Dr. CAROL FLEGG

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# Education

**Ph.D. 2023**

Graduate, Nova Scotia Inter-University Doctoral Program

Research n Nursing Resilience

Committee: Dr. Ardra Cole(chair), Dr. Leona English, Dr. Laura-Lee Kearns

**M. Ad. Ed**

St. Francis Xavier University December 2017

Antigonish, Nova Scotia.

Research: Using Arts-Based Methods to Explore the Social

Determinants of Health: A Case Study of Reflective Practice

In Community Health Nurses.

Advisor: Dr. Nancy Peters, Dr. Leona English

**BN**  October 2008

University of Calgary, Calgary, Alberta.

Bachelor’s Degree in Nursing, Post-RN.

**Diploma in Textile Art and Design** June 2002

Capilano University

North Vancouver, BC.

**RN**  June 1985

Saskatchewan Institute of Applied Arts and Sciences

Saskatoon, Saskatchewan.

**BA** October 1984

University of Saskatchewan, Saskatoon, Saskatchewan

# Honors and Awards

**Textile Design Scholarship**

Capilano University, North Vancouver, BC 2001

**Doctoral Program Scholarship** 2019

Mount Saint Vincent University

# Research Experience

**Master’s Degree Research** St. Francis Xavier University 2017

Advisor: Dr. Nancy Peters and Dr. Leona English

* Arts-Based Research
* Knowledge Translation

**PhD Research: Nursing Resilience through Narrative Inquiry and Art: A Feminist Exploration. 2023**

# Teaching Experience

**Fine Arts Council Conference** 2015

Textile Design

**University of Calgary** 2015

Nursing 599 Nursing Practicum

**Athabasca University**  2016

Nursing 437 Nursing Practicum.

**Canadian Association for the Study of Adult Education** 2017

Conference Presentation

An Exploration of Critical Reflection and Arts-Based Methods in Community Health Nurses: A Review of the Literature

**National Nursing Wound, Ostomy and Continence Preceptor** 2019

**Canadian Association for the Study of Adult Education** 2020

Conference Presentation (accepted)

Arts-Based Learning and Critical Reflection: A Case-Study with Community Health Nurses.

**Dalhousie University**

**NURS4381** Public Health Nursing Theory- Online 2021F

**EDUC5513 Acadia University**

Guest Lecturer-Arts Based Research - Online 2021S and F

**University of Calgary**

Sessional Instructor NURS289 2022 W

**University of Calgary**

Sessional Instructor NURS 289 2023 W

**Brock University**

ADED2P21 Adult Education Spring 2023

**University of Calgary**

Sessional Instructor NURS 289 2023 F

**University of Calgary**

Sessional Instructor NURS 289 2024 W

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# Publications

## Conference Papers

Flegg, C., “**An Exploration of Critical Reflection and Arts-Based Methods in Community**

**Health Nurses: A Review of the Literature”.** Proceedings of Canadian Association for the Study of Adult Education, May 28- June 1, 2017, pp. 101-107.

Flegg, C., “**Arts-Based Learning and Critical Reflection: A Case Study with Community**

**Health Nurses,”** Proceedings of Canadian Association for the Study of Adult Education, June 2020, ISBN 978-0-920056-53-0. pp.205-212.

# Presentations and Invited Lectures

**Paper Presentation,** Flegg, C., “Understanding Nursing Resilience During the COVID-19 Pandemic Through Narrative Inquiry and Art. A Feminist Exploration in Educational Research “, St. Francis Xavier University Research Day. July, 2023.

**Paper Presentation**, “An Exploration of Critical Reflection and Arts-Based Methods in Community Health Nurses: A Review of the Literature.” Canadian Association for the Study of Adult Education, June 2017.

**Paper Presentation**, “Arts-Based Learning and Critical Reflection: A Case Study with Community Health Nurses,” Canadian Association for the Study of Adult Education, June 2020 published in Conference Proceedings, presented at CASAE in June 2021.

**Workshop**, “Nuno Felting, Textile Design Workshop for Teachers,” 2015.

# Professional Training

**Canadian Community Health Nurses Certification** (Community Health). 2013.

Description: specialization certification through the Canadian Nurses Association.

**Basic Cardiac Life Support**, 2020

# Professional Affiliations

**College and Association of Registered Nurses of Alberta**

**Nova Scotia College of Nursing**

# Professional Service

**Associate Editor**

* Art/Research International: A Transdisciplinary Journal.
* Copy Editor

# Work Experience

Sessional Instructor University of Brock ADED 2P21 Fostering Creating in Adult Education Spring 2023

Sessional Instructor University of Calgary Winter 2023

Sessional Instructor University of Calgary Winter 2022

Lecturer Dalhousie University School of Nursing Fall 2021

Community Health Nurse School Program, Alberta Health Services 2019-2021

Women’s Health Foothills Hospital, Alberta Health Services2018-2019

Community Health Nurse School Program, Alberta Health Services 2008-2018

Registered Nurse Women’s Health, Labour and Delivery Peter Lougheed 2004-08

Registered Nurse Women’s Health Labour and Delivery Postpartum Abbotsford 1990-2000

Registered Nurse Women’s Health Labour and Delivery, Post-Partum, Nursery 1985-1989.

# Other

Interests/Hobbies: Plein air Painting.

Fabric Arts (knitting and dyeing), gardening, landscaping.

Research Interests: arts-based methods of learning, nursing resilience, feminism.