

Information Letter to Potential Participants

RE: Research entitled "Factors Influencing the Use of Nonpharmacological Treatments for Community-Dwelling Seniors with Mild-to-Moderate Dementia"

This study has been approved by the University of Calgary Conjoint Health Research Ethics Board (REB23-0072).

Dear Prospective Participant,

My name is Jasmine Hwang. I am a doctoral student in nursing at the University of Calgary. With a team of researchers, I am conducting a research study on dementia care. I am looking for volunteers for interviews. I aim to understand how older adults make decisions and use non-drug treatments (supportive programs) for early or middle dementia. I am looking for diverse patient and family perspectives. It does not matter whether you have used the treatment programs or not.

You might be eligible if you are an:

- (1) Older adult (age 65 or older)
 - Who lives with early or middle dementia
 - Who lives in your own home (not in care homes)

Or

- (2) family or friend caregiver
 - Who is at least 18 years old
 - Who provides major care and assistance to the older adult

If you decide to take part, you will have **1 – 2 individual interviews** with me for about an hour, either at your home or the University of Calgary. The interview will be conversational. I will work around your schedule. **Participation is voluntary.** If you change your mind, you can withdraw from the study at any time without giving any reason. Your well-being and privacy are most important to me. Your personal information will be confidential. If you wish to receive more information, please contact me or visit the research website. Thank you for your interest in this study!

Sincerely,

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Research Website - https://dementiaadvocacy.ca

Ethics ID: REB23-0072

Study Title: Factors Influencing the Use of Nonpharmacological Treatments for Community-Dwelling

Seniors with Mild-to-Moderate Dementia

PI: Tam Truong Donnelly

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