

**Meghan H. McDonough, Ph.D.**  
**Curriculum Vitae**

**I. BIOGRAPHICAL DATA**

**Address:** KNB 250, 2500 University Dr. NW, Calgary, AB T2N 1N4  
**Telephone:** (403) 220-7211  
**Email:** meghan.mcdonough@ucalgary.ca

**Present Rank:** Professor  
**Faculty:** Faculty of Kinesiology  
**Institution:** University of Calgary

**II. ACADEMIC RECORD**

**Final Degree:** Doctor of Philosophy (Ph.D.), 2006, Specialization in Sport and Exercise Psychology, School of Human Kinetics, University of British Columbia, Vancouver, British Columbia, Canada

**1. Undergraduate**

- Bachelor of Science-Kinesiology (B.Sc. with Great Distinction), 2000, University of Saskatchewan

**2. Graduate**

- Master of Science (M.Sc.), 2002, Specialization in Sport and Exercise Psychology, School of Human Kinetics, University of British Columbia: “Understanding Sport Participation Motivation in Early Adolescent Females; The Role of Friendship and Physical Self-Perceptions”
- Doctor of Philosophy (Ph.D.), 2006, Specialization in Sport and Exercise Psychology, School of Human Kinetics, University of British Columbia; “The Role of Relatedness in Physical Activity Motivation, Behavior, and Affective Experiences: A Self Determination Theory Perspective”

**III. ACADEMIC AWARDS AND DISTINCTIONS**

2021 Lynn McIntyre Award for Service to the O’Brien Institute for Public Health  
2018 *International Journal of Health Promotion and Education* 2018 Pittu Laungani Best Paper Prize.  
2016 *Sport, Exercise, and Performance Psychology* (a journal of the American Psychological Association): Reviewer of the Year  
2015-2016 Mentor of the Year Award, Louis Stokes Alliance for Minority Participation, Undergraduate Research Mentoring Program, Purdue University  
2013 Presentation Citation Award, Society of Behavioral Medicine (Co-Author)  
2011-2012 Outstanding Graduate Teaching Award, Department of Health and Kinesiology, Purdue University  
2011-2012 Teaching for Tomorrow Fellowship, Purdue University

- 2006 Canadian Society for Psychomotor Learning and Sport Psychology, Franklin Henry Young Scientist Award
- 2006 North American Society for the Psychology of Sport and Physical Activity Student Paper Award
- 2004-2006 Michael Smith Foundation for Health Research Senior Graduate Fellowship
- 2003-2006 Social Sciences and Humanities Research Council of Canada Doctoral Fellowship
- 2001-2003 The University of British Columbia University Graduate Fellowship
- 2002 The University of British Columbia Simmons Foundation Doctoral Fellowship
- 2001 The University of British Columbia Dean of Education Scholarship
- 2000-2001 The University of British Columbia Theodore E. Arnold Fellowship
- 2000 Canadian Society for Exercise Physiology Award, College of Kinesiology, University of Saskatchewan
- 2000 Gordon Garvie Memorial Award, College of Kinesiology, University of Saskatchewan

#### **IV. ACADEMIC APPOINTMENTS**

##### **i. Current Academic Appointments**

- Professor, with tenure (2021-present), Faculty of Kinesiology, University of Calgary

##### **ii. Previous Academic Appointments**

- Associate Professor (2018-2021), Faculty of Kinesiology, University of Calgary
- Assistant Professor (2016-2018), Faculty of Kinesiology, University of Calgary
- Associate Professor, with tenure (2012-2016), Department of Health and Kinesiology, College of Health and Human Sciences, Purdue University
- Faculty Affiliate (2015-2016), Public Health Graduate Program, College of Health and Human Sciences, Purdue University
- Visiting Scholar (2013), Department of Psychology, Victoria University of Wellington, Wellington, New Zealand
- Assistant Professor (2006–2012), Department of Health and Kinesiology, Purdue University
- Sessional Instructor (2003-2005), School of Human Kinetics, The University of British Columbia
- Teaching Assistant (2001-2, 2004), School of Human Kinetics, The University of British Columbia
- Research Assistant (2000-2006), Faculty of Education, The University of British Columbia

#### **V. EDUCATIONAL ACTIVITIES**

##### **i. Undergraduate**

Instructor

University of Calgary

- Winter 2022 KNES 397 Health and Exercise Psychology
- Fall 2021 KNES 413 Motivation in Physical Activity, Exercise, and Sport

- Winter 2021 KNES 397 Health and Exercise Psychology
- Fall 2020 KNES 413 Motivation in Physical Activity, Exercise, and Sport
- Winter 2020 KNES 397 Health and Exercise Psychology
- Fall 2019 KNES 413 Motivation in Physical Activity, Exercise, and Sport
- Winter 2019 KNES 397 Health and Exercise Psychology
- Fall 2018 KNES 413 Motivation in Physical Activity, Exercise, and Sport
- Winter 2018 KNES 397 Health and Exercise Psychology
- Fall 2017 KNES 503 Motivation in Physical Activity
- Spring 2017 KNES 504 Special Topics in Kinesiology: Social Research in Physical Activity
- Winter 2017 KNES 397 Health and Exercise Psychology

Purdue University

- Winter 2016 HK 372 Sport and Exercise Psychology 1
- Fall 2015 HK 372 Sport and Exercise Psychology 1
- Winter 2015 HK 372 Sport and Exercise Psychology 1
- Fall 2014 HK 372 Sport and Exercise Psychology 1
- Winter 2014 HK 372 Sport and Exercise Psychology 1
- Winter 2014 HK 496 Independent Inquiry in Movement and Sport Sciences
- Winter 2013 HK 372 Sport and Exercise Psychology 1
- Fall 2012 HK 372 Sport and Exercise Psychology 1
- Winter 2012 HK 372 Sport and Exercise Psychology 1
- Fall 2011 HK 490 Sport and Exercise Psychology 1
- Winter 2011 HK 490 Sport and Exercise Psychology 1
- Fall 2010 HK 372 Sport and Exercise Psychology 1
- Winter 2010 HK 372 Sport and Exercise Psychology 1
- Fall 2009 HK 372 Sport and Exercise Psychology 1
- Fall 2008 HK 372 Sport and Exercise Psychology 1
- Spring 2008 HK 372 Sport and Exercise Psychology 1
- Winter 2008 HK 372 Sport and Exercise Psychology 1
- Fall 2007 HK 372 Sport and Exercise Psychology 1
- Spring 2007 HK 372 Sport and Exercise Psychology 1
- Winter 2007 HK 372 Sport and Exercise Psychology 1
- Fall 2006 HK 372 Sport and Exercise Psychology 1

University of British Columbia

- Fall 2005 HKIN 364 Human Behaviour in Sport and Physical Activity
- Fall 2004 HKIN 370 Introduction to Measurement in Sport and Physical Activity
- Summer 2003 HKIN 364 Human Behaviour in Sport and Physical Activity

**ii. Graduate**

Graduate Supervisor

PhD

University of Calgary

- 2022-present Bobbie-Ann Craig (Supervisor) Health, Exercise, and Sport

- 2020-present Psychology  
Andrea Downie (Co-Supervisor) Health, Exercise, and Sport Psychology

Purdue University

- 2009-2016 Stephanie Orstad (Co-Supervisor) Public Health
- 2011-2015 Lindley McDavid (Supervisor) Sport & Exercise Psychology
- 2009-2013 Travis Dorsch (Co-Supervisor) Sport & Exercise Psychology

Masters

University of Calgary

- 2021-present Niana Lavallée (Supervisor) Health, Exercise, and Sport Psychology
- 2020-2022 Bobbie-Ann Craig (Supervisor) Health, Exercise, and Sport Psychology
- 2020-2022 Lindsay Morrison (Supervisor) Health, Exercise, and Sport Psychology
- 2020-2022 Vanessa Paglione (Co-Supervisor) Health, Exercise, and Sport Psychology
- 2020-2021 Jessica Youngblood (Supervisor) Rehabilitation
- 2018-2020 Jayne Beselt (Supervisor) Health, Exercise, and Sport Psychology
- 2018-2019 Kimberley Befus (Co-Supervisor) Sport Injury Epidemiology
- 2018-2019 Elysa Sandron (Co-Supervisor) Sport Injury Epidemiology
- 2017-2019 Janet Wong (Supervisor) Health, Exercise, and Sport Psychology
- 2017-2019 Michelle Patterson (Supervisor) Health, Exercise, and Sport Psychology

Purdue University

- 2014-2016 Shaina Riciputi (Supervisor) Sport & Exercise Psychology
- 2012-2014 Tammy Sheehy (Supervisor) Sport & Exercise Psychology
- 2012-2014 Grace (Quattrocki) Allen (Co-Supervisor) Public Health
- 2010-2012 Beth (Byrer) Weisenbach (Supervisor) Sport & Exercise Psychology
- 2008-2010 Amanada (Kraemer) Reynolds (Supervisor) Sport & Exercise Psychology
- 2007-2009 Jaclyn Polieseo (Supervisor) Sport & Exercise Psychology

Supervisory Committee Member

University of Calgary

- 2022-present Morgan Rogers-PhD (Werthner) Health, Exercise, and Sport Psychology
- 2022-present Paula Suarez Moreno-MSc (Doyle-Baker) Exercise and Health Physiology
- 2020-present Julia Daun-PhD (Culos-Reed) Health, Exercise, and Sport Psychology
- 2020-present Ellis Johnson-MSc (Bridel) Socio-Cultural Aspects of Sport & Physical Activity
- 2020-present Chelsea Moran-PhD (Campbell) Clinical Psychology
- 2019-present Manuel Ester-PhD (Culos-Reed) Health, Exercise, and Sport Psychology
- 2019-present Xiao Zhang-PhD (Werthner) Health, Exercise, and Sport Psychology
- 2019-2023 Maria Araujo-MSc (Bridel) Socio-Cultural Aspects of Sport & Physical Activity
- 2020-2022 Catherine Tremblay-MSc (Emery) Sport Injury Epidemiology
- 2019-2021 Delaney Duchek-MSc (Culos-Reed) Health, Exercise, and Sport Psychology
- 2020-2021 Max Eisele-MSc (Culos-Reed) Health, Exercise, and Sport Psychology

- 2019-2021 Meredith Mackowicz-MSc (Huber) Speech, Language, and Hearing Sciences, Purdue University
- 2019-2020 Alanna Weisberg-MSc (Katz) Innovation in Pedagogy and Sport Performance
- 2017-2020 Danika Kelly-MSc (Bridel) Socio-Cultural Aspects of Sport & Physical Activity
- 2017-2019 Leanna Wyler-MSc (Poulin) Neuroscience
- 2017-2019 Yuto Yasuda-MSc (Paskevich) Health, Exercise, and Sport Psychology
- 2017-2019 Natalia Albinati-MSc (Culos-Reed) Health, Exercise, and Sport Psychology
- 2017-2018 Eshleen Grewal-MSc (Doyle-Baker) Exercise and Health Physiology
- 2016-2018 Liam Kronlund-MSc (Culos-Reed) Health, Exercise, and Sport Psychology

#### Purdue University

- 2015-2017 Zachary Elison-PhD Counseling Psychology
- 2016 Ola Abdelhadi-MPH Public Health
- 2014-2015 Kate (Hutchison) Mane-MSc Sport Pedagogy
- 2012-2014 Katherine Breedlove-PhD Athletic Training
- 2012-2013 Seth Hussey-MSc-Sport Pedagogy
- 2011-2013 Jennifer Bernat-PhD Communication
- 2007-2012 Jonathan DeFreese-PhD Sport and Exercise Psychology
- 2010-2012 Elizabeth Richards-PhD Public Health
- 2010-2012 Heather (Whitcomb) Starnes-PhD Public Health
- 2011-2012 Joseph Iuliano-MSc Sport Pedagogy
- 2006-2012 Stacey (Wisdom) Gaines-PhD Sport & Exercise Psychology
- 2009-2011 Caitlin Aldering-MSc Sport and Exercise Psychology
- 2008-2010 Margaret Sampson-MSc Sport and Exercise Psychology
- 2007-2009 Albert Bimper-MSc Sport and Exercise Psychology
- 2007-2008 Kevin Nesfield-MSc Sport Pedagogy
- 2006-2008 Allison Boester-MSc Sport and Exercise Psychology
- 2006-2007 Travis Dorsch-MSc Sport and Exercise Psychology
- 2006-2007 James Newman-MSc Sport and Exercise Psychology
- 2006-2007 Nicholas Lee -MSc Sport Pedagogy and Administration

#### Internal Examiner, Candidacy Examination

- 2021 Victoria Nieborowaski-PhD Werklund School of Education
- 2021 Leah Mercier-PhD Cumming School of Medicine
- 2020 Franzi Kintzel-PhD Werklund School of Education
- 2017 Simon Barrick-PhD Sport Sociology
- 2017 Lindsay Gorrell-PhD Biomechanics

#### Instructor

University of Calgary

- Winter 2022 KNES 610 Qualitative Research

- Winter 2021 KNES 610 Qualitative Research
- Winter 2020 KNES 610 Qualitative Research
- Fall 2018 KNES 603.39 Qualitative Research
- Winter 2017 KNES 603.36 Directed Study: Social Support in Physical Activity

Purdue University

- Winter 2016 HK 670 Advanced Topics in Kinesiology
- Fall 2015 HK 574 Advanced Sport and Exercise Psychology
- Winter 2015 HK 670 Advanced Topics in Kinesiology
- Fall 2014 HK 674 Psychology of Physical Activity in Special Populations
- Winter 2013 HK 678 Motivational Processes in Sport and Exercise
- Fall 2012 HK 670 Advanced Topics in Kinesiology
- Winter 2012 HK 672: Stress and Coping in Sport and Exercise
- Fall 2011 HK 574 Advanced Sport and Exercise Psychology
- Winter 2011 HK 678 Motivational Processes in Sport and Exercise
- Winter 2010 HK 670 Advanced Topics in Motor Control-Motor Behavior Seminar
- Fall 2009 HK 574 Advanced Sport and Exercise Psychology
- Winter 2009 HK 678 Motivational Processes in Sport and Exercise
- Fall 2008 HK 670 Advanced Topics in Motor Control-Motor Behavior Seminar
- Fall 2007 HK 674 Sport and Exercise Psychology in Special Populations
- Summer 2007 HK 590 Independent Study: Sport and Exercise Psychology
- Winter 2007 HK 678 Motivational Processes in Sport and Exercise

Co-Instructor

Purdue University

- Winter 2016 HK 590 Qualitative Methods in Behavioral Sciences

**iii. Postgraduate**

Postdoctoral Supervisor

- 2019-2020 Chantelle Zimmer, Faculty of Kinesiology, University of Calgary

**VI. ADMINISTRATIVE RESPONSIBILITIES**

Faculty

University of Calgary

- Faculty of Kinesiology Decanal Search Committee member (2021-2022)
- Faculty of Kinesiology National Survey of Student Engagement Working Group (2021-22)
- Faculty of Kinesiology Search Committee member-Socio-cultural studies of sport and physical activity (2021)
- Faculty of Kinesiology Equity, Diversity, and Inclusion Committee (2020-2022)
- General Faculty Council, Faculty of Kinesiology representative (2019-2022)

- Faculty of Kinesiology Strategic Research and Innovation Committee (2017-2019; 2021-2022)
- Faculty of Kinesiology Graduate Education Committee (2019-2021)
- Faculty of Kinesiology Faculty Tenure and Promotion Committee (2018-2020; 2021-2022)
- Faculty of Kinesiology Killam post-doctoral fellowship reviewer (2019)
- Faculty of Kinesiology Curriculum Review Committee (2018-2019)
- Faculty of Kinesiology Search Committee member-CRC CIHR position in concussion (2018-2019)
- Faculty of Kinesiology Curriculum Policy Committee (2016-2019)
- Faculty of Kinesiology Exercise Physiology Search Committee member (2017-2018)
- Kinesiology Student Society Faculty Liaison (2017-2018)

#### Purdue University

- Purdue Public Health Graduate Program Practicum Committee member (2016)
- Health and Kinesiology Graduate Committee member (2006-2016)
- Movement and Sport Science Committee member (2006-2016)
- College of Health and Human Sciences Council on Diversity member (2011-2015)
- College of Health and Human Sciences Purdue's For Me volunteer (2015)
- Exercise Psychology Search Committee Chair (2014-2015)
- Chair, Strategic Planning Task Force Chair (2014-2015)
- Health and Kinesiology Colloquium Series Chair (2014-2015)
- Undergraduate Kinesiology Curriculum Development Committee member (2014-2015)
- Health and Kinesiology Department Head Search Committee member (2011-2012)
- Purdue University New Faculty Orientation, Faculty Roundtable participant (2012)
- Health and Kinesiology planning committee member to host Committee on Institutional Cooperation-Kinesiology diversity summit (2010)
- Department of Human Development and Family Studies and Department of Statistics social science statistics and methodology search committee member (2009-2010)
- Health and Kinesiology doctoral qualifying examination review committee member (2009-2010)
- Health and Kinesiology Corrigan and Hanson graduate student grants reviewer (2008, 2010)
- College of Liberal Arts Purdue Research Foundation Grants Reviewer (2008, 2010)
- Department representative, "Third Biennial Committee on Institutional Cooperation-Kinesiology Diversity Summit: From graduate student to kinesiology professor." Chicago, IL (2008)
- Department representative, Purdue Multicultural Forum (2008)
- Health and Kinesiology Diversity Advisory Committee Chair (2007-2010)
- Health and Kinesiology Graduate research education subcommittee member (2007-2008)
- Health and Kinesiology Diversity Advisory Committee member (2007)
- Health and Kinesiology Graduate School Summer Research Grant Selection Committee member (2007)

## University

### University of Calgary

- Brenda Stafford Centre on Aging Academic Lead Search Committee member (2022)
- General Faculty Council Executive Committee (2020-2022)
- Early Faculty Council, O'Brien Institute of Public Health (2020-2022)
- Faculty champion, Knowledge Engagement Office, Research Services (2020-present)
- General Faculty Merit Committee (2019-2020)
- Faculty of Graduate Studies Scholarship Committee (2018-2019)
- makeCalgary Steering Committee (2018-present), Executive Leadership Team member (2020-present)
- Brenda Stafford Center on Aging Advisory Committee (2017-present)
- Brenda Stafford Center on Aging, *Resilience in Aging: Exploring People, Places, and Policies* event planning committee (2017)
- Cumming School of Medicine, Clinical and Translational Exercise Physiology Laboratory Advisory Committee (2017-2020)
- Graeme Bell Undergraduate Travel Award review committee (2017-2019)

### Purdue University

- Disability Resource Center Faculty Advisory Committee member (2014-2016)
- Purdue Research Foundation Grants Reviewer (2016)

## VII. PROFESSIONAL ACTIVITIES

### Current membership in professional societies

- 2019-present International Society of Qualitative Research in Sport and Exercise
- 2018-present Hotchkiss Brain Institute, University of Calgary
- 2018-present Mathison Centre for Mental Health Research & Education, University of Calgary
- 2017-present Arnie Charbonneau Cancer Institute, University of Calgary
- 2017-present Brenda Stafford Centre on Aging, University of Calgary
- 2017-present Canadian Association of Psychosocial Oncology
- 2016-present O'Brien Institute for Public Health, University of Calgary
- 2003-present North American Society for Psychology of Sport and Physical Activity
- 2002-present Canadian Society for Psychomotor Learning and Sport Psychology

### Professional Service

#### Grant Review

- Canada Research Chairs
- Social Sciences and Humanities Research Council of Canada
- Canadian Institutes of Health Research
- Swiss National Science Foundation
- Mitacs

- MSI Foundation
- France Canada Research Fund
- Joint Economic and Social Research Council, United Kingdom

#### Journal Reviews

- Adapted Physical Activity Quarterly
- Anxiety, Stress, & Coping
- Disability and Rehabilitation
- Health Promotion and Chronic Disease Prevention in Canada
- Health Promotion Practice
- Integrative Cancer Therapies
- International Journal of Behavioral Medicine
- International Journal of Sport Psychology
- International Review of Sport and Exercise Psychology
- Journal of Adolescence
- Journal of Applied Biobehavioral Research
- Journal of Applied Social Psychology
- Journal of Applied Sport Psychology
- Journal of Health Psychology
- Journal of Psychosomatic Research
- Journal of Sport & Exercise Psychology
- Journal of Sports Sciences
- Journal of Supportive Care in Cancer
- Journal of Undergraduate Research in Alberta
- Kinesiology Reviews
- Motivation and Emotion
- Psycho-Oncology
- Psychology of Sport and Exercise
- PLoS ONE
- Qualitative Health Research
- Qualitative Research in Sport, Exercise, and Health
- Research Quarterly for Exercise and Sport
- Self and Identity
- Sport Psychologist
- Sport, Exercise, and Performance Psychology
- Violence against Women
- Women's Sport and Physical Activity Journal

#### Editorships

- 2013-present Associate Editor, *Journal of Sport & Exercise Psychology*
- 2021-present Editorial board member, *International Review of Sport and Exercise Psychology*
- 2012-present Editorial board member, *Sport, Exercise, and Performance Psychology*
- 2012-present Editorial board member, *International Journal of Sport Psychology*

- 2012-2013 Editorial board member, *Journal of Sport & Exercise Psychology*
- 2011-2012 Editor for “The Digest” in the *Journal of Sport & Exercise Psychology*. This journal section includes short reviews of sport and exercise psychology articles published in other journals

#### National and International Committees

- 2022-2023 North American Society for the Psychology of Sport and Physical Activity Past-President and Conference Chair
- 2021-present Active Aging Canada Research Committee member
- 2021-2022 North American Society for the Psychology of Sport and Physical Activity President
- 2015-16, 2022 Canadian Society for Psychomotor Learning and Sport Psychology, Franklin Henry Young Scientist Award adjudication committee
- 2020-2021 North American Society for the Psychology of Sport and Physical Activity President Elect
- 2019-2021 Canadian Association of Psychosocial Oncology Board. Director representing Rehabilitation.
- 2019-2020 North American Society for the Psychology of Sport and Physical Activity Sport and Exercise Psychology Program Committee Chair
- 2019-present Founding member and Executive Board member, International Society of Qualitative Research in Sport and Exercise. Conference chair for the Qualitative Research in Sport and Exercise conference
- 2017-2021 Canadian Association for Psychosocial Oncology Research Committee (co-chair 2020-2021)
- 2017-2019 North American Society for the Psychology of Sport and Physical Activity-Sport and Exercise Psychology Program Committee
- 2014-2023 *Journal of Sport and Exercise Psychology* Excellence in Research Award, Chair of selection committee
- 2009-2016 International Breast Cancer and Nutrition Project Core Committee

#### Other Research Service

- 2022 Member of working group (representative from the North American Society for the Psychology of Sport and Physical Activity) who developed the resource “Academic journals: How to build capacity for equity, diversity, and inclusion”  
<https://sway.office.com/IAq795VB5KRqmUbi?ref=Link>
- 2021 Member of working group (representative from the North American Society for the Psychology of Sport and Physical Activity) who developed the resource “Academic conferences: How to build capacity for equity, diversity, and inclusion”  
<https://sway.office.com/JmJDUIEC4SDyL80y?ref=Link&loc=play>

#### Community Service

- 2022 *Physical activity for self-care*. Presentation to caregivers as part of the

- 2022 *Presentation by an Expert* series with the Alzheimer Society of Calgary. *Research with the City of Calgary on social support and social outcomes in older adult physical activity.* Presentation about our research to the City of Calgary Active Aging Action Team.
- 2022 *Social support and social outcomes in older adult physical activity.* Webinar and discussion session with Fitness Alberta.
- 2022 *Older adults' social and physical activity participation: Social supports and barriers for group physical activity.* Presentation on our research delivered by graduate student Lindsay Morrison to the Mount Royal University Community Nursing Placement class
- 2021 Changing Perceptions of Aging Meet-Up Group hosted by City of Calgary Age-Friendly Strategy: Panel on physical activity and older adults
- 2021 Consulted with the Kerby Centre on conceptualizing and measuring social outcomes in group physical activity programs for older adults for a review of their program evaluation practices.
- 2021 *Assessing social outcomes in group physical activity for older adults: Stakeholder report.* (March 15, 2021). Prepared for the City of Calgary.
- 2021 With graduate student Lindsay Morrison, presented findings from research on physical activity and social participation and recreation programming in COVID-19 to Calgary Recreation's Fitness Product Team at The City of Calgary.
- 2021 Graduate student, Janet Wong, presented findings from her thesis research on emotional safety in youth afterschool physical activity-based recreation programs to a Calgary Recreation employee team meeting at The City of Calgary.
- 2021 Consulted with the City of Calgary on conceptualizing and measuring social outcomes in group physical activity programs for older adults for a review of their program evaluation practices.
- 2020-present Advisor to the Sport Intelligence Team of UK Sport, advising on conduct, use, and translation of qualitative research
- 2019-2020 City of Calgary, Seniors Age Friendly Strategy Research Advisory Committee
- 2019-present City of Calgary Recreation, Active Aging Action Team member
- 2019 Faculty advisor and presenter at Physical Activity and Aging, a half-day public event hosted by the Aging PEEPS, a Graduate Student group focused on Interdisciplinary Research in Aging in Kinesiology
- 2017 *Social support for active living among older adults.* Invited talk for the #GetMovingYYC Think Tank 3.0, Calgary, AB.
- 2017 Wellness delivery for cancer survivors iKT Community partners meeting
- 2017 *The power of exercise: Fitness from the inside out* panel member, University of Calgary Alumni Weekend
- 2016- *Thrive Center* Advisory Board Member, Research representative.
- 2014-2016 Contributed to design and implementation of *4-H PALS*, a physical activity-based afterschool positive youth development program offered at an elementary and a middle school in Lafayette, IN.

- 2013-2016 Contributed to developing the *YWCA Cancer Wellness Program*, a physical activity program for cancer survivors at the Lafayette, IN YWCA and Purdue Ismail Center, and consulted with student intern instructors.
- 2008-16 Staff training workshops on enhancing peer relationships and social skills for a physical activity-based positive youth development program for youth from low income families.
- 2008-16 Technical workshops on dragon boating paddling and steering for the Indy SurviveOars, a breast cancer survivor dragon boating team in Indianapolis, IN.
- 2015 Snyder, F.J, **McDonough, M.H.**, Blankenship, B.T., Wynkoop, R., Nickell, J., Maxwell, K., Hawkins, B., Riciputi, S., McDavid, L., Clark, V.T., McKee, R.K. Development of an innovative physical activity-based positive youth development program for low-income youth. *Purdue P-12 Networking Summit*. Poster.
- 2014 *Physical activity and breast cancer*. Invited talk for Camp Bluebird, Adult Cancer Survivor Camp, St. Elizabeth Health Lafayette.
- 2013 Hodge, T.L., **McDonough, M.H.**, & Berryman, N. (2013, September). Fitness and psychosocial outcomes of an exercise program for cancer survivors. *Community Health Network Transforming Oncology Care through Nurse Navigation conference*, Indianapolis, IN. Poster.
- 2013 Contributed to the design of an after-school physical activity program for underserved youth in the Lafayette School Corporation, Lafayette, IN.
- 2012 Provided technical expertise supporting a dragon boating event, *Battle of the Paddles*, put on by the Indy SurviveOars, a breast cancer survivor dragon boating team in Indianapolis, IN.
- 2012 Booth on physical activity and cancer, *Look Good-Feel Good Community Health Fair, Cancer, Culture, & Community*, Purdue Oncological Sciences Center.
- 2012 *Physical activity and breast cancer*. Invited talk for the Breast Care at Indiana University Health North Wellness Series. Carmel, IN.
- 2011 *Social relationships and physical activity*. Invited talk for the Wesley Manor retirement community. Frankfort, IN.
- 2010 *Social relationships and physical activity*. Invited talk for the Wabash Area Lifetime Learning Association course on *Positive Attitudes and the Psychology of Happiness*. West Lafayette, IN.
- 2010 *Social relationships and physical activity*. Keynote speaker for the Indiana Area 5 Agency on Aging Senior Games. Logansport, IN.
- 2010 *Moving forward: Physical activity and breast cancer survivorship*. Invited talk for the Lafayette YWCA breast cancer support group. Lafayette, IN.
- 2009 *Moving forward: Physical activity and breast cancer survivorship*. Invited talk for the Lafayette Exchange Club. Lafayette, IN.
- 2008 *Exercise and depression*. Invited talk for the Tippecanoe Mental Health Association. Lafayette, IN.
- 2008 Contributed to writing two funded grants supporting the Purdue Athletes

- 2005 Life Success Program, a summer physical activity program for youth from low-income families: ALCOA (\$15,000), and Pacers foundation (\$5,000)  
Mental training and dryland fitness training workshops at *Energizing your effort: Fit to paddle* conference for breast cancer survivor dragon boat participants
- 2002-2005 Workshops on mental skills training and technique at *Paddle Sport Coaching Conference*, Vancouver, BC
- 2002-2005 False Creek Women's Dragon Boat Team coach, Vancouver, B
- 2001-2005 Psychological skills training workshops with 14 adult recreational dragon boat teams, Vancouver, BC
- 2004 University of British Columbia varsity athlete life skills workshop
- 2004 Statistical consultant to the Vancouver School Board's Vancouver District Student Council student issues survey.
- 2003-2004 Volunteer at an outreach program for marginalized youth in the Vancouver School Board's downtown eastside elementary schools.
- 2002-2004 Coach of an older adults' dragon boat team, Vancouver, BC
- 2003 Cooperative games consultant and instructor, The University of British Columbia Faculty of Education, Bowen Island Community School, and Vancouver School Board, Vancouver, BC
- 2001-2002 Outdoor activities instructor and counselor at Camp Us, a summer day-camp program for marginalized youth sponsored by the Center for Youth and Social Development in the Faculty of Education, The University of British Columbia
- 2002 Mental training consultant, Canadian Women's Dragon Boat Team, Vancouver, BC
- 2001 Mental training consultant, USA national women's breast cancer survivor dragon boat team
- 2000 Mental training workshop, The University of British Columbia Triathlon Club

#### Professional Development Education

- 2021 *Indigenous Relations Training Program*. University of Calgary. 4-day workshop.
- 2020 *Indigenous Canada*. One semester massive open online course from the University of Alberta
- 2018 Teaching Squares participant (teaching professional development exercise). Faculty of Kinesiology
- 2017 *Maximizing your leadership potential: Building capacity from the inside out*. Workshop series for faculty.
- 2016 PROPeL (research Program Planning Panel), O'Brien Institute for Public Health
- 2016 O'Brien Institute for Public Health faculty mentorship program mentee
- 2016 Graduate Supervision Workshop, University of Calgary
- 2016 Children, Youth, and Families at Risk professional development conference
- 2015 World Congress of Psycho-Oncology Psychosocial Academy Workshop:

*Psychosocial Intervention Research: Principles for Rigorous Design and Tips for Successful Conduct*

- 2013 *Structural Equation Modeling with AMOS: The Short Course*
- 2013 *Question, Persuade, Refer* suicide prevention training workshop
- 2012-2013 *Grant Writer's Workshop*, Purdue University
- 2011 Louis Stokes Alliance of Minority Participation *Mentoring and Diversity Workshop*
- 2007 *Media Training Workshop*, Purdue University News Service
- 2006-2007 Purdue Teaching Mentor Program Mentee
- 2004 *Minding the Moderator without Minding the Moderator* introduction to moderating focus groups
- 2002 The University of British Columbia, Center for Teaching and Academic Growth, Instructional Skills Workshop certificate

## **VIII. RESEARCH SUPPORT**

### **Grants Awarded**

- 2022-2024 Queering later life physical activity: Emotions, queer identity, and the psychological adaptation to age-related body changes  
*Social Sciences and Humanities Research Council of Canada Insight Development Grant*  
Co-Applicant (Principal Applicant: Erica Bennett)
- 2022-2025 Developing Evidence-Based Methods of Supporting Adults in Physical Activity Contexts  
*Social Sciences and Humanities Research Council of Canada Partnership Development Grant*  
Principal Applicant
- 2021-2024 Effects of recreation reopening on physical activity and social outcomes in older adults  
*Brawn Family Foundation*  
Principal Applicant
- 2020-2023 Understanding challenges to supporting older adults' participation in physical activities in the wake of COVID-19  
*Social Sciences and Humanities Research Council of Canada Partnership Engage Grant*  
Principal Applicant
- 2020-2025 Aging in the right place: Building capacity for promising practices that support older people experiencing homelessness in Montreal, Calgary, and Vancouver  
*Social Sciences and Humanities Research Council, Canadian Mortgage and Housing Commission, Partnership Grant*  
Collaborator (Principal Applicant: Sarah Canham)

- 2021-2024 Dancing with Parkinson's: Qualitative examination of tertiary prevention  
*MSI Foundation*  
Co-Investigator (Principal Investigator: Sarah Kenny)
- 2019-2022 Connecting breast cancer survivors for exercise: Extending the impact of ActiveMatch  
*Canadian Cancer Society Research Institute, Innovation to Impact Grant*  
Co-Applicant (Principal Applicant: Catherine Sabiston)
- 2019-2023 Community dance and contributions towards successful aging among older adults  
*Social Sciences and Humanities Research Council of Canada Insight Development Grant*  
Co-Applicant (Principal Applicant: Sarah Kenny)
- 2019-2023 Understanding what they want and what works: Social support and well-being among men managing cancer  
*Social Sciences and Humanities Research Council of Canada Insight Development Grant*  
Co-Applicant (Principal Applicant: Isabelle Doré)
- 2018-2023 Kinesiology Aging Research (Support for a graduate student group on interdisciplinary research on aging)  
*University of Calgary Brenda Stafford Centre on Aging*  
Principal Applicant
- 2019-2023 Moving together: Building an academic-municipal-community partnership to support physical activity and social inclusion among older adults  
*Canadian Institutes of Health Research, Planning and Dissemination Grants: Healthy Cities Research Initiative*  
Principal Applicant
- 2019-2022 Social factors and physical activity in older adults: Identifying predictors across vulnerable populations  
*Canadian Institutes of Health Research, Catalyst Grant: Analysis of Canadian Longitudinal Study on Aging Data*  
Principal Applicant
- 2019-2020 Social factors and physical activity in older adults: Identifying predictors across vulnerable populations  
*University of Calgary Brenda Stafford Centre on Aging Canadian Longitudinal Study on Aging Data Access Grant*  
Principal Applicant
- 2019-2022 Assessing social outcomes in group physical activity for older adults with and without vulnerabilities

*Social Sciences and Humanities Research Council of Canada Partnership Engage Grant*

Principal Applicant

- 2019-2020 Effects of aerobic exercise on cognition and brain health in older adults at increased risk of Alzheimer disease and dementia: Probing the biological mechanisms using translational physiology  
*Canadian Institutes of Health Research, Operating Grant*  
Co-Applicant (Principal Investigator: Marc Poulin)
- 2018-2026 Research centers for prevention of injury and protection of athlete health  
*International Olympic Committee*  
Participating Researcher (Principal Applicant/Director: Carolyn Emery)
- 2018-2026 SHRed injuries: Preventing injuries and their consequences in youth sport and recreation  
*Canadian Institute of Health Research, Foundation Grant*  
Program Expert (Principal Applicant: Carolyn Emery)
- 2018-2022 Social support for social participation and physical literacy for older adults.  
*Social Sciences and Humanities Research Council of Canada, Insight Grant*  
Principal Applicant
- 2018-2020 Social participation, physical activity, and resilience among older adults living alone  
*University of Calgary Brenda Strafford Centre on Aging Catalyst Grant*  
Principal Applicant
- 2018-2019 Exploring substance use and intentions among pre- and young adolescents from low-income families: Risk and protective factors  
*Clifford Kinley Trust*  
Co-Investigator
- 2017-2019 A systematic review of social support for participation in physical activity-based recreation programs for older adults  
*University of Calgary, University Research Grants Committee, Social Sciences and Humanities Seed Grant*  
Principal Applicant
- 2017-2019 Calgary children, physical activity, and the playground built environment  
*Flames Foundation*  
Co-Principal Investigator
- 2017-2019 Calgary children, physical activity, and the playground built environment  
*The makeCalgary Network Seed Grant*  
Co-Principal Investigator

- 2014-2019 4-H PALS Purdue University Sustainable Community Project  
*United States Department of Agriculture, National Institute of Food and Agriculture: Children, Youth, and Families at Risk Grants*  
Co-Principal Investigator (2014-2016), Co-Investigator (2016-2019)
- 2017-2018 Development of an iKT team for building a social ecological model for wellness delivery in cancer survivors  
*University of Calgary, University Research Grants Committee, Partnership Seed Grant*  
Co-Investigator (Principal Investigator: Nicole Culos-Reed)
- 2016-2018 A mixed methods approach to understanding the influence of social support on quality of life within physical activity interventions  
*University of Calgary Faculty of Kinesiology Seed Grant*  
Principal Applicant
- 2016-2018 Development of a Telehealth Platform for Treatment with the SpeechVive Device  
*National Institutes of Health, National Institute for Deafness and other Communication Disorders: Small Business Innovation Research grants*  
Co-Investigator (Principal Investigator: Jessica Huber)
- 2016-2017 Walking for our health: A test of a couple-focused approach to promote physical activity  
*Delta Omicron, Sigma Theta Tau International*  
Co-Principal Investigator (Principal Investigator: Libby Richards)
- 2016-2017 Walking for our health: A test of a couple-focused approach to promote physical activity  
*Clifford Kinley Trust*  
Co-Principal Investigator
- 2016-2017 Electronic cigarette use and intentions among pre- and young adolescents from low-income families  
*Clifford Kinley Trust*  
Co-Principal Investigator
- 2016-2017 Children's first exposure to alcohol use: Sipping in family and community contexts  
*Center for Families at Purdue University Kontos Faculty Fellowship*  
Co-Investigator (Principal Investigator: Frank Snyder)
- 2016 Center for Translational Research in Aging and Neurological Health  
*Purdue College of Health and Human Sciences Research Excellence Center Grant*  
Participating Faculty (Principal Investigator: Jessica Huber)

- 2015-2016 Social and environmental context influences on physical activity motivation  
*American Nurses' Foundation*  
Co-Investigator (Principal Investigator: Libby Richards)
- 2015-2016 Walking for our health: A test of a couple-focused approach to promote physical activity  
*Department of Human Development and Family Studies Pilot Grants*  
Co-Principal Investigator (Principal Investigator: Melissa Franks)
- 2015 Mplus  
*Purdue University Executive Vice President for Research and Partnerships Non-Laboratory Equipment Program*  
Principal Investigator
- 2014-2015 Toward the development of an integrated balance and cognitive training paradigm to improve quality of life and reduce falls in individuals with Parkinson's disease  
*Indiana Clinical and Translational Sciences Institute*  
Co-Investigator (Principal Investigator: Jeff Haddad and Jessica Huber)
- 2014-2015 A randomized controlled trial of the effect of a theory-based intervention on psychosocial outcomes for low income children in a physical activity-based youth development program  
*Purdue Research Foundation*  
Principal Investigator
- 2013-2014 The effect of a self-determination theory based intervention on leader behaviors, social relationships, and psychosocial outcomes in a physical activity based positive youth development program for low-income youth  
*Purdue Research Foundation*  
Principal Investigator
- 2011 Social support and physical activity as predictors of posttraumatic growth and quality of life among breast cancer survivors  
*Purdue Research Foundation Summer Faculty Grant Program*  
Principal Investigator
- 2008-2009 Social relationships in intervention outcomes  
*Clifford Kinley Trust*  
Co-Principal Investigator
- 2008-2009 Social support and quality of life among breast cancer survivors in a team sport program  
*Purdue College of Liberal Arts Research Incentive Grant*  
Principal Investigator

## IX. PUBLICATIONS/PRESENTATIONS

Note: Trainees underlined. Authors are listed in order by degree of contribution, except for publications with an asterisk (\*) indicating last author is senior author.

### 1. Peer reviewed manuscripts

1. \*Murray, R.M., Smith-Turchyn, J., Vani, M.F., McDonough, M.H., Fong, A.J., Santa Mina, D., Arbour-Nicitopoulos, K.P., Trinh, L., Jones, J.M., Bender, J.L., Culos-Reed, S.N., Tomasone, J.R., Sabiston, C.M. (in press). Matched and moving: Using ecological momentary assessment to explore daily social support and exercise among women diagnosed with breast cancer. *Supportive Care in Cancer*.
2. Morrison, L., **McDonough, M.H.**, Zimmer, C., Din, C., Hewson, J., Toohey, A., Crocker, P.R.E., & Bennett, E.V. (in press). Instructor social support in the group physical activity context: Older participants' perspectives. *Journal of Aging and Physical Activity*.
3. \*Paglione, V., Magrath, J., **McDonough, M.H.**, Din, C., Kenny, S.J. (in press). "Promoting wellness, having fun, and creating community": A dance instructor's pedagogical practices and perspectives on the influence of community dance classes for older adults. *Research in Dance Education*. <https://doi.org/10.1080/14647893.2022.2159359>
4. Magrath, J., Din, C., Paglione, V., Kenny, S.J., **McDonough, M.H.** (in press). Instructor strategies to support older adults' physical literacy in community dance classes. *Research in Dance Education*. <https://doi.org/10.1080/14647893.2022.2115994>
5. Wong, J.B., McCallum, K.S., Frelich, L., Bridel, W., **McDonough, M.H.**, McCormack, G.R., Fox, K., Brunton, L., Yardley, L., Emery, C.A., Hagel, B. (in press). The feasibility and impact of a painted designs intervention on school children's physical activity. *Leisure/Losir*. <https://doi.org/10.1080/14927713.2022.2085156>
6. Zimmer, C., **McDonough, M.H.**, Hewson, J., Toohey, A., Din, C., Crocker, P.R.E., & Bennett, E.V. (in press). Social support among older adults in group physical activity programs. *Journal of Applied Sport Psychology*. <https://doi.org/10.1080/10413200.2022.2055223>
7. Wong, J.B., **McDonough, M.H.**, Bridel, W., Culos-Reed, S.N. (2022). The role of peers and the recreational environment in adolescent emotional safety. *Qualitative Research in Sport, Exercise, and Health*, 14(6), 916-932. <http://dx.doi.org/10.1080/2159676X.2022.2048058>
8. Patterson, M., **McDonough, M.H.**, Hewson, J., Culos-Reed, S.N., & Bennet, E. (2022). Social support and body image in group exercise programs for women. *Journal of Sport & Exercise Psychology*, 44(5), 335-343. <https://doi.org/10.1123/jsep.2021-0237>
9. Morrison, L., **McDonough, M.H.**, Won, S., Matsune, A., Hewson, J. (2022). Older adults' physical and social activities during COVID-19. *Activities, Adaptation, and Aging*, 46(4), 320-342. <https://doi.org/10.1080/01924788.2022.2094658>
10. Brunet, J., Price, J., Wurz, A., **McDonough, M.H.**, Nantel, J. (2022). Boxing with Parkinson's disease: Findings from a qualitative study. *Disability and Rehabilitation*, 44(15), 3880-3889. <https://doi.org/10.1080/09638288.2021.1891465>
11. Majed, E., Ruiz, Y., Amireault, S., Reed, J.B., Syder, F.J., **McDonough, M.H.**, & Blankenship, B. (2022). Examining positive youth development interventions with a physical activity component to address bullying among pre- and early adolescents: A critical review

- of the literature. *Journal of Early Adolescence*, 42(3), 389-413.  
<https://doi.org/10.1177/027243162111036748>
12. **Zimmer, C., & McDonough, M.H.** (2022). Social support and physical activity in older adults: Identifying predictors using data from the Canadian Longitudinal Study on Aging. *Journal of Aging and Physical Activity*, 30(1), 136-147. <https://doi.org/10.1123/japa.2020-0393>
  13. \***Daun, J.T.**, Capozzi, L.C., Roldan-Urgoiti, G., **McDonough, M.H.**, Easaw, J., McNeely, M., Francis, G.J., Williamson, T., Danyluk, J., **McLaughlin, E.**, Ospina-Lopez, P., de Guzman Wilding, M., Radke, L., Driga, A., Lesiuk, C., Culos-Reed, S.N. (2022). ACE-Neuro: A tailored exercise oncology program for neuro-oncology patients-Study protocol. *Contemporary Clinical Trials Communications*, 28, 100925. <https://doi.org/10.1016/j.conctc.2022.100925>
  14. \***Befus, K., McDonough, M.H.**, Räsänen, A.M., Owoeye, O.B.A., Pasanen, K., Emery, C.A. (2022). Player adherence to SHRed Injuries Basketball neuromuscular training warm-up program: Can exercise fidelity be objectively measured? *Translational Sports Medicine*, 4(6), 817-825. <https://doi.org/10.1002/tsm2.285>
  15. \***Smith-Turchyn, J.**, McCowan, M.E., O'Loughlin, E., Fong, A.J., **McDonough, M.H.**, Santa Mina, D., Arbour, K., Trinh, L., Jones, J., Bender, J., Culos-Reed, N., Tomasone, J., **Vani, M.**, Sabiston, C.M. (2021). Connecting breast cancer survivors for exercise: Protocol for a two-arm randomized controlled trial. *BMC Sports Science, Medicine, & Rehabilitation*, 13(1), 128. <https://doi.org/10.1186/s13102-021-00341-w>
  16. **Zimmer, C., McDonough, M.H.**, Hewson, J., Toohey, A., Din, C., Crocker, P.R.E., & Bennett, E.V. (2021). Experiences with social participation in group physical activity programs for older adults. *Journal of Sport & Exercise Psychology*, 43(4), 335-344. <https://doi.org/10.1123/jsep.2020-0335>
  17. \***Ester, M.**, McNeely, M., **McDonough, M.H.**, & Culos-Reed, S.N. (2021). A survey of technology literacy and use in cancer survivors from the Alberta Cancer Exercise program. *Digital Health*, 7. <https://doi.org/10.1177/20552076211033426>
  18. \***Ester, M., Eisele, M., Wurz, A., McDonough, M.H.**, McNeely, M., & Culos-Reed, S.N. (2021). Current evidence and directions for future research in eHealth physical activity interventions for adults affected by cancer: A systematic review. *Journal of Medical Internet Research Cancer*, 7(4), e28852. <https://doi.org/10.2196/preprints.28852>
  19. **McDonough, M.H.**, Beselt, L.J., Kronlund, L.J., Albinati, N.K., **Daun, J.T.**, **Trudeau, M.S.**, **Wong, J.B.**, Culos-Reed, S.N., Bridel, W. (2021). Social support and physical activity for cancer survivors: A qualitative review and meta-study. *Journal of Cancer Survivorship*, 15(5), 713-728. <https://doi.org/10.1007/s11764-020-00963-y>
  20. Tamminen, K.A., Bundon, A., Smith, B., **McDonough, M.H.**, Poucher, Z., & Atkinson, M. (2021). Considerations for making informed choices about engaging in open qualitative research. *Qualitative Research in Sport, Exercise, and Health*, 13(5), 864-886. <https://doi.org/10.1080/2159676X.2021.1901138>
  21. \***Ester, M.**, McNeely, M., **McDonough, M.H.**, Dreger, J., & Culos-Reed, S.N. (2021). Protocol: A cluster randomized controlled trial of a mobile application to support physical activity maintenance after an exercise oncology program. *Contemporary Clinical Trials*, 107, 106474. <https://doi.org/10.1016/j.cct.2021.106474>
  22. \***Krüger, R.L.**, Clark, C.M., Dyck, A.M., Anderson, T.J., Clement, F., Hanly, P.J., Hanson, H.M., Hill, M.D., Hogan, D.B., Holroyd-Leduc, J., Longman, S., **McDonough, M.H.**, Pike,

- G.B., Rawling, J.M., Tolulope, S., Poulin, M.J. (2021). The Brain in Motion II study: Study protocol for a randomized controlled trial of an aerobic exercise intervention for older adults at increased risk of dementia. *Trials*, 22, 394. <https://doi.org/10.1186/s13063-021-05336-z>
23. \***Shepherd, H.A.**, Evans, T., Gupta, S., **McDonough, M.H.**, Doyle-Baker, P., Belton, K.L., Karmali, S., Pauer, S., Hadly, G., Pike, I., Adams, S.A., Babul, S., Emery, C.A., Yeates, K.O., Kopala Sibley, D.C., Schneider, K.J., Cowie, S., Fuselli, P., Black, A.M. (2021). The impact of COVID-19 on high school student-athlete experiences with physical activity, mental health, and social connection. *International Journal of Environmental Research and Public Health*, 18(7), 3515. <https://doi.org/10.3390/ijerph18073515>
  24. **Beselt, L.J.**, **Patterson, M.C.**, **McDonough, M.H.**, Hewson, J., **MacKay, S.** (2021). A meta-study of qualitative research on social support related to physical activity among older adults. *Kinesiology Review*, 10(1), 51-65. <https://doi.org/10.1123/kr.2020-0005>
  25. **McDavid, M.L.**, & **McDonough, M.H.** (2020). Observed staff engagement predicts positive relationships and well-being in a physical activity-based program for low-income youth. *Psychology of Sport and Exercise*, 49, 101705. <https://doi.org/10.1016/j.psychsport.2020.101705>
  26. \***Kokts-Porietis, R.**, Stone, C.R., Friedenreich, C.M., Froese, A., **McDonough, M.H.**, & McNeil, J. (2020). Reply to a letter to the editor referencing “Breast cancer survivors’ perspectives on a home-based physical activity intervention utilizing wearable technology.” *Journal of Supportive Care in Cancer*, 28, 1543. <https://doi.org/10.1007/s00520-019-05282-2>
  27. **Riciputi, S.**, **McDonough, M.H.**, Snyder, F., **McDavid, M.L.** (2020). Staff support predicts engagement in a physical activity-based positive youth development program for youth from low-income families. *Sport, Exercise, and Performance Psychology*, 9, 45-57. <https://doi.org/10.1037/spy0000169>
  28. **McDavid, M.L.**, **McDonough, M.H.**, **Wong, J.B.**, Harper, W.A., Snyder, F.J., Ruiz, Y., Blankenship, B.B. (2019). Associations between a summer physical activity-based positive youth development program and academic outcomes. *Journal of Adolescence*, 77, 147-151. <https://doi.org/10.1016/j.adolescence.2019.10.012>
  29. **McDonough, M.H.**, **Beselt, L.J.**, **Daun, J.T.**, **Shank, J.**, Culos-Reed, S.N., **Kronlund, L.J.**, Bridel., W. (2019). The role of social support in physical activity for cancer survivors: A systematic review. *Psycho-Oncology*, 28, 1945-1958. <https://doi.org/10.1002/pon.5171>
  30. **Lohmann, J.**, **McDonough, M.**, Breithecker, J., Rogler, C., Brandl-Bredenbeck, H.-P. & Gieß-Stüber, P. (2019). Associations among instructor behaviors, psychological need satisfaction, motivation, and participation in group exercise classes. *International Journal of Sport Psychology*, 50, 197-219. <https://doi.org/10.7352/IJSP.2019.50.197>
  31. \***Kokts-Porietis, R.**, Stone, C.R., Friedenreich, C.M., Froese, A., **McDonough, M.H.**, & McNeil, J. (2019). Breast cancer survivors’ perspectives on a home-based physical activity intervention utilizing wearable technology. *Journal of Supportive Care in Cancer*, 27, 2885-2892. <https://doi.org/10.1007/s00520-018-4581-7>
  32. **McDavid, M.L.**, & **McDonough, M.H.** (2019). Staff perspectives on building social relationships with participants in a physical activity-based youth development program. *Qualitative Research in Sport, Exercise and Health*. 11, 478-493. <https://doi.org/10.1080/2159676X.2018.1454977>
  33. **McDonough, M.H.**, **Patterson, M.C.**, Ullrich-French, S., Sabiston, C.M. (2019). The difference is more than floating: Factors affecting breast cancer survivors’ decisions to join

- and maintain participation in dragon boat teams and support groups. *Disability & Rehabilitation*, 41, 1788-1796. <https://doi.org/10.1080/09638288.2018.1449259>
34. Culos-Reed, S.N., Dew, M., Shank, J., Langelier, D., **McDonough, M.H.** (2019). Qualitative examination of a community-based physical activity and yoga program for men living with prostate cancer: Survivor perspectives. *Global Advances in Health and Medicine*, 8, 1-8. <https://doi.org/10.1177/2164956119837487>
  35. \***Starnes, H.A., McDonough M.H.**, Wilson, J.S., Mroczek, D.K., Laden, F., Troped, P.J. (2019). Factorial invariance of the abbreviated neighborhood environment walkability scale among senior women in the Nurses' Health Study cohort. *Measurement in Physical Education and Exercise Science*, 23, 135-147. <https://doi.org/10.1080/1091367X.2018.1554577>
  36. **Riciputi, S., Boyer, P., McDonough, M.H., & Snyder, F.** (2019). Formative evaluation of a pilot afterschool physical activity-based positive youth development program. *Health Promotion Practice*, 20, 269-281. <https://doi.org/10.1177/1524839918759956>
  37. Franks, M.M., Richards, E.A., **McDonough, M.H.**, Christ, S.L., & **Marshall, M.E.** (2018). Walking for our health: Couple-focused physical activity interventions to promote physical activity in older adults. *International Journal of Health Promotion and Education*, 56, 280-288. <https://doi.org/10.1080/14635240.2018.1522266>
  38. \***Orstad, S.L., McDonough, M.H.**, James, P., Klenosky, D.B., Laden, F., Mattson, M., & Troped, P.J. (2018). Neighborhood walkability and physical activity among older women: Tests of mediation by perceptions and moderation by depressive symptoms. *Preventive Medicine*, 116, 60-67. <https://doi.org/10.1016/j.ypmed.2018.08.008>
  39. **McDonough, M.H.**, Ullrich-French, S., & **McDavid, M.L.** (2018). Helping kids connect: Participant and staff perspectives on facilitating social relationships in physical activity-based positive youth development programs for youth from low-income families. *Sport, Exercise, and Performance Psychology*, 7, 13-29. <https://doi.org/10.1037/spy0000109>
  40. Richards, E.A., Franks, M.M., **McDonough, M.H.**, & **Porter, K.** (2018). "Let's move:" A systematic review of couple-focused interventions to promote physical activity. *International Journal of Health Promotion and Education*, 56, 51-67. <https://doi.org/10.1080/14635240.2017.1415160>
  41. \***Orstad, S.L., McDonough, M.H.**, Stapleton, S., Altincekic, C., Troped, P.J. (2017). A systematic review of agreement between perceived and objective neighborhood environment measures and associations with physical activity outcomes. *Environment and Behavior*, 49, 904-932. <https://doi.org/10.1177/0013916516670982>
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  43. Richards, E.A., **McDonough, M.H.**, **Fu, R.** (2017). Longitudinal examination of social and environmental influences on motivational processes in physical activity. *Applied Nursing Research*, 37, 36-43. <https://doi.org/10.1016/j.apnr.2017.07.007>
  44. **McDavid, M.L., McDonough, M.H.**, Blankenship, B.T., & LeBreton, J. M. (2017). A test of basic psychological needs theory in a physical activity-based program for underserved youth. *Journal of Sport & Exercise Psychology*, 39, 29-42. <https://doi.org/10.1123/jsep.2016-0038>
  45. **Sheehy, T. L., McDonough, M.H.**, & **Zauber, S.E.** (2017). Social comparisons, social support, and self-perceptions in a group exercise program for people with Parkinson's

- disease. *Journal of Applied Sport Psychology*, 29, 285-303.  
<https://doi.org/10.1080/10413200.2016.1266711>
46. \*Fong, A.J., Scarapicchia, T.M.F., McDonough, M.H., Wrosch, C., & Sabiston, C.M. (2017). Changes in social support predict emotional well-being in breast cancer survivors. *Psycho-Oncology*, 26, 664-671. <https://doi.org/10.1002/pon.4064>
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  48. Riciputi, S., McDonough, M.H., & Ullrich-French, S. (2016). Participant perceptions of character concepts in a physical activity-based positive youth development program. *Journal of Sport & Exercise Psychology*, 38(5), 481-492.  
<https://doi.org/http://dx.doi.org/10.1123/jsep.2016-0061>
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  51. \*Castonguay, A.L., Crocker, P.R.E., Hadd, V., McDonough, M.H., & Sabiston, C.M. (2015). Linking physical self-worth to posttraumatic growth in a sample of physically active breast cancer survivors. *Journal of Applied Biobehavioral Research*, 20, 53-70.  
<https://doi.org/10.1111/jabr.12042>
  52. Smith, A.L., Troped, P.J., McDonough, M.H., DeFreese, J.D. (2015). Youth perceptions of how neighborhood physical environment and peers affect physical activity: A focus group study. *International Journal of Behavioral Nutrition and Physical Activity*, 12:80.  
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  53. Reynolds, A.J., & McDonough, M.H. (2015). Moderated and mediated effects of coach autonomy support, coach involvement, and psychological need satisfaction on motivation in youth soccer. *Sport Psychologist*, 29, 51-61. <https://doi.org/10.1123/tsp.2014-0023>
  54. McDavid, M.L., McDonough, M.H., Smith, A.L. (2015). An empirical evaluation of two theoretically-based hypotheses on the directional association between self-worth and hope. *Journal of Adolescence*, 41, 25-30. <https://doi.org/10.1016/j.adolescence.2015.02.007>
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<https://doi.org/10.1037/spy0000021>
  56. Dorsch, T.E., Smith, A.L., Wilson, S.R., & McDonough, M.H. (2015). Parent goals and verbal sideline behavior in organized youth sport. *Sport, Exercise, and Performance Psychology*, 4, 19-35. <https://doi.org/10.1037/spy0000025>
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59. McDavid, M.L., Cox, A.E., & **McDonough, M.H.** (2014). Need fulfillment and motivation in physical education predict trajectories of change in leisure-time physical activity in early adolescence. *Psychology of Sport and Exercise*, *15*, 471-480. <https://doi.org/0.1016/j.psychsport.2014.04.00>
60. **McDonough, M.H.**, Sabiston, C.M., & Wrosch, C. (2014). Predicting changes in posttraumatic growth and subjective well-being among breast cancer survivors: The role of social support and stress. *Psycho-Oncology*, *23*, 114-120. <https://doi.org/10.1002/pon.3380>
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63. **McDonough, M.H.**, Ullrich-French, S., Anderson-Butcher, D., Amorose, A.J., & Riley, A. (2013). Social responsibility among low-income youth in physical activity-based positive youth development programs: Scale development and associations with social relationships. *Journal of Applied Sport Psychology*, *25*, 431-447. <https://doi.org/10.1080/10413200.2012.751563>
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## ii. Books

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## iii. Book chapters

1. Mack, D.E., Sabiston, C.M., **McDonough, M.H.**, Wilson, P.M., & Paskevich, D. (2021). Motivation and behavioural change. In P.R.E. Crocker, C.M. Sabiston, & **M.H. McDonough** (Eds.), *Sport and exercise psychology: A Canadian perspective, 4<sup>th</sup> Edition*. Toronto, ON: Pearson Education Canada.
2. **McDonough, M.H.**, & Culos-Reed, N. (2020). Physical activity and recovery from breast cancer. In Tenenbaum, G., & Eklund, R.C. (Eds.), *Handbook of Sport Psychology Volume 2, 4<sup>th</sup> ed.* (pp. 891-910). Hoboken, NJ: Wiley.
3. Mack, D.E., Sabiston, C.M., **McDonough, M.H.**, Wilson, P.M., & Paskevich, D. (2016). Motivation and behavioural change. In P.R.E. Crocker (Ed.), *Sport and exercise psychology: A Canadian perspective, 3<sup>rd</sup> Edition* (pp. 52-82). Toronto, ON: Pearson Education Canada.
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6. Paskevich, D.M., Dorsch, K.D., **McDonough, M.H.**, & Crocker, P.R.E. (2007). Motivation in sport. In P.R.E. Crocker (Ed.), *Introduction to sport psychology: A Canadian perspective* (pp. 72-101). Toronto, ON: Pearson Education Canada.
7. Crocker, P.R.E., Hoar, S.D., **McDonough, M.H.**, Kowalski, K.C., & Niefer, C.B. (2004). Emotional experience in youth sport. In M.R. Weiss (Ed.), *Developmental sport and exercise psychology: A lifespan perspective* (pp. 197-221). Morgantown, WV: Fitness Information Technology.
8. Crocker, P.R.E., Kowalski, K.C., Hoar, S.D. & **McDonough, M.H.** (2004). Emotion in sport across adulthood. In M.R. Weiss (Ed.), *Developmental sport and exercise psychology: A lifespan perspective* (pp. 333-355). Morgantown, WV: Fitness Information Technology.

## iv. Abstracts

1. Paglione, V., Morrison, L., & **McDonough, M.H.**, Downie, A., & Kenny, S.J. (2022, October). *Stakeholders' perspectives on community dance participation of older adults*. International Association for Dance Medicine and Science. Limerick, Ireland. Oral presentation.
2. **McDonough, M.H.**, Morrison, L., Zimmer, C., Hewson, J., Franco Baquero, M., Din, C., Bennett, E.V., Toohy, A., Crocker, P.R.E., & Kenny, S.J. (2022, October). *Developing a model of social support for group physical activity programs for older adults*. Canadian

- Society for Psychomotor Learning and Sport Psychology Conference, Montreal, QC. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 53(1)]
3. **McDonough, M.H.**, Patterson, M., Hewson, J., Won, S., & Matusne, A. (2022, October). *Understanding the challenges of COVID-19 on older adults' participation in social and physical activities*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Montreal, QC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 53(1)]
  4. Lavallée, N., **McDonough, M.H.**, Hewson, J., Kenny, S., & Zimmer, C. (2022, October). *Social experiences predicting physical activity behaviours and psychological wellbeing in older adults*. Canadian Society for Psychomotor Learning and Sport Psychology. Montreal, QC. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 53(1)]
  5. Craig, B.-A., **McDonough, M.H.**, Culos-Reed, S.N., Bridel, W. (2022, October). *Examining training fitness professionals receive for providing and facilitating social support in online exercise classes for adults living with cancer*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Montreal, QC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 53(1)]
  6. Craig, B.-A., **McDonough, M.H.**, Culos-Reed, S.N., Bridel, W. (2022, September). *Fitness professionals' experiences of providing and facilitating social support behaviours in online exercise classes for people living with cancer*. Canadian Association of Psychosocial Oncology/International Psycho-Oncology Society. Toronto, ON. Oral. [abstract in *Journal of Psychosocial Oncology Research and Practice*, 4(S1), 73]
  7. Bedrossian, N., Montiel, C., Piché, A., **McDonough, M.H.**, Gauvin, L., Petrella, A., Sabiston, C., Doré, I. (2022, September). *Men's experience with cancer supportive care: Barriers and facilitators to service use*. Canadian Association of Psychosocial Oncology/International Psycho-Oncology Society. Toronto, ON. Oral. [abstract in *Journal of Psychosocial Oncology Research and Practice*, 4(S1), 55]
  8. Montiel, C., Bedrossian, N., Piché, A., Petrella, A., Sabiston, C., **McDonough, M.H.**, Gauvin, L., Doré, I. (2022, September). *Interconnectedness of supportive care domains in men's experiences of cancer: The importance of the social domain*. Canadian Association of Psychosocial Oncology/International Psycho-Oncology Society. Toronto, ON. Oral. [abstract in *Journal of Psychosocial Oncology Research and Practice*, 4(S1), 58.
  9. Ester, M., **McDonough, M.H.**, McNeely, M.L., Dreger, J., Culos-Reed, S.N. (2022, September). *Using a digital journaling application to enhance physical activity maintenance after an exercise oncology program: A pilot randomized controlled trial*. Canadian Association of Psychosocial Oncology/International Psycho-Oncology Society. Toronto, ON. Oral. [abstract in *Journal of Psychosocial Oncology Research and Practice*, 4(S1), 74]
  10. Daun, J.T., Capozzi, L.C., **McDonough, M.H.**, Roldan Urgoti, G., Easaw, J.C., McNeely, M.L., Francis, G.J., Williamson, T., Danyluk, J., McLaughlin, E., Ospina, P.A., Eisele, M., Gobeil, E., Sellar, C., Lesiuk, C., Culos-Reed, S.N. (2022, September). *Capturing the neuro-oncology patient experience in exercise programming*. Canadian Association of Psychosocial Oncology/International Psycho-Oncology Society. Toronto, ON. [abstract in *Journal of Psychosocial Oncology Research and Practice*, 4(S1), 75]
  11. **McDonough, M.H.**, Patterson, M., Hewson, J., Toohey, A., Won, S., Jones, S., McDonough, R., Agha, A., Zimmer, C., Bridel, W., Kenny, S., & Din, C. (2022, May). *Moving together: Municipal, community, and academic partner perspectives on physical*

- activity and social inclusion among older adults.* North American Society for the Psychology of Sport and Physical Activity. Waikoloa, HI. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 44, S96].
12. **Craig, B.-A., McDonough, M.H.,** Culos-Reed, S.N., Bridel, W. (2022, May). *Social support behaviours and barriers experienced in online exercise classes for people living with cancer.* North American Society for the Psychology of Sport and Physical Activity. Waikoloa, HI. Oral. [abstract in *Journal of Sport and Exercise Psychology*, 44, S72].
  13. **Morrison, L., Franco Baquero, M., McDonough, M.H.,** Hewson, J., Toohey, A., Din, C., & Crocker, P.R.E. (2022, May). *Stakeholders' experiences supporting physical activity for older adults.* North American Society for the Psychology of Sport and Physical Activity. Waikoloa, HI. Oral. [abstract in *Journal of Sport and Exercise Psychology*, 44, S98].
  14. **Lavallée, N., McDonough, M.H.,** Hewson, J., Kenny, S., & Zimmer, C. (2022, May). *Examining social support functions predicting moderate to vigorous physical activity in adults aged 55 and older.* North American Society for the Psychology of Sport and Physical Activity. Waikoloa, HI. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 44, S92].
  15. Brunet, J., **McDonough, M.H.,** & Nantel, J. (2022, May). *A self-led Nordic walking program for adults with Parkinson's disease: An exploratory qualitative study of participants' experiences.* North American Society for the Psychology of Sport and Physical Activity. Waikoloa, HI. Poster [abstract in *Journal of Sport and Exercise Psychology*, 44, S69].
  16. **Magrath, J., Paglione, V.,** Din, C., Kenny, S.J., **McDonough, M.H.** (2021, October). *Supporting older adults' physical literacy through virtual community dance classes.* International Association for Dance Medicine and Science. Denver, CO. Online.
  17. \***Paglione, V., Magrath, J.,** Din, C., **McDonough, M.H.,** Kenny, S.J. (2021, October). *Dance to support physical literacy and embodiment for older adults: A case study from the instructor's perspectives.* Healthy Dancer Canada. Online. Oral.
  18. **Youngblood, J., McDonough, M.H.,** Condliffe, E.G., Legg, D., Emery, C.A. (2021, November). *Family experiences related to participation in adapted physical activity camps for children and adolescents living with a disability.* VISTA Conference. Online.
  19. **McDonough, M.H.,** Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2021, October). *Social support and emotions in group physical activity programs for older adults.* Canadian Society for Psychomotor Learning and Sport Psychology. Online conference. Oral presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 52(1)].
  20. **Craig, B.-A., McDonough, M.H.,** Culos-Reed., S.N., & Bridel, W. (2021, October). *Practices that facilitate social support in online exercise classes for people living with cancer: Observations of interpersonal interactions.* Canadian Society for Psychomotor Learning and Sport Psychology. Online. Oral presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 52(1)].
  21. **Paglione, V.,** Kenny, S.J., **McDonough, M.H.,** Din, C. & White, K. (2021, October). *Older adults' perceptions of participating in community dance and the ways in which it supports physical literacy and embodiment: A case study.* Canadian Society for Psychomotor Learning and Sport Psychology. Online. Oral presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 52(1)].

22. Youngblood, J., **McDonough, M.H.**, Condliffe, E.G., Legg, D., Emery, C.A. (2021, October). *"We're a lot closer, we talk more": Family experiences and relationships following children's participation in an adapted physical activity camp*. Canadian Society for Psychomotor Learning and Sport Psychology. Online. Oral presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 52(1)].
23. Morrison, L., **McDonough, M. H.**, Hewson, J., Toohey, A., Din, C., Crocker, P. (2021, October). *Social supports and barriers for older adults not currently participating in group physical activity*. Canadian Society for Psychomotor Learning and Sport Psychology. Online. Oral presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 52(1)].
24. Pilipovic, M., Murray, R., Smith-Turchyn, J., Fong, A.J., **McDonough, M.H.**, Santa Mina, D., Arbour-Nicitopoulos, K.P., Trinh, L., Jones, J.M., Bender, J.L., Culos-Reed., S.N., Tomasone, J.R., Vani, M.F., & Sabiston, C.M. (2021, October). *Matched and moving: Exploring daily social support and exercise among women diagnosed with breast cancer*. Canadian Society for Psychomotor Learning and Sport Psychology. Online. [abstract in *Journal of Exercise, Movement, and Sport*, 52(1)].
25. Craig, B.-A., **McDonough, M.H.**, Culos-Reed., S.N., & Bridel, W. (2021, October). *Interpersonal behaviours that facilitate or inhibit social support in online exercise classes for people living with cancer*. Alberta Cancer Research Conference. Online. Poster.
26. Daun, J.T., Capozzi, L.C., Roldan Urgoiti, G., **McDonough, M.H.**, Easaw, J., McNeely, M., Francis, G.J., Williamson, T., Danyluk, J., McLaughlin, E., Ospina-Lopez, P., de Guzman Wilding, M., Smith, T., Lesiuk, C., Culos-Reed, S.N. (2021, October). *Implementing a neuro-oncology exercise program across Alberta*. Alberta Cancer Research Conference. Online. Poster.
27. Eisele, M., Twomey, R., Pohl, A.J., **McDonough, M.H.**, McNeely, M.L., Ester, M., Daun, J.T., & Culos-Reed., S.N. (2021, October). *The feasibility of online synchronously delivered group-based exercise oncology classes supported with health coaching*. Alberta Cancer Research Conference. Online. Poster.
28. Capozzi, L.C., Daun, J.T., Francis, G.J., de Guzman Wilding, M., Smith, T., Lesiuk, C., Roldan Urgoti, G., **McDonough, M.H.**, Culos-Reed, S.N. (2021, September). *Neuro-oncology rehabilitation triage clinic: Developing a rehabilitation decision-making framework within the cancer care system*. American Congress of Rehabilitation Medicine. Online.
29. **McDonough, M.H.**, Patterson, M., Zimmer, C., Hewson, J., Jones, S., Won, S., McDonough, R., Agha, A., & Matsune, A. (2021, June). *Social outcomes of physical activity among older adults in group physical activity programs: Stakeholder perspectives*. North American Society for the Psychology of Sport and Physical Activity. Online conference. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 43, S77].
30. Zimmer, C., & **McDonough, M.H.** (2021, June). *Moderator effects of socio-demographics on social support and physical activity in older adults*. North American Society for the Psychology of Sport and Physical Activity. Online conference. Verbal. [abstract in *Journal of Sport and Exercise Psychology*, 43, S98].
31. Zimmer, C., **McDonough, M.H.**, Hewson, J., Toohey, A., Din, C., & Crocker, P. (2021, June). *Social support amongst older adults in group physical activity programs*. North American Society for the Psychology of Sport and Physical Activity. Online conference. Verbal. [abstract in *Journal of Sport and Exercise Psychology*, 43, S98].

32. Youngblood, J.L., **McDonough, M.H.**, Emery, C.A., Condliffe, E.G., & Legg, D. (2021, June). *"We're stronger as a family": Family experiences and relationships in an adapted physical activity camp*. North American Society for the Psychology of Sport and Physical Activity. Online Conference. Verbal presentation. [abstract in *Journal of Sport and Exercise Psychology*, 43, S97].
33. Morrison, L., **McDonough, M. H.**, Won, S., Matsune, A.J., Hewson, J. (2021, June). *Changes in social and physical activity participation in older adults prior to and after the onset of COVID-19*. North American Society for the Psychology of Sport and Physical Activity. Online Conference. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 43, S79].
34. Brunet, J., Price, J., Wurz, A., **McDonough, M.H.**, Nantel, J. (2021, June). *Boxing4Health with Parkinson's disease: A qualitative study to understand adults' experiences*. North American Society for the Psychology of Sport and Physical Activity. Online conference. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 43, S57].
35. Craig, B., **McDonough, M.H.**, Culos-Reed, S.N., Bridel, W. (2021, June). *An exploration of practices that facilitate social support in online exercise classes for people living with cancer*. Canadian Association of Psychosocial Oncology. Online conference. Verbal presentation. [abstract in *Current Oncology*, 28, 2635].
36. Daun, J.T., Capozzi, L.C., Roldan Uργοiti, G., **McDonough, M.H.**, Easaw, J., McNeely, M., Francis, G.J., de Guzman Wilding, M., Radke, L., Lesiuk, C., Culos-Reed, S.N. (2021, June). *ACE-Neuro: A tailored exercise oncology program for neruo-oncology patients*. Canadian Association of Psychosocial Oncology. Online conference. Verbal presentation. [abstract in *Current Oncology*, 28, 2637].
37. Duchek, D., Culos-Reed, S.N., **McDonough, M.H.**, Bridel, W. (2021, June). *Participant perspectives of in-person and online exercise oncology programs*. Canadian Association of Psychosocial Oncology. Online conference. Verbal presentation. [abstract in *Current Oncology* 28, 2634].
38. Eisele, M.M., Twomey, R., **McDonough, M.H.**, Daun, J.T., McLaughlin, E., Culos-Reed, S.N. (2021, May). *The protocol for a feasibility and effectiveness study of health coaching in exercise oncology*. World Congress of Psycho-oncology & Psychosocial Academy, Online conference. Rapid oral presentation.
39. Shepherd, H.A., Evans, T., Gupta, S., **McDonough, M.H.**, Doyle-Baker, P., Belton, K.L., Karmali, S., Pauer, S., Hadly, G., Pike, I., Adams, S.A., Babul, S., Emery, C.A., Yeates, K.O., Kopala Sibley, D.C., Schneider, K.J., Cowie, S., Fuselli, P., Black, A.M. (2021, May). *High school student-athletes' experiences with the COVID-19 pandemic: The impact on their physical activity engagement and mental health*. Canadian Academy of Sport and Exercise Medicine. Online conference.
40. Ester, M., Eisele, M., McNeely, M., **McDonough, M.H.**, Culos-Reed, S.N. (2021, April). *Health technology to support physical activity behavior change in cancer survivors: Review of interventions*. Society of Behavioral Medicine, Online conference.
41. Ester, M., Sellar, C., McNeely, M., **McDonough, M.H.**, Culos-Reed, S.N. (2021, April). *Technology and exerciser oncology: Program participant technology use, literacy, and perceived impact*. Society of Behavioral Medicine, Online conference.
42. Kelley, M., Snyder, F.J., Ruiz, Y., McDavid, M.L., **McDonough, M.H.** (2020, October). *Associations of social conscience and personal value with substance use among children and young adolescents*. American Public Health Association, Online. Poster.

43. **McDonough, M.H.**, Culos-Reed, S.N., Bridel, W. (2020, July). *Identifying and improving unhelpful support: Perspectives from group exercise programs for cancer survivors*. Canadian Association for Psychosocial Oncology, Online. Oral presentation. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 2(15), e030. doi: 10.1097/OR9.0000000000000030
44. **Beselt, L.J., McDonough, M.H.**, & Hewson, J. (2020, June). *Perceptions of social support related to physical activity among older adults living alone*. North American Society for the Psychology of Sport and Physical Activity, Vancouver, BC (moved online due to COVID-19). Oral presentation. [abstract in *Journal of Sport and Exercise Psychology*, 42, S68].
45. **Zimmer, C., McDonough, M.H.** (2020, June). *Social factors and physical activity in older adults: Identifying predictors using baseline data from the Canadian Longitudinal Study on Aging*. North American Society for the Psychology of Sport and Physical Activity, Online. Oral presentation. [abstract in *Journal of Sport and Exercise Psychology*, 42, S114].
46. Ruiz, Y., **Kimiecik, C., So, K.**, McDavid, M.L., **McDonough, M.H.**, & Snyder, F.J. (2020, June). *Exploring early adolescents' perspectives related to community and community participation*. American Academy of Health Behaviors, Online. Poster.
47. **Befus, K.D.**, Pasanen, K., Black, A.M., Kenny, S.J., **McDonough, M.H.**, & Emery, C.A. (2020, May). *Exercise fidelity in youth basketball players performing the SHRED injuries basketball neuromuscular training warm-up program*. Canadian Academy of Sport and Exercise Medicine. [in-person meeting cancelled due to COVID-19, but abstract in *Clinical Journal of Sport Medicine*, 30(3): e97 doi:10.1097/JSM.0000000000000844]
48. **Olubukunola, O.**, Snyder, F.S., Ruiz, Y., McDavid, M.L., **McDonough, M.H.**, & Blankenship, B.T. (2019, November). *Associations between bullying and intent to use electronic and combustible cigarettes among children and young adolescents from low-income families*. American Public Health Association, Philadelphia, PA. Poster.
49. **McDonough, M.H.**, **Felber Charbonneau, E.**, Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2019, October). *Experiences with social participation in group physical activity programs for older adults*. Canadian Association on Gerontology, Moncton, NB. Oral presentation.
50. **Patterson, M.**, Hewson, J., **McDonough, M.H.**, **Felber Charbonneau, E.** (2019, October). *Working towards a more unified understanding of social participation to inform Age-Friendly Cities research and policy*. Canadian Association on Gerontology, Moncton, NB. Poster.
51. **Beselt, L.J., McDonough, M.H.**, Walsh, C., & Kenny, S.J. (2019, October). *Experiences with self- and other-focused emotions among older adult female participants in gay square-dancing*. Canadian Association on Gerontology, Moncton, NB. Poster.
52. **Bharwani, A., McDonough, M.H.**, Hanson, H., Poulin, M.J. (2019, October). *The feasibility of a physical activity behaviour support program for older adults at increased risk of dementia*. Canadian Association on Gerontology, Moncton, NB. Poster.
53. **Felber Charbonneau, E., McDonough, M.H.**, Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2019, October). *Group exercise program instructors creating a supportive environment for older adults*. Alberta Recreation and Parks Association, Lake Louise, AB. Oral presentation

54. Wong, J.B., McDonough, M.H., Bridel, W., Culos-Reed, S.N. (2019, October). *The role of peers and the built environment in youth emotional safety in afterschool programs*. Alberta Recreation and Parks Association, Lake Louise, AB. Oral presentation.
55. **McDonough, M.H.,** Felber Charbonneau, E., Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2019, October). *Social support from exercise instructors in group physical activity programs for older adults*. Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Oral presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 221].
56. Patterson, M., **McDonough, M.H.,** Hewson, J., Culos-Reed, S.N., Bennett, E. (2019, October). *How does social support impact body image experiences of older women in physical activity programs?* Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 239].
57. Wong, J.B., McDonough, M.H., Bridel, W., Culos-Reed, S.N. (2019, October). *The role of peers and the built environment in youth emotional safety in afterschool programs*. Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Oral Presentation. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 264].
58. Wong, J.B., McCallum, K., Frehlich, L., McDonough, M.H., Bridel, W., McCormack, G., Fox, K., Brunton, L., Emery, C.A., Yardley, L., Hagel, B., Zwicker, J., Cowie, H., & Guimond, J. (2019, October). *The importance of peers: Elementary school children's play following a playground painted lines intervention*. Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 263].
59. Felber Charbonneau, E., McDonough, M.H., Hewson, J., Crocker, P.R.E., Toohey, A., Din, C., Won, S., Matsune, A., McDonough, R.A. (2019, October). *Supportive behaviors and relationships in group exercise for older adults: Observational research*. Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 197].
60. Beselt, L.J., McDonough, M.H., Walsh, C., & Kenny, S.J. (2019, October). *Experiences with social support among older adult women participating in gay square-dancing*. Canadian Society of Psychomotor Learning and Sport Psychology, Vancouver, BC. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 51, 182].
61. **McDonough, M.H.,** Culos-Reed, S.N., & Wolper, E. (2019, September). *Social support from physical activity instructors in group exercise programs for cancer survivors*. World Congress of Psycho-Oncology, Banff, AB. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 45]. Oral presentation.
62. Felber Charbonneau, E., McDonough, M.H., & Sabiston, C.M. (2019, September). *Social support predicts trajectories of light physical activity in post-treatment breast cancer survivors*. World Congress of Psycho-Oncology, Banff, Alberta. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 45]. Oral presentation.
63. Wolper, E., McDonough, M.H., & Culos-Reed, S.N. (2019, September). *Social support from fellow exercisers: Predictive associations with quality of life and the moderating effect of gender in physical activity programs for cancer survivors*. World Congress of Psycho-Oncology, Banff, AB. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 44]. Poster.

64. Dueck, S., **McDonough, M.H.**, & Culos-Reed, S.N. (2019, September). *Cancer survivors' perspectives on social challenges with participating in group exercise programs*. World Congress of Psycho-Oncology, Banff, AB. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 41]. Poster.
65. Lebel, S., & the Canadian Association of Psychosocial Oncology Research Advisory committee. (2019, September). *What do members want from the Canadian Association of Psychosocial Oncology Research Advisory Committee? A survey of members' research needs and priorities*. World Congress of Psycho-Oncology, Banff, AB. [abstract in *Journal of Psychosocial Oncology Research & Practice*, 1(1S), 47]. Poster.
66. Sandron, E., **McDonough, M.H.**, Condliffe, E., Brunton, L., Esau, S., Emery, C.A. (2019, September). *Parents' perspectives on how an adapted sport and recreation summer camp facilitates psychosocial outcomes and physical activity participation for their children*. American Academy for Cerebral Palsy and Developmental Medicine, Anaheim, CA. Poster.
67. Yardley, L., Fox, A., McCallum, K., Bridel, W., Wong, J.B., **McDonough, M.H.**, Frehlich, L., McCormack, G., Fox, K., Brunton, L., Emery, C.A., Hagel, B., Zwicker, J., Cowie, H., & Guimond, J. (2019, September). *The Gift of Play: A recess initiative to improve physical literacy*. International Physical Literacy Conference, Europe. Umea, Sweden. Oral presentation.
68. Knisel, E., **McDonough, M.H.**, Ruiz, Y., Snyder, F.J., McDavid, L. (2019, September). *Movement to promote cognitive competencies: An intervention study in children and adolescents*. German Congress of Sport Science, Berlin, Germany. Oral presentation.
69. Wong, J.B., McCallum, K., Frehlich, L., **McDonough, M.H.**, Bridel, W., McCormack, G., Fox, K., Brunton, L., Emery, C.A., Yardley, L., Hagel, B., Zwicker, J., Cowie, H., & Guimond, J. (2019, August). *How peer interactions factor into children's play on playground painted lines*. Obesity Canada-Calgary Annual Research Showcase. Calgary, AB. Oral Presentation and poster.  
\*\*Winner of best poster award
70. **McDonough, M.H.** (2019, June). *Social support in physical activity for cancer survivors*. North American Society for the Psychology of Physical Activity Conference, Baltimore, MD. Symposium. [abstract in *Journal of Sport and Exercise Psychology*, 41, S4]. Oral Presentation-Symposium.
71. **McDonough, M.H.**, Culos-Reed, S.N., Bridel, W., & Wolper, E. (2019, June). *Social support for coping and thriving in group exercise for cancer survivors*. North American Society for the Psychology of Physical Activity, Baltimore, MD. Symposium. [abstract in *Journal of Sport and Exercise Psychology*, 41, S5]. Oral Presentation-Symposium.
72. Beselt, L.J., Patterson, M.C., **McDonough, M.H.**, Hewson, J., & MacKay, S. (2019, June). *A qualitative meta-study of social support related to physical activity in older adults*. North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD. [abstract in *Journal of Sport and Exercise Psychology*, 41, S54]. Poster.
73. Bharwani, A., **McDonough, M.H.**, Beselt, J.L., Culos-Reed, S.N., & Poulin, M.J. (2019, June). *A meta-study of older adults' experiences of autonomy, independence, and control in relation to physical activity participation*. North American Society for the Psychology of Sport and Physical Activity, Baltimore, MD. Oral. [abstract in *Journal of Sport and Exercise Psychology*, 41, S54]. Oral Presentation.

74. Felber Charbonneau, E., McDonough, M. H., & Sabiston, C. M. (June, 2019). *Types of support predicting physical activity behaviors in breast cancer survivors*. North American Society for the Psychology of Physical Activity, Baltimore, MD. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 41, S64]
75. Patterson, M., McDonough, M.H., Hewson, J., & MacKay, S. (2019, June). *A systematic review of social support for physical activity participation for older adults*. North American Society for the Psychology of Physical Activity, Baltimore, MD. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 41, S82-S83].
76. Wong, J.B., McDonough, M.H., McCallum, K., Bridel, W., Frehlich, L., McCormack, G., Fox, K., Brunton, L., Cowie, H., Emery, C.A., Guimond, J., Hagel, B., Yardley, L., & Zwicker, J. (2019, June). *How peer interactions factor into children's play on playground painted lines*. North American Society for the Psychology of Physical Activity. Baltimore, MD. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 41, S90].
77. Richards, E.A., Franks, M.M., McDonough, M.H., Christ, S., & Forster, A.K. (2019, June). *Concordance in objectively measured physical activity between older spouses*. International Society for Behavioral Nutrition and Physical Activity. Prague, Czech Republic. Oral Presentation.
78. Befus, K.D., Pasanen, K., Räisänen, A.M., Black, A.M., Owoeye, O.B.A., Tait, T.J., McDonough, M.H., & Emery, C.A. (2019, May). *Assessing exercise fidelity in youth basketball players performing the SHRED injuries basketball neuromuscular training warm-up program: A validation study*. Canadian Academy of Sport and Exercise Medicine, Vancouver, BC. Poster. [abstract in *Clinical Journal of Sport Medicine*, 29(3): e64-e65]
79. Sandron, E., McDonough, M.H., Condliffe, E., Brunton, L., Esau, S., Emery, C.A. (2019, May). *Adapted sport and recreation summer camp: Perspectives of youth regarding impact on psychosocial outcomes and physical activity participation*. Canadian Academy of Sport and Exercise Medicine, Vancouver, BC. Poster.
80. Kanani, J., Ruiz, Y., McDavid, M.L., McDonough, M.H., & Snyder, F.J. (2019, April). *Are they too young? Views about community and community change from pre- and young adolescents*. Indiana Public Health Association, West Lafayette, IN. Poster.
81. Waters, S.A., Murdock, N.C., McDavid, M.L., McDonough, M.H., & Snyder, F.J., Ruiz, Y. (2019, April). *Narratives on perceptions of anti-drug programs from pre- and early adolescents*. Indiana Public Health Association, West Lafayette, IN. Poster.
82. Ruiz, Y., McDavid, M.L., Gundlach, E., Vinze, S., McDonough, M.H., DeBate, R., & Snyder, F. (2019, March). *Perceptions e-cigarette safety among pre-adolescents and young adolescents from low-income families living in the Midwest: A mixed methods study*. American Academy of Health Behavior. Greenville, SC. Poster.
83. Srivastava, D., Lamarche, J., McDonough, M.H., Nantel, J., & Brunet, J. (2019, March). *Exploring if group-based boxing fitness contributes to quality of life among adults with Parkinson's Disease*. Eastern Canadian Sport and Exercise Psychology Symposium. Toronto, ON. Oral Presentation.
84. Wong, J.B., McDonough, M.H., McCallum, K., Bridel, W., Frehlich, L., McCormack, G., Fox, K., Brunton, L., Cowie, H., Emery, C., Guimond, J., Hagel, B., Yardley, L., & Zwicker, J. (2018, November). *Peer relationships and physical activity on playground painted lines in elementary school children*. Calgary Play Summit, Calgary, AB. Poster.

85. Ruiz, Y., Riciputi, S., **McDonough, M.H.**, McDavid, L., & Snyder, F. (2018, November). *Substance use communication and person-level antecedents of alcohol and e-cigarette expectancies among multi-ethnic preadolescents from low-income families*. American Public Health Association. San Diego, CA. Oral.
86. \*Paglione, V., Araujo, M., Kenny, S.J., Bridel, W., & **McDonough, M.H.** (2018, October). *Experiences of social support in pre-professional ballet dancers regarding injury, pain, and fatigue*. International Association for Dance Medicine & Science. Helsinki, Finland. Poster.
87. \*Araujo, M., Bridel, W., **McDonough, M.H.**, & Kenny, S.J. (2018, October). *The culture of ballet: Conceptualizations of pain and injury in pre-professional dancers*. International Association for Dance Medicine & Science. Helsinki, Finland. Poster.
88. **McDonough, M.H.**, Beselt, L.J., Kronlund, L.J., Albinati, N.K., Trudeau, M.S., Culos-Reed, S.N., Daun, J.T., & Bridel, W. (2018, October). *A qualitative meta-study of social support in physical activity for adult cancer survivors*. Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, ON. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 50, 265].
89. Patterson, M., **McDonough, M.H.**, Hewson, J., & Mackay, S. (2018, October). *A systematic review of social support for participation in physical activity-based recreation programs for older adults*. Canadian Society for Psychomotor Learning and Sport Psychology conference, Toronto, ON. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 50, 274].
90. Srivastava, D., Lamarche, J., **McDonough, M.H.**, Nantel, J., & Brunet, J. (2018, October). *A step in the right direction? Understanding the impact of Nordic walking on living with Parkinson's disease*. Canadian Society for Psychomotor Learning and Sport Psychology conference. Toronto, ON. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 50, 300].
91. Bharwani, A., **McDonough, M.H.**, Hanson, H., Poulin, M. (2018, October). *Behaviour change support in Brain in Motion II: Overcoming barriers to physical activity maintenance*. Perspectives in Exercise, Health, & Fitness: Provincial Fitness Unit of Alberta. Kananaskis, AB. Oral.
92. \*MacKay, S.A., Poulin, M.J., & **McDonough, M.H.** (2018, October). *Social support, exercise dose, and changes in mood over a six-month exercise intervention for older adults*. Perspectives in Exercise, Health, & Fitness: Provincial Fitness Unit of Alberta. Kananaskis, AB. Poster.
93. \*Paglione, V., Araujo, M., Kenny, S.J., & Bridel, W., & **McDonough, M.H.** (2018, October). *The role of social support from teachers and health care providers for pre-professional ballet dancers coping with pain and injury*. Healthy Dancer Canada. Toronto, ON. Poster.
94. Knisel, E., **McDonough, M.H.**, Ruiz, Y., Snyder, F., McDavid, L. (2018, July). *Examining decision making and critical thinking in a physical activity-based positive youth development program for youth from low-income families*. Congress of the European College of Sport Science. Dublin, Ireland. Oral.
95. Clark, C., Guadagni, V., Hall, S., Longman, S., Poulin, M., Eskes, G., Hanson, H., **McDonough, M.**, Hill, M., Hogan, D., Sajobi, T., & Hanly, P. (2018, June). *The Brain in Motion II randomized controlled trial: An aerobic exercise intervention for older adults at increased risk of dementia*. Campus Alberta Neuroscience conference. Banff, AB. Oral.

96. **McDonough, M.H.** (2018, June). *Through a different lens: Applying multiple theories in analyzing qualitative data on social support in sport for cancer survivors*. Qualitative Research in Sport and Exercise. Vancouver, BC. Oral.
97. Patterson, M.C., & **McDonough, M.H.** (2018, June). *Sport and support: The role of meaning in social support on a breast cancer survivor dragon boating team*. Qualitative Research in Sport and Exercise. Vancouver, BC. Poster.
98. **McDonough, M.H.**, Shank, J., Beselt, L.J., Daun, J.T., Culos-Reed, S.N., Kronlund, L.J., & Bridel, W. (2018, May). *Associations between social support, physical activity, and quality of life: A systematic review of observational studies*. Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
99. Albinati, N., Abdul-Razzak, A., Tay, J., **McDonough, M.H.**, Culos-Reed, S.N. (2018, May). *Physical Activity in Advanced Cancer Treatment (PAACT): The feasibility of a physical activity intervention*. Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
100. Kronlund, L.J., **McDonough, M.H.**, Guilcher, G., Chamorro-Viña, C., & Culos-Reed, S.N. (2018, May). *Addressing key stakeholders to assess the reach of a community-based pediatric oncology physical activity program*. Canadian Association of Psychosocial Oncology. Toronto, ON. Oral.
101. Ross, C., Snyder, F.J., McDonough, M.H., McDavid, L., Riciputi, S., Blankenship, B.T., & Ruiz, Y. (2018, April). *E-cigarette use and its association with future combustible cigarette use among children and young adolescents from low-income families*. Adolescent Health conference. Ann Arbor, Michigan. Poster.
102. Srivastava, D., Lamarche, J., McDonough, M.H., Nantel, J., & Brunet, J. (2018, March). *Taking a pole: Can Nordic walking promote quality of life among adults with Parkinson's disease?* Eastern Canada Sport and Exercise Psychology Symposium. Montreal, QC. Oral.
103. Patterson, M.C., **McDonough, M.H.**, & Valencic, T.L. (2018, February). *A community-based wellness program for cancer survivors: A prospective examination of social support, posttraumatic growth, motivation, and physical activity*. Active Living Research conference. Banff, AB. Poster.
104. Ross, C., Snyder, F.S., **McDonough, M.H.**, & McDavid, M.L. (2017, November). *Risk and protective factors associated with cigarette smoking among children and young adolescents from low-income families*. American Public Health Association conference, Atlanta, GA. Poster.
105. Araujo, M., Bridel, W., Kenny, S., & **McDonough, M.H.** (2017, November). *A socio-cultural analysis of pain and injury in dancers*. Healthy Dancer Canada conference, Calgary, AB. Poster.
106. Riciputi, S., Snyder, F.S., Boyer, P., McDonough, M.H., Blankenship, B.T., Ruiz, Y., McDavid, M.L., Wynkoop, R., Thomas, J., Nicley, D., & McKee, R.K. (2017, November). *4-H PALS: A physical-activity based positive youth development program for urban youth*. National Association of Extension 4-H Agents conference, Indianapolis, IN. Poster.
107. Grewal, E.K., **McDonough, M.H.**, Copeland, J.L., Jones, L.C., & Doyle-Baker, P.K. (2017, October). *Investigating 24-hour movement behaviours in children and youth attending summer camps*. Canadian Society for Exercise Physiology conference, Winnipeg, MN. Poster.
108. Klaben, M.E., **McDonough, M.H.**, Daun, J.T., Beselt, L.J., Culos-Reed, S.N., Kronlund, L.J., & Bridel, W. (2017, October). *The effect of social support in physical activity*

- interventions on physical activity and quality of life among cancer survivors: A systematic review of randomized control trials and quasi-experimental studies.* Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 49, 176]
109. McDavid, M.L., **McDonough, M.H.**, Snyder, F.S., Riciputi, S.C., Blankenship, B.T., Boyer, P.A. & Ruiz, Y. (2017, October). *Engagement in a summer physical activity-based positive youth development program predicts improvement in life skills among youth from low-income families.* Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 49, 183]
  110. **McDonough, M.H.**, Richards, E.A., Franks, M.M., Christ, S., and Marshall, M. (2017, October). *Spousal attempts to support activity through pressure and persuasion associated with declines in physical activity in a walking intervention with older adult couples.* Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 49, 184]
  111. Fong, A.J., **McDonough, M.H.**, Pila, E., & Sabiston, C.M. (2017, October). *Posttraumatic growth in breast cancer survivors: The roles of physical activity and social support.* Canadian Society for Psychomotor Learning and Sport Psychology conference, St. John's, NL. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 49, 165]
  112. Richards, E.A., Franks, M., **McDonough, M.H.**, Christ, S.L. (2017, July). *Walking for our health: Evaluation of randomized spousal physical activity pilot intervention.* Sigma Theta Tau International Nursing Research Congress, Dublin, Ireland. Poster.
  113. Marshall, M., Franks, M.M., Richards, E.A., **McDonough, M.H.**, & Christ, S. (2017, July). *Walking for our health: Married partners' collaboration and physical activity.* International Association of Gerontology and Geriatrics World Congress of Gerontology and Geriatrics. San Francisco, CA. Poster. [abstract in *Innovation in Aging*, 1(S1), 416-417]
  114. McDavid, M.L., Snyder, F.S., **McDonough, M.H.**, & Ruiz, Y. (2017, June). *Positive social bonds with staff build developmental assets and reduce risk behaviors among youth in a physical activity-based youth development program.* North American Society for the Psychology of Physical Activity Conference, San Diego, CA. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 39]
  115. Kronlund, L., Culos- Reed, N., **McDonough, M.**, & Guilcher, G. (June, 2017). *Addressing key stakeholders to assess the reach of a community-based physical activity oncology program.* Exercise is Medicine. London, ON. Poster.
  116. Herb, J., **McDonough, M.**, Breithecker, J. , Rogler, C. , Brandl-Bredenbeck, H.-P. & Gieß-Stüber, P. (2017, May). *Instructor quality as a predictor of self-determined motivation in group exercise classes.* Consortium for Sport Psychology Conference. Bern, Switzerland. Oral.
  117. Brunet, J., **McDonough, M.H.**, & Sabiston, C.M. (2017, May). *Psychological need satisfaction in women treated for breast cancer: A longitudinal analysis of the effects on physical activity motivation and behaviour.* Canadian Association for Psychosocial Oncology Conference, Vancouver, BC. Poster.
  118. \*Wytsma-Fisher, K., Abdul-Razzak, A., **McDonough, M.H.**, & Culos-Reed, N. (2017, May). *PAACT: Physical activity in advanced cancer treatment.* Canadian Association for Psychosocial Oncology Conference, Vancouver, BC. Poster.

119. Kronlund, L., Culos-Reed, N. **McDonough, M.H.**, & Guilcher, G. (2017, May). *Addressing key stakeholders to assess the reach of a community-based pediatric oncology physical activity program*. Canadian Association for Psychosocial Oncology Conference, Vancouver, BC. Poster.
120. Richards, E., Franks, M., **McDonough, M.H.**, & Christ, S. (2017, April). *Walking for our health: A randomized spousal physical activity intervention*. Midwest Nursing Research Society Conference, Minneapolis, MN. Poster.
121. Majed, E., Ruiz, Y., Snyder, F.S., **McDonough, M.H.**, McDavid, L., Blankenship, B. (2017, April). *Social capital and developmental assets predict prosocial bystander behavior among youth in a physical activity-based positive youth development intervention*. Indiana Public Health Association Conference. West Lafayette, IN. Poster.
122. Snyder, F.S., **McDonough, M.H.**, Riciputi, S.C., McDavid, M.L., Boyer, P.A., & Blankenship, B.T. (2017, April). *Electronic and combustible cigarette use among children and young adolescents from low-income families*. Society of Public Health Education Conference, Denver, CO. Poster
123. Blankenship, B.T., **McDonough, M.H.**, Snyder, F.J., Riciputi, S., McDavid, L. (2017, March). *Predictors of bullying in a summer positive youth development camp*. Society of Health and Physical Educators Conference, Boston, MA. Poster.
124. Snyder, F.S., **McDonough, M.H.**, McDavid, M.L. (2016, October). *Alcohol sipping, drinking attitudes and intentions, and their association with alcohol drinking among children and young adolescents from low-income families*. American Public Health Association conference, Denver, CO. Poster.
125. Richards, E.A., Franks, M., **McDonough, M.H.**, Porter, K., & Marshall, M. (2016, October). *The role of spouses in physical activity promotion: A systematic review*. American Public Health Association Conference, Denver, CO. Poster
126. **McDonough, M.H.**, Snyder, F.S., & McDavid, M. (2016, October). *Social relationships in physical activity-based positive youth development programs predict reduced intentions for health risk behaviors*. Canadian Society for Psychomotor Learning and Sport Psychology conference, Waterloo, ON. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 48, 195]
127. Richards, E.A., **McDonough, M.H.**, Fu, R. (2016, September). *Social and environmental associations with physical activity motivation*. Council of Advancement of Nursing Science State of the Science Congress on Nursing Research, Washington, DC. Oral.
128. \*Salsabili, H., Huber, J.E., Snyder, S.A., Simon, K.L., **McDonough, M.H.**, Rietdyk, S.R., Haddad, J.M. (2016, September). *The integration between posture, manual control, and speech in people with Parkinson's disease*. World Parkinson's Congress, Portland, OR. Poster.
129. \*Haddad, J.M., Snyder, S.A., **McDonough, M.H.**, Rietdyk, S.R., Simon, K.L., Altenburger, P., Salsabili, H., Zauber, E.A., Huber, J.E., (2016, September). *A combined cognitive- and balance-based training intervention for people with Parkinson's disease: COBALT*. World Parkinson's Congress, Portland, OR. Poster.
130. \*Orstad, S.L., **McDonough, M.H.**, James, P., Klenosky, D.B., Laden, F., Mattson, M., & Troped, P.J. (2016, June). *The moderating effect of depressive symptoms on associations between objective and perceived built environment measures and neighborhood walking among older U.S. women*. Canadian Public Health Association conference, Toronto, ON. Oral.

131. McDavid, M.L., & **McDonough, M.H.** (2016, June). *How social relationships and interpersonal training foster growth in physical activity programs for underserved youth: Staff perspectives*. North American Society for the Psychology of Sport and Physical Activity Conference, Montreal, QC. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 38, S229]
132. Riciputi, S.C., **McDonough, M.H.**, & Snyder, F.J. (2016, June). *Relationship quality, engagement, hope, and self-worth in a physical activity-based positive youth development program*. North American Society for the Psychology of Sport and Physical Activity Conference, Montreal, QC. Poster. [abstract in *Journal of Sport and Exercise Psychology*, 38, S247]
133. McDavid, M.L., **McDonough, M.H.**, & Blankenship, B.T. (2015, October). *The effect of a self-determination theory based intervention on social relationships and psychological outcomes in a youth physical activity program*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Edmonton, AB. Poster. [abstract in *Journal of Exercise, Movement, and Sport*, 47]
134. Sheehy, T.L., **McDonough, M.H.**, & Zauber, S.E. (2015, October). *Perceived instructor support in a group physical activity program for people with Parkinson's Disease*. Association for Applied Sport Psychology Conference, Indianapolis, IN. Oral.
135. Snyder, F.J., **McDonough, M.H.**, Blankenship, B.T., Wynkoop, R., Riciputi, S., McDavid, M.L., & McKee, R.K. (2015, October). *Development of an innovative physical activity-based positive youth development program for low-income youth*. American Public Health Association Conference, Chicago, IL. Oral.
136. Snyder, F.J., **McDonough, M.H.**, McDavid, M.L. (2015, October). *Prevalence of alcohol sipping and its association with alcohol drinking in an out-of-school-time sample of underserved children and young adolescents*. American Public Health Association Conference, Chicago, IL. Poster.
137. Orstad, S.L., Troped, P.J., **McDonough, M.H.**, Klenosky, D.B., & Mattson, M. (2015, October). *Perceptions of the neighborhood environment as mediators and depression as a moderator of the association between observed neighborhood environment and walking among diverse, urban-dwelling adults*. American Public Health Association Conference, Chicago, IL. Oral.
138. **McDonough, M.H.**, & Sabiston, C.M. (2015, July). *Autonomy support and changes in self-determined motivation for physical activity predict changes in posttraumatic growth among post-treatment breast cancer survivors*. World Congress of Psycho-Oncology Conference, Washington, DC. Oral. [abstract in *Psycho-Oncology*, 24, 92-93].
139. **McDonough, M.H.**, & Sabiston, C.M. (2015, June). *Examining motivation and need satisfaction as predictors of change in objectively measured physical activity and sedentary behavior in post-treatment breast cancer survivors*. North American Society for the Psychology of Sport and Physical Activity Conference, Portland, OR. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 37, S129].
140. McDavid, M.L., & **McDonough, M.H.** (2015, June). *Staff perspectives on the development and effects of social relationships in a physical activity-based youth program*. North American Society for the Psychology of Sport and Physical Activity Conference, Portland, OR. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 37, S129].
141. Fong, A.J., Scarapicchia, T.M.F., **McDonough, M.H.**, Wrosch, C., & Sabiston, C.M. (2015, April). *Changes in social support quantity and quality differentially predict changes*

- in emotional well-being among recently treated breast cancer survivors.* Canadian Society for Psychosocial Oncology Conference, Montreal, QC. Poster.
142. **McDonough, M.H.** (2014, October). *Participation in dragon boating is associated with greater increases in social support for breast cancer among survivors who may benefit most.* Canadian Society for Psychomotor Learning and Sport Psychology Conference, London, ON. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 46, 183].
  143. **Riciputi, S., McDonough, M.H.** (2014, October). *The role of stress and social support in predicting posttraumatic growth among breast cancer survivors enrolled in a cancer survivor exercise program.* International Breast Cancer and Nutrition Symposium, West Lafayette, IN. Poster.
  144. **Byrer, B.K., & McDonough, M.H.** (2014, June). *Breast cancer survivors' decisions to join a dragon boating team.* North American Society for the Psychology of Sport and Physical Activity Conference, Minneapolis, MN. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 36, S83].
  145. **Fong, A.J., Sabiston, C.M., & McDonough, M.H.** (2014, June). *Do sedentary behaviour and physical activity moderate the association between body-related stress and post-traumatic growth among post-treatment breast cancer survivors?* North American Society for the Psychology of Sport and Physical Activity Conference, Minneapolis, MN. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 36, S87-S88].
  146. **McDavid, M.L., McDonough, M.H., & Blankenship, B.T.** (2014, June). *The effect of a self-determination theory based intervention on social relationships and psychological outcomes in a youth physical activity program.* North American Society for the Psychology of Sport and Physical Activity Conference, Minneapolis, MN. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 36, S100-S101].
  147. **Sheehy, T.L., McDonough, M.H., & Zauber, S.E.** (2014, June). *Social support, physical challenge, and psychological growth in a group physical activity program for people with Parkinson's disease.* North American Society for the Psychology of Sport and Physical Activity Conference, Minneapolis, MN. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 36, S111-S112].
  148. **\*Orstad, S.L., McDonough, M.H., Klenosky, D.B., Mattson, M., & Troped, P.J.** (2014, April). *Environmental correlates of trail use for recreation by type of trail.* Society for Behavioral Medicine Conference, Philadelphia, PA. Oral. [abstract in *Annals of Behavioral Medicine*, 47, S91].
  149. **McDavid, M. L., & McDonough, M.H.** (2013, June). *Relationships with staff predict psychological outcomes among low income youth in a physical activity based positive youth development program.* North American Society for the Psychology of Sport and Physical Activity Conference, New Orleans, LA. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 35, S101].
  150. Cox, A. E., **McDavid, M. L., & McDonough, M. H.** (2013, April). *Physical education motivation and physical activity change during middle school.* American Alliance for Health, Physical Education, Recreation, and Dance conference. Charlotte, NC. Poster.
  151. **\*Starnes, H. A., Wilson, J. S., Mroczek, D. K., McDonough, M. H., & Troped, P.J.** (2013, March). *Lifespace approaches to examine associations between the built environment and physical activity.* Society of Behavioral Medicine Conference, San Francisco, CA. Oral. [abstract in *Annals of Behavioral Medicine*, 45, S184].

152. \*Richards, E.A., **McDonough, M.H.**, Edwards, N.E., Lyle, R.M., & Troped, P.J. (2012, November). *Social cognitive correlates of dog walking*. American Public Health Association Conference, San Francisco, CA. Oral.
153. **McDonough, M.H.**, & Ullrich-French, S. (2012, June). *Participant reflection on character concepts taught in a physical activity-based positive youth development program*. North American Society for the Psychology of Sport and Physical Activity Conference, Honolulu, HI. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 34, S260].
154. McDavid, L., **McDonough, M.H.**, Smith, A.L., & Cooky, C. (2012, June). *A longitudinal examination of four models of hope and self-perceptions in a youth physical activity setting*. North American Society for the Psychology of Sport and Physical Activity Conference, Honolulu, HI. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 34, S259-260].
155. Dorsch, T.E., Smith, A.L., & **McDonough, M.H.** (2012, June). *The youth sport parenting experience: Role socialization, contextual considerations, and educational recommendations-Parent socialization through the early months of organized youth sport involvement*. North American Society for the Psychology of Sport and Physical Activity Conference, Honolulu, HI. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 34, S52].
156. \*Starnes, H.A., **McDonough, M.H.**, Laden, F., & Troped, P. J. (2012, June). *Invariance tests of the abbreviated neighborhood environment walkability scale*. American College of Sports Medicine Conference, San Francisco, CA. Oral.
157. **McDonough, M.H.**, & Sabiston, C.M. (2011, October). *Predicting posttraumatic growth among breast cancer survivors: The role of social support, stress, and physical activity*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Winnipeg, MB. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 43, 110].
158. Kraemer, A.J., & **McDonough, M.H.** (2011, June). *Coach and peer predictors of need fulfillment and self-determined motivation in youth soccer*. North American Society for the Psychology of Sport and Physical Activity Conference, Burlington, VT. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 33, S162].
159. Ullrich-French, S., **McDonough, M.H.**, Anderson-Butcher, D., & Amorose, A. (June, 2011). *Profiles of social relationships for low-income youth in physical activity based positive youth development programs*. North American Society for the Psychology of Sport and Physical Activity Conference, Burlington, VT. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 33, S191-192].
160. Smith, A.L., Troped, P.J., **McDonough, M.H.**, & DeFreese, J.D. (June, 2011). *Youth perceptions of neighborhood physical environment and peer availability as contributors to physical activity behavior*. North American Society for the Psychology of Sport and Physical Activity Conference, Burlington, VT. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 33, S186].
161. Richards, L.R., Troped, P.J., **McDonough, M.H.**, & Lim, E. (June, 2011). *Testing the reliability and validity of a dog walking survey*. American College of Sports Medicine Conference, Denver, CO. Poster.
162. Sabiston, C.M., Brunet, J., & **McDonough, M.H.** (April, 2011). *The struggle for a healthy weight during breast cancer survivorship: Treatment effects or lifestyle effects?* 2<sup>nd</sup> National Obesity Summit, Montreal, QC. Oral. [abstract in *Canadian Journal of Diabetes*, 35, 158-159].

163. **McDonough, M.H.**, Ullrich-French, S., & Kraemer, A.J. (2010, October). *Participants' experiences of long-term change following a positive youth development program for low-income youth*. Canadian Society for Psychomotor Learning and Sport Psychology conference, Ottawa, ON. Oral. [abstract in *Journal of Exercise, Movement, and Sport*, 42, 132].
164. Poliseo, J., & **McDonough, M.H.** (2010, June). *Coping effectiveness in collegiate athletes*. North American Society for the Psychology of Sport and Physical Activity Conference, Tucson, AZ. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 32, S209].
165. **McDonough, M.H.**, Poliseo, J.M., Ullrich-French, S., & Sabiston, C.M. (2010, June). *The difference is more than floating: Breast cancer survivors' decisions to join dragon boat teams and support groups*. North American Society for the Psychology of Sport and Physical Activity Conference, Tucson, AZ. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 32, S198-199].
166. Ullrich-French, S., **McDonough, M.H.**, & Kraemer, A.J. (2010, June). *One year follow-up of a physical activity based positive youth development program*. North American Society for the Psychology of Sport and Physical Activity Conference, Tucson, AZ. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 32, S227].
167. Brunet, J., Sabiston, C. M., **McDonough, M.**, Hadd, V., & Crocker, P. R. E. (2010, May). *Body image among breast cancer survivors: Theoretical and methodological considerations in an oncology context*. 12th International Psycho-Oncology Society World Congress, Quebec City, QC. Oral.
168. Ullrich-French, S., **McDonough, M.H.**, Kraemer, A.J., & Poliseo, J. (2010, March). *Impact of peer and staff relationships in a positive youth development program on outside peer, home, and school contexts*. Society for Research on Adolescence Conference, Philadelphia, PA. Poster.
169. **McDonough, M.H.**, Ullrich-French, S., Kraemer, A.J., & Poliseo, J. (2009, November). *Social relationships with peers and staff in a positive youth development program for low-income youth*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Toronto, ON. Oral.
170. Ullrich-French, S., **McDonough, M.H.**, Kraemer, A.J., & Poliseo, J. (2009, June). *Facilitating social connections fosters positive outcomes: A promising avenue for positive youth development*. North American Society for the Psychology of Sport and Physical Activity conference, Austin, TX. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 31, S142-143].
171. **McDonough, M.H.**, Poliseo, J.M., Sabiston, C.M., & Ullrich-French, S. (2009, June). *The development of social support on breast cancer survivor dragon boat teams*. Canadian Psychological Association Conference, Montreal, QC. Oral.
172. Sabiston, C.M., Love, C., **McDonough, M.H.**, Hadd, V., & Crocker, P.R.E. (2009, June). *Does physical activity buffer emotional stress and promote positive psychological growth among cancer survivors?* Canadian Psychological Association Conference, Montreal, QC. Oral.
173. Brunet, J., Sabiston, C.M., **McDonough, M.H.**, Hadd, V., & Crocker, P.R.E. (2009, April). *Measuring posttraumatic growth among breast cancer survivors*. Canadian Association of Psychosocial Oncology Conference, Vancouver, B.C. Oral.
174. Castonguay, A.L., Sabiston, C.M., Hadd, V., **McDonough, M.H.**, & Crocker, P.R.E. (2009, April). *Do stressors mediate the relationship between physical self-perceptions and*

- positive psychological growth in breast cancer survivors?* Canadian Association of Psychosocial Oncology Conference, Vancouver, BC. Oral.
175. **McDonough, M.H.**, Hadd, V., Crocker, P.R.E., Tamminen, K.A., & Holt, N.L., (2008, June). *Adolescent swimmers' goals and stress appraisals across a swim season*. North American Society for the Psychology of Sport and Physical Activity Conference, Niagara Falls, ON. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 30, S186].
  176. Dorsch, T.E., Smith, A.L., & **McDonough, M.H.** (2008, June). *Parents' experiences of child-to-parent socialization in youth sport*. North American Society for the Psychology of Sport and Physical Activity Conference, Niagara Falls, ON. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 30, S164].
  177. Ullrich-French, S., **McDonough, M.H.**, Smith, A.L., & Harper, W.A. (2008, March). *Change in social connection predicts change in psychological outcomes in a youth development setting*. Society for Research on Adolescence Conference, Chicago, IL. Poster.
  178. Smith, A.L., **McDonough, M.H.**, Wisdom, S.A., & Ullrich-French, S. (2007, September). *A review and synthesis of research on peers and youth physical activity behavior*. 12<sup>th</sup> European Congress of Sport Psychology, Halkidiki, Greece. Oral.
  179. **McDonough, M.H.**, Sabiston, C.M., Sedgwick, W.A., & Crocker, P.R.E. (2007, June). *Examining perceived barriers to exercise among overweight women: What is missing in our measures?* Canadian Psychological Association conference, Ottawa, ON. Poster.
  180. **McDonough, M.H.**, & Crocker, P.R.E. (2007, June). *Examining changes in psychological needs and self-determined motivation among adult dragon boat participants*. North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 29, S185].
  181. Sabiston, C.M., **McDonough, M.H.**, Sedgwick, W.A., & Crocker, P.R.E. (2007, June). *Muscle gains, emotional strains, and social deigns? Conflicting experiences of change among overweight women participating in an exercise intervention program*. North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 29, S200].
  182. Hadd, V., **McDonough, M.H.**, & Crocker, P.R.E. (2007, June). *Managing stressful sport transactions: Adolescents' coping behaviours pre-, during, and post-races throughout a swim season*. North American Society for the Psychology of Sport and Physical Activity Conference, San Diego, CA. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 29, S166].
  183. **McDonough, M.H.**, & Crocker, P.R.E. (2006, November). *The role of relatedness in physical activity motivation, behaviour, and affective experiences: A self-determination theory perspective*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Halifax, NS. Oral.
  184. Sabiston, C.M., Hadd, V., **McDonough, M.H.**, & Crocker, P.R.E. (2006, November). *Exploring physical self-perceptions, body image, and athletic identity with physically active breast cancer survivors: Do age, BMI, or treatment characteristics matter?* Canadian Society for Psychomotor Learning and Sport Psychology Conference, Halifax, NS. Oral.
  185. Hadd, V., **McDonough, M.H.**, Sabiston, C.M., & Crocker, P.R.E. (2006, November). *A multidimensional assessment of stress among breast cancer survivors: Development of a*

- new instrument*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Halifax, NS. Oral.
186. **McDonough, M.H.**, & Crocker, P.R.E. (2006, June). *Predictors and outcomes of relatedness among adult dragon boat paddlers: Examining age and gender as moderators*. North American Society for the Psychology of Sport and Physical Activity Conference, Denver, CO. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 28, S130-S131].
  187. Hadd, V., **McDonough, M.H.**, Sabiston, C.M., & Crocker, P.R.E. (2006, June). *A multidimensional measure of stress among breast cancer survivors: An initial test of a new instrument*. North American Society for the Psychology of Sport and Physical Activity Conference, Denver, CO. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 28, S77].
  188. **McDonough, M.H.**, Sabiston, C.M., Hadd, V.N., & Crocker, P.R.E. (2006, May). *Relationships between body image and positive psychological growth among breast cancer survivors*. Canadian Association of Psychosocial Oncology Conference, Montreal, QC. Oral.
  189. Sabiston, C.M., **McDonough, M.H.**, Hadd, V.N., & Crocker, P.R.E. (2006, March). *Paddling forward: Psycho-social experiences of breast cancer survivor dragon boaters*. Second International Cancer Rehabilitation Conference. Survivorship: Moving Forward After Treatment, Vancouver, BC. Poster.
  190. **McDonough, M.H.**, Sabiston, C.M., & Crocker, P.R.E. (2005, November). *The role of dragon boat paddling in facilitating post-traumatic growth among breast cancer survivors*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Niagara Falls, ON. Oral.
  191. Sabiston, C.M., **McDonough, M.H.**, Hadd, V., & Crocker, P.R.E. (2005, November). *Paddling through waves of challenges and threats: Examining enduring stressors unique to breast cancer survivors involved in a dragon boat program*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Niagara Falls, ON. Poster.
  192. **McDonough, M.H.**, & Crocker, P.R.E. (2005, October). *Peer relationships among elite adolescent athletes: Comparing sport friends, non-sport friends, and team-mate relationships*. Association for the Advancement of Applied Sport Psychology Conference, Vancouver, BC. Oral.
  193. Farres, L.G., Muscat, A.C., MacNeill, K., Sedgewick, W.A., **McDonough, M.H.**, Queree, M., & Stodel, E.J. (2005, October). *Ethics and Sport Psychology Consulting: Finding Guidelines that Work in the Sport Context*. Association for the Advancement of Applied Sport Psychology Conference, Vancouver, BC. Oral.
  194. **McDonough, M.H.**, Sabiston, C.M., Crocker, P.R.E., & Sedgwick, W.A. (2005, June). *Changes in intrinsic motivation and physical activity during a 12-week dragon boat intervention with overweight women*. North American Society for the Psychology of Sport and Physical Activity Conference, St. Pete Beach, FL. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 27, S105].
  195. Sabiston, C.M., **McDonough, M.H.**, Sedgwick, W.A., & Crocker, P.R.E. (2005, June). *Body image and social support relationships and change during a 12-week dragon boat intervention with overweight women*. North American Society for the Psychology of Sport and Physical Activity Conference, St. Pete Beach, FL. Oral. [abstract in *Journal of Sport & Exercise Psychology*, 27, S132].

196. **McDonough, M.H.** (2004, February). *Using ordinal logistic regression to analyze skewed ordinal data: An example from the youth sport motivation research*. Conry Conference in Measurement, Evaluation, and Research Methods, Vancouver, BC. Oral. [Proceedings paper in *Developments in the Theories and Applications of Measurement, Evaluation, and Research Methodology Across the Disciplines, Volume 2*].
197. **McDonough, M.H.**, Sabiston, C.M., & Crocker, P.R.E. (2004, October). *Paddling abreast: Social support types, networks, and change among novice breast cancer survivor dragon boaters*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Saskatoon, SK. Oral.
198. Sabiston, C.M., **McDonough, M.H.**, & Crocker, P.R.E. (2004, October). *The experience of body-related concerns in breast cancer survivors involved in dragon boat activity*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Saskatoon, SK. Oral.
199. Sabiston, C.M., **McDonough, M.H.**, McKenzie, D.C., Jespersen, D., & Crocker, P.R.E. (2004, October). *Congruencies between physiological and psychological change during a novice season of dragon boat paddling*. Canadian Society for Exercise Physiology conference, Saskatoon, SK. Poster. [abstract in *Canadian Journal of Applied Physiology*, 29, S77].
200. **McDonough, M.H.**, & Crocker, P.R.E. (2004, October). *The role of peers in managing interpersonal stress in elite youth sport*. Association for the Advancement of Applied Sport Psychology Conference, Minneapolis, MN. Poster.
201. **McDonough, M.H.**, Sabiston, C.M., McKenzie, D., Jespersen, D., & Crocker, P.R.E. (2004, June). *Changes in physical self-perceptions and physical characteristics among novice Abreast in a Boat participants*. North American Society for the Psychology of Sport and Physical Activity Conference, Vancouver, BC. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 26, S132].
202. Crocker, P., Hoar, S., & **McDonough, M.** (2003, July). *Assessing stress and coping in adolescent athletes: Have we done it all wrong?* XI European Congress of Sport Psychology, Copenhagen, Denmark. Oral. [abstract in R. Stelter (ed.), *XI European Congress of Sport Psychology: New Approaches to Exercise and Sport Psychology: Theories, Methods and Applications* (p. 46)].
203. **McDonough, M.H.**, & Crocker, P.R.E. (2003, June). *Comparing two models of sport participation motivation among young adolescent female sport participants*. North American Society for the Psychology of Sport and Physical Activity Conference, Savannah, GA. Poster. [abstract in *Journal of Sport & Exercise Psychology*, 25, S98].
204. **McDonough, M.H.**, & Crocker, P.R.E. (2002, October). *Predicting self-worth among early adolescent female sport participants: The role of friendship quality and physical self-perceptions*. Canadian Society for Psychomotor Learning and Sport Psychology Conference, Vancouver, BC. Oral.
205. Crocker, P.R.E., Kowalski, N., Forrester, S., Kowalski, K., **McDonough, M.**, Chad, K., & Humbert, L. (2002, June). *Dietary restraint is linked to body perceptions in adolescent women: A three-year longitudinal investigation*. North American Society for the Psychology of Sport and Physical Activity Conference, Baltimore, MD. Oral.
206. Crocker, P., **McDonough, M.**, Kowalski, K., Chad, K. & Humbert, L. (2001, November). *Will I ever change? A three-year investigation of physical self and social physique anxiety*

in adolescent women. Canadian Society for Psychomotor Learning and Sport Psychology conference, Montreal, QC. Oral.

## 2. Communications

### Interviews/Broadcasts

- 2022 Interview on physical activity and social connections for older adults on *More Than Money Radio*, 770 CHQR, Calgary, AB
- 2021 “UCalgary looking for 55+ volunteers for physical activity study.” *Global News* (TV and online), Calgary, AB. [https://globalnews.ca/video/8389620/ucalgary-looking-for-55-volunteers-for-physical-activity-study?mkt\\_tok=MTYxLU9MTi05OTAAAAGA7JuWrkMsvk-p7q7\\_8Eu4NL1V0W361Hj4MAfNAbM8-aftGntHI\\_bGRwhGvhttVPaNoU\\_eUWrEbxmHBCXZ\\_jNjWSG4AT9hH-9pZqgJ8iSd1cYA](https://globalnews.ca/video/8389620/ucalgary-looking-for-55-volunteers-for-physical-activity-study?mkt_tok=MTYxLU9MTi05OTAAAAGA7JuWrkMsvk-p7q7_8Eu4NL1V0W361Hj4MAfNAbM8-aftGntHI_bGRwhGvhttVPaNoU_eUWrEbxmHBCXZ_jNjWSG4AT9hH-9pZqgJ8iSd1cYA)
- 2021 “UofC looking for adults 55+ for study on fitness and social connections.” *CTV News* (TV and online), Calgary, AB. <https://calgary.ctvnews.ca/u-of-c-looking-for-adults-55-for-study-on-fitness-and-social-connections-1.5638913>
- 2019 Interview about physical activity and social relationships. *Global News* (TV and online), Calgary, AB. <https://globalnews.ca/video/5084629/working-out-a-social-affair/>
- 2013 Interview about physical activity for breast cancer survivors. *Morning News and Sunday Magazine, WIBC Radio*, Indianapolis, IN.
- 2013 “Health and Kinesiology teams with YWCA to offer exercise program for cancer survivors.” *WLF1 TV News*, West Lafayette, IN
- 2009 “Teamwork critical to recovery: Breast cancer survivors excel on dragon boat team.” *WLF1 TV News* and [www.wlfi.com](http://www.wlfi.com), West Lafayette, IN
- 2008 “Purdue study follows breast cancer survivors.” *Inside Indiana Business* online.
- 2008 Story on breast cancer survivor dragon boating team and research study. *WTRH TV News*. Indianapolis, IN

### Print or Online Publications

- 2023 “Don’t let those new year resolutions slip: Build connection while staying active” Community Health Connect newsletter, Calgary West Central Primary Care Network. <https://mailchi.mp/cwpcn/community-health-connect-may-15941727?e=5b1f321b71>
- 2021 “Staying physically active and socially connected a challenge for Calgarians over 65” *UToday*, University of Calgary.
- 2021 “Walking for Wellness Tipsheet” *City of Calgary Older Adults and Social Isolation Campaign Website* <https://www.calgary.ca/csps/cns/seniors/Older-adults-and-social-isolation/Things-to-do/Things-to-help-you-stay-active.html>
- 2021 “Did you know that physical activity can help you make connections?” *City of*

*Calgary Older Adults and Social Isolation Campaign Website*  
<https://www.calgary.ca/csps/cns/seniors/Older-adults-and-social-isolation/Resources.html>

- 2019 “Who will help mom?” *University of Calgary Alumni Magazine*.  
<https://alumni.ucalgary.ca/magazine/fall-winter-2019/help-mom>
- 2018 “University of Calgary active aging study.” *Age-Friendly Calgary Newsletter*. The City of Calgary.
- 2018 “What social supports keep older adults physically active, researcher wants to know.” *UToday*, University of Calgary.
- 2018 “Circling the square: A semi-structured teaching dialogue that develops collegial connection.” *TI Connections*, blog of the Taylor Institute for Teaching and Learning at the University of Calgary.  
<http://connections.ucalgaryblogs.ca/2018/05/29/circling-the-square-a-semi-structured-teaching-dialogue-that-develops-collegial-connection/>
- 2017 “Parkinson’s on the ROPES: Exercise programs incorporating boxing skills may help manage symptoms of Parkinson’s disease. Here’s how they work.” *Neurology Now* 13(5), pp. 38-41 doi: 10.1097/01.NNN.0000526573.46535.da
- 2017 “Get out and have fun: Staying active is easier when you enjoy it.” *Apple Magazine*, Sumer 2017, Issue 6, pp. 24-25
- 2013 “Purdue camp boosts self-esteem, newly published data show.” *The Lafayette Journal & Courier*.
- 2013 “Health and Kinesiology teams with YWCA to offer exercise program for cancer survivors.” *The Exponent, The Lafayette Journal & Courier, The Daily Reporter* (Greenfield, IN), *The Houston Chronicle*, and *The San Francisco Chronicle*.
- 2013 “Taking the fight to Parkinson’s.” Feature article in *Purdue Alumnus* magazine.
- 2013 “Crossing the finish line: Breast cancer survivors celebrate being part of a team that connects both emotional and physical well-being.” *Successful Farming* magazine and *Agriculture.com*.
- 2011 “As survivors, they’re in the same boat, triumphantly.” Invited feature article written by McDonough for special feature on breast cancer awareness in *The Lafayette Journal & Courier*.
- 2009 “Children are not the only ones in the game when it comes to sports.” *The Globe and Mail, The Lafayette Journal & Courier, Lakeshore Public Radio* (Merrillville, IN), *The Daily Chronicle* (DeKalb, IL), *American Youth Soccer Organization Magazine, University of San Francisco Center for Child and Family Development Community Counseling Center* (website), *Human Kinetics* (website), *Los Angeles Times, Z100 New York* (radio and blog)
- 2009 30 min interview about breast cancer survivors involved in dragon boating and physical activity on *MOVE IT! Integrated Approaches to Health, Lifestyle, Sports, & Fitness*, on 107.3 KOOL FM radio in Victoria, BC.
- 2009 Research on social support in physical activity for breast cancer survivors discussed in the popular press book: Blau, M., & Fingerma, K.L. (2009). *Consequential strangers: The power of people who don’t seem to matter...but really do*. W. W. Norton & Co.: New York.
- 2008 “Dragon boat racing motivates cancer survivors to battle upstream.” *The*

- Exponent, At Geist.com* (magazine and blog in Indianapolis), *The Pink Letter-Breast Cancer News*, *WTHR News* (NBC Indianapolis), *Inside Indiana Business*.

• 2007 “Breast cancer survivors can find comfort in teams with athletic goals.” *Indianapolis Woman* magazine, and *Collaborations → Results* (magazine of the *American Association for Cancer Research*).
- 2007 “Moving upstream: Breast cancer survivors use dragon boat racing to boost their morale and strength.” *Indianapolis Woman* magazine.
- 2007 “Co-workers bond, get some exercise, on company teams.” *Lafayette Journal and Courier*
- 2007 “Taking steps toward a cure.” *Lafayette Journal and Courier*