateways*. Firehall Arts Centre, Vancouver, Canada.

### Performances (selected)

- Performers (choreographers). (2005). *Just push play*. Madura Dance Company. PuSh International Performing Arts Festival, Norman Rothstein Theatre, Vancouver, Canada.
- Downie, A. & Hernandez, M. (choreographers). (1999). *Gateways*. Dancing on the Edge Festival of Contemporary Dance, Firehall Arts Centre, Vancouver, Canada.
- Lee, C. & performers (choreographers). (1999). *Earth magic* [site specific]. True North Performance Society. Jericho Beach, Vancouver, Canada.
- Whitman, J. (choreographer). (1998). *Kiss project—Ball*. 12 Minutes Max #12, Firehall Arts Centre, Vancouver, Canada.

Oberfelder, J. (choreographer). (1996). *Motherlode—Expectant tango*. Jody Oberfelder Dance Projects. Ohio Theatre, New York, USA.

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## PROFESSIONAL DEVELOPMENT AND AFFILIATIONS

### Professional Development Courses and Workshops

National Dance Education Organization (2024). Dance and Disability Summit. *NDEO*. [full day, online]

Premji, Z. & Hayden, A. (2024). Systematic reviews. *University of Victoria & University of Calgary*. {3-part online workshop]

Harper, L. (2023). Anti-racism workshop. *Canadian Race Relations Foundation*. [3 hours, online]

Gorski, P. (2023). Equity Literacy Courses. *Equity Literacy Institute*. [online certificate-bearing courses]

- Understanding equity and inequity
- Learning to be a threat to inequity

People Dancing (2023). People Dancing networks day. *People Dancing*. [full day, online]

Thorne, S. (2022). Data analysis using interpretive description methodology. *International Qualitative Research Toolkit*. [online]

Tamminen, K. (2022). Open science workshop. *Centre for Critical Qualitative Health Research*. [online]

Eddy, M. (2022). Somatic dance. *Dynamic Embodiment Institute*. [online]

Ross, J. (2022). The life and work of Anna Halprin. *Tampala Institute*. [online]

Canadian Race Relations Foundation (2020-2021). Learning about racism courses. *Canadian Race Relations Foundation*. [online certificate-bearing courses]

- Understanding how the brain develops bias I
- Understanding how the brain develops bias II

Smith, C. (2021). Equity, diversity, inclusion and anti-racism in the arts. *Cultural Pluralism in the Arts Movement Ontario*. [online]

Kelly, P. (2021). Facilitating and engaging learners in effective discussions. *Taylor Institute for Teaching and Learning*. University of Calgary. [online]

Kelly, P. (2020). Course design essentials. *Taylor Institute for Teaching and Learning*. University of Calgary. [online]

Mitacs. (2020). Communicating your research. *Mitacs*. [online]

Krasnow, D. (2014 & 2018). Limón Technique teacher course. York University. Toronto, Canada.

Krasnow, D. (2008 & 2010). C-I Training teacher certification courses, Level 1 & Level 2. York University, Toronto, Canada.

Simonson, L. (1996, 1997 & 2008). Simonson method of teacher training. Dance New Amsterdam / Dance Space Centre, New York, USA

Dowd, I. & Baker, P. (2004). Exploring artistry. *Summer Seminar for Dance Teachers*, Canada's National Ballet School, Toronto, Canada.

Redlick, D. (2003). Sourcing material from Laban-Bartenieff. Shadbolt Centre for the Arts, Burnaby, Canada.

Simonson, L. (1994 & 1995). Expanded dance. Windhover. Rockport, USA.

Simonson, L. (1991). A new vision for dance. Jacob's Pillow Dance Festival, Lee, USA.

Simonson, L. (1990). Jazz project. Jacob's Pillow Dance Festival, Lee, USA.

### **Professional Memberships**

Since 2007 Member. International Association for Dance Medicine & Science

Since 2008 Member. Healthy Dancer Canada

Since 2016 Member. Canadian Dance Assembly

Since 2020 Member. National Dance Education Organization

Since 2020 Member. UNESCO Chair Global Health & Education

Since 2020 Member. World Dance Alliance Americas

Since 2020 Member. Dance Studies Association

Since 2021 Ally Member. Indigenous Performing Arts Alliance

Since 2022 Member, People Dancing

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### **REFERENCES**

**Donna Krasnow**, Professor Emerita, York University, Toronto, Canada. [dkrasnow1@aol.com](mailto:dkrasnow1@aol.com)

**Sarah Kenny**, Assistant Professor, University of Calgary, Calgary, Canada. [kennys@ucalgary.ca](mailto:kennys@ucalgary.ca)

**Meghan McDonough**, Associate Professor, University of Calgary. [meghan.mcdonough@ucalgary.ca](mailto:meghan.mcdonough@ucalgary.ca)

**Mary Elizabeth Manley**, Professor Emerita, York University. [memanley@yorku.ca](mailto:memanley@yorku.ca)

**Ann Holmes**, Kinesiology Program Director, College of New Caledonia, Prince George, Canada. [holmesa@cnc.bc.ca](mailto:holmesa@cnc.bc.ca)

**Deborah Lundmark**, Artistic Director, Canadian Contemporary Dance Theatre, Toronto, Canada. [dlundmark@ccdt.org](mailto:dlundmark@ccdt.org)

**Nicole Hamilton**, Producer and Host, Turn Out Radio; Artistic Director, Inica Dance Industries. [nhamilton@inicadance.com](mailto:nhamilton@inicadance.com)

**Judy Russell**, Owner and Artistic Director, Enchaînement Dance Centre, Prince George, Canada. [judyr103@gmail.com](mailto:judyr103@gmail.com)