



CURRICULUM VITAE

Patricia K. Doyle-Baker, Dr. PH/PHD

Health Conversationalist, Exercise Scientist with a Sporty Leadership style, Insightful Experienced Professor, Award-winning Speaker, and foremost Knowledge Translator. Ground up Researcher, professional degree as a Public Health Doctor: translating broad strategic initiatives into operational mechanisms that produce successful outcomes. Question poser teaching philosophy emphasis on current trends to envision future directions. A resilient and tenacious Decision Maker; empowering individuals to take an integral role in health decisions. Strategic ability to recruit and guide in selection process thereby strengthening the Academy's positioning as a global centre of excellence in research, education, and service. Rallies stakeholders toward a *healthier* future: a Leader with a deep commitment to creativity, innovation, ethics, diversity, inclusiveness and accessibility.

August 2023

ORCID: 0000-0001-9296-8921

H-index=27, 2793 citations, i10-index=44, SC 15061097100, RGI 1161

https://scholar.google.com/citations?user=2lotyEOAAAAJ&hl=enGoogle Scholar

https://www.researchgate.net/profile/Dr_Patricia_Tish_Doyle-Baker

https://www.linkedin.com/in/dr-patricia-doyle-baker-996520b/

https://mobile.twitter.com/knowthyhealth

Twitter @knowthyhealth

https://kinesiology.ucalgary.ca/labs/know-thy-health (under construction)

Video: https://m.facebook.com/universityofcalgary/videos/ucalgarys-dr-patricia-doyle-baker-discusses-her-

research-on-the-menstrual-cycle-/916769029323194/?locale=bg_BG





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LABORATORY MISSION STATEMENT

"To bridge the gap between research and practice."

Prevention is better than cure. D. Erasmus C1466-1536

CORE COMPETENCIES

Visionary Health Leadership Board of Directors Interface Fundraising & Support Institutionalized Ethics & Integrity Community Conversationlist Knowledge Broker Government Relations Sport and Athlete Leadership

Research Idea Mentor Process Driven Expertise Faculty Recruitment & Retention Partnership Development





PART I - Biographic Background

Personal

Dr. Patricia K. Doyle-Baker

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Office: KNB 139 Faculty of Kinesiology, U of Calgary 2500 University Dr. NW., Calgary, Alberta. T2N 1N4

Telephone: 403.220.7034 Fax: 403.284.3553

Education

1996-99 Doctorate of Philosophy. (Medicine-Rheumatology). Loma Linda University (LLU), Loma Linda, California, USA. Thesis: Intention to exercise in fibromyalgia patient's: an application of the theory of planned behaviour. Dr. J. Lee (Epidemiology, LLU); Dr. E. Krick (Rheumatologist, LLU); Dr. L. Martin (Rheumatologist, UCalgary).

Email: pdoyleba@ucalgary.ca

1992-96 Doctor of Public Health¹. (Health Education and Epidemiology). Loma Linda University (LLU), Loma Linda, California, USA. Supervisor: Dr. C. Neish (Health Education).

1984-86 Master of Arts (MA). (Exercise Physiology and Sport Science). University of Victoria (UVIC), BC.
Thesis: The acute and chronic physiological changes in blood associated with high intensity training in rowers. Supervisor: Dr. H. Wenger (Sport Physiologist).

1976-82 Bachelor of Science (BSc Hons). UVIC, BC. Project: A documentation of the athlete's use and knowledge of anabolic steroids. Honors Supervisor: Dr. D. MacDougall (McMaster University).

Awards, Distinctions, and Fellowships

- 2022 Sage Volunteer Award Summer Canada Games
- 2016 'Inspired Community Service' from The UCalgary Faculty Association.
- 2015 Last Lecture Award -Title: The Three Cs in a Career and an Oreo Cookie. Sponsored by Leadership and Student Engagement Office and the Student's Union. https://www.facebook.com/events/1577599569170283/
- 2014 Dr. E. Bako Award Outstanding achievement and leadership in exercise science and practice. Awarded by the Health and Fitness Program of the Provincial Fitness Unit of Alberta.
- 2009 Roger Jackson Centre Faculty Research Award, Human Performance Lab, UCalgary.
- 2006 Avenue Magazine Distinction. One of the Top Ten Thinkers in City of Calgary.
- 2002 National Fitness Leadership Mall Prepee Award. Nominated by the Alberta Fitness Leadership Certification Association (AFLCA).
- 1999 Student Union Teaching Excellence Award UCalgary. Nominated
- "A woman who makes a difference." Award, UCalgary.
- 1993 Student Union Teaching Excellence Award UCalgary
- 1991 AFLCA Volunteer Award.

Scholarship

- 1998 Curriculum Fellow (Strategic Transformation Initiative). Redesign and development of an innovative framework for undergraduate programs. UCalgary. (\$3500).
- 1995 Sella Andrews Graduate Award, LLU, California. (\$5000).
- 1986 Graduate Academic Scholarship, BC. Government. (\$2500).

Doctor of Public Health (Dr. PH) degree program is an interdisciplinary, school wide professional degree program, which trains doctoral students to be research leaders, public health policymakers and public health practitioners. Through the integration and application of a broad range of knowledge and analytical skills in leadership, practice, policy analysis, program management and professional communication – coupled with preparation in a specific disciplinary public health field.





- 1986 Outstanding Athletic Therapist, UVIC, BC. (\$500).
- 1985 Graduate Academic Scholarship, BC. Government. (\$2500).
- 1984 Outstanding Athletic Therapist, UVIC, BC. (\$500).
- 1976 Undergraduate Academic Scholarship, UVIC, BC. (\$500).
- 1976 University Entrance Scholarship, BC. Government. (\$500).

Athletic

1978 UVIC, BB Athletic Scholarship

1977 UVIC, BB Athletic Scholarship

PART II - Work Experience

Academic Experience

2021 July Associate Dean- Graduate

Faculty of Kinesiology, University of Calgary, Calgary, AB

2020- Full Professor

Faculty of Kinesiology, University of Calgary, Calgary, AB

2018-20 Board of Director

Faculty Association, University of Calgary, Calgary, AB

1993-2019 Associate Professor (with Tenure)

Faculty of Kinesiology, University of Calgary, Calgary, AB

2017-Present Member

McCaig Centre for Bone and Joint

Cummings School of Medicine. University of Calgary, Calgary, AB.

2010-Present Member

Alberta Children's Hospital Research Institute (Child and Maternal Health)

Cummings School of Medicine. University of Calgary, Calgary, AB

2007-Present Member

Sport Injury Prevention Research Centre (SIPRC). University of Calgary, Calgary, AB

2007-Present Member

O'Brien Institute for Public Health

Cummings School of Medicine. University of Calgary, Calgary, AB.

2005-Present Associate Professor (Adjunct)

School of Architecture, Planning and Landscape; formerly EVDS.

University of Calgary, Calgary, AB

1988-1993 Assistant Professor

Faculty of Physical Education, University of Calgary, Calgary, AB

Licensure and Certification Current

- Sex Gender Biomedical Research Certificate of Completion 2023–MODULE 1 and 2
- Canadian Society of Exercise Physiologists (CSEP), 2023- Certified Exercise Physiologist (CEP)
- CCES certification- 2023 True Clean Sport; The role of athlete support personnel; Mental Health in Sport,





Safe Sport Training -decision; Safe Sport Training - Direct Athlete Contact; Safe Sport Training -no Direct Athlete Contact)

- CPR and First Aid, Level C certification (2022-23, November)
- Canadian Ski Coaches Federation (CSCF), Alpine Ski Coach (2012-23), Ski Cross level and Park Level1 (2018-23)
- Level 2 Sea Kayak Guide 2022

Previous

- AFLCA, Trainer of Fitness Leaders certification, Group Leader 1988-2021
- Doping Control Officer, 1986-1998

Employment Experience

1986-88 Associate Director of Sports Medicine at Cardiovascular Assessments, Rehabilitation,

Exercise and Lifestyle (CARTEL) Clinic, Victoria, BC.

Completed Athletic Therapist hours and requirements for Canadian Athletic Therapists

Association (CATA)

1985 - 86 Cardiac Technician, Angio Management Ltd., Victoria, BC.

Completed hours for exercise testing and requirements for Exercise Specialist Certification

(ACSM)

1983-85 Fitness Coordinator, City of Victoria Recreation Department, Victoria, BC.

Sport Science Positions and Experience

Medical Liaison: Mission Staff

2023	Team Alberta, Canada Winter Games, Charlottetown, PEI.
2022	Team Alberta, Canada Summer Games, Niagara, Ontario.
2017	Team Alberta, Canada Summer Games, Winnipeg Manitoba.
2015	Team Alberta, Western Canada Summer Games, Wood Buffalo, AB.
2013	Team Alberta, Canada Summer Games, Sherbrooke, Que.

Doping Control Officer - On Site and Random Testing

1991-1996 4-6th ISSU Olympic Oval Organizing Committee, *Calgary, AB*;

1986-1996 International Competitions (Track and Field, Water Polo, Volleyball, Cycling)

Athletic Trainer

1988	C.I.A.U. Gymnastic Competition, Vancouver, BC.
1988	British Columbia Summer Games, Victoria, BC. Mission Staff
1988	National Figure Skating Championships, Victoria, BC. Mission Staff
1987	National Women's CANAM Rugby Championships, Victoria, BC.
1987	Crimson Tide Labatt's Championship (men), Rugby, Montreal, Que.
1987	Victoria (men), Australian and New Zealand Tour.
1986	Crimson Tide Select Rugby (men), Victoria, B.C.
1986	Saskatchewan Rep. Team (men), European Tour.
1985	UVIC Rugby (men), Hawaii Tour.
1985	BC Summer Games, Nanaimo, B.C. Mission Staff
1985	Victoria Riptides Semi-pro Soccer (men), Victoria, BC.
1985	Canadian Junior National Soccer Team (men), Training Camp, Victoria, BC.
1985	British Columbia Summer Games, Nanaimo, B.C. Mission Staff
1985	National Canadian Gymnastic Championships, Victoria, BC.
1984	UVIC Rugby Team (men's), British Isles Tour.
1984	UVIC Vikettes Basketball Team, Victoria, BC.





1983-85 Victoria Athletic Soccer Club (men), Victoria, BC.

Coaching Support and Volunteer

2018,19, 21 NorAM Championships Lake Louise- Starter and Volunteer Health Support

2016-19 Bow Valley Quickies (BVQ)- Director of Athlete Research

2013 -19 Banff Valley Quickies (BVQ) -Education and Staff training of coaches

2007-09 Sunshine Alpine Racers- Fitness testing KI to FIS level

Sport Science Support

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2007 Aug	Alberta Provincial U18 Women's Ice Hockey Exchange (Hokkaido Japan)
1999-04	UCalgary Dino Women's Soccer Team - Health and Fitness testing
1994-98	National Women's Ice Hockey Team - Fitness testing at evaluation camps: Oct. 1995,
	Toronto and 96, Ottawa, Pacific Rim International Tournament March 28-April 5th, 1995,
	Vancouver, B.C. and pre-Worlds 1997, Ontario.
400004	

1990-94 National Women's Field Lacrosse Team - Fitness testing and periodization a 3-year training program in preparation for World Cup Championships, in Scotland, August 1994.

1990-94 National Men's Alpine Ski Team -physiological testing and sport science support

1990-92 Alberta Provincial Baton Twirling Association -designed and implemented a two-year fitness

testing program accompanied by a written manual for their future use.

1988-01 UCalgary Dino Females Gymnastic -University-CIAU designed and implemented an injury

prevention program which included nutritional analysis

1984-87 National Men's Rugby Program -developed training program

1984-86 UVIC Sport and Fitness Testing Center -university and national level athletes and

professional: Men's Alpine Ski Team, BB, Rowing, Cross-country, Track and Field, Archers,

Men's National Rugby Team, NHL and Police Force.

Consultant Work

1990-96	Calgary Catholic Separate School Board, Back Care Workshops for clerical and custodial
	staff at start of the school year 1990-91: work related fatigue and stress (1992);
	Prevention of Repetitive Strain Injury (1996)
1995	NORTEL, Calgary, AB, Evaluated existing protocol using Cybex 3000 related to upper

1995 NURTEL, Calgary, AB. Evaluated existing protocol using Cybex 3000 related to upper

quadrant assessments.

1995 Coaches Inc., Calgary, AB., Completed a process consultation and program evaluation for a

private consulting firm specializing in 3-year wellness programs.

1994 Bank of Montreal, Que. Completed a process consultation and program evaluation on the

implementation of a Health and Wellness program for Mr. Greg Wells.

Health Systems Group (HSG), Calgary AB. Instructed their employees how to interpret

fitness assessments and Cybex results.

1991-92 Northern Telecom, Calgary AB. Developed a lower arm test to monitor the new

ergonomically designed workstations. Outcome: reduced incidence of RSI.

1991 Script and Technical Consultant, Victoria, B.C. "BIKERCISE" video. (1991).

1990 Consultant for nationally syndicated production, "Body Moves with Laura Lauzon". CHEK TV.

B.C. (1990).

1986 Developed and researched all the components of an exercise rehab assessment center for

a private physiotherapy company. Purchase of Hydra-gym, Omnitron, strength training

equipment, computerized and manual bikes, tilt boards, etc.

1983-84 B.C. Head Injury Society; Consultant and developed programs for motor skills improvement.

Private patients.

PART III - Research Principal





Supervision - (PhD, M.Sc., MA. Undergrad-honors) -Current

Graduate

- 1. Misa Noumi, KN-M.Sc. Menstrual Cycle Variability comparison in Japanese and Canadian in Track and Field Athletes. Sept. 2023. (\$10,000 International student entrance ward)
- 2. Thomas Bouchard (MD), UBC WACH Graduate Program-PhD. (co-supervisor). Quantitative Hormonal Biomarkers of Menstrual Health in Normal and Abnormal Cycles. Jan 2023 (self-funded)
- 3. Carla Van den berg, KN-PhD. Development of an algorithm to monitor elite athlete menstrual cycles (hormone variability and fatigue index) using machine learning techniques. Jan. 2022 (Mitacs/OTP award -\$22,000/4yrs); GROOW 2023 \$10,000/2yrs.)
- 4. Alissa Kazakoff, KN-M.Sc. Recruitment and retention assessment in a Menstrual Cycle App engagement through an online pre-post menstrual literacy questionnaire. Sept. 2021 [Mitacs/My Normative \$20,000; Women in STEM 2023 award \$2500]
- 5. Marissa Doroshuk, KN-M.Sc. Three step Verification of Menstrual Cycle and level of agreement in Menstrual Cycle App. Sept. 2021[Mitacs/My Normative -\$20,000]
- 6. Paula Suarez Moreno, KN-M.Sc. Semi-structured interview on athlete readiness to perform during the menstrual cycle in national level athletes. Sept. 2021 [Mitacs/OTP award -\$20,000]
- 7. Nicole Boisvert, KN-M.Sc. Maternal triad and pairs of bone and reproductive health, Jan. 2021- [Barrie I. Strafford Master's Scholarship for Interdisciplinary Studies on Aging-Brenda Strafford Centre -\$20,000; awarded ACHRI graduate scholarship \$20,000].

Preceptor Research Practicum Medicine 2024

8. Michael Potemkin, Jason Kreutz, Parth Patel, Harshil Shah, and David Lam. Title: A Qualitative Study on Harm Reduction in the Community Associated with Anabolic Steroid Use.

Undergrad -

Honors Sept 2023-24

 Madison Souster, B.Sc.-Kin. Changes in Female's Choice of Dress Across the Menstrual Cycle: photovoice project.

Research awards - (S summer; FW fall winter) - Current

- 10. Madison Souster, B.Sc-Kin 3rd yr. (S23). Prompting athlete self-reflection during menstrual cycle tracking for performance readiness. (Alberta Innovates Award, -\$7500).
- 11. Mina Shin, B.Sc-Kin, 4thyr. (FW 22-23). Improving health literacy through a Capstone Report: Student's Perspectives. (KNES Undergrad Research Scholarship (KURS), \$6000).

Committee Membership (PhD, M.Sc., MA.) -Current

- 1. Clara Soligon, PhD. 2022-26, KNES. Changes in the menstrual cycle after a sport-related concussion (SRC) in professional female rugby athletes.
- 2. Nathan Morris, M.Sc. 2022-24. Medical Science. Optimizing return to sport outcomes following ACLR in skiers.
- 3. Levi Frehlich, PhD, 2018-23, CHS. Investigating neighborhood design, physical activity, and fitness: fit communities.
- 4. Julie Walton, M.Sc., 2022-24. KNES. Hormone replacement treatment (HRT) impact on tendon stiffness in recreation women runners: A cross-sectional study.
- 5. Joseph Carere, M.Sc., 2021-23. KNES. Long-term Autonomic Consequences of Concussion in Youth Sport with sex differences.

Supervision - Complete PhD

Tracy Blake, PhD, 2011-16, KNES. [Co-Supervisor]. Physical Activity and Concussion Outcomes in Youth





- Ice Hockey. (CIHR)
- 2. Sarah Richmond, PhD, 2007-12, KNES. (Co-Supervisor). Injury and Obesity prevention in grades 7-8-9-Youth. (CIHR)
- 3. Ali Venner, PhD, 2004-08, KNES/MDSC. (Supervisor). Adipocytokines, Gender and Exercise: Biochemical Evaluation during a Health Intervention Programme? *Funding AHFMR Award*

Supervision - Complete PhD -Committee

- 4. Rogerio Soares, PhD, 2015-19, KNES. (Committee). The effects of short-term exercise training on the vascular responsiveness and cardiorespiratory parameters in obese individuals.
- 5. Cynthia Mannion, PhD. 1998-2003, NURS McGill U. (Committee). Sch Dietetics and Human Nutrition. The Prevalence and Effects Of Dairy Products Restriction During Pregnancy And Lactation On Maternal Dietary Adequacy And Infant Birth Weight.
- 6. Matt Jordan, PhD, 2012-17, MDSC, (Committee). Long-Term Effects of Knee Injury on Neuromuscular Performance and Function in Elite and Sub-Elite Alpine Ski Racers.
- 7. Christiane Job, PhD, 2014-15, KNES. (Committee). Women Changing the Culture of Sport: A Narrative Analysis of Aging Women's Experiences as Athletes.
- 8. Joanne Helm, PhD, 2004-06, GDER. (Committee). Implementing An Innovation 'FIT Breaks' With Elementary School Teachers In Cohort And Non Cohort Groupings: Issues of Adoption, Attitude, Creativity and Engagement.

Supervision - Complete M.Sc

- 9. Anneke Winegarden, M.Sc., 2018-20, KNES. (Supervisor). 3km Track Time Trial Performance in Cross-Country Skiers after a High Intensity Training Session.
- 10. Laura Crack, M.Sc., 2017-19, KNES. (Supervisor). Changes in Hormones with Exposure to Student Stress (CHESS). U of C Runner up in 3M Thesis Competition https://www.youtube.com/watch?v=1Y8EWAbBqU0
- 11. Eshleen Grewal, M.Sc., 2016-18, KNES. (Supervisor). Investigating 24-Hour Movement Behaviours of Children and Youth Attending Summer Camps.
- 12. Kayla Kashluba, M.Sc., 2016-18, KNES. (Supervisor). An intervention program designed to improve balance and power in U14 alpine ski-racers. (Dean's Scholarship)
- 13. Andrew Stewart, M.Sc., 2013-16, KNES. (Supervisor). Immune Response Differences of Obese Individuals to the Seasonal Influenza Vaccine. Winner: *President's Award for Leadership, Alberta Graduate Citizenship Award from the Government of Alberta, CIHR Banting award,* https://ucalgary.ca/student-services/presidents-award/award-recipients/2016/AndrewStewart
- 14. Carla Van den berg, M.Sc., 2013-15, KNES. (Supervisor). The Influence of Previous Injury History on Health and Fitness Outcomes in Junior High School Students. (QE 2 Scholarship)
- 15. Lisa Campkin, M.Sc., 2012-15 KNES. (Supervisor). Exploring Physicians' Perspectives of Exercise Specialists in Primary Care Networks.
- 16. Meaghan Nolan, M.Sc., 2008-10, KNES. (Supervisor). Development and Validation of the Apple iPhone/iPod as a Physical Activity Monitor. Dean's research entrance scholarship and CIHR Banting award.
- 17. Jeff Zahavich, M.Sc., 2008-10, KNES. (Supervisor). Examining the Freshman Weight Gain Phenomena with Measures of Fat-Free Mass and Fat Mass. Dean's research entrance scholarship and CIHR Banting award.
- 18. Michelle Fry, M.Sc., 2006-09, KNES/CHS. (Supervisor). The physical and psychosocial health profile of transit employees by occupational category in Calgary Alberta. Meredith Award 06, 07
- 19. Jane Stewart, M.Sc., 2005-09, KNES. (Supervisor). Understanding the Lived Experience of Physically Active Women with Knee Osteoarthritis.
- 20. Jennie Petersen, M.Sc., 2006-08, KNES/CHS. (Supervisor). What impact does a citywide, multiorganizational physical activity initiative have in a large, populated city with a high average income? CIHR Banting award





- 21. Kate Lambert, MDP, 2005-06, EVDS. (Co-Supervisor). A Critical Evaluation of liveability in Garrison Woods., Funded by Alberta Centre for Active Living.
- 22. Heather Roselle, MA, 2004., Eng. (Co-Supervisor). Women's Hockey: Gateway to Leadership.
- 23. Leanne MacDonald, M.Sc., 2001. KNES. (Supervisor). Osteopenia in Women Ice Hockey Players. Dean's research entrance scholarship.
- 24. Alison Kolody, MA, 2002. EVDS. (Co-Supervisor). Planning For Physical Activity: The Need For Comfortable And Convenient Pedestrian Movement In Urban Form.
- 25. Cory Fagan, M.Sc., KNES, 2000. (Supervisor). Ballistic Training: The Effectiveness of Maximal Power Training on Physical Performance.
- 26. Tracy Cameron, M.Sc., KNES, 2000. (Co-Supervisor). Ligament Laxity and Back Pain During Pregnancy.

Supervision - Committee Membership (M.Sc., MA.) -Complete

- 27. Allison George, M.Sc., 2020-23, KNES-Dance. (Committee). Injuries in Pre-adolescent Dance Studio Dancers.
- 28. Rachel MacDougall, M.Sc., 2021-23, KNES. Mitochondrial content, exercise capacity and the development of peripheral NM fatigue during small muscle mass endurance exercise in healthy young adults.
- 29. Shelia Downie, M.Sc., 2018-20, KNES. The prevalence and risk factors for injury in competitive Trampoline and Tumbling.
- 30. Anmol Attu, M.Sc., 2018-20, KNES. Oxygen uptake kinetics during the different phases of the menstrual and oral contraceptive cycles.
- 31. Ryan Peter Lukic, M.Sc., 2017-20, CHS. The role of the built environment in relation to sleep and sedentary behaviour.
- 32. Nathaniel Morris, M.Sc., 2017-20, KNES. Biomechanical and Morphological Deficits Following Anterior Cruciate Ligament Reconstruction with Hamstring Autographs: Implications for Rehabilitation and Return to Sport Testing.
- 33. Jawad Hashim, M.Sc., 2016-19, KNES. Effects of a Structured Exergaming Curriculum on Postural Balance in Older Adults.
- 34. Levi Frehlich, M.Sc., 2016-18, CHS. A Longitudinal Investigation into Neighbourhood Built Characteristics and Their Associations with Physical Activity and Health-related Fitness in Adults
- 35. Grace Salvo (MD), M.Sc., 2014-18, CHS. Influence of environmental barriers in neighbourhoods of high and low walkability on high active and low active participants.
- 36. Mitch George, M.Sc., 2015-17, KNES. The Effects of Aging and Training Status on Vascular responsiveness, O₂ Delivery, and the Rate of Adjustment of Oxidative Phosphorylation
- 37. Megan Hume, M.Sc., 2013-15, KNES, The Effects of Prebiotic Fibre Intake on Appetite and Body Mass Index z-score in Overweight and Obese children.
- 38. Alissa Nicolucci, MSc., 2013-15, KNES. Effect of Prebiotic Fibre Intake on Adiposity and Inflammation in Overweight and Obese Children: Assessing the Role of the Gut Microbiota.
- 39. Brittiany Gadzosa, M.Sc., 2012-15, U of Sask-KNES. Effects of a 12-week Exercise Intervention For Overweight or Obese Females on Circulating Leptin and Kisspeptin Hormone Levels.
- 40. Ben Tan, M.Sc., 2012-14, KNES. Surveillance of injury in school age youth with ADHD and DCD.
- 41. Kerri-Jo Sawka, M.Sc., 2011-14, CHS. Social Media and Obesity in Children.
- 42. Ted Pfister, M.Sc., 2011-14, CHS. Convergent validity and test re-test reliability of two accelerometers for measuring physical activity and sedentary behaviour in a healthy population of older women.
- 43. Ann Madeline Toohey, M.Sc., 2010-12, CHS. How is social capital influenced by neighbourhood attributes?
- 44. Patricia J. Knutson, M.Sc., 2010-12, GDER. What it means to be a Women at Midlife: First-Time Marathoners and Embodied learning.
- 45. Anna Alywin, M.Sc., 2008-11, KNES. Does the addition of a 6-week maximal strength-training program improve the sustainability of performance in trained male cyclists?
- 46. Stacy Ruddell, M.Sc., 2007-10, KNES. The Use of Tension Night Splints in the Treatment of Plantar Fasciitis. Committee.





- 47. Kim Wagner-Jones, M.Sc., 2007-09, KNES. The Impact of High Dairy Intake During Weight Loss on Markers of Insulin Resistance.
- 48. Kelly-Anne Erdman, M.Sc., 2004 -06, KNES Evaluation of the Dietary Supplementation Patterns Among Calgary-Based High Performance Athletes.
- 49. Lisa Daroux, M.Sc., 2004-05, KNES. The Impact of Perceived Control on the Psychosocial and Physical Outcomes of Physical Activity in Cancer Survivors., Proposal Committee
- 50. Melissa Lee Potestio, MSc., 2003-05, CHS. Childhood Obesity: Perceptions of Calgary Public.
- 51. Flora Hillis, M.Sc., 2000-02, KNES. Ventilatory Responses To Hypoxia Over The Menstrual Cycle.,
- 52. Donna Rucker, M.Sc., 1998-2000, MDSC. Effects Of Seasonal Vitamin D and Bone Metabolism In A Health Population Of Western Canadians.
- 53. Emma Smith, MA, 1996-98, KNES. The Impact of Physical Activity on the Quality of life of persons within Spinal Cord Injuries.
- 54. Deanna Schick, M.Sc., 1995-97, KNES. Injury Rates and Profiles In Female Ice Hockey Players.
- 55. Paul Eastabrooks, MA, 1993-95, KNES. Self-Schema As A predicator of Exercise Participation.
- 56. Claudio Nigg, MA, 1993-95, KNES. Adolescent Exercise Behaviour: An Application of the Trans-theoretical Model.

Withdrawal

- 6. Tessa VanDerVeeken, M.Sc. Fall 2018-on leave. KNES. (supervisor). HITT effect on bone in mature rabbits. Withdrawal from the faculty -business opportunity
- 7. Francisco Alaniz Uribe, PhD, 2016-21, EVDS. (Committee). UAVs methods for studying public life and movement. *Note: stepped off the committee, outside my area of expertise.*
- 8. Rebecca Carnduff, M.Sc., 2013-17, KNES (Committee). Evaluating the effectiveness of NMT in of sport and recreational injuries in junior high school students: a cross-sectional analysis on injury risk. *Note:* withdrawal from the faculty for personal reasons.

Examination Committee Membership

- 1. Shrushti Shah PhD, 2021. Gut metabotypes as biomarkers for nutrition and health in adults. Examiner Candidacy.
- 2. Jamie Benham (MD), PhD, 2020, Dec. 4th, MDSC. Polycystic Ovarian Syndrome: an investigation of non-pharmacologic management strategies and cardiometabolic consequences. Examiner Candidacy.
- 3. Rafael Azevedo, PhD, 2019, KNES. Neuromuscular fatigue in aging and sex differences. Internal Examiner Thesis.
- Tamara Williamson, M.Sc., 2019, Psychology. The impact and mechanisms-of-action of patient education in cardiac rehabilitation on knowledge, attitudes, and exercise adherence among patients with coronary artery disease: A prospective proof-of-concept study. Internal-External Thesis
- 5. Ryan Deck, M.Sc., 2019, U. of Regina-KNES. The Effects of Mild Bilateral Jugular Vein Compression on Cerebrovascular Physiology: Impllications for Concussion. External Examiner Thesis
- 6. Andres Kroker, PhD, 2019, CHS. Using high resolution CT and MRI to monitor the tissue changes associated with a longitudinal study of a post-traumatic knee injury. Internal-External Thesis
- 7. Aleen Pangka, M.Sc, 2016, May 26, MDSC. Muscle loading and bone strength in post-menopausal women. Internal Examiner
- 8. Christiane Job, PhD, 2015, KNES. Women Changing the Culture of Sport: A Narrative Analysis of Aging Women's Experiences as Athletes. Examiner Thesis
- Nadine Van Wyk, PhD, 2013, MRU. Coaching perceptions of Children in Gymnastics. Internal- Examiner Candidacy
- 10. Megan Hallam, PhD, 2013, KNES. Influence of Nutrients on Development Programming of Glucose and Lipid Metabolism in a Wistar Rat Model. Internal-Examiner Candidacy
- 11. Marc Bomhof, PhD, 2013, KNES. What are the mechanisms underlying NAFLD-related liver injury that are predominately associated with dietary regulation sources? Internal- Examiner Candidacy





- 12. Christiane Job, PhD, 2012, KNES. Women Changing the Culture of Sport: A Narrative Analysis of Aging Women's Experiences as Athletes. Examiner Candidacy
- 13. Lindsay Eller, PhD, 2010, KNES-MDSC. Dairy protein supplemented with calcium attenuates weight gain during high fat, high sucrose feeding in diet-induced obese rats better than whey or casein. Examiner Thesis
- 14. Fabiola Aparicio-Ting, PhD, 2010, CHS. Determinants of Meeting Physical Activity Guidelines For Cancer Prevention In An Alberta Cohort. Internal-External Thesis
- 15. Teresa A. Scarlett, MCS, 2007, Communications. Selling Pink Faith: A critical discourse analysis of breast cancer fund raising. External Committee
- 16. Jill Parnell, PhD, 2006, KNES-MDSC. To determine the effect of oligofructose supplementation on body composition, blood sugar regulation, food intake and the secretion of gut peptides in obese, adults. Internal Candidacy
- 17. Fabiola Aparicio-Ting, M.Sc., 2006, CHS. Individual, Social, And Environmental Determinants of Physical Activity in An Alberta Cohort. External Examiner
- 18. Cara Hedley, MA, 2005, ENG. Ice: A Novel. External Examiner
- 19. Shannon May, MA, 2004, Communications. On Ice. book, In/External Examiner
- 20. Donna Gallant, PhD, 2003, NURS. Grounded Theory Approach To Flu Vaccination In Nurses. Candidacy

Supervisor - MKIN and M.PE -Past

- 1. Nicole Keeler, MKIN, Practicum, 2011. (Supervisor). Designing a Structured Exercise Program for NAFLD Patients.
- 2. Shane Pizzey, MKIN, 2006. (Committee). The Validity and Reliability of an On-Ice Maximal Aerobic Skating Protocol with Male and Female Hockey Players.
- 3. Maggie Philips, MKIN, 2004. (Co-Supervisor). The Relationship between Perceived Competence and Physiological Ability in Sports.
- 4. Stacey Hutton, MKIN, 2003. (Supervisor). Reliability of the Power Tap System and its Comparability to the Sensor medics Cycle Ergometer.
- 5. Nancy Scholz, MKIN, 2002. (Supervisor). A Comparison of the Tanita BF-350 BF Bioelectrical Impedance Analyzer to Underwater Weighing in Caucasian Females.
- 6. Corrine Swirsky, MKIN, 2002. (Supervisor). The Effects of a Dryland Training Program for Breast Cancer Survivors Racing Dragon Boats.
- 7. Karen Kendall, MKIN, 2001. (Supervisor). The Relationship of Muscular Strength, Leg Power, and Dynamic Stability to the Crossover Triple Hop Functional Test in College-Aged Athletes.
- 8. Kirstel Rippert, MKIN, 2001. (Internal Examiner). The Effect of Resistance Training on The RF Profile of Patients with Diabetes and CAD.
- 9. Kyle Clapperton, MKIN, 2000. (Supervisor). Training for Long Distance Load Carriage in Reserve Infantry Men.
- 10. Jack VanDyk, MKIN, 2000. (Supervisor). Impact of Strength Training on the Development of Cycling-Specific Power in Sport/Expert Class Mountain Bike Racers.
- 11. Sheryl Ross, MKIN, 2000. (Internal examiner). An Investigation of the Nutrient Intake and Activity Levels of Swimmers.
- 12. Jackie Jones, MKIN, 1998. (Supervisor). Effects of a Controlled 8 Week Walking Program on the Symptoms Associated with Sedentary Peri-menopausal Women.
- 13. Michelle Cederberg, MKIN, 1997. (Co-Supervisor). Social Cohesion Factors in an 8-Week Walking Program For Obese Women.
- 14. Steve McCarthy, MKIN, 1996. (Supervisor). Determination of a Novel Field Test for Cross-Country Mountain Bike Racers
- 15. Teresa Krahn, MKIN, 1995. (Supervisor). Energy Expenditure of Fitness Instructors During Slide-board Training at Different Board Lengths and Cadences.
- 16. Valerie Verge, M.PE, 1994. (Supervisor). A Comparison of Upper Limb Cybex Data on Northern Telecom Employees with Repetitive Strain Injuries.





Neutral Chair

- Mackenize Tripic, M.Sc -defense, 2023, KNES, Reward Psychology, Physiology and NMF
- 2. Maxine McLean, PhD-Candidacy, 2022, Body Image in Sport
- 3. Heather Shepherd, PhD-Candidacy, 2022, School Based Concussions
- 4. Zoe Chan, PhD-Candidacy, 2022, Wearable Technology
- Gabri Marinari, PhD-Candidacy, 2022, HITT Exercise Physiology
- 6. Rafael Azevedo, PhD -defense, 2022, KNES, Physiology and Endurance Exercise
- 7. Colton Quinn, M.Sc -defense, 2021, KNES, Physiology and Endurance Exercise
- Morgan Rogers, M.Sc.-defense, 2021, KNES, Sport Psychology
- 9. Brandon Pentz, M.Sc.-defense, 2021, KNES, Physiology and Endurance Exercise
- 10. Tom Tripp, M.Sc.-defense, 2020, KNES, Physiology and Endurance Exercise
- 11. Madison Fullerton, M.Sc.-defense, 2020, KNES, Physiology Fatigue
- 12. Ahmad Qahtani, M.Sc.-defense, 2019, KNES, Physiology Fatigue
- 13. Renata Kruger, PhD-defense, 2019, KNES, Physiology Fatigue
- 14. Elysa Sandron, M.Sc.-defense, 2019, KNES, Injury Prev
- 15. Chevonne Codd, M.Sc.-defense, 2018, KNES, Injury Prev
- 16. Felipe Mattioni Maturana, M.Sc.-defense, 2016, KNES-Exercise Physiology
- 17. Haley Wickenheiser, M.Sc.-defense, 201, KNES-Health and Exercise Psychology
- 18. Megan Carroll Hallam, PhD-defense, 2013, KNES-Nutrition
- Michael John Mackenzie, PhD-defense, 2012, KNES Health and Exercise Psychology
- 20. Bjoern Michael Eskofier, PhD-Candidacy, 2009, KNES-Bone Biomechanics
- 21. Aliaa Mohammed Rehan Mohammed Youssef, PhD-Candidacy, 2008, KNES-Biomechanics]
- 22. Linlin Zhao, M.Sc.-defense, 2007, MDSC
- 23. Wistara van Snellenberg, M.Sc.-defense, 2005, KNES Sport Med.

Postdocs

- Dr. Andrew Ladle, 2017-18, EVDS-KNES, [Co-supervisor Dr. Paul Galpern, EVDS-Biol]. Analysis of GPS derived human mobility data to assess commuting factors and the use of urban space in Calgary AB. Funding by Vice President of Research (\$55,000/yr)
- 2. Dr. Gavin McCormack, 2007-11, CHS-KNES, (Co-supervisor Dr. Alan Sheil, Department of Community Health Sciences, Cumming School of Medicine). The influence of individual and area level socioeconomic status on the relationship between the built environment and neighbourhood specific physical activity: a Canadian perspective. Postdoctoral Fellowship Award, April 2009 March 2011 (CIHR \$90,000).

Visiting Professors

- 1. Mr. A. Tanaka, 2015-16, Professor, Business Hokkai Japan, Gakuen Uni. Business case study of Canadian Sport through Long-Term Athlete Development (LTDA) and Physical Literacy.
- Dr. Bo Li, 2005-16, Asso. Professor Wuhan Institute of PE. Health and QOL of changes in individuals with Parkinson disease participating in dance classes.

Supervisor - Undergraduate Research Awards (S=Summer; F=Fall; W=Winter)

- 9. Madison Souster. B.Sc-Kin. 2023S. Prompting Athlete Self-reflection During Menstrual Cycle Tracking for Performance Readiness. Alberta Innovates Summer Research Studentship. \$7500
- Mina Shin, B.Sc-Kin, 2022-23. Improving health literacy through a Capstone Report: Student's Perspectives. KNES Undergrad Research Scholarship (KURS), \$6000
- 11. Tori LaPerriere. B.Sc-Kin, 2022S. Knowledge and prevalence of the Female Athlete Triad among Female Powerlifters and their Coaches. *Alberta Innovates Summer Research Studentship.* \$7500
- 12. Gavin Thomas, B.Sc-Kin, 2021S. Titin and Sarcomere changes following a training protocol in rabbits. *PURE, \$6000*
- 13. Reese Li, B.Sc-Biological Sciences. 2021S. Titin isoforms changes following a HIT protocol in the rabbit model. *NSERC*, \$7500





- Paula Suarez Moreno, B.Kin, 2020S. Youth Skiers Self-Reported PA Participation, Injury and Illness. PURE \$6000
- 15. Daniela Orellana, B.Kin, 2018F. Investigating the Influence of Stress on Dietary Intake in University Students Over an Academic Year. *Markin USRP, \$6000*
- 16. Kaitlyn Sobchuk, B.Kin, 2018S. A mixed method study on knowledge and awareness about osteoporosis prevention among women who row. *Markin USRP*, \$6000
- 17. Renee Kokts-Porietis, B.Sc.-Kin, 2017S, The Effects of Menstrual Cycle Hormones on Fat Oxidation and Power Output in Cyclists. *Markin USRP*, \$6000
- 18. Michael Christie, B.Sc.-Kin, 2016S. Analysis of secondary injury accompanying ACL rupture in Can. Alpine Ski Racers: relationship with age, functional fitness and return to sport. *Markin USRP*, \$6000
- 19. Malcolm Spytkowski. B.Sc.-Kin, 2016-S. Kids Steps in the Summer at University Camps (KiSS UC) study. *PURE,* \$5000
- 20. Michael Christie. B.Sc.-Kin, 2015-S. Investigating force differences between ACL hamstring repair to the non-affected limb in athletes? *PURE*, \$5000
- 21. Kaitlyn Verge, B.Sc.-Neuroscience, 2014F The Recreation Exercise Caloric Expenditure Sitting and Sleep Study in 1st Year University Students (RECESS). *Markin USRP, \$5000*
- 22. Karim Narsingani, B.Sc.-Kin, 2014F. Exercise training before liver transplant patients. *Markin USRP,* \$5000
- 23. Aiya Amery, B.Sc.-Kin, 2014-S. (Co-supervisor Dr. R Reimer). Faecal microbiota composition of fit lean and unfit obese individuals: A Pilot Study. *Markin USRP*, \$5000
- 24. Andrew Stewart, B.Sc.-Kin, 2012-S. An Informational social media campaign using the University of Calgary homepage to educate students on the influenza vaccine. *PURE*, \$5000
- 25. Siri Reinhold, B.Sc.-Kin, 2011-S, A Comparative Investigation into the Energy Expenditure Associated with Difference Dance Types in University Populations. *PURE*, \$5000
- 26. Marco Farrier, B.Sc.-Math Engineering, 2010-FW, Non-alcoholic fatty liver disease patient's attitudes and beliefs surrounding exercise as a prescribed intervention. *Markin USR,P \$4500*
- 27. Kristen Lawrance, B.Sc.-Kin, 2010-S. Understanding the lived experiences of young female athletes undergoing rehabilitation following a knee injury. *Markin USR,P \$5000*
- 28. Angie Karlos, B.Sc.-Kin. 2009-S, Are seasonal vitamin D levels impacted by a diet and physical activity intervention program in women who are part of the Women's Health Initiative workplace study in Calgary? Markin USRP and Graeme Bell Travel Award Winner \$4500
- 29. Kim Brynes, B.Sc.-Kin, 2008-FW, Do first year university students (age 19 and under) experience greater increases in stress during their first year at university. *Markin USRP*, \$4500
- 30. Meaghan Nolan, BHS, 2007-S, Characterizing the Evolution of Public Open Space in Calgary, Alberta: Implications for Patterns of Physical Activity in Children. *Markin USR,P \$4500*
- 31. Stacey Nelson, B.Sc.-Kin, 2006F, Does the type of mechanical strain and vibration load in soccer vs. speed skating affect BMD in young female athletes? *Markin USR,P \$4500*
- 32. Brett Poole B.Sc.-Kin, 2004. Bone Mineral Density and Fat Free Mass in Elite Female Athletes Over 40. Markin USRP \$4500

Supervisor - Kinesiology Undergraduate Honors - Completed

- Alexandria McRorie, 2022-23. Cross-sectional survey on older female athletes' cardiovascular health knowledge.
- 2. Briana Toews, 2022-23. Proactive screening of adequate energy intake in preparation for the competitive season in female volleyball players.
- 3. Olalekan Ajibulu, 2022-23. Evaluation of the NSTEP Level 1 Certificate Health Promotion Program
- 4. Simran Sadhwan, 2022-23. Understanding technology Acceptance in older South Asian community.
- Claire Winthers, 2021-22. The effect of mask wearing during whole body dance movement.
- 6. Melissa McElroy, 2021-22. Low Energy availability in Indigenous Female Athletes. Featured on Convocation Day by the President (June 2[∞], 2022)
- 7. Madison Grande, 2020-21. The FRESH study: Fear of COVID-19 Effect on University Students Health.





- Tim Mitchell, 2020-21. Effects of different exercise types on the ACE2 inflammatory marker: A Scoping Review.
- 9. Paula Suarez Moreno, 2020-21. An IPA of Sport Preparation and Organized Return to Skiing: COVID-19 Experience (SPORTS CODE).
- 10. Elaine Nyguen, 2019-20. Sarcomere length and number in series following a 6-week eccentric high intensity training protocol in the rabbit model.
- 11. Rachel Stokes, 2018-19. The effect of stress on heart rate variability in *eumenorrheic* females attending university full time.
- 12. Kaitlyn Sobchuk, 2018-19. Knowledge and awareness about osteoporosis prevention among older women who row.
- 13. Renee Kokts-Porietis. 2017-18. Heart rate variability and basal body temperature in eumenorrheic cyclists.
- 14. Michael Christie, 2016-17. Injury surveillance of U14 alpine racers in a Southern Alberta ski club: feasibility study.
- 15. Sean Wallace, 2014-15. Cardiac Parasympathetic Activity and Training Load: an Elite Alpine Ski Racer Case Study.
- 16. Karim Narsingani, 2014-15. Sleeping behaviour in 1st Year University Students.
- 17. Janell Lautermilch, 2013-14. Athlete's knowledge and beliefs surrounding H1N1 vaccine.
- 18. Kylie Rowe, 2013-14. Parents and Coaches' expectations and beliefs regarding the outcomes and benefits of an entry-level alpine youth race program.
- 19. Erin Hildebrandt, 2012-13. Knowledge level of vitamin D awareness and behaviours towards sunlight among youth ice hockey players, parents, and coaches in Calgary, Alberta.
- 20. Angie Karlos, 2009-10. Is Obesity Related to Vitamin D Insufficiency?
- 21. Leila Barrs, 2008-09. Determinants of inter-individual cholesterol level variation in Kinesiology students.
- 22. Leah Andries, 2007-08. Validation of the Analytical Characteristics of the Alpco Diagnostics Adiponectin ELISA Kit.
- 23. Heather Wray, 2004-05, Energy Expenditure of Young Adult Restaurant Servers: A Pilot Study. KNES Gold Medal winner
- 24. Jen Lambert, 2003-04. Nutrition knowledge and dietary calcium intake of in university female students.
- 25. Angela Ludwig, 2003-04. Assessment of Calgary Elementary Physical Education Programs.
- 26. Melissa Hyman, 2001-02. The Determinants of HIV/Risk Factor Status in University Based Population Using The Theory off Planned Behaviour.
- 27. Behinn Treanor, 2000-01. The Determinants of Exercise in Lupus Patients: Development of a Questionnaire based on the Theory of Planned Behaviour-KNES Gold Medal Winner
- 28. Colleen Haney, 1999-01. A survey of athletes' knowledge on supplementation for Athletic Performance.
- 29. Stephanie Calvert, 1999-00. Opinions on Evidence-Based Medicine in Obstetrics/Gynaecology.
- 30. Jeremy deBruyn, 1998-99. Resistive Exercise Improves Bone Mineral Content in Postmenopausal Females.
- 31. Brian Benson, 1995-06. The Ergogenic Effects of Anabolic Steroids: A Critical Appraisal of the Literature.

Supervisor - Undergraduate Honors -Past

- 32. Resse Li, 2021-22. -Biol. 530, UofC. Rabbit Bone Quality following a 6-week supramaximal HIIT Intervention.
- 33. Danny Marhaba, 2015 Jan-June. Melbourne Med. School, (Aust). Cardiovascular & Metabolic Parameters in University Students. Scholarly Select project.
- 34. Jadaesola Giwa, 2013-14. MDSC 508, CHS-BHS. Culture specific cardiovascular disease awareness health intervention designed for Nigerian women in Calgary AB.

Supervisor - Other undergraduates

- 1. Simran Sadhwani -UofC (2020, 2021). E-Health acceptance in Asian populations
- 2. Tim Mitchell -UofC, (2020, 2021). Stroke in Athletes: A Scoping Review.
- 3. Madison Grande -UofC, (2020). Health Outcomes in Professors with Social distancing (HOPS): Canadian





Universities.

- 4. Hannan Hammond -UofC (2020). Wearable technology, HRV and MC in university students.
- 5. Reese Li and Gavin Thomas -UofC. (2019- 2020). Sacromere changes following a HITT protocol in the rabbit model.

Supervisor High School Science Fair

- 1. Michelle Chang, Grade 11, 2007. A cross-sectional analysis of Tidal Volume in young Synchro Swimmers.
- 2. Alyssa Zeisler, Grade 9, 2004. Fair Fit if Fat: Body Image perceptions Vs. Realities among Junior High School students. First place winner in Canada.

Not included: Supervision of Undergraduate Practicums

- Kinesiology 1998-2015, 10 students
- Nursing Research Preceptor (Nur479), 1999-2002, 10 students

Mentorships

- 2023 Guiding interdisciplinary Research On Women's and girl's health and Well-being (GROWW),
 - Mentee: Madeline Doucette (PhD student UVIC)
- 2022 Cumming School of Medicine, Community Health Sciences,
 - o Mentee: Dr. Leticia Pereira. Assistant Professor
- 2022 Canadian Society of Exercise Physiology
 - Mentee: Jacqueline Hay (PhD student UManitoba)
- 1990 Clinical Research Mentorship Program, Faculty of Medicine.

Supervisor -Research Staff

- 1. Madison Souster, Research Assistant, (part time) May -June 2023
- 2. Carol Naish, Research Coordinator (part time), Jan. 2022-present
- 3. Lyah Ng, Research Assistant (part-time), June 2021-present
- 4. Hallie Horvath, Research Assistant (part-time), June 2021-Dec 22
- 5. Meghan Instrup, Research Assistant (part-time), Feb-Dec 2022
- 6. Mina Shin, Research Assistant (part time), Feb-August 2022
- 7. Jessica Choi Research Assistant (volunteer) May 20-June 2021
- 8. Carol Naish, Research Assistant (part time), June 2020-Jan 22
- 9. Jennie Petersen, Research Coordinator (part-time), Dec 2019-Jan 22
- 10.Emma Chong, Research Assistant (casual), July 2019-Oct 20
- 11. Dalia Ghoneim, Research Assistant (part-time), Feb 2019-July 21

Funding-current

Quality Money

 Exploring barriers and experiences among international females graduate students participating in a dedicated physical activity space.

Project: (QM22-5359) Role: Fund Supervisor Funds: GSA \$6407.22

Term: 2023 Duration: 12 months

Research Interns: Alissa Kazakoff; Paula Suarez Moreno

Partnership: Active Living -Shawn Trudel

Industry Funding Partnerships

2. A biopsychosocial perspective of the Menopausal Transition: A narrative review

Role: Service Provider





Funds: \$5000

Term: 2023 Duration: 3 months

Research Interns: Carol Naish, Nicole Boisvert

3. Novel Ovulation Research-Recruitment Methods for an App (NORMA) study

Role: Principal Investigator

Funds: Mitacs Accelerate \$80,000 and My Normative \$52,500; Total \$120,000

Partner Organization: My Normative Term: 2021-2023; Duration: 2 years

Research Interns: Alissa Kazakoff; Marissa Doroshuk

4. Optimizing the menstrual cycle for health and performance outcomes using App based technology.

Short title: PADAWAN trial (Performance And Data Analytics With Athlete Norms)

Role: Principal Investigator

Funds: Mitacs Accelerate and Own The Podium; Total \$160,000

Partner Organizations: Own The Podium; My Normative

Term: 2021-2024; Duration: 4 years

Research Interns: Paula Suarez Moreno (M.Sc); Carla van den Berg (PhD)

Funding Partnerships

5. Expansion and spread of Makoyoh'sokoi, the Wolf Trail, a community led, culturally relevant, physical activity-based, holistic wellness program for Indigenous women, titled: A self-control, non-randomized, intervention trial in community in Alberta and Saskatchewan. Short Title: Makoyoh'sokoi – The Wolf Trail Program Expansion Project (MSK+) – Supporting Indigenous Women to Celebrate Good Health

Role: Co- Principal Investigator, (PI, Sonja Wicklum and Co-I Lynden John Crowshoe, Community Health

Sciences)

Funds: PHAC \$800,000; Anonymous NFP donor \$240,000; Capital Power \$15,000

Term: 2021-2024; Duration: 3 years

Funding-complete

6. Evaluation of a community-implemented intervention involving wearable technology

Role: Co- Principal Investigator, (Gavin McCormack Co-Pl, Community Health Sciences)

Funds: \$62,268 Term: 2021-22 Duration: 2 years

7. Evaluation of the Vivo Play Project: North-central Calgary community survey on physical activity, play, park use and social connection.

Role: Co- Principal Investigator, (Gavin McCormack Co-PI, Community Health Sciences)

Funds: \$94,275 Term: 2020-21 Duration: 2 years

8. Evaluation of the Vivo Play Ambassador Program

Role: Co- Principal Investigator, (Gavin McCormack Co-PI, Community Health Sciences)

Funds: \$256,148 Term: 2020-22 Duration: 2.5 years

9. CIHR Grant -Foundation

Title: Neighbourhood Design and Physical Activity: Generating Evidence to Inform Healthy Public Policies.

Role: Lead Collaborator, (Gavin McCormack Principal Investigator, Community Health Sciences)

Funds: \$925,000 (#1 Ranked Grant in this funding year)





Term: 2017-2023; Duration: 5 years.

Research Funding Previous

Human Dynamics Smart Cities Office for the Vice-President Research, Funding UCalgary

1. Title: Healthy Hoods: a better life in cities

Role: Co Principal Investigator (Co-Pls B. Sandalack, F Alaniz-Uribe, School of Architecture, Landscape and

Planning) Galpern P, McCormack G

Funds: \$75,000

Term: 2017-19; Duration: 2 years

SSHRC -Insight

2. Title: Density is Destiny: determining the optimal densities to support livable and sustainable streets

Role: Collaborator, (Co-Pls Sandalack B and Alaniz-Uribe F; McCormack G, Lindquist G.)

Funds: \$233,200

Term: 2016-19; Duration: 3 Years

3. Title: The realized walkshed: Pedestrian movements in urban areas using crowdsourced spatial data

Role: Collaborator, (Principal Investigator P. Galpern EVDS and Biology)

Funds: \$37,000

Term: 2016-19; Duration: 3 years

Kinesiology Dean Seed Funding

4. Title: Development of sport specific NMT training program in Alpine skiers.

Role: Principal Applicant

Funds: \$50,000

Term: 2 years; Duration: 2016-18

Alberta Centre for Child, Family and Community Research: Small Projects Grant

5. Title: Evaluating the effectiveness of neuromuscular training in decreasing the risk of sport and recreational injuries and improving health outcomes in junior high school students

Role: Co-investigator; Emery C (PI), Hagel B, Richmond S, McCormack G, Nettel-Aguirre A, Verhagen E, McKay C, Marshal, D, Currie G, McKinlay M, Belton K, van den Berg C, Carnduff R, Romanow N, Romiti M.

Funds: \$39.679

Term: 2014-16; Duration: 2 years

Active Living Director's Grant (L. Jones) Kinesiology Dean Seed Funding

6. Title: Kids Steps in the Summer at University Camps (KiSS UC).

Role: Principal Applicant

Funds: \$10,000 and in-kind equipment Term: 3 years; Duration: 2014-17

Kinesiology Dean Seed Funding

Title: SHRed Consequences of Concussion Qualitative Sub-project of larger project in SIPRC

Role: Co-Principal Investigator, (Principal Investigator CA. Emery; Co-I William Bridel and Deinera Exner-Cortens)

Funds: \$50,000

Term: 2 years; Duration: 2020-22

8. Title: Recreational Exercise Caloric Expenditure Stting and Seep Study in 1st University Students

Role: Principal Applicant

Funds: \$10,000

Term: 2 years; Duration: 2014-16

Alberta Heritage Foundation for Medical Research Interdisciplinary Team Grants Program.





9. Title: Designer Therapies" to Reduce the Burden of Osteoarthritis (OA) – from Mechanisms to Prevention.

Role: Collaborator; Principal Investigator C. Frank and CA. Emery)

Sub project: Targeting sport and recreation injuries in the youth of Alberta.

Funds: \$323,920.

Term: 2008-2012; Duration: 7 years

Alberta Innovates Health Solutions: Collaborative Research & Innovation Opportunity - Program

 Title: Alberta Program in Youth Sport and Recreational Injury Prevention" [iSPRINT - Implementing a School Prevention program to Reduce Injuries by Neuromuscular Training

Role: Collaborator; (Emery CA, and Hagel BE, Co-PI), Meeuwisse WH, McCormack G, Rowe BH, Nettel-Aguirre A, Voaklander D, Finch C, Verhagen E, Macpherson A, Groff P, Goulet C, Kang J, McKay C, Richmond SA, Schneider K, Russell K, . Babul S, Marshall D, Currie GR, Ferber R.

Funds: \$2,425,000

Term: 2013-18; Duration: 5 years

SSHRC-RDI

11. Title: Exercise and Osteoarthritis: understanding the contexts of women through sport.

Role: Principal Investigator

Funds: \$20,264

Term: 2009-11; Duration: 2 years

UCalgary -Development Proposal for SSHRC Grant

12. Title: Understanding the context of OA through Women and Sport

Role: Principal Investigator

Funds: \$1000

Term: 2008; Duration: 1 years

Bella Foundation

13. Title: Does Vitamin D and Quality of life Change in Working Alberta Women Enrolled in 12-week Lifestyle Education Intervention Program

Role: Co-Investigator, (Principal Investigator T. Hauser)

Funds: \$95,000

Term: 2008-10; Duration: 2 years

Doucet Bequest

14. Title: Do Health Parameters Differ Between 1st Year University Students and Non-student Populations? FYI Health Study

Role: Co-Investigator (Principal Investigator K. Sharkey Cumming School of Medicine)

Funds: \$120,000

Term: 2008-10; Duration: 2 years

Canadian Institute Health Research (CIHR): Health Services Evaluation and Intervention Research award

Title: Economic Evaluation of Using Urban Form to Increase Exercise (ECOEUFORIA)

Role: Co-Investigator, (Principal Investigator A. Shiell)

Funds: \$593,644

Term: 2007-12; Duration: 5 years

Calgary Foundation

16. Title: FIT Breaks in Elementary school Role: Co-Applicant (Principal Applicant L. Katz)

Funds: \$27,000

Term: 2007-08; Duration: 1 year





Alberta Children's Hospital

17. Title: Physical Activity in School Aged Children with Developmental Coordination Disorder (DCD)

Role: Co-Applicant (Principal Applicant M. Cantell)

Funds: \$11,239

Term: 2006; Duration: 1 year

Calgary Regional Authority

Title: Evaluating psychosocial and physiological changes associated with organizing a mall walking

Role: Co-Investigator (Principal Investigator N. Culos-Reed)

Funds: \$17,800

Term: 2005-07; Duration: 2 years

Alberta Arthritis Foundation and AFLCA Joints Works

Title: ACE (Arthritis Contract for Exercise).

Role: Principal Applicant

Funds: \$9,720

Term: 2005-07; Duration: 2 years

Olympic Oval Foundation

Title: Biochemical Evaluation in a Health Intervention Program (B.E. H.I.P.).

Role: Principal Applicant

Funds: \$5,000

Term: 2005-07; Duration: 2 years

University of Calgary Development Grant

21. Title: Establishment of Paediatric Reference Ranges for Leptin

Role: Principal Applicant

Funds: \$10,000

Term: 2004-06; Duration: 2 years

Alberta Center for Active Living -Seed funding

22. Title: The NUDGE Project (neighbourhood urban design to get exercise

Role: Principal Investigator

Funds: \$7.500

Term: 2004-06; Duration: 2 years

Alberta Children's Hospital (ACH)

23. Title: Are adults with poor motor skills at risk for obesity and reduced cardiovascular health?

Role: Co-Applicant (Principal Applicant M. Cantell)

Funds: \$44,135

Term: 2003-06; Duration: 3 years

UCalgary Development Grant

Title: Health-related risk factors in children with poor motor skills: A pilot project

Role: Co-Applicant (Principal Applicant M. Cantell)

Funds: \$10,000

Term: 2002-04; Duration: 2 years

Calgary Regional Health Authority: Adult Research Committee

 Title: Physical Activity and Maternal Anxiety in pregnancy and the risk of Spontaneous Premature Delivery in Twin Pregnancies.

Role: Principal Investigator S. Wood, Co-Investigator





Funds: \$40,040 [Study grant \$30,000 plus UCalgary Pilot grant \$1040]

Term: 2001-03; Duration: 3 years

UCalgary Development Grant

26. Title: : Evaluation of physical activity programs for health-risk populations: A pilot project

Role: Principal Investigator N. Culos-Reed, Co-Investigator

Funds: \$10,000

Term: 2001-02; Duration: 1 year

Alberta Heritage Foundation for Medical Research-Seed Funds

Title: Social Cognitive variables and metabolic profile over 12 months on obese males

Role: Co-Principal Investigator with D. Paskevich

Funds: \$7800

Term: 1998; Duration: 1 year

UCalgary. Radio & TV. Committee

28. Title: Physical Activity Video for those at high risk for pharmacological intervention in relation to heart

disease

Role: Co-investigator with Principal Investigator W. Elford, Family Medicine

Funds: \$5000

Term: 1991; Duration: 1 year

Not funded

CIHR Grant - Project Sept. 2019

Title: Developing and testing a referral pathway to link student mental health services and exercise programs on university campuses (MoveU.HappyU)

Role: Co-Applicant (Catherine Sabiston Principal Investigator, U. of Toronto)

Funds: \$500,000

Term: 2020-24; Duration: 4 years. Review: Top Group (4, 3.5, 4.2)

Research Funding - Alberta Sport Science Association (SSAA) Grants between \$3000-\$5000; 2-year duration; PI required to have a student applicant.

- 1. 2018. The effects of exercise on postmenopausal osteoporosis and the mechanisms by which exercise affects bone remodeling. T. VanDerVeeken
- 2. 2017. The effects of stress on the menstrual cycle in female university students. L. Crack
- 3. 2016. The effects of the menstrual cycle on power and fax oxidation in older female cyclists. R. Kokts-Porietis
- 2015. Investigating force differences between ACL hamstring repair to the non-affected limb in athletes. M.
 Christie
- 5. 2014. Pilot study on the measurement and interpretation of heart rate variability in athletes and non-athletes: <u>S. Wallace</u>
- 2013. Parents and Coaches' expectations and beliefs regarding the outcomes and benefits of an entry-level alpine youth race program. <u>K. Rowed</u>
- 2012. Knowledge and Awareness Survey of Vitamin D in Ice Hockey Players, their Parents and Coaches in Calgary, AB. <u>E. Hildebrant</u>
- 8. 2011. A Comparative Investigation into the Energy Expenditure Associated with Different Dance Types in University Populations. S. Reinhold
- 9. 2010. Exercise and Knee Osteoarthritis and Injury: Understanding the contexts of young women through sport. E. Collins
- 10. 2009. The validation of the triaxial accelerometer in a smartphone as a physical activity monitor in those 18 years and older. M. Nolan





- 11. 2008. What fitness variables change from dry land training program in developing Alberta Youth Alpine Ski Racers? JK. Stewart
- 12. 2007. Can health and fitness parameters be improved in master's Athletes with a 10-month training and nutrition program? (T/F MATE study). <u>JK. Stewart</u>
- 13. 2006. Validation of the ACTi heart monitor for combined heart rate and movement in overweight obese and athlete child populations. <u>A. Venner</u>
- 14. 2005. Leptin Reference Ranges in junior development athletes. A. Venner
- 15. 2004. Health status variation in elite female athletes based on sport, age, lipids, training, and BMD. B. Poole
- 16. 2003. Athletic Identity and participative motive differences in individuals who chose the walk-run vs. run method of marathon training? <u>C. Parsons</u>
- 17. 2002. A comparison of static physiology between pre-menopausal master athlete and their sedentary counterparts. <u>J. Ashmead</u>
- 18. 2001. Resting metabolic rate and menstrual status in female athletes. H. Ball
- 19. 2000. Investigations and Analysis of Eating Behaviour and Energy Intake in Female Soccer Players. <u>L.</u> <u>MacDonald</u>
- 20. 1999. Physiological profile of outdoor female soccer players. L. MacDonald
- 21. 1998. Physiological profile of indoor female soccer players. L. MacDonald
- 22. 1997. Investigation and analysis of female ice hockey injuries. C. Fagan
- 23. 1996. Determination of a physiological profile for female ice hockey players. C. Fagan

Publications - Manuscripts

Career total: 95 published manuscripts (Trainees are underlined), 2 invited book chapters, 13 online peer reviewed lay public articles, 7 manuals, 142+ abstracts and many knowledge translation and health education articles. Although research topics vary, all outcomes have health and performance intertwined with various factors (such as biometrics, diet, environment, injury risk, muscle mass, and physical and mental health factors) related to a central health theme of movement in the form of physical activity, exercise, and sport participation. Publications can be viewed here:

https://www.researchgate.net/profile/Dr Patricia Tish Doyle-Baker

Research career began after the year 2000: a) education leave from July 1, 1992, to August 31, 1993, to begin Dr. PH (completed course work and professional practice hours; did not take maternity leave during this period: baby Feb 14.1992).

Interruptions: a) two 4-month maternity leaves (Jan.1 to May 6, 1996, and 1998) and b) three medical leaves -hand and other surgeries (Jan, 13 to April 6, 2000; July 1 to August 22, 2003; and Sept.17-31, 2009).

Manuscripts - in progress (M)

- M1. McElroy, M. Doyle-Baker, PK (2023). The PRESTIGE Study: Prevalence of Symptoms linked to the Triad in Indigenous Athletes. *International Journal of Indigenous Health.*
- M2. George A, Black AM, **Doyle-Baker PK**, Kloetzel M, Kenny SJ. (2023). Self-reported participation and injury trends in pre-adolescent studio dancers. *Medical Problems of Performing Artists Journal*.
- M3. <u>Doroshuk M</u>, <u>Kazakoff A</u>, Hayden KA, **Doyle-Baker, PK**. [2023]. Salivary and urinary methodology for ovulation and menstrual cycle phase detection among naturally cycling females: A scoping review.
- M4. <u>BoisvertNMJ</u>, <u>McElroy M</u>, Alix Hayden KA, **Doyle-Baker PK**. (2023). Familial resemblance of bone health in maternal lineage pairs and triads: A scoping review.
- M5. **Doyle-Baker PK**, Nguyen E, Li R, Thomas G, Leonard T. Jouema V. (2023). Quadricep Sarcomere and Titin Change in a Female Rabbit Model post 6-weeks of Maximal Eccentric Training: A Pilot Study.
- M6. <u>Winegarden A.</u> Passfield L, **Doyle-Baker PK**. (2023). Differences in 3km Track Time Trial Pacing and Performance by Age in Competitive Cross-Country Skiers: A Field Study.
- M7. Shabaaninia M, Myavar M, **Doyle-Baker PK** (2021). The L-arginine/asymmetric dimethyl arginine ratio in middle-aged hypertensive males: comparison of the effect of continuous and interval aerobic training.
- M8. <u>Downie S</u>, Emery CA, Kathryn Schneider K, **Doyle-Baker PK**, Kenny SJ. (2021). Incidence of Injury in Competitive Trampoline and Tumbling.
- M9. **Doyle-Baker PK**, <u>Stewart A</u>, Lategen, I. Self-Reported Attitudes and Beliefs of University and College Students for Failing to Receive an Influenza Vaccine.





- M10. **Doyle-Baker PK**, Fung T. <u>Parsons C</u>, Pasekvich D. Athletic Identity and Participative Motive Differences in Individuals Who Chose the Run-Walk vs. Run Method of Marathon Training.
- M11. Khodamoradi A, <u>Saeidi A</u>, Khosravi A, **Doyle-Baker PK**, Abbassi Daloii A, Adbderrahman A, Hackney AC. Exercise Training and Obesity: The Role of Semaphorin 3E/Plexin D1 Axis.
- M12. Wood S, **Doyle-Baker PK**, & Brant R. Physical Activity Measured by an Accelerometer and the risk of Spontaneous Premature Delivery in Multiple Pregnancies: a prospective cohort study.

Submitted/Under Review

- M13. Briana Toews, B. Doyle-Baker, PK. (2023) A Potential Screening Tool for Nutritional Preparedness in Collegiate Level Female Athletes: A Pilot study. *International Journal of Kinesiology & Sports Science*.
- M14. **Doyle-Baker PK**, Petersen J, Blackstaffe A, Naish C, McCormack GR. (2023, Aug.). A mixed methods evaluation of a physical activity intervention involving wearable technology: the Vivo Play Scientist Program. *Digital Health*.
- M15. Hashim J, Campelo A, **Doyle-Baker PK**, Cossich V, Katz L. (2023, Aug.). Comparison between six-week exergaming, conventional balance and no exercise training program on older adult's balance and gait speed. *Geriatric Physical Therapy Journal*.
- M16. McDougall RM, Tripp T, Frankish BP, **Doyle-Baker PK**, Lun V, Wiley JP, Jalal Aboodarda SJ, MacInnis MJ. [2023, Aug.]. The influence of skeletal muscle mitochondrial content and sex on critical torque and performance fatiguability in humans. *Journal of Physiology*.
- M17. McCallum KS, Tan B, Marjoram R, McKay C, **Doyle-Baker PK**, Tal Jarus T, Dewey D, Emery C. Does (2022). Developmental Coordination Disorder or Attention Deficit Hyperactivity Disorder increase sport and recreation injury risk in children? Sport Health: A Multidisciplinary Approach.

In Press or Published Manuscripts (P)

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- P32. Frehlich LF, Christie C, McCormack GC, Chowdhury TT, **Doyle-Baker PK**, Ronksley P. (2020, July 5). A systematic review of the associations between the neighbourhood built environment and health-related fitness in adults. PROSPERO 2020 CRD42020179807 Available from: https://www.crd.york.ac.uk/prospero/display_record.php?ID=CRD42020179807
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- P37. Mattu AT, lannetta D, MacInnis MJ, **Doyle-Baker PK**, Murias JM. (2019, Oct.19). Effects of the menstrual and oral contraceptive cycle phases on microvascular reperfusion. *Experimental Physiology.* 105:184–191. https://doi.org/10.1113/ep088135
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- AB12. Frehlich L, Christie C, Ronksley P, Chowdhury T, **Doyle-Baker PK**, McCormack G. (2022, Oct. 22-26). The neighbourhood built environment and health-related fitness: A Systematic review of quantitative findings. ISAAH Congress Abu Dhab, United Arab Emirates. (Oral)
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Infographics

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- 3. McCormack GR, **Doyle-Baker PK**, Petersen J, Ghoneim D. (December 1, 2020). COVID-19 Related Parent Anxiety & Children's Physical Activity & Sedentary Behaviour. https://www.behealthylivinglab.com/post/covid-19-related-parent-anxiety-children-s-physical-activity-sedentary-behaviour. Infographic [*Designer: Chong E*]
- 4. McCormack GR, **Doyle-Baker PK**, Petersen J. (June 23, 2020). Anxiety Towards COVID-19 (Coronavirus). https://www.behealthylivinglab.com/post/anxiety-towards-covid-19-coronavirus. Infographic [*Designers: Chong E, Ghoneim D*]
- 5. McCormack GR, <u>Frehlich L</u>, Blackstaffe A, Turin T, **Doyle-Baker PK**. (February 26, 2020). Building Active and Fit Communities. https://www.behealthylivinglab.com/post/building-active-and-fit-communities. Infographic [*Designer: Chong E*]

Publications - Oral Presentations (OP)

- OP1. <u>Kazakoff</u> A, **Doyle-Baker PK**. (2023, Oct. 12). A cross-sectional survey on menstrual cycle experience and previous menstrual tracking app use. Bridging Exercise, Science, and Practice: CSEP Annual Conference, Calgary AB.
- OP2. **Doyle-Baker PK**, <u>LaPierre</u> T. (2023, July 7). Knowledge and prevalence of the Female Athlete Triad among Female Powerlifters and their Coaches. European Congress of Sport Science (ECSS), Annual Conference. Paris. France. (
- OP3. **Doyle-Baker PK**, Naish C, Ingstrup M, McCormack GR. (2023, June 16). Parent and play ambassador perceptions of 'risky' and 'unstructured' play. An evaluation of a community-based outdoor 'loose parts' play program. Advancing Behavior Change Science, ISBNPA Annual Conference, Uppsala, Sweden.
- OP4. **Doyle-Baker**, **PK**. Suarez Moreno P. (2023, March 17). A qualitative study of female alpine racers readiness during the covid-19 pandemic. International Congress in Sport Science and Skiing (ICSS), Austria.
- OP5. <u>Van den berg C</u>, **Doyle-Baker PK**. (2023, March 9). Period Perspectives from Pitch to Podium: Menstrual cycle considerations from the athletes' perspective. CASEM Annual Conference Banff, AB.
- OP6. McCallum KS, Tan B, Marjoram R, McKay C, **Doyle-Baker PK**, Tal Jarus T, Dewey D, Emery C. (2021, Nov.). Injury risk in school children with probable Developmental Coordination Disorder or Attention Deficit Hyperactivity Disorder. IOC World Conference on Prevention of Injury & Illness in Sport. Monaco.
- OP7. McCormack GR, <u>Frehlich L</u>, Blackstaffe A, Turin Chowdury T, **Doyle-Baker PK.** (2020, May). Physical Fitness And Neighborhood Design Walkability, Cardiorespiratory Fitness, Muscular Strength, And Flexibility In Adult. 67th Annual meeting of ACSM conference. San Francisco, USA.





- OP8. Emery CA, Van den Berg C, Richmond SA, Palacios-Derflingher L, Doyle-Baker PK, McKinlay M, Toomey C, Nettel-Aguirre A, Verhagen E, Belton K, MacPherson A Hagel B. (2020, March). Implementing a School Prevention Program to Reduce Injuries through Neuromuscular Training (iSPRINT): A cluster-randomized controlled trial. IOC World Conference on Prevention of Injury & Illness in Sport Monaco.
- OP9. Crack L.E, Stokes RE, Lebrun C, **Doyle-Baker PK**. (2019, Nov.). Changes in Hormones with Exposure to Student Stress (CHESS). Proceedings of the Canadian Society for Exercise Physiology 52rd Annual General Meeting, Kelowna BC.
- OP10. Mattu AT, lannetta D, **Doyle-Baker PK**, Murias JM. (2019, Nov.). Oxygen uptake kinetics during the different phases of the menstrual and oral contraceptive cycles. Proceedings of the Canadian Society for Exercise Physiology 52[™] Annual General Meeting, Kelowna BC.
- OP11. Mattu AT, lannetta D, **Doyle-Baker PK**, Murias JM. (2019, May). Oxygen uptake kinetics during the different phases of the menstrual and oral contraceptive cycles. 2019 ACSM Conference. Orlando, Florida.
- OP12. Emery C, van den Berg C, Richmond S, Palacios-Derflingher L, Nettel-Aguirre A, Megan McKinlay M, **Doyle-Baker P,**Hagel B. (2019, May 16). A school-based neuromuscular training warm-up program is effective in preventing all
 injuries: The iSPRINT cluster-randomized controlled trial. CASEM-AQMS Sport Medicine Conference, Vancouver,
 BC.
- OP13. <u>Crack LE</u>, **Doyle-Baker PK**, Stokes RE, Lebrun C. (2019, Nov.). Changes in Hormone levels with Exposure to Student Stress: The CHESS pilot study. Proceedings of the 24 annual Congress of the European College of Sport Science (ECSS). Prague, Czech.
- OP14. <u>Stokes RE</u>, Crack LE, Fung T, **Doyle-Baker PK**. (2019). The effect of stress on heart rate variability in female undergraduate students over an academic year. Research Revealed. University of Lethbridge, AB.
- OP15. <u>Sobchuk KS</u>, VanDerVeeken T, Fung T, **Doyle-Baker PK**. (2019, April). A pilot study investigating the effects of an educational intervention on osteoporosis knowledge, beliefs, and behaviours in older women who row. Research Revealed. University of Lethbridge, AB.
- OP16. **Doyle-Baker PK**, <u>Kashluba K</u>, Clark M. (2019, March 11). The Base Study Results In U14 Canadian Alpine Ski-Racers. International Congress in Sport Science and Skiing, Helsinki, Finland.
- OP17. **Doyle-Baker PK**, Kokts-Porietis RL, VanDerVeeken T, and Fung T. (2018, Nov. 21). Exploratory Study on Bone Mineral Density in Women Rowers Before and After Water Season. Nov 2018 World Rowing Sport Medicine and Sport Science Conference, Berlin Germany.
- OP18. **Doyle-Baker PK** Kokts R, Minichiello NR. (2018, Oct. 31). Sex hormone effects in women cyclists on RER and Power Output. Proceedings of the Canadian Society for Exercise Physiology 51st Annual General Meeting Health in Motion, Science in Exercise Sheraton on the Falls, Niagara Falls, Ontario, Canada.
- OP19. **Doyle-Baker PK**, Kokts-Porietis, RK, Minichiello N. (2018, July 7). Heart rate variability changes during the menstrual cycle phases of athletic women. European Congress of Sport Science. Annual Conference Dublin Ireland.
- OP20. Emery CE, <u>Van den Berg C</u>, <u>Richmond SA</u>, Palacios-Derflingher L, Alberto Nettel-Aguirre A, McKinlay M, **Doyle-Baker PK**, & Hagel B. (2018, June). A school-based program to reduce injuries through neuromuscular training: iSPRINT a cluster-randomized controlled trial. Canadian Academy of Sport and Exercise Medicine Conference, Halifax, NS.
- OP21. <u>Kashluba K</u>, **Doyle-Baker PK**, Clark M, FungT, & Carolyn Emery. (2018, June). An Intervention Program Designed to Improve Balance and Power Acquisition in U14 Alpine Ski Racers (BASE study). Canadian Academy of Sport and Exercise Medicine Annual Conference, Halifax, NS.
- OP22. <u>Kokts-Porietis RK</u>, <u>Minichiello N</u>, **Doyle-Baker PK**, (2018, March 16). A change of heart for the menstrual cycle. Research Revealed Undergraduate Research Forum, University of Calgary, Alberta.
- OP23. <u>Grewal EK</u>, <u>Kashluba K</u>, McClelland L, Nguyen TH, Jones L, **Doyle-Baker PK**. (2018, Feb.) Investigation of kids' steps in the summer at university camps (KiSS UC) over three years. Active Living Research Conference 2018, Banff, AR
- OP24. <u>Blake TA</u>, Meeuwisse M. **Doyle-Baker PK**, Emery CA. [2017, Nov.] When public health and sport injury prevention meet: The relationship between physical activity volume and concussion risk in male youth ice hockey players. Physical Therapy in Sport, V28:e22. DOI: 10.1016/j.ptsp.2017.08.066
- OP25. Alaniz Uribe F, Sandalack B, McCormack GR, & **Doyle-Baker PK**, Shiell A. (2017 Oct.). A Walkability Makeover for Suburbia: retrofitting Calgary's suburbs, an economic evaluation. breakout presentation Walk21 Conference. Calgary AB. DOI: 10.1016/j.jth.2017.11.090
- OP26. <u>Salvo G</u>, Lashewicz B, **Doyle-Baker PK**, McCormack GR. (2017, Oct.). A mixed methods study of changes in physical activity following residential relocation. Walk21 Conference. Calgary AB.
- OP27. Ezzat A. Whittaker J, Brussoni M, Toomey C, PK. **Doyle-Baker PK**, Emery CA. (2017, June 2). Knee Confidence in Youth and Young Adults 3-10 years following Knee Injury: A Mixed Methods Approach. UBC Faculty of Medicine Clinician Investigator Program Annual Research Day. Vancouver BC.





- OP28. Salvo G, Lashewicz BM, Doyle-Baker PK, McCormack G. (2017, June). Barriers and supports to physical activity in adults following residential relocation: a mixed methods study. CPHA, Halifax.
- OP29. **Doyle-Baker PK**, Mclean L. (2017 May 10-14). Female Athlete Triad- probable but difficult to confirm in elite female ice hockey players. 8th International Scientific Conference On Kinesiology. Opatija, Croatia.
- OP30. <u>Grewal E</u>, **Doyle-Baker PK**. (2017, May 2-3). "Student's voices give rise to curriculum content review." University of Calgary Conference on Postsecondary Learning and Teaching, Calgary Alberta.
- OP31. <u>Jordan M</u>, Heard M, **Doyle-Baker P**, Aagaard P, Herzog W. (2016, Dec). Associated Pathology and Asymmetry in ACL Reconstructed Alpine Racers. ICSS, Austria.
- OP32. <u>Grewal EK</u>, **Doyle-Baker PK**. (2016, Oct). Students' perspective on the inclusion of public health content in the Faculty of Kinesiology? International Forum on Public Health Education, University of Alberta, Edm., AB.
- OP33. **Doyle-Baker PK**. (2016, Sept. 22). Biomarkers associated with an exercise intervention program. Obesity Summit-2016, Los Angeles, USA.
- OP34. **Doyle-Baker PK**. Smith L, Smith B, Christie M, Jones L. (2016, May 9). An Investigation of **Ki**ds' **S**teps in the **S**ummer at **U**niversity **C**amps (KISS UC). Annual International Symposium on Leisure & Recreation, Athens, Greece.
- OP35. Mitra T, Smith L, Lau M, van den Berg C, Doyle-Baker PK. (2016, Mar. 11) Baseline step counts in 1* year university students enrolled in the R.E.C.E.S.S. study. Crossroads Interdisciplinary Health Research Conference, Dalhousie University, Halifax NS.
- OP36. Smith L, Smith B, Christie M, Jones L, Doyle-Baker PK. (2016, Mar. 11) How many steps do kids walk when in enrolled in a summer camp? Crossroads Interdisciplinary Health Research Conference, Dalhousie University, Halifax NS.
- OP37. <u>Christie M.</u> **Doyle-Baker PK**. (2016, Mar. 11) Evaluating hamstring muscle strength bilateral asymmetry in an alpine ski racer one year after anterior cruciate ligament reconstruction: a pilot study. Crossroads Interdisciplinary Health Research Conference, Dalhousie University, Halifax NS.
- OP38. <u>Verge K, Macqueen G, Fung T, Doyle-Baker PK</u>. (2015, Sept.). RECESS study results on Mental Health Changes in 1st year university students. Campus Alberta Student Conference on Health, Banff AB.
- OP39. <u>Verge, K</u>, Macqueen, G, **Doyle-Baker PK**. (2015, June 24). The relationship between depression and physical activity in undergraduate university students. International Conference on Health Promoting Universities and Colleges: 10 Years after the Edmonton Charter. Kelowna
- OP40. <u>Lautermilch J</u>, **Doyle-Baker** PK. (2014, Oct. 15th). The athlete and the flu vaccine: melodrama, common sense or ignorance? Australian Conference of Science and Medicine in Sport. Canberra, Australia.
- OP41. <u>Verge K</u>, **Doyle-Baker PK**. (2014, Sept 5th). Using physical activity to reduce depression in university students: A scoping review. Campus Alberta Student Conference on Health, Banff AB.
- OP42. **Doyle-Baker, PK.** [2014, May 13th]. We have a story to tell you: a strategy for empowering student health. The 2014 University of Calgary Conference on Postsecondary Learning and Teaching. University of Calgary, AB.
- OP43. Doyle-Baker, PK. (2014, May 13th). Using Targeted Discussions and Weekly Quizzes To Drive Student Success That They Can Measure! The 2014 University of Calgary Conference on Postsecondary Learning and Teaching. University of Calgary, AB.
- OP44. **Doyle-Baker PK**, Rowe K, Stewart A. (2013, Dec. 21*). Parents and Coaches' Expectations and Beliefs Regarding the Outcomes and Benefits of an Entry-Level Alpine Youth Race Program. 6th International Congress on Science and Skiing, Salzburg Austria.
- OP45. **Doyle-Baker PK.** (2013, Oct 2nd). Social Observation of Urban Activity: Lessons from China in utilizing public space. 2013 International Wellness Symposium. Lake Louise, AB.
- OP46. **Doyle-Baker, PK**. (2013, May 20-22). Reversing metabolic dysfunctional in children: what is the best biomarker or biosensor. 3[™] World Congress of Endobolism, Xian, China.
- OP47. **Doyle-Baker PK**, <u>Hildebrant E</u>, <u>Lunz A</u>. [2013, Feb.]. Knowledge Level of Vitamin D awareness and behaviors toward sunlight among 'Arena Dwellers' living in Calgary AB. Pan Pacific Conference of Medicine and Science in Sport. Honolulu, Hawaii.
- OP48. <u>Toohey A</u>. McCormack, G. **Doyle-Baker, PK**, Adams, C. Rock, M. (2012 Oct. 27-31). Dog-walking and sense of community in neighborhoods: Insights for promoting regular physical activity in older adults. 140th APHA Annual Meeting. San Francisco, CA.
- OP49. <u>Reinbold SR</u>, **Doyle-Baker PK**. (2012, Sept.). A comparative investigation into the energy expenditure associated with different dance types in university populations. AGM CSEP, Regina, Sask.
- OP50. McCormack GR, Friedenreich C, Shiell A, Giles-Corti B, & **Doyle-Baker PK**. (2012, June). The relationship between cluster-analysis derived walkability and neighbourhood-based recreational and transportation walking among Canadian adults. Canadian Public Health Association Annual meeting. Edm AB.





- OP51. **Doyle-Baker PK**, Keeler N, Farrier M, Raman M, Lee S. [2012, February 8-10]. Do we need the services of an exercise whisperer for exercise research in chronic disease populations? CDPAC Fourth Pan-Canadian Conference Integrated Chronic Disease Prevention: It Works! Ottawa, Ont.
- OP52. Tennant G, **Doyle-Baker PK**. (2012, February 8-10). An After-School Physical Activity Program for Obesity Prevention in Children: The Active Y Kids Initiative. CDPAC Fourth Pan-Canadian Conference Integrated Chronic Disease Prevention: It Works! Ottawa, Ont.
- OP53. **Doyle-Baker PK**, <u>Farrier M</u>, <u>Keeler N</u>. (2011, Oct.). Non-alcoholic fatty liver disease patient's attitudes and beliefs regarding physical activity: a qualitative perspective. Annual Meeting CSEP, QC, Quebec.
- OP54. Tennant G, **Doyle-Baker PK**. (2011, June). After-School Physical Activity Program for Obesity Prevention in Children: The Active Y Kids initiative. Improving Health for Children Conference 2011, Saskatoon, Sask.
- OP55. <u>Richmond S</u>, Emery CA, **Doyle-Baker PK**, Nettel-Aguirre A. (2011, April 7-9). Preventing lower extremity sport injury through a high intensity neuromuscular training program in a junior high school setting. IOC World Conference on Prevention of Injury and Illness in Sport. Monte-Carlo, Principality of Monaco.
- OP56. **Doyle-Baker PK**. (2011, March). iExercise: connecting childhood obesity with inflammation and injury. Retreat/Research Day for IMCH-Injury Prevention Group. Alberta Children's Hospital Calgary Alberta.
- OP57. <u>Lawrence K</u>, **Doyle-Baker PK**. (2011, March). Understanding the lived experiences of young female athletes undergoing rehabilitation following a knee injury. Retreat/Research Day for IMCH-Injury Prevention Group. Alberta Children's Hospital Calgary Alberta.
- OP58. Lawrance KJ, **Doyle-Baker PK**. (2011, Jan.) Understanding the lived experiences of females undergoing rehabilitation after a knee injury. Pacific Conference of Medicine and Science in Sport, Hawaii, USA.
- OP59. <u>Farrier M</u>, **Doyle-Baker PK**, [2011, March]. Non-alcoholic fatty liver disease patient's attitudes and beliefs regarding physical activity: a qualitative perspective. U of Calgary. Dept of Medicine. Section of Gastroenterology Section Rounds Presentations.
- OP60. **Doyle-Baker PK**, Collins E. & Lawrence K. (2010, Dec.). Female Alpine Racers Lived Experiences Of Anterior Cruciate Ligament Injury And Return To Skiing. 5th International Congress on Science and Skiing, Salzburg Austria. https://www.researchgate.net/publication/235768707_Abstract_Book_of_the_5th_International_Congress_on_Science_and_Skiing
- OP61. <u>Richmond SA</u>, Emery CA, **Doyle-Baker PK**, & Nettel-Aguirre A (2010, June 9). The effectiveness of a neuromuscular training warm-up program in reducing the risk of injury in sport-specific and school-based settings. Sport Injury Prevention Research Centre, University of Calgary and Canadian Academy of Sport Medicine Injury Prevention in Sport Symposium Toronto, Ontario.
- OP62. McCormack GR, Shiell A, Friedenreich C, **Doyle-Baker PK**, & Sandalack B. (2009 June 7–10). Seasonal variations in physical activity participation among Calgarian adults. Canadian Public Health Association (CPHA) Annual Conference, Winnipeg, Manitoba.
- OP63. <u>Venner AA</u>, **Doyle-Baker PK**, & Lyon ME. (2008, November 13-16). Leptin, Adiponectin and Percent Fat Mass Favourably Change in Overweight/Obese Children Participating in a Health Intervention Programme. International Conference of Childhood Obesity 2008, Chinese University of Hong Kong, Shatin, Hong Kong.
- OP64. **Doyle-Baker PK**. (2008, Oct. 31). What is the lipid profile of Count Dracula? University of Calgary Canadian Obesity Network Student and New Professionals local chapter.
- OP65. McCormack G, John Spence J, Tanya Berry T, **Doyle-Baker PK**. (2008, June). The Role Of Perceived Behavioural Control In The Association Between Self-Reported Neighbourhood Walkability And Leisure-Time Physical Activity International Society Behaviour Nutrition Physical activity, Banff.
- OP66. <u>Zahavich J</u>, & **Doyle-Baker**, **PK**. [2008, June 5"]. Building a Gateway to College Health: Lessons and Findings. Student Obesity Network Conference, Laval Quebec.
- OP67. Nolan MM, **Doyle-Baker** PK, & Sandalack BA. (2008, May). Does Neighbourhood Design Impact Children's Ability to Access Spaces for Informal Play and Activity. ACSM 55th Annual Meeting, Indianapolis, Indiana.
- OP68. McCormack G, Shiell A, Friedenreich C. **Doyle-Baker PK**. (2008, June 1-4). The Relationship between perceived neighbourhood walkability and neighbourhood specific walking among Calgarian adults: preliminary findings from the EcoEUFORIA project. Canadian Public Health Association 2008 Annual Conference, Halifax, NS.
- OP69. <u>Petersen JA</u>, Shiell A, **Doyle-Baker PK**, <u>Fry MJ</u>. (2008, June). Cost-effectiveness of the VERB physical activity awareness campaign. Canadian Public Health Association 2008 Annual Conference, Halifax, NS.
- OP70. **Doyle-Baker PK.** (2007, Sept 27th). The three piggies had it all wrong. Choosing a walkable neighbourhood. U. of C. Research on obesity from genes to neighborhoods. Sponsored by Student and New Professionals of Can. Obesity Network
- OP71. **Doyle-Baker PK**, <u>Venner AA</u>, & <u>Stewart JK</u>. (2007, Nov.). Track & Field Master Athlete Evaluation: Baseline Nutritional Assessment. Canadian Society of Exercise Physiology Annual Meeting. Ontario.





- OP72. **Doyle-Baker PK**. (2007, Aug.). Contrasting Health and Athletic Performance in Female Ice Hockey Players. Hokkaido Sapporo Universities. Hokkaido, Japan.
- OP73. **Doyle-Baker PK**, <u>Petersen J</u>, <u>Lambert K</u>, Beverly A. & Sandalack, BA. (2007, May). Neighbourhood-Based Differences in Physical Activity and Liveability: The NUDGE Project. ACSM 54th Annual Meeting, New Orleans, Louisiana. 39:5, S32.
- OP74. <u>Barnieh N</u>*, **Doyle-Baker PK**, & Jarrell J, (2006, May 12th). The Relationship between Physical Activity, Pain, and Health-Related Quality of Life in Women with Endometriosis. 17th Annual Clara Christie Research Day. Dept. of OBGYN, Fac. of Medicine. U of Calgary. AB. *Winner of undergrad student best presentation award.
- OP75. Wood S, **Doyle-Baker** T, & Connors G. ((2006, May 12*)). Maternal Anxiety and Spontaneous Preterm Birth in Twins and Triplets. 17* Annual Clara Christie Research Day. Dept. of OBGYN, Fac. of Medicine. U of Calgary. AB.
- OP76. Cantell M, **Doyle-Baker PK**, Crawford S, & Kaplan B. (2005, May 17-20th). An examination of motor coordination on Movement ABC 4+ in adults with different degrees of motor competence. 6th International Conference on Developmental Coordination Disorder. Trieste. Italy.
- OP77. Tennant G, **Doyle-Baker PK**. (2004). Attitudes Towards Compliance For Physical Activity In Older YMCA Members. International conference Toward a New Perspective: From Ageing to Ageing Well, Montreal, Canada.
- OP78. **Doyle-Baker PK**. (2003). Building a Bridge between the Art of Socializing and the Science of Training: Dragon Boat Racing Gender Research Symposium: Building Bridges. University of Calgary, AB.
- OP79. **Doyle-Baker PK**. (2003 May 26-27). An Assessment of HIV/AIDS related behaviours and Knowledge among Canadian University Students. Association for Commonwealth Studies "The Health of the Commonwealth Conference". University of King's College, Halifax, Nova Scotia, Can.
- OP80. Mannion C, & **Doyle-Baker PK**. (2002). A Comparison of Anthropometric Measurements between Lactating and Non-lactating Women (2002). 3rd Annual Research Conference Transforming Healthcare through Research, Education & Technology, Dublin Ireland.
- OP81. **Doyle-Baker PK**. (2001, Nov. 1-3). University Dance Majors Knowledge of The Female Triad Health Status and Exercise Habits. 11th Annual Meeting of the International Association for Dance Medicine and Science. Alcala de Henares, Spain.
- OP82. **Doyle-Baker PK**, <u>Calvert SAG</u>. (2000). Opinions on Evidence Based Medicine among Obstetrician / Gynaecologists in Alberta: A Questionnaire. 69th Annual meeting RCPSC.
- OP83. **Doyle-Baker PK.** (2000. April). The Flo-Jo Syndrome: Future Health Outcomes for the Greater Community but Not For Women Athletes. Building Bridges: Creating an Integrated Approach to Women's Health. Victoria, B.C.
- OP84. **Doyle-Baker PK**, & Thompson D. (1991, April 17-20). Sudden Death Injuries: What the Athletic Therapist should know before it happens. International Congress and Exposition on Sports Medicine and Human performance, Vancouver B.C.

Conference Symposiums

- OP85. Lebrun C. **Doyle-Baker PK**, Thornton J. (2022, Nov.). "Menstrual linked asthma Update: What we (don't) know and future directions": Health and Performance for the Future Conference -CSEP. NB
- OP86. **Doyle-Baker PK**, Lebrun C. (2021, Nov.). "Take my breath away": Asthma in female athletes and effects of reproductive hormones and strategies for screening and management. IOC World Conference on Prevention of Injury & Illness in Sport Monaco.
- OP87. **Doyle-Baker PK**, Lebrun C, Thornton J. (2021, May.). Menstrual linked asthma; what we (don't) know and where we need to go. Female Athlete Conference Boston-Virtual
- OP88. **Doyle-Baker PK**, Lebrun C, Thornton J. (2020, Oct.). The devil is in the details" Pearls and pitfalls in menstrual cycle research. Health and Performance for the Future Conference -CSEP. Virtual.
- OP89. **Doyle-Baker PK** Lebrun C,. (2017, March). The science of training thru the eyes of the menstrual cycle; Hormonal Cycle Phase Influence on Training Outcomes. Worksop -IOC World Conference on Prevention of Injury & Illness in Sport Monaco.

Technical Papers and Communications -contributor

- 1. Meadows LM, Thurston WE, Vollman A. (2005). Women's Health in Alberta: An Environmental Scan. Part of the project team. Funded by Health Canada.
- 2. Canadian Network of Public Health Associations Video. (2013). Return on Investment in Public Health in Canada. https://www.youtube.com/watch?v=TVZxtuZhN_M

Best Podium (P) or Posters (PO) Awards





- PO1. Emery C, van den Berg C, Richmond S, Palacios-Derflingher L, McKay C, **Doyle-Baker PK**, McKinlay M, Toomey C, Nettel-Aguirre A, Hagel B. (2019 Oct). 'Implementing a school prevention program to reduce injuries through neuromuscular training (isprint): a cluster-randomized controlled trial'. Third World Congress of Sport Physical Therapy, Vancouver, Canada. (P)
- PO2. Frehlich, L., Christie, C., Ronksley, P., Turin, T. C., **Doyle-Baker**, **P.**, & McCormack, G. (2021). The neighbourhood built environment and its association with health-related fitness: A systematic review. Public Health 2021. (PO)
- PO3. Frehlich, L., Christie, C., Ronksley, P., Turin, T. C., **Doyle-Baker, P.**, & McCormack, G. (2021). A systematic review of the associations between neighbourhood built environment characteristics and health-related fitness. 8th ISPAH Congress. (PO)
- PO4. Frehlich, L., Christie, C., Ronksley, P., Turin, T. C., **Doyle-Baker**, **P.**, & McCormack, G. (2021). A systematic review of the associations between neighbourhood built environment characteristics and health-related fitness. World Congress of Epidemiology. (PO)

Part IV – Teaching Undergraduate –Faculty of Kinesiology Teaching -Exercise and Health Physiology Major Signature Courses

- KNES 433 Health and Physical Activity (Principal Lecturer): Focus' on individual-based health behaviours and
 their application to lifestyle diseases. The lab component involves completion of and analysis on: blood lipids, %BF,
 BP, Framingham Health Risk Appraisal, RR (relative risk) of top 8 health behaviours by age, 3-day dietary record,
 mortality index (<u>Life Expectancy</u>), and Genetics-Family Tree. (1988-92, 94-99 and 01-02, 04-17, 18-21 F/W).
 Note: this course has been adopted by several universities; including University of Prince Edward Island.
- KNES 493 Epidemiology of Physical Activity (Principal Lecturer): Examines epidemiologic perspective of chronic disease relationships through the application of population-based research methods. (1995-99, 01-02, 04-13, 16,17).

Co-Direct/Taught Courses

- KNES 203 Activity: Health, Fitness and Performance: Sport science is a discipline that studies how the healthy human body works during exercise and how physical activity promotes health from cellular to whole body perspectives. A variety of theoretically supported activities (CSEP) to experience short-term benefits of exercise are included in the lab. Redeveloped the course (1998-99, 02-03), [Dr. Juan Murias is responsible for the and I instruct the winter semester. The course requires each instructor to supervisor and coordinator the labs for their teaching term: 2002-03, 2014-15, 17W 19-21W.
- KNES 775 Clinical Exercise Testing -team taught: (2003)
- KNES 473 Exercise Physiology (Dr. Dave Smith: 1995)
- PHED 504.72 Physical Exams (Dr. Preston Wiley: 1991)

Previous Teaching and Course Development UCalgary

- COURSE2 Ortho small group cases Team based learning 3.0 hours (Dec. 2, 2023).
- MDSC 528 Co-Taught Independent Studies in Health Sciences, (2011-12).
- KNES 477 Principles and Practices of Fitness Leadership (Principal Lecturer): (1989-99).
- KNES 479 Practices and Principles of Fitness Programming (Principal Lecturer): (1990-95).
- PHED 371 Scientific Basis of Prevention and Care of Athletic Injuries (Principal Lecturer): (1990-92).
- PHED 431 Health Education in Elementary and Secondary Schools (Principal Lecturer): (1989, 90-92, 97).
- PHED 355 Growth and Development (Principal Lecturer): (1990-91).

Sessional Teaching Other Institutions

- HPRO 525 Maternal Health Through Diet and Exercise, LLU, Loma Linda, California. M.PH Option course (1995 summer).
- HSCI 471 Health Promotion: Program Planning and Evaluation, California State University, San Bernardino. (1993 spring).
- HPRO 537 Community Programs Laboratory (team taught). Community Needs Assessment (winter), Community
 Health Program Plan Development (Spring), Program Implementation and Evaluation LLU, Loma Linda, California.
 (1992 93 fall).
- PHED 251 Exercise Physiology lab instructor, UVIC BC. (1985-86).





Physical Education Activities (PEAT)

UCalgary

- PEAT 226 Strength Training 1 4 sections, fall & winter (1989-99, 1996).
- PEAT 228 Cardiovascular Training 1- 4 sections, fall; 1 section, spring (1988-99).
- PEAT 501.84 & 501.85 Aerobic Dance Level 1 & 2, fall and winter (1990)
- PEAT 201 Basketball (1989)

UVictoria and Camosun College

- Aerobics and Strength Training Classes, 8-week sessions. Diploma Program Camosun College, BC., (1985)
- PEAT 121 Fitness and Conditioning, UVIC, BC., (1981)
- PEAT 351 Water-based Sports, UVIC, BC., [1980]
- PEAT 105 Introduction Swimming, UVIC, BC., (1980)

Guest Lectures

UCalgary, Calgary AB.

- KNES 775 Exercise Testing -2 lectures per term (1999, 2000-05,15)
- KNES 403 Health Promotion -1 lecture (2011,12)
- KNES 615 Seminar in Applied Exercise Physiology I1 lecture (2009, 10, 11, 14)
- KNES 213 Introduction to Research in Kinesiology -1 lecture [2006, 07, 08, 10, 11, 14]
- EVDS Block Course #010305 Empowering Movement -1 lecture (2005)
- KNES 211 Self-Leadership -1 lecture (2002)
- DANCE 235 Principles of Conditioning -2 lectures (2001)
- KNES 673 Exercise Physiology, 1 lecture (1999)
- WMST 321 Women and Health -1 lecture (1990, 91)
- EDPS 641 Adolescence and Health Education -2 lectures (1989)
- DCED 503.1 Special Topics in Dance Theory II -2 lectures (1998)

Loma Linda University. California.

- AHCJ 558, Addictions -1 lecture [1995]
- HPRO 524 Adolescent Health -1 lecture (1995)

San Bernardino State University California

HPRO Health Promotion -Winter Course lecture (1995)

Continuing Education Courses-Instructed

- Exercise is Medicine National Student Research and Medical Conference. Workshop for Physicians Title: The role
 of an exercise specialists in chronic disease management. Calgary, AB. June 2019; Nov. 2022.
- Practice Wise presentations online: Alberta Health Services: Title: *Muscle fragility and strength importance in bone health*. Calgary, AB. Aug. 24th 2018.
- Continuing Education- One Day Health workshop (#FIF 605-001), Title: Chronic Disease and Your Health, University
 of Calgary, AB. May 7, 2016
- Continuing Education- One Day Health workshop (#FIF 605-001), Title: Chronic Disease and Your Health, University
 of Calgary, AB. May 9, 2015
- Chronic Pain Symposia- Richmond Diagnostics Centre, Calgary, AB. Title: *Therapeutic Benefits of Exercise (Rose Coloured Glasses, Pain, Pink Elephants, and Movement!)*. May 14, 2014.
- 38 Family Practice Review and Update Course, University of Calgary, AB. Title: Exercise by the Decades. Nov. 18, 2013.
- Family Practice Review & Update Course- University of Calgary, AB. November 18-21, 2013
- 30th Annual Calgary Therapeutics Course- University of Calgary, AB. Title: *Using exercise as therapeutic to reduce the risk of chronic disease as we age.* April 12, 2013.
- Finding Balance: Women's Event. Title: *Build it, Break it, Store It: A Closet Look at Osteoporosis*. Red Deer College, May 5, 2007
- Lifestyles of the Elderly, (GleO1 #21902). Jan. 22-Mar. 25, 1992





- Be Ready for Retirement, [Con't Ed #22401, 22305, 12402]: Fitness section, 9 lectures. 1989-92
- Fitness for seniors: Dancing, diet, walking, talking, and eating. Spring 1990

Co-Instruct

- Lifestyles of the Elderly, (GleO1; # 82905). Sept. 22, 1991
- Fat Metabolism and exercise prescription, (#63814): Sept. 19,1995
- An introductory to running a marathon course, (#22001): "Running Injuries". 1991

Professional Development

_	Nevination Bortonad Borrosch Konstant aus Mahilistica Blooming and Chartery HOlland.	0000
•	Navigating Partnered Research: Knowledge Mobilization Planning and Strategy -UCalgary	2022
•	Unconscious Bias Training -UCalgary	2021
•	CIHR Institute of Gender and Health Care Competency Module	2021
	 Sex and Gender in Primary Care Data Collection with Human Participants 	
•	Women in Academic Leadership (WiAL) -5-day Residency program (CHERD), U. of Manitoba	2018
•	Para and Adaptive Sport Medicine Course-CASME (one day), Halifax, NS	2018
•	Effectiveness in the Academy (7 sessions): Personal Leadership for Career Productivity	2016
•	Franklin Covey Course (7-session) -7 Habits of Leadership Development Training	2009
•	Media Training -UCalgary (one day workshop)	2001

Teaching Advancement

•	MDCH 611 Data Science and Machine Learning, -audit	W-2022
•	Taylor Institute-Teaching & Learning: Designing Course-Based Undergrad Research Experience	e 2022
•	Taylor Institute-Teaching & Learning: D2L Learning Essentials. (2hr)	2014
•	Teaching & Learning Commons, Multiple Choice Question Writing Workshop	2011
•	Teaching & Learning Commons: Blackboard Essentials (2hr)	2008

Part V - Service

UCalgary -Committee Member/Reviewer

UL	Jaigary -Committee Member/ Reviewer	
•	Chair -Public Health grant -Internal Reviewer	2023
•	UC International Working Group (UCIAA)	2021-23
•	Banting Scholarship Reviewer	2022
•	CRC Tier 2 Canada Research Chair Selection Committee	2022
•	UC International Achievement Awards Selection Committee (UCIAA)	2021-23
•	Dean-Selection -Kinesiology	2021-22
•	Provost Appointment -J.E. Child Rheumatology Chair search/selection/review	2006-22
•	Ethics Review Board -Reviewer	2020-21
•	Appointed -Occupational Health and Safety committee	2019-20
•	Appointed -Tenure Appeal Committee and voting academic staff members	2018-19, 22
•	Appointed GFC -General Merit Committee	2015-19
•	General Faculty Council (GFC)- representative KNES	2013-17
•	Provost Review -Dean KNES	2016
•	Human Dynamics -"Thought Leaders" (Eyes High Challenge)	2014-16
•	Building communities that create health -CMOH Alberta	2014-16
•	Appointed GFC -Selection Dean Social Work	2014
•	ACHRI -Community Prevention for Childhood Obesity	2005-19
•	Population Health Intervention Research Centre	2008-13
•	Calgary Institute for Population and Public Health (CIPPH)	2008-13
•	Assessor -Medical School Applicants	2007-14
•	Academic Awards Committee (AAC)	2007-09
•	Institute for Gender and Health	2007-09
•	CIHR Brainstorming Group: Seeking Directions in Gender and Health	2000-01, 09
•	KNES Representative for Asso. Dean -Health Faculties meeting	2006
•	Tenure Review Committee Fac. of Continuing Education	2000, 03, 11





	Fac. of Continuing Education Council Partnership in Women's Health Graduate Studies Group Selection -Dean Nursing Faculty of Nursing Council TUCFA Council University Research and Grants Committee Health Promotion/ Health Education Task Force Inter-Faculty Advisory Group (SW, NURS, KNES, ED, REHAB, GenS) Women's Health Research Group – Calgary Coalition Consultant -Library Administrative Services, Repetitive Strain Injury Committee Faculty of Humanities Council Committee Faculty of General Studies, Student Appeals Committee Framework Committee Institute for Health Promotion Office of Med Educ. Student Representative -Loma Linda University Appeals Committee	2002, 03-04 1994, 03 2001 1998-02 1996-98, 02-04 1999-01 1997 1997 1996 1995 1993-94 1990-94 1991-93
•	Consultant -Medical Information Services	1992
•	Faculty of Nursing Council Committee	1990-02
•	Safety Committee	1989-90
Kin	esiology	
•	Faculty Merit Committee	2019-22
•	Undergrad Research Scholarship Committee	2021
•	Graduate Research Scholarship Committee	2019-22
•	Mental Health Committee	2019-22
•	Tenure and Promotion Committee	2006-08, 18-22,
•	Graduate Education and Program Review Committee	2018-19
•	Exercise Physiology Curriculum Review	2018-20
•	Chair -Student Appeals Committee	1989-93, 16-18
•	MKIN Steering Committee	2004-19
•	Selection Committee – Exercise and Health Physiology	2018, 20
•	Selection Committee -Injury Prevention, Sport Medicine and Rehabilitation Selection Committee -Biomechanics Chair Position	2015-18, 20
•	Selection Committee -Biomechanics Chair Position Selection Committee -Fine Arts Dance Position	2014-15 2014-15
•	Strategic Research & Innovation Committee	2014-15
•	Academic rep -Dinos Athletics Hall of Fame Selection Committee	2014
•	Academic rep -Active Living and Athletics Committee	2013-15
•	U of C - Entrance Awards, Prizes and Awards Committee	2013-15
•	U of C - YMCA Interfaculty Partnership	2013-14
•	Scholarly Integrity Committee	2013
•	Curriculum Review Committee	2008, 11-13
•	U of C 101-speaker	2000-14
•	Dean's Advisory Committee	2011-12
•	Chair Selection Committee –Exercise and Health Physiology	1999, 03, 11-13
•	Faculty Association Representative (TUCFA)	99-01, 03-04,12-14
•	Lead on Curriculum Review -Kinesiology Exercise and Health Physiology 2002, 2012-13	004040
•	Sabbatical Committee -Kinesiology	2010-12
•	Curriculum Policy Committee -Kinesiology	2009-11, 15
•	CSEP Conference Committee -Kinesiology Sabbatical Review Committee -Kinesiology	2002, 08, 10 1999, 03-05, 14
•	High Performance Sport Group -Kinesiology	2004
•	Health and Wellness CFI Committee	2004-03
•	Health and Wellness Expansion Committee	1999, 2001
•	Chair -Multi-disciplinary Dance Medicine Research Group	2001
	(Proposal for expansion of the Performing Arts Research Institute)	2001
•	Chair -Fitness, Academic, Students, Staff TEAM (FASST)	2000





 Faculty Ethics Panel -Kinesiology Graduate Admissions Committee -Kinesiology Chair -Graduate Admissions -Master of Kinesiology Chair -Curriculum Review -Kinesiology Exercise and Health Physiology 2002 Curriculum Fellow -Explicit Syllabus Review - Exercise and Health Physiology Chair -CSEP Symposium Women's Health and Performance, Chair -Exercise and Functional Fitness Review 	1999-01 1999-02, 05 1999-02 1999-01 1999-00 1998-00
 Faculty of Physical Education -Committee member Co-facilitator of Spring Faculty Planning Retreat Representative, Academic Women's Advisory Committee, 	1997 1995-96
 Research Policy Committee Thematic Group: Biosciences Name Change Committee Coordinator -Varsity Athletes, Biannual Random Drug Testing 	1994-95 1993-95 1990-94 1990-93
 Coordinator -Career Exploration: In Kinesiology and Fitness MC and Speaker -CIAU volleyball championship, Calgary, AB. FIT Break Leader -Support Staff professional development day FIT Break Leader -Student's orientation day (101) 	1990-91 1990 1990-91 1990-92
 Representative -Students of Physical Education and Recreation, (SPEAR) Student Appeals Committee FIT Break Leader -Faculty of Management (New Venture Development) Women's Athletic Advisory Committee (WAC), Speaker -Toast to the 1988 graduating class CP Palliser Hotel 	1990-91 2002,12 1989 1988-90 1988
PART V - Professional Service External Reviewer/Judge CIHR Chair Applied Health Grant Application Reviewer Young Investigators Abstracts/Award ICSS	2023 2023
 College of Medicine Research Awards (CoMRAD), U. of Saskatchewan MITACS Africa National Research Foundation (NRF). 	2022 2020-23 2020
 Program Expert in a CIHR Foundation Grant, Canada. O'Brien Institute for Public Health, Internal Peer Review The J. William Fulbright Commission -Czech Republic. SSHRC Insight Grants, Canada. 	2016-19 2016-19 2017-18
 Cardiovascular Days Abstract- Libin Institute, UCalgary, The UA undergraduate Awards (International), Ireland. Adverse Event Committee (CIHR), Sask. 	2015 2015 2015 2014-16
 NHS Grampian Endowment Research Fund, Scotland. Calgary History of Medicine Society (CHOMS) Michael Smith Foundation for Health Research, BC. 	2014 2012 2011
 Nova Scotia Health Research Foundation, Can. Undergrad student summer awards (P.U.R.E.). UCalgary, AB. CSEP Conference Oral Presentation Judge Exercise Physiology of Western Canada Conference-Grad. Student Judge 	2011 2011 2008 2007
 Heart and Stroke Foundation, Canada. Canada Foundation for Innovation (CFI), AB. Institute For Gender Research, UCalgary, AB. 	2007 2006 2003
Innovation Trust Fund, Ontario, CanadaThe Arthritis Society, Canada	2003, 06 2000





•	WIC Science Fair poster judge SIRC Research Award	2010 2003-04
Edit	orial Board	
•	International Journal of Environmental Research in Public Health	
	 Special Edition Editor: Stroke in Athletes 	2019-22
•	Exercise Physiology and Biochemistry-America Association of Sport Science	2016-20
•	International Journal of Kinesiology and Sport Science.	2012-22
Δdv	sory Editorial Board	
•	Advisory Board to the International Congress on Sport Science in Skiing (ICSS)	2018
•	Advisor y Board to the moorhandral congress on oper tradicine in adming [1886]	2010
Pro	gram Reviewer	
•	Niagara College of Canada, Ontario	2021-22
•	Campus Alberta Quality Council -Review for Canadian University College Lacombe, AB	2015-16
Mai	nuscript Reviewer	
•	BMJ -open	2023
•	Physiological Reports	2022-23
•	International Journal of Adolescence and Youth	2023
•	Helilyon	2022-23
•	APNM	2023
•	Annals of Medicine	2023
•	PLOS ONE	2022
•	Healio Minute	2021-23
•	Experimental Gerontology	2021-22
•	Frontiers in Physiology	2022
•	Experimental Gerontology	2022
•	Physician and Sports Medicine	2021, 23
•	Journal of Science in Sport and Exercise	2019-21
•	Technology in Science	2015,18 2015, 20
•	Journal of Aging and Physical Activity BMC Public Health	2015, 20 2020-22
	BMC Musculoskeletal Disorders,	2019
•	International Journal of Environmental Research and Public Health	2019, 20, 22
•	Health Reports (Stats Can)	2019, 23
•	Journal of Behaviour Therapy and Mental Health (USA)	2019
•	Journal of Sport Sciences (UK)	2018-21
•	Clinical Medicine (UK)	2018-19
•	Journal of Technology in Society (Philippines)	2017-18
•	Pediatrics (USA)	2012-20
•	BMC Geriatrics (USA)	2017
•	Dove Press (New Zealand)	2013-18
•	AIMS Medical Science (USA)	2014-20
•	Clinical Journal of Sport Medicine (Canada)	2003-21, 23
•	Journal of Physical Activity & Health	2009-17
•	International Journal of Environmental Research and Public Health	2016
•	Psychological Reports	2016
•	Journal of Sport and Health Sciences (Canada)	2015-19
•	Journal of Perceptual & Motor Skills	2015-16
•	American Journal of Public Health Journal of Developmental Review	2014-15 2014
•	International Journal of Kinesiology and Sport Science (Australia)	2014 2014-18
•	Journal of Health Education	2013-16
	SSATTIAL OF FROM IN LANGUAGE	20.010





•	BMJ open access Journal of Sports Engineering Journal of General Medicine Journal of Vascular Health and Risk Management. CPHA Centennial Conference Abstract Review Journal of Paediatrics Canadian Journal of Public Health Journal of Applied Physiology, Nutrition, & Metabolism Canadian Journal of Applied Physiology Journal of Dance Medicine SMCA Newsletter, <i>Pulse</i> , Edmonton, AB.	2013 2013 2012-14 2012-14 2010-12 2009-16 2007, 23 2007-13 1999-06 2002 1996-97
Text •	Book Reviewer Payne W, Hahn D. (1992). Understanding Your Health. Mosby Year Book Inc., (3rd Ed). 1992 Bruess C, & Richardson G. (1990). Decisions for Health. WM. C. Brown. Publ. (3rd Ed.). 1990	
Confe	erence Chair Exercise Perspectives Conference Organizing Committee (CSEP), Calgary Alberta	2023
Sessi	28th Annual Congress of the European College of Sport Science, Paris Young Investigators Awards International Congress Skiing Science, Austria International Congress Sport Science Symposia - Prague, Czech Republic. Exercise Perspectives Conference Organizing (CSEP), Kananaskis AB. Walk 21 Conference Steering Committee -Calgary, AB. Co-Chair Sub-committee Preconference workshops - (Dr. S. Delon) Annual Symposium on Leisure and Recreation - Athens, Greece. IAPESGW Congress 2005 - Girls in Sport and PE, Edm. AB. Fitness Roundup Conference, Banff, AB.	2023 2023 2018 2014-18 2016-17 2016 2005 1991
Club •	Chair Aging PEEPS Co Dr. Meghan McDonough; students driven aging journal club [Funding Brenda Stratford Centre, University of Calgary]	2019-22
Cons • • •	Bone & Joint Health Strategic Clinical Networks (SCN), AB. Advisor Alberta Chronic Disease Prevention Indicator Framework, AB. Co-scientific and content lead on Physical Activity working group for Alberta Prevents [Alberta Cancer Prevention Legacy Fund] Calgary Civic Sport Policy -Calgary, AB. Building communities that create health (Office of the Chief Medical Officer of Alberta) Building Healthier Cities: How can we do it? Towards Healthier Cities across Alberta: Linking Research, Policy and Practice vis-a-vis Alberta's Social Policy Framework in collaboration with the Centre for Health Promotion Studies (Workshop). School of Public Health, University of Alberta and input from the Office of the Chief Medical Officer of Health, March 19 Campus Alberta Health Outcomes and Public Health (HOPH) Annual Provincial Forum: Engage-Align-Act, University of Calgary, Calgary, May 5	
•	AFLCA Independence for Older Adults: Training Program for Practitioners' Resource Arthritis Management Advisory Board, Calgary Jewish Center, AB.	2008 1995-96
Socie •	ety Memberships American College of Sports Medicine (ACSM) Canadian Society for Exercise Physiologists (CSEP)	1988-23 1985-23





•	Member WFPHA Global Health Equity & Digital Technology Working Group	2017-18
•	Sport Science Association of Alberta (SSAA), member	2000-18
	Vice President	2014-17
	Alberta Provincial Fitness Unit	2011-21
•	Alberta Fitness Leadership Association	1988-21
•		1991-00
	- · · · · · · · · · · · · · · · · · · ·	1995
	Communications Committee	1991-94
	o President	1994-2000
	 Exercise Perspectives Conference Organizing Committee 	2014-18
•	Alberta Public Health Association (APHA)	2006-18
	o Past President	2014-15
	o President	2012-14
	 Canadian Network of Public Health Associations 	2012-14
	o Incoming president	2011
	o Member	2007
•	Alberta Active Living Partner	2014-15
	Calgary History of Medicine Society (CHOMS)	2010-14
•	International Physical Activity and Environment Network (IPEN)	2009-18
	Canadian Public Health Association	
•		2007-18
•	Canadian Obesity Network	2004-18
•	The Sport Medicine Council of Alberta, (SMCA).	1994-18
	President	2000-03
•	North American Association for Study of Obesity, (NAASO)	2004-10
•	The Canadian Athletic Therapists Association, (CATA)	1995-93
•	Chairperson, Exhibitor Chair	1990-91
	■ 25 th AGM Canadian Athletic Therapist Conference	
	International Exercise and Dance Association, (IDEA)	1986-01
•	British Columbia Recreation and Parks Association, (B.C.R.P.A.)	1982-90
•	Fitness Executive Board	1986
	Filitiess executive dual u	1300
Co	mmunity Boards Director, Committees	
	Alpine Canada - True Grit Award Committee	2021-22
	YMCA Board of Directors	LUL I-LL
•		0045.47
	Vice Chair of Strategic Planning Committee	2015-17
	o Strategic Planning Committee	2013-15
•	Vivo 15, Cardel Place & MRU Raise the Bar Leadership Roundtable-	2014, 15, 18
•	West Island College Board of Directors	
	o Past Chair	2016-18
	o <i>Chair</i>	2014-16
	o Finance Committee	2014-16
	o Planning Committee	2009-14
•	-Alberta Public Health Association (APHA), Alberta	
	o Past President	2015-17
	o President	2013-17
_		
•	Calgary Flames Health Training Camp KNES consultant	2014
•	Canadian Accredited Independent Schools	2013-14
•	City of Calgary - GO₂ Planning Committee	2006-10
•	Sport Medicine Council of Alberta, Edm. AB.	
	 Vice President- 	2013-17





Sport Science rep 2000-03

Alberta Fitness Leadership Association, Edm. AB

1994-2000 President-1988-89

Calgary Health and Fitness Association

VI Knowledge Translation Invited Talks * * * Keynotes

Presentations and workshops are a large part of my health education professional practice.

2023

- S1. Squash Canada Coach PD Webinar, Title: Female athlete's health: adding the X's and O's. Virtual [Mar. 6]. 2022
- S2. Spin Summit. Title: Golf and menstrual cycle analytics: same, same, but different. Vancouver, BC. [Dec 7-9].
- S1. Grouse Mountain Ski Club, Vancouver BC. Title: The menstrual cycle: A.S.K. from an athlete's perspective. (Nov. 23, 20221. Zoom
- S2. CSEP Annual Conference. Workshop Symposium. Co-presenter Dr. Connie Lebrun. Title: Take my breath away: asthma in female athletes and strategies for screening and management. Fredericton, NB. [Nov. 22-28].
- S3. Perspectives in Exercise Health and Fitness Conference. Titles: Tackling health and menopause across the lifespan and The fate of the Weekend Warrior: death wish or decreased risk? Kananaskis, AB. [Oct. 21-22].
- S4. Calgary Women's Health Research Symposium. Title: Forecasting a healthy menstrual cycle: not unlike predicting your golf score. Virtual. (April 21).

2021

- S5. Grouse Mountain Ski Club. Title: Female athlete's health: adding the X's and O's. Virtual. (Dec. 10).
- S6. International Olympic Committee (IOC). Workshop Symposium. Co-presenter Dr. Connie Lebrun. Title: Take my breath away: asthma in female athletes and strategies for screening and management. Monaco. (Nov. 22-28)
- S7. Canadian Alpine Coach Education Series. Title: Coaching the Female Athlete. Panel with Jenni Stielow (ACA), Coach Cam Stephen, Erin Wilson (former athlete) and Dr. Diane Culver, Virtual. (Oct 20th, 2021).
- S8. Third Action Film Festival, The Climb by film maker Neil Myers Calgary Virtual. (Jun 13).
- S9. 5™ Biennial Female Athlete Conference. Co-presenters Drs. Connie Lebrun, Jane Thornton. Title: Menstrual linked asthma; What we know and where we need to go. Boston, Mass. Virtual. (June 10th).
- S10. Marathon seminar series. Presentation: There's no glamour in overtraining: recovery cues and tips. Calgary.
- S11. O'Brien Institute for Public Health at the Cumming School of Medicine (CSM) co-hosts of Anatomy of a Pandemic [Calgary AB.] Panel with Drs. Suzanne Tough, Kelly Dean Schwartz and Gina Dimitropoulos. -Public virtual forum (Jan.11,10-11:30 am).

2020

- S1. Mathison Centre & O'Brien Institute partnership on: Return to school and mental health impacts. -panel. Title: Stress and Anxiety during COVID keeps us hopping. (Calgary AB.) public virtual forum (Sept.29).
- S2. Renert School Celebration of Physical Activity. Title: Get a Grip, Calgary, AB. Virtual (May 27).
- S3. Perspectives in Exercise Health and Fitness Conference. Titles: Life lessons on physical activity in youth; Hormones, menstrual cycle and competition: does it make a difference?; Recover, Remission, Recursive: the diabetes conversation. Kananaskis, AB. (Oct. 2-4). COVID -19 Cancelled
- S4. * *Student Wellness Centre Support Staff Retreat. Managing our healthy 'selves' is a leadership challenge. UCalgary, AB. (Jan. 7).

2019

- S5. ActiveCITY Summit. Panel Presentation: The Stickiness Factor: Do we have it. Winsport, Calgary. AB. [Sept 18]
- S6. EIMC National Student Research & Medical Conference 2019. Physician Workshop: The role of an exercise specialist in chronic disease management. UCalgary, AB. (June 28)
- S7. Student and Enrolment Services PD. Workshop, Managing our healthy 'selves' is a leadership challenge, UCalgary, AB. (June 27)
- S8. Bikes and Bike Share: What is the benefit of e-Bikes? Bike 2019 Conference. Calgary Central Library, AB. [May 8"]
- S9. **Talk, Knowledge and Outcome: Communicating the value of sport. Calgary Winter Club-Skating Banquet. AB. (May 3).

2018

S10. McCaig Institute's Wood Forum. Title: Dems bones are important from tip to toe. Mobility for Injury prevention. Red and White Club, Calgary AB. [Oct. 27]. https://www.youtube.com/watch?v=gul7bO1ds-l&t=410s





- S11. Perspectives in Exercise Health and Fitness Conference. Titles: Curious or spurious bone health findings: A sport scientist perspective and Training the menstrual cycle: optimization or periodization. Kananaskis, AB. [Oct. 20-21]
- S12. **Perspectives in Exercise Health and Fitness Pre-Conference Workshop. Titles: Mixed goals of performance: fat loss and muscle gain. Kananaskis, A (Oct. 19)
- S13. **Beakerhead. Title: Science of Sweat. Vivo 15, Calgary, AB. (Sept. 20)

- S14. International Olympic Committee (IOC). Workshop Symposium Co-presenter Dr. Connie Lebrun Title: The science of training thru the menstrual cycle. Monaco. (March 18)
- S15. **Division of Rheumatology Annual Retreat. Title: The role of exercise in the management of arthritis. Calgary Zoo. [Oct. 20]
- S16. ** Themed UCalgary Kinesiology Lecture. Title: Spurious or curious: bone mineral density in female athletes? Calgary, AB. (Oct. 16)
- S17. Calgary Chapter of Canadian Association for Retired Persons. Title: Why exercise is medicine for the older adult: High five! Calgary, AB. (Sept. 28)
- S18. Training L.A.B. 2017. Provincial Fitness Unit of Alberta. Title: SIT, HIT, FIT: the science behind interval training. MRU, Calgary, AB. (Sept. 16)
- S19. CSEP-CEP Professional Development Day- Winsport. Why exercise is medicine for the older adult: High five! Calgary, AB. (June 24)
- S20. **AFLCA Trainer Event. Title: SIT, HIT, FIT: the science behind interval training. Calgary, AB. (May 26)
- S21. Fit Rendezvous Conference. Titles: Helping older clients be young: the art and science of Gerokinesiology and Wile E Coyote: the living, breathing synonym for cortisol. Calgary, AB. [May 27]
- S22. **Bone and Joint Health Scientific Network (SCN) Core Committee Day. Title: Muscle fragility and strength importance in bone health. Calgary AB. (May 18)
- S23. **Creative Solutions Fund Raiser. Traumatic Brain Injury (TBI): Surprising affects not just sport. Calgary AB. (Mar. 2)

2016

- S24. Perspectives in Exercise Health and Fitness Conference. Titles: *Gerokinesiology-the Swiss Army Knife of Ageing* and *How Exercise Steals the Thunder of Stress.* Kananaskis, AB [Oct. 28-29]
- S25. **Convocation Address West Island College. Title: *Are you a lion or a zebra? Success by definition.* Calgary, AB. [June 7]
- S26. Okotoks 2016 Fitness & Wellness Symposium. Title: *Exercise Recommendations for Each Decade.* Okotoks, AB. (May 7)
- S27. Training L.A.B. 2016. Provincial Fitness Unit of Alberta Title: *How Exercise Steals the Thunder of Stress.* Calgary, AB. (March 13)
- S28. U of C Emeritus Professors seminar. Title: *How many steps could a senior stride if a senior could count steps? The healthy outcomes of walking.* Calgary, AB. (Jan.13

2015

- S29. **University 101- Haskayne School of Business. UCalgary. Title: *University Success Through the Lens of a Sport Scientist.* Calgary AB. (Nov. 28)
- S30. Undergraduate Student Awards West Island College. Title: What can you do in 10 seconds? Calgary, AB. (Sept.).
- S31. Supreme Court Bench Judges' Day. Title: How to make a healthier better Judge? Calgary, AB. [August 15]
- S32. Convocation Address West Island College. Title: Stories on Mentorship. Calgary, AB. [June 5]
- S33. **Safety Week -NAIT. Title: The #1 strategy for successful aging begins with a threesome...a wholesome approach to successful aging. Edmonton, AB. [May]
- S34. Canadian Obesity Network Calgary Chapter Professional Speaker Series 2015. Title: *The Nomadic Life of A Motorneuron, Not!* Calgary AB. (April 22)
- S35. **The Last Lecture. The Three C's In A Career And An Oreo Cookie. University of Calgary, AB. [March 26].
- S36. Fidelity Coach Education Presentation Alberta Alpine. Workshop Title: *The Success of Play in Sport and Specifically Alpine Youth Racing: Is It Still There?* Calgary, AB. (Jan.)

2014

- S37. **Student's Union Undergraduate Research Symposium Awards. Title: *Building an Authentic Research Experience: How Do They Do It.* Calgary AB. [Dec.]
- S38. Perspectives in Exercise Health and Fitness Conference. Titles: *Menopause: A Reminder to Take Care of Yourself* and *The Recommendations for Exercising and Exercise for Each Decade* Kananaskis, AB. (Nov.)
- S39. Western Canadian Place Fitness Centre. Title: A Life of Luxury: don't let your heart be your demise! Calgary AB. (Sept.)
- S40. CASCH Conference Banff Alberta. Session Faculty Mentor. Title: Finding the Sweet Spot in your Academic career.





(Sept.)

- S41. **Chronic Pain Symposium, UCalgary Medical Education. Keynote on the *Therapeutic Benefits of Exercise*. Title: *Rose Coloured Glasses, Pain, Pink Elephants, and Movement.* [May]
- S42. Conference on Postsecondary Learning and Teaching. The Taylor Institute for Teaching and Learning, UCalgary. We have a story to tell you: a strategy for empowering student health. Co-student presenters: Lisa Campkin and Lauren Voss. [May
- S43. West Island College Health Science Institute. Title: What causes health? WIC Calgary AB (Oct.).
- S44. West Island College Sportsmedicine Class-grade 10-12. Title: Sportsmedicine: Definition to Application. Calgary AB. (Feb.)
- S45. West Island College Health Science Institute. Title: Public Health and Kinesiology: the relationship between health and physical activity. WIC Calgary AB. [April]

2013

- S46. **KCool (Konnect, Create, Outdoor Opportunities For Living) project aka (Creating a Centre for Healthier Generations). Expansion project for Cardel Place -business vision (Calgary). (Oct.)
- S47. 2013 International Wellness Symposium (Lake Louise). *Social Observations of Urban Activity: Lessons from China on How to use Public Spaces.* (Oct.)
- S48. **Calgary Therapeutics Course, UCalgary Medical Education. Keynote Plenary Session Title: *Therapeutics of Exercise.* [April]
- S49. Lunch and Learn. Sponsored by Healthy UCalgary. Title. Will your heart go on and on? Hmmm. Calgary AB. [Feb. and April]
- S50. Penn West. Title: *Apoplexy, cerebral vascular event or a brain attack!* Calgary AB (Feb.)
- S51. West Island College University 101. Title: Nutrition and the Freshman 15. WIC Calgary AB. [May]
- S52. West Island College Sportsmedicine Class-grade 10-12. Title: Sportsmedicine: Definition to Application. Calgary AB. [May]

2012

- S53. Perspectives in Exercise Health and Fitness Conference, Kananaskis, AB. Titles: *iExercise: connecting obesity with inflammation and injury; What does literacy, exercise programs and education have to do with how great we are?* and **Forum: *The Role of the Exercise Professional in Public Health Symposium.* [Nov.].
- S54. Penn West, Calgary AB. Title: Heart Disease in Women: It has a different rhythm! (Oct.).
- S55. Fit Rendezvous Conference sponsored by the Provincial Fitness Unit, Edmonton AB. Titles: *iExercise: connecting obesity with inflammation and injury; What does literacy, exercise programs and education have to do with how great we are?* and The *'Fitness Whisper' will be the wise trainer that leads us into 21* century of exercise!* [May].
- S56. ARPA Conference and Energize Workshop. Jasper, AB. Title: *Exploring places and neighbourhoods with reference to health outcomes of populations*. [Oct.].
- \$57. **Physical Activity Forum 2010. Calgary AB -May 26"; Lethbridge June 1*; Edmonton June 4". *Title: Does the Built Environment Influence Health.*
- S58. Forest Lawn High School Sportsmedicine Class-grade 10-12. Title: Sportsmedicine: Definition to Application. WIC Calgary AB. (Sept.).

2011

- S59. Calgary Science School, grades 4-9. Title: The power of movement: Flying with Dance. (October.) Funded through the Faculty of Medicine, U of Calgary AB. https://forgingconnections.wordpress.com/lesson-plans/dance-module/
- S60. West Island College Sports medicine Class-grade 11-12. Title: Sports medicine: Definition to Application. WIC Calgary AB. (April).

2010

- S61. Calgary French and International School. Calgary AB. Everything about Health in a Day. (May).
- S62. Calgary French and International School Career Fair. Calgary AB. Title: What does a cat, a croc, and a chimp have to do with career success? [March]

2009

- S63. **YMCA Manger's Retreat-Facilitating. Banff Alberta. Title: An umbrella as a metaphor of life. (Feb)
- S64. Alberta CSEP Health and Fitness Program. CEP Upgrade Workshop- Edm. AB. Title: Aging and Metabolic Competency. [April]
- S65. Haskayne School of Business (Pason Oil and Gas Company retreat). Title: *Things You Can Do to Maintain Your Optimal Health* (Oct 20)

2008

S66. Lunch and Learn. Sponsored by Healthy U. of C. Calgary AB. Title. Apoplexy, cerebral vascular event or a brain attack! (June)





- S67. Alberta CSEP Health and Fitness Program. CEP Upgrade Workshop- Edm. AB. Title: Aging and Metabolic Competency. (June)
- S68. Fit Rendezvous Conference sponsored by the Provincial Fitness Unit, Edmonton AB. AB. Titles: Red Rover, Red Rover we call insulin over! and Aging and Suddenly Senior The Sigma Protocol! (June)
- S69. West Island College CALM Days. Calgary AB. Title: Why knowing what you might die from will help your quality of life! [Sept.]

- S70. Trainers Biennial Conference. Train the Trainer. Red Deer, AB. Title: Arthritis and Exercise. [Nov.].
- S71. Alberta CSEP Health and Fitness Program. CEP Upgrade Workshop- Edm. AB. *Title: Aging and Metabolic Competency.* (Oct.).
- \$72. **Recreational Connection Toolkit Workshop -Calgary Health Initiative Facilitating. *Calgary, AB.* Title: *Smarties, Big Gulps and Healthy Kids: orienting physical activity benefits.* [Oct.].
- S73. Women's Wellness Day- Alberta Children's Hospital, Calgary. AB. Title: Slugs, Sloths and Us! (June).
- S74. Alberta CSEP Health and Fitness Program. CEP Upgrade Workshop- Edm. AB. *Aging and Metabolic Competency.* [May].
- S75. **Oncology Nurses Day Calgary, AB. Title: Why does a Gluteus Maximus make you laugh? [April].
- S76. **Osteo Forum-U. of Calgary, AB. Title: Build it, Break it, and Store it. A closet look at Osteoporosis. [Jan.].
- S77. North Central Teachers' Convention Association. Edm., AB. Title: Why is there an obesity epidemic in humans versus sloths? [Feb.].
- S78. Central Alberta Teacher's Convention Association. Red Deer AB. Titles: Heart Disease in Women: It has a different rhythm and Why is there an obesity epidemic in humans versus sloths? (Feb.).

2006

- S79. **Motivational Speaker for the start of the Corporate Workplace Wellness and Physical Activity Pilot Project [Canada 100 project]. ENMAX. Title: *Walking 101...A little something to get you motivated.*
- S80. Finding Balance Women's Conference. Red Deer, AB. Title: *Heart Disease in Women: It has a different rhythm.* [May]
- S81. **MRC Faculty of Nursing- Professional Development Day, Calgary, AB. Title: *Who you gonna call? Yourself!* [Feb.].
- S82. AB Southeastern Alberta Teachers (SEACA) convention, Medicine Hat, AB. Title: Let's Get R.E.A.L. about Health (Feb.).
- S83. CSEP Perspectives in Exercise Health and Fitness Conference, Kananaskis, AB. Title: *A Neglected Outcome of Research: The Exercise Professional.* [Nov.]
- S84. H.P.E.C. Calgary. AB. Title: Empowering movement! Steppin' Up to Better Health.
- S85. Alberta Teacher's Convention Association, Calgary, and AB. Titles: Heart Disease in Women: It has a different rhythm; Why is there an obesity epidemic in humans versus sloths? (Feb.).

2005

- S86. AB South Eastern Alberta Teachers (SEACA) convention, Medicine Hat, AB. Title: *Health: It's as easy as ABC...D.* (Feb.).
- S87. **Northern Lights Coaching Symposium, Yellowknife, NWT. Titles: *The Circle of Performance: Women Athletes in the Making!* and *Spellbound by the aurora borealis. But can you hear it? [Feb.]*
- S88. CAAWS Point of VIEW Symposium Calgary, AB. Title: The Circle of Influence: A Star in the Making. [March].
- S89. Fit Rendezvous Conference **Women Wellness Series sponsored by Human Factors Calgary, AB. Title: Menopause-Life Long Changes. (June).
- S90. * * Taking Pounds off Sensibly (TOPS), Calgary Chapter. Calgary, AB. Title: Exercise and diet. (June).
- S91. U of C Professional Education Fitness, Calgary, AB Title: Menopause-Thermal Inversion. [Nov.].
- S92. Centre City Plan Ideas Fair. Calgary Alberta, *Title: Let's B.E.E.P.: Builders and barriers, Environment and exercise, Exercise and self-efficacy, People and policy.* (Nov.).

2004

- S93. Fit Rendezvous Conference sponsored by the Provincial Fitness Unit, Edmonton AB. Titles: *Why Don't Rats Wear Bikinis? Because...* and 2) *It's healthier and more economical to walk than fly!* (May).
- S94. * *Changes: Women's symposium on Menopause. Title: The Life long tune up! Menopause. Glenco -club. [May].
- S95. **Women Work Wonders Evening sponsored by Calgary Cross PC Association. Title: A Women's Heart: It's a Different Rhythm. [May]

2003

S96. **Taking Pounds off Sensibly (TOPs) Regional Calgary Chapter. *Ten questions and answers on E.X.E.R.C.I.S.E.* [Nov.]

2002

S97. Akvia Academy, Calgary AB. Title: FIT Breaks in the Classroom. (Aug.).





- S98. Professional Fitness Leader Certification Workshop (PFLC), Calgary AB.; Body Composition Analysis.
- S99. Trainer's Biannual Certification Conference (TBAC), Red Deer, AB., Shaman, Paradigm Shifter and Healthy Person.

2000

- S100. **University of Calgary Human Resources Group, AB. Topic: Workplace wellness. *Title.* What's between the lines: the shared vision! (June)
- S101. Health Physical Education Conference (H.P.E.C.) Calgary AB. *Title:* What determines blood lipid profiles in college population?
- S102. Professional Fitness Leader Certification Workshop (PFLC), Calgary AB. *Title:* The Other YK2 problem: Comorbidity. (April).

1999

- S103. **The Latin American Women's Assoc., Calgary AB. Title: Understanding Menopause. (Feb).
- S104. Fibromyalgia Retreat sponsored by Energy for Life, Nakoda Lodge, AB. Title: Wonders of the Fibromyalgia Lottery (Oct.).

1998

- S105. Shaping the Future Conference, Calgary, AB., Titles: Where's Waldo and Menopause: the life long tune up. [Nov.].
- S106. Glenco Fitness Club, Calgary AB., Title: Menopause: The Life Long Tune Up. (June).
- S107. Fit Rendezvous Conference, Edmonton, AB., *Titles*. The Tao of Fitness Leadership and Menopause, the lifelong tune up. [May].

1997

- S108. Professional Fitness Lifestyle Certification Workshop (PFLC), Kananaskis, AB., *Title:* The Tao of Fitness Leadership. (Oct).
- S109. Changing Gears Conference, Calgary, AB. Title. What do we champion next in women's health? [March].

1996

- S110. Trainer's Biannual Certification Conference (TBAC), Red Deer, AB., *Title*. Shaman, Paradigm Shifter and Healthy Person. (Oct.).
- S111. **YMCA Volunteer Instructor's Retreat, Camp Chief Hector, AB., *Title:* Shaman, Paradigm Shifter and Healthy Person. (Sept.).
- S112. Fit Rendezvous Conference, Edm., AB. Title: Fit for Delivery, (May).
- S113. Calgary Leisure Learning Services, Calgary, AB., Title: Shaman, Paradigm Shifter and Healthy Person. (Jan.).

1995

- S114. Changing Gears Conference, Calgary, AB. Title: Shaman, Paradigm Shifter and Healthy Person. (Oct.).
- S115. Certified Fitness Appraisal Workshop (CFA), Calgary AB. *Title:* Shaman, Paradigm Shifter, and Healthy person. Which one are you?" [April].
- S116. Edgemont Club, Calgary, AB. *Title:* Fit for Delivery and The Effects of Exercise on Fat Metabolism. (March and Nov.).

1994

- S117. **MFLDA, Brandon, Manitoba. " Title: Mona Lisa was a Fitness Instructor. A self Portrait.
- S118. and Title: Exercise Physiology: A Promiscuous Approach. (Oct.).
- S119. TBAC conference opening icebreaker, Red Deer AB. Title: Coming out in force. [Nov.].
- S120. Northern Telecom Circuits Div., Calgary, AB., Title: The Effects of Exercise on Osteoporosis. (Feb.)
- S121. MRC, Recreation and Fitness, Calgary, AB. *Title:* Fat Metabolism. (Jan.). Calgary Catholic Separate School Board. Calgary AB. Title: making the workplace more comfortable. (March).

1993

- S122. **Family Medicine, University of Calgary, AB. Title. The Secret of Exercise Prescription. [Dec.].
- S123. YMCA Rocky Mt. Volunteer's Instructor's retreat, Calgary AB., *Title*. Snap, Crackle, Pop: The Sweet Delusions of Fat Metabolism. (Sept.)
- S124. Mobil Oil, Calgary, AB. *Title:* The Advantages and Disadvantages of Diet and Strength Training in the Risks of Osteoporosis. [Oct.].
- S125. South Family YMCA, Calgary, AB. Title: Mona Lisa was a Fitness Instructor. A self Portrait. [Nov.]
- S126. Calgary Winter Club, Calgary, AB. Title: Contra-indicated Exercises. (Dec.)
- S127. Health and Physical Education Council (H.P.E.C.) Calgary; AB. Title: Weight Training For Junior and Senior High. (Oct.).

1992

- S128. **Club Direct, Toronto ON. Title: "Health Behaviour and the Fitness Industry: When will they marry." (July).
- S129. Fitness Rendezvous, Edmonton AB. *Titles:* "The Push to Improve the Clients Knowledge and The Contra Affair: Intensity for Duration!" (April).





- S130. Eau Claire YMCA, Calgary, AB. Title: Healthy P.L.A.Y.: Physiological Life, Acquiring it for our Youth. [November].
- S131. **Heaven's Fitness, Calgary, AB. Title: Understanding your client and the application of research, (Jan.)
- S132. **CareWest Auxiliary Hospital Staff Retreat, Calgary, AB; Title: F.I.T. for Fun, [May].

- S133. **Canadian Aerobics Instructor Network (C.A.I.N), Toronto ON. *Title:* "Research Frontiers: understanding the bench step studies", (Nov.).
- S134. Club Direct, Toronto ON. Title: "The Push to Improve the Client's Knowledge", (Oct.).
- S135. International Dance Exercise Association (I.D.E.A.), Nashville Tenn., U.S.A. *Titles*. "Research Update: on Aerobic Dance Studies". & "Physical Activity and Fat Metabolism", (May).
- S136. Certified Fitness Appraisal Workshop (CFA), Calgary AB. Title. "A day in the life of Aerobic Annie." [May].
- S137. Fitness Roundup, Banff AB. *Titles*: "Research Frontiers and the Language of Biomechanics!" and "Aerobic Annie's Fat Metabolism", [April].
- S138. Family Medicine, Foothills Hospital, Calgary, AB. Trym Gym, Obesity Program; Title: Fat Metabolism (Feb.).
- S139. North Family YMCA, Calgary AB. Title: Stretching workshop for aquatic staff. [December].
- S140. Health Physical Education Conference (H.P.E.C.), Red Deer, AB.; Titles: "Strength Training for Health" and "Cardiovascular Training for life" (May).
- S141. Prime Time Workshop for Retirement (3 workshops per year). Grant McEwan College, AB.; Fitness section.
- S142. Calgary Catholic Separate School Board. (3 workshops per year). Back Care Workshop for clerical and custodial staff.

1990

- S143. Be Fit for Life Conference, Calgary AB. *Titles:* Research Update; Aerobic Dance Injuries, and The application of the F.I.T.T. Principle", (Oct.).
- S144. Just for the Fit of It Conference, MRC, Calgary, AB.; *Titles*. Hot Hot Industry Topics and Heard it Through the GRAPVINE. (Oct.).
- S145. Shape Magazine's International Conference, LA. U.S.A. Title: Research Update: Aerobic Dance Trends, (Aug.).
- S146. Fitness Rendezvous, Edmonton AB. Title: "Research Update; Aerobic Dance Trends", [May].
- S147. YWCA Staff Retreat, Banff AB. Title: Contraindicated Exercises. (Oct.).
- S148. Calgary Catholic Separate School Board. (3 workshops per year). Back Care Workshop for clerical and custodial staff.

1989

- S149. **Fitness North Conference, Prince George B.C. *Titles:* "Physical Activity and Health", and F.I.T. Breaks: Take the Yawn out of sitting". [Oct.]
- S150. Fitness Roundup, Banff AB. Co-presenter: S. Murray, Title: 'Fitness for Pre-School Children", (April).
- S151. Health Physical Education Conference (H.P.E.C.). Calgary AB. Strength training (May).
- S152. Prime Time Workshop for Retirement (3 workshops per year). Grant McEwan College, AB.; Fitness section.

1988

- S153. Health Physical Education Drive in Workshop, [H.P.E.C.], Calgary AB; Fitness Principles in the School. [Nov.].
- S154. Vancouver Island Physiotherapy Association. B.C. 3-week Muscle Physiology Lecture Series. Coordinator: Ms. Leslie Gordon (March-June).
- S155. Advanced Instructor Fitness Training workshop, (CARTEL Physio Clinic). Victoria, B.C. 7-weeks. (Feb.-March).
- S156. Advanced Instructor Strength Training-7 lectures. CARTEL, Victoria BC. (Feb.).

1986

- S157. Fitness for the Future. Vancouver, BC. *Title*. Risk vs. Benefits of Hand Weights and Other Resistance Apparatus. **1985**
- S158. Fitness for the Future. Vancouver, BC. *Title*. Fitness Technician.
- S159. BC. Women's Fitness Instructor's Workshop, 8th Biannual, Victoria BC. Title: Analysis of Stretch and Strength (Jan.)

Health Education (HE)

Many articles were written for Continuing Education Credit (CSEP-CEP or AFLCA) or SSAA projects, or to be used in Teaching (11 were written with trainees)

- HE1. **Doyle-Baker PK**. (2019, Feb.). ROWER (Reducing Osteoporosis in Women that Exercise through Rowing) study. AFLCA Professional Development, Fitness Informer, pp. 1-3.
- HE2. **Doyle-Baker PK**. (2017, Sept.). SIT, HIT, FIT: The history of interval training. AFLCA Professional Development, Fitness Informer, pp. 1-6. (https://indd.adobe.com/view/c9c188fb-eeeb-44d3-8e3c-c773b17f3005)
- HE3. Cameron Zanne, & **Doyle-Baker Tish.** (2016, winter). The relationship between stress and exercise: the whole is more than the sum of its parts. Fitness Informer, pp. 12-13.





- HE4. Doyle-Baker Tish. (2015, Winter). Menopause: A Reminder to Take Care of Yourself. Fitness Informer, 22-25.
- HE5. <u>Campkin Lisa</u>, & **Doyle-Baker PK**. (2013, winter). Exercise Physiologists and Chronic Disease management in North American: a role of importance. Fitness Informer, 23.
- HE6. Doyle-Baker Tish. (2012, autumn). Expressing disease versus suppressing it? Fitness Informer, 22-23.
- HE7. Campkin Lisa, & Doyle-Baker Tish. (2012, summer). Five Tips for Knowledge Transfer. Fitness Informer, 20-23.
- HE8. **Doyle-Baker Tish.** (2011, autumn). Bring in the new with the old: Measuring LDL Cholesterol. Fitness Informer, 20-21.
- HE9. Doyle-Baker Tish. (2010, winter). Obesity and Inflammation: Creating the Perfect Storm. Fitness Informer, 18-19.
- HE10. Doyle-Baker Tish. (2008, autumn). Blood Glucose Levels and Diabetes: A Simple Review. Fitness Informer, 24-25.
- HE11. Karlos Angie & Doyle-Baker Tish. (2009, autumn). Where has all the Vitamin D Gone? Fitness Informer, 23-25.
- HE12. **Doyle-Baker PK.** (2017, Fall/Winter). High Intensity Interval training: A better way to exercise. Family Health. Pp. 6-7
- HE13. **Doyle-Baker PK.** (2015, July). Changing behaviour is as easy as standing up. Wellness Works. City of Calgary. Pp. 12-13.
- HE14. **Doyle-Baker PK.** (2015, July). Healthy behaviours and successful aging –an intentional approach. Wellness Works. City of Calgary. Pp. 4-5.
- HE15. **Doyle-Baker Tish.** (2014, winter). The 'nature' of play in an entry-level alpine youth ski program spells FUN! Fitness Informer, Pp. 12-14.
- HE16. **Doyle-Baker Tish.** (2013, fall). Outdoor Urban Activity: Lessons from China in using Public Space. Fitness Informer, Pp. 12-14.
- HE17. Doyle-Baker Tish. (2012, winter). Health Literacy is all about learning to read. Fitness Informer, Pp. 11-12.
- HE18. **Doyle-Baker PK**, Reinbold SR. (2012, Fall). A comparative investigation into the energy expenditure associated with different dance types in university populations. Pulse, 16-17
- HE19. Pfister Ken, Doyle-Baker Tish. (2011, winter). The osteoporotic fracture: is it a big deal? Fitness Informer, 20-21.
- HE20. **Doyle-Baker PK.** (2010, Sept-Oct.) Letter to the Editor: How do we determine maximum heart rate in the older athletes? Impact Magazine, Pp. 12.
- HE21. **Doyle-Baker PK**, Nolan M. (2010, fall). The validation of the Triaxial Accelerometer in a Smart Phone (Apple iPhone) as a Physical Activity Monitor in Young Adults aged 18-25. Pulse, 14-15.
- HE22. **Doyle-Baker Tish**. (2010, autumn). The Built Environment, Travel Behaviour and Physical Activity Inter-relationships. Fitness Informer, Pp. 18-19.
- HE23. **Doyle-Baker Tish.** (2009, spring). Effects of weight-bearing activities and calcium intake on bone development. Fitness Informer, Pp. 24-25.
- HE24. <u>Stewart Jane</u>, **Doyle-Baker Tish.** (2008, spring). Which Exercises Benefit Those With Osteoarthritis? Our Final Answer? Fitness Informer, Pp. 14-15.
- HE25. **Doyle-Baker PK**, Nolan M. (2008, winter). Neighbourhood Design: How Does It Affect Children's Physical Activity? Reprinted in the Runner. Vol. 43(2):13-14.
- HE26. Doyle-Baker PK. (2007, spring). Mall Walking: a New Strategy Physical Activity. Wellspring, 8(1) 2-3.
- HE27. <u>Stewart Jane</u>, **Doyle-Baker**, **Tish**. (2007 Fall). How Many Papers Could There Be On Osteoarthritis? 250 To 4! Fitness Informer, Pp. 12-13.
- HE28. **Doyle-Baker, PK.** (2007, winter). Neighbourhood Design: How Does It Affect Children's Physical Activity? Research Update. Vol. 14[4].
- HE29. <u>Stewart Jane</u>, **Doyle-Baker**, **Tish**. (2007, Spring/Summer). I don't believe you're right! Getting an answer from research. Fitness Informer, Pp. 16-17.
- HE30. Doyle-Baker PK. (2005, winter). Exercise: A Cure All For Preventing Chronic Disease? Dieticians of Canada.
- HE31. **Doyle-Baker PK**. (2005, winter). The **N.U.D.G.E**. Project (**N**eighbourhood **U**rban **D**esign to **G**ain **E**xercise). Research Update. Vol. 12(1).
- HE32. **Doyle-Baker PK.** (2005, Nov.). Key Cornerstones to the Achievement of Wellness. CAMera (Complementary & Alternative Medicine Education & Research Network of Alberta). Newsletter Issue, 18. Pp. 1-2.
- HE33. Doyle-Baker PK. (2004, spring). Pre-Exercise Health Screening in Women. Fitness Informer, Pp. 6-8.
- HE34. Doyle-Baker Tish. (2004, Winter). Surbanites Hop, Obesity Pops. Fitness Informer, Pp. 6-7.
- HE35. **Doyle-Baker Tish.** (2003, Summer). Stroke and Volume: Periodizing the Sistership's Dragon Boat Training program. Fitness Informer, Pp. 7-8.
- HE36. **Doyle-Baker PK.** (2003, spring). Supplement Use and Knowledge Among Calgary-based University Athletes. Pulse. Pp. 7-9.
- HE37. **Doyle-Baker PK.** (2002, summer). Profiling Injury Rates in Female Ice Hockey. Pulse, 3-4. And reprinted in Sport Medicine and Science Council of Saskatchewan Newsletter. (Fall/Winter 2002) pp. 20-21.
- HE38. Doyle-Baker PK. (2002, Autumn). Catching the Vibes of Stretching! Fitness Informer, Pp 10.





- HE39. **Doyle-Baker PK**. (2002, spring). The Determinants of Exercise in Chronic Disease Patients. Fitness Informer, Pp. 10-11.
- HE40. Doyle-Baker PK. (2002, winter). Aging the Healthy Way. Impact Magazine, 11(3).
- HE41. **Doyle-Baker PK.** (2001, winter). The Relationship of Health Determinants to Exercise Practitioners. WellSpring, 13[4].
- HE42. **Doyle-Baker PK.** (2000, Jan). An Inside Look At The Analysis of Female Ice Hockey Injuries. Journal of Hockey Conditioning and Player Development.
- HE43. Ross SE, Smith DJ, **Doyle-Baker PK.** (2000). Nutrient Intake and Activity Levels in Swimmers and Gymnasts. Pulse, pp. 13-14.
- HE44. **Doyle-Baker PK.** (1999, autumn). Setting the Standards for Women's Hockey: An Overview of Physiological Characteristics. Pulse.
- HE45. Doyle-Baker PK. (1998, autumn). The Tao of Fitness Leadership. Fitness Informer, Pp. 11-12.
- HE46. Doyle-Baker PK. [1996, Sept./Oct.]. You've got to move it, move it. Impact Magazine, Pp. 27.
- HE47. Doyle-Baker PK. [1993, Nov./Dec.]. Exercise prescription and Gender Differences. Impact Magazine, Pp. 18.
- HE48. **Doyle-Baker, PK**. [1992, Nov./Dec.]. Health Behaviour and the Fitness Industry: when will they ever marry? Impact Magazine, Pp. 18.
- HE49. Doyle PK. [1992, Jan/Feb.]. Abdominals Galore. C.A.I.N. Magazine, Pp. 6-9.
- HE50. Doyle PK. [1992, Jan/Feb.]. The Exercise Zealot. Impact Magazine, Pp. 14.
- HE51. Doyle PK. (1991). Stretching: A Forgotten Reflex. Fitness Informer, (7) 3:9.
- HE52. Doyle PK. (1990). The Joys of Walking. Alberta Alive Magazine, Pp. 4-6.

Manual Continuing Education Credit Articles (CSEP-CEP or AFLCA) or related to SSAA projects

- 1. Arthritis and Exercise Handbook for Fitness Instructors. (2010, revised 2rd Ed). Alberta Fitness Leadership Certification Association and The Arthritis Society. (1st Edition. 2008); pp.1-85.
- 2. F.I.T. BREAKS: Fun Innovative Time in the Classroom. Savvy Knowledge Systems Corp. Calgary Alberta. (2009). Pp.1-96. http://www.ucalgary.ca/strl/research/multimedia/fitbreaks
- 3. Stretching and Flexibility Manual. Savvy Knowledge Systems Corp. Calgary Alberta. [1999].
- 4. AFLCA Fitness Leader Theory Manual. Alberta Fitness Leadership Certification Association, Edmonton, AB. (1998). Pp. 1-156.
- 5. YWCA of / du Canada FLCP Strength Training Instructor's Manual, YWCA of Canada. Hamilton, Ontario, (1997). Pp. 1-200.
- 6. YMCA Leaders Manual for Aerobic Dance, YMCA Canada, Toronto, Ontario. [1995].
- 7. Canadian Guidelines for the Training and Recognition of Fitness Leaders manual: Strength Training Module. (1986).

Webs and Blogs

- 1. What attributes does a Medical Liaison Mission Staff need at the Canada Games? (August, 2022). https://www.linkedin.com/feed/update/urn:li:activity:6966495522916376576/
- 2. Three things about why I love about my job. (June 4, 2022). https://www.linkedin.com/feed/update/urn:li:activity:6939273390943846400/
- 3. The good news stories are always so much fun to comment on. (June 1st, 2022). https://www.linkedin.com/feed/update/urn:li:activity:6937487144894570497/
- 4. 7 nine-year old boys and me: A handful of 'coaching' fun. (Jan.28, 2022). https://www.linkedin.com/pulse/7-nine-year-olds-me-handful-coaching-fun-dr-patricia-doyle-baker/
- 5. Address to incoming graduate students. (September 2021). https://www.linkedin.com/posts/dr-patricia-doyle-baker-996520b_home-activity-6838938775020826624-cL84/
- 6. Coaching Female Athletes. (November 2021). (https://www.linkedin.com/posts/dr-patricia-doyle-baker-996520b_addressing-the-culture-of-acceptance-in-activity-6856979267243380736-JHsv/
- 7. Dear former student. (Jan. 2. 2021). https://www.linkedin.com/posts/dr-patricia-tish-doyle-baker-996520b gratefulforthereminder-newyear-goodtalk-activity-6749403141625794560-0iFb/
- 8. The strange story of the marathoner: midterm review. (Nov. 8, 2020). https://www.linkedin.com/posts/dr-patricia-tish-doyle-baker-996520b 1luckyrunner-activity-6730953660634943488-ZdU/
- 9. The value of a whiteboard when teaching October 2022]. https://www.linkedin.com/posts/dr-patricia-doyle-baker-996520b this-whiteboard-picture-doesnt-look-like-activity-6723633989065826304-LoVb/
- 10. Managing our heathy 'selves' is a leadership challenge. (Jan. 12. 2020). https://www.linkedin.com/pulse/managing-our-healthy-selves-leadership-challenge-doyle-baker/





- 11. Public Health Matters: Three decades later my career is still sweet. (August 21, 2019). https://www.linkedin.com/pulse/public-health-matters-dr-p-tish-k-doyle-baker/
- 12. Life is short: don't take your health for granted. (Jan. 24, 2019). https://www.linkedin.com/pulse/life-short-dont-take-your-health-granted-dr-p-tish-k-doyle-baker/
- 13. The wisdom of students: future health leaders. (2019, Jan. 8). https://www.linkedin.com/pulse/wisdom-students-future-health-leaders-dr-p-tish-k-doyle-baker/
- 14. Fisher M. (2017, spring/summer). Seven Healthy Habits Through the Ages. UCalgary Alumni magazine https://www.ucalgarymag.ca/issue/spring-summer-2017/article/mind-body?page=0%2C0

Short Columns and Letters

- Doyle-Baker PK. (2008, June). Frequently asked questions: On built environment and obesity Active Healthy Kids Canada. Posted General Mills website.
- 2. **Doyle-Baker PK.** (2007, Feb). Get your motor running! Pink Flamingo Challenge. Faculty of Kinesiology website.
- 3. Doyle, PK. (2005, Nov/Dec). Does Exercise Every Day Keep the Doctor Away. One on One Newsletter. Pp. 2.
- 4. Doyle, PK. [2005, Sept/Oct]. Pump up your Immune System. One on One Newsletter. Pp. 4.
- 5. **Doyle, PK.** (2003, May-June). Letter to the Editor: Exercise and Menstrual Cycle. *Impact Magazine*. Pp. 12.
- 6. **Doyle-Baker PK.** (2001, June 27th). Tip for Vitality. Learn the ABC's and D of Health Care. *Calgary Herald*, Vitality Section.
- 7. **Doyle PK.** [1991, March]. Take this Snow and Shove it! Oh no, no, no. *C.C.S.S.B. Wellness Letter*, 3.
- 8. **Doyle PK.** [1988, Feb.]. Fitness for Plus 50. *Prime Life* Magazine. 1[1]: 23.

Board of Director Reflections

- 1. **Doyle-Baker Tish.** (2015, June). You are the future and you can impact the future of others. West Island College High School Yearbook.
- 2. Doyle-Baker PK. (2015, June). Board of Directors address to the graduates. Au Courant, Pp. 52-53.
- 3. **Doyle-Baker PK.** (2015, May). The perspective of WIC's Board Chair: Eager and Anxious. *Au Courant*, Pp. 24-25.
- 4. **Doyle-Baker Tish**. (2014, Nov.) Have You Ever Thought About Using An Acronym But Struggled To Find The Right One? *Au Courant,* Pp. 2-3.

Interviews

TV and Radio

- 1. 770 Radio, CHQR, Ted Heley, The Drive. [2022, Sept 23, taped interview]. The effects of Walking.
- 2. SAIT Journalism, Kaur Simrandepp. (2020, Nov. 4th, taped interview). Student health during COVID19 event.
- 3. CBC Radio. Zabjek, Alex. (2020, April 8, taped interview). Running outside with COVID: is it safe?
- 4. 770 Radio CHQR, McFarland, Joel. (2020, Feb. 11th, recorded). Kids and Weight Training. Calgary AB.
- 5. 770 Radio CHQR, Gilles, Gord. (2019, May 28, live on-air phone). Regarding the City of Calgary Lime e-Bikes. Calgary AB.
- 6. CBC Radio, Derks, Doug. (2016, Oct. 4th, live on-air phone). The Homestretch Series: How exercise helps relieve stress.
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- 2. Sharing the sidewalk. (2020, April 9). The Current. Matt Galloway. <u>Download April 9, Part 2: Sharing the sidewalk;</u>
- 3. Keeping a grip on fitness. (2020, April 2). Wondering how to keep up with your fitness goals during #COVID19. UCalgary COVID-19 Community Support webinar series with the UC Chancellor Deb Yellin.
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Panel and Discussions

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- 2. Grad Success week, *Title:* Writing for and Speaking to Non-Academic Audiences. [May 6th, 2013]. UCalgary, Alberta.
- 3. Pan-Canadian Forum Canadian Child Care Association. (2010). Calgary, Alberta.
- 4. Science Café Forum. Sponsored by U. of C and TELUS Science Centre. (April 28th 2009). *Title:* Nature Deficit Disorder: Do Our Kids Need Nature? Brickyard, Calgary Alberta. http://eventful.com/calgary/events/science-cafe-nature-deficit-disorder-/E0-001-020927217-1
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Exercise Physiology Research Consultant

Coronary Risk Reduction Trial 1990-1991Family Medicine

Research Subject

- UCalgary; Project Title: "Comparative study of muscle fibre of the quadriceps from predicted EMG activity to muscle biopsies." (Cybex testing, EMG, muscle biopsies) [1991].
- UVIC Project Title: Seven-week training program, "One Legged Cycling changes in blood enzymes and muscle fibre type." (VO_{2max}, Muscle Biopsies, Cycling training). (1986).
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Educational Sessions attended.

- 2023 Navigating Partnered Research: Knowledge Mobilization Planning and Strategy. University of Calgary. (Aug.)
- 2023 Privacy and Security Online Training. Cumming School of Medicine.
- 2023 The ABCs of Health Misinformation With Matthew Johnson. CIHR-IRSC (Feb. 22)
- 2022-2023 UBC Hormonal Gaps (Fall 22 and Winter 23 semesters)







World Scientist and University Rankings 2023

University of Calgary

Patricia K Doyle Baker

In <u>University of</u> <u>Calgary</u> (1321)	In <u>Canada</u> (33463)	In North America (332847)	World (1340631)







				(332847)	
	Scores		Ran	ıkings	
Total H	26	#495	#10845	#93874	#253015
Last 6 year H	23	#337	#7370	#65011	#172039
Last 6 year H / total H	0.885				
Total i10	44	#490	#10660	#88372	#261832
Last 6 years i10	35	#415	#9007	#75093	#216803
Last 6 years i10 / Total i10	0.795				
Total Citation	2533	#581	#12649	#116251	#294913
Last 6 years Citation	1574	#452	#10070	#93914	#242205
Last 6 years Citation / Total Citation	0.621				
Medical and Health Sciences *		#109 (239) *	#1759 (4056) *	#12497 (32925) *	#33071 (109390) *
Sport Science *		#6 (11) *	#49 (99) *	#85 (239) *	#404 (1509) *

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