**Education**

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| --- | --- | --- |
| 2005 | Post-doctoral Fellowship | Stockholm University |
| 2002 | Post-doctoral Fellowship,  Canadian Health Services Research  Foundation | University of Ottawa/University of Calgary |
| 2001 | PhD | University of Alberta |
| 1996 | MN | University of Alberta |
| 1993 | BSN (Distinction) | University of Victoria, BC |
| 1976 | Certificate in Advanced in Advanced Practical Obstetrics | University of Alberta |
| 1973 | Nursing Diploma | Kelsey Institute of Applied Science & Technology, Saskatoon, SK |

**Licensure and Certification**

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| --- | --- | --- |
| Current | Registered Nurse | College of Registered Nurses of Alberta |

**Academic Appointments**

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| --- | --- | --- |
| 2020-present | Director | Social Innovation Initiative, Vice-President (Research) Office |
| 2018 July | Acting Dean | University of Calgary, Faculty of Nursing |
| 2017-present | Adjunct Research Professor | University of Calgary, Department of Community Health Sciences, Cumming School of Medicine, Calgary, AB |
| 2017 | Assistant Professor (Epidemiology) | University of Calgary, Department of Obstetrics and Gynaecology, Cumming School of Medicine, Calgary, AB |
| 2017-2020 | Associate Dean, Research | University of Calgary, Faculty of Nursing, Calgary, AB |
| 2016-2017 | Interim Associate Dean, Research | University of Calgary, Faculty of Nursing, Calgary, AB |
| 2011-present | Professor | University of Calgary, Faculty of Nursing, Calgary, AB |
| 2011-2019 | Adjunct Research Professor | University of Calgary, Department of Pediatrics, Cumming School of Medicine, Calgary, AB |
| 2010-present | Adjunct Associate Professor | University of Calgary, Department of Pediatrics, Faculty of Medicine, Calgary, AB |
| 2005-2011 | Associate Professor | University of Calgary, Faculty of Nursing, Calgary, AB |
| 2004-present | Adjunct Assistant Professor | University of Alberta, Faculty of Nursing, Edmonton, AB |
| 2001-2004 | Assistant Professor | University of Calgary, Faculty of Nursing, Calgary, AB |

**Non-Academic Appointments**

|  |  |  |
| --- | --- | --- |
| 2008-2014 | Mentor, CIHR Strategic Training Program in Genetics, Child Development and Health | University of Calgary, Calgary, AB |
| 2007-present | Membership, School of Graduate Studies | University of Lethbridge, Lethbridge, AB |
| 2007-2009 | Mentor, CIHR Strategic Training Program in Maternal Fetal Newborn Health | University of Alberta, Edmonton, AB |

**Awards and Distinctions**

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| --- | --- | --- |
| 2020 | Faculty of Nursing, Superhero | Faculty of Nursing, University of Calgary |
| 2019 | 50 Faces of UCalgary Nursing | Faculty of Nursing, University of Calgary |
| 2018 | Lifetime Achievement Award, | Calgary Urban Project Society (CUPS) |
| 2017 | GREAT Supervisor | Faculty of Graduate Studies, University of Calgary |
| 2017 | Pursuit of Excellence, Outstanding Team (Nursing Research Office) | Faculty of Nursing, University of Calgary |
| 2017 | Pursuit of Excellence, Graduate Teaching Excellence | Faculty of Nursing, University of Calgary |
| 2016 | Excellence in Leadership | Canadian Association of Perinatal and Women’s Health Nurses |
| 2015 | Advancement of Nursing Research | Covenant Health Faculty of Nursing |

**Research Funding**

|  |  |  |
| --- | --- | --- |
| 2021-2025 | *Alberta (AB) collaborative quality improvement strategies to improve outcomes of preterm infants 32 to 36 week’s gestation: A stepped-wedge cluster randomized trial (ABC-QI Trial).* PIs: Abou Mehem A., Alshaikh, B. Aziz, K., **Benzies**, K., Johnston, D., Toye, J., Shah, P.  CIHR | $765,000 |
| 2021-2024 | *ACCELERATE: Partnering with ICU patients and family caregivers toward early transitions in care.* **PIs**: Stelfox, H.T., Feist, K., Parsons Leigh, J.J., Foster, N. K., Sept, B. G. **Co-Is**: Ahmed, S., Bagshaw S., **Benzies, K.,** Clement, F., Cunningham, C., Deemer, K., Elton-Lacasse, C., Papathanasoglou, E., Pahar, K., Roach, P., Spence, S., Straus, S., Sy, E., Taljaard, M., & Wunsch, H.  CIHR - SPOR | $465,000 |
| 2020-2022 | *Vaccination in a pandemic: The impact on routing vaccinations and future COVID-19 vaccine acceptance.* PI: MacDonald, S. Co-Is: Tunis, M., Brosseau, N., Naus, M., O’Brien, C., Gagneur, A., **Benzies, K.,** Bettinger, J., Driedger, M. Dube, E., Humble, R., Kiely, M., MacDonald, N., Meyer, S., Rafferty, E., Robinson, J., Sadrangani M., Svenson, L., Wilson, s., Colquhoun, A., & Jalbert, Y.  CIHR COVID-19 Catalyst | $396,341 |
| 2020-2021 | *COVID-related Practice Adaptations at CUPS: Developing a Framework for Disaster Planning with Socially Vulnerable Children and Families.* PI: **Benzies, K**. Co-Is: Perry, R., Jones, P., & Kurilova, J.  Owerko Centre & Alberta Children’s Hospital Research Institute | $15,000 |
| 2020-2025 | *Prediction, Prevention, and Interventions for Preterm Birth (The P to 3 Cohort).* Co-PIs: Metcalfe, A. Co-Is: Abou Mehrem, A., Amed, S., Anderson, D., Benlamri, A., **Benzies, K.**, Bray, S., Brockway, M., Campbell, D., Chaput, K., Dean, W., DeVetten, G., Esser, M., Forkert, N., Graham, S., Hemberger, M., Hendson, L., Johnson, J.,, Tomfohr-Madsen, L. Co-Is: Lebel, C., Leijser, L., Malebranche, M., McDonald, S., McMorris, C., McNeil, D., Mineyko, A., Mohammad, K., Nerenberg, K., Ross, K., Seow, C., Shafey, A., Slater, D., Sycuro., L., Tomfohr, L., Tough, S., Wood, S., Zein, H.  Calgary Health Trust | $5 million |
| 2019-2023 | *Co-designing a patent and family caregiver-oriented transitions in care bundle*. PI: Fiest, K.; Co-Is: Burns, K., Manns, B., Farrier, C., Fraser, N., Kashuba, S., Foster, N., Sinnadurai, S., Foster, N., Kupsch, S., Oxland, P., Sept, B., Niven, D., Parsons Leigh, J.  Stelfox, T., Straus, S., Au, S., Amaral, A., Bagshaw, S., Ball, I., **Benzies**, **K**., Bourne, R., Bell, C., Clement, F., Davidson, J., Dodek, P., Doig, C., Ely, E. W., Forster, A., Fowler, R., Fox Robichaud, A., Grant, C., Holroyd-Leduc, J., King, J., Kyeremanteng, K., Lau, V., McBrien, K., Muscedere, J., Niven, D., Papathanasoglou, E., Piskulic, D., Rasiah, J., Rewa, O., Roumeliotis, N., Sauro, K.,Roumeliotis, N.,Roze des Ordons, A., Soo., A., Taljarrd, M., & Turgeon, A.  CIHR – PHSI Transitions in Care | $1.24 million |
| 2019-2021 | Reducing NICU Length of Stay in Alberta: Scale and Spread of Alberta Family Integrated Care (FICare). PI: **Benzies, K**.; Co-Is McNeil, D., Bichel, A.  Alberta Health Services, Health Innovation Implementation and Spread Fund | $750,000 |
| 2017-2020 | *Family Integrated Care (FICare) for Medically Fragile Infants on Paediatric Inpatient Units: a Feasibility and Modified Pilot Study.*  PI: **Benzies, K.;** Co-Is: Barnard, C., MacKay, L., Shah, V.  Alberta Children’s Hospital Research Institute - ARC Research Award in Family Centered Care | $225,000 |
| 2017-2020 | *Family Research Agenda Initiative SEtting (FRAISE) Project.*  PI: **Benzies, K.**; Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr-Madsen, L.  Alberta Children’s Hospital Research Institute – Allied Health Award | $60,000 |
| 2017-2019 | *Developing Nursing Expertise: Application of the Quiet Eye to Nursing Education*.  PI:Parker, S.; Co-Is: **Benzies, K**., Caird, J.  University of Calgary - Taylor Institute Teaching and Learning Grant | $36,660 |
| 2017-2018 | *Family Research Agenda Initiative SEtting (FRAISE) Project.*  PI: **Benzies, K.**; Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr-Madsen, L.  Alberta Innovates – Community Engagement and Conference Grant | $10,000 |
| 2017-2018 | *Using Community Engagement to Define Health Research Priorities in Maternal-Child and Family Health for the Community Setting.*  PI: **Benzies, K.;** Co-Is: Bright, K., Brockway, M., Ginn, C., Keys, E., Kingston, D., Tomfohr, L.  Alberta Innovates | $10,000 |
| 2016-2020 | *Parent-child interactions, child developmental health, and health system costs at 6 months corrected age: Effectiveness of a cluster randomized controlled trial of Family Integrated Care in Level II NICUs.*  PI: **Benzies, K.;** Co-Is: Aziz, K., Lodha, A., Shah, V.  Alberta Children’s Hospital Research Institute-Husky Oil Chair matching funds for Canadian Institutes of Health Research Grant | $100,000 |
| 2016-2018 | *Child Developmental Health, Maternal Psychosocial Distress, And Health Costs At 18 Months Corrected Age: Effectiveness Of A Cluster Randomized Controlled Trial of Family Integrated Care (FICare) in Level II NICUs.*PI: **Benzies, K.;** Co-Is: Asztalos, E., Aziz, L., Hicks, M., Isaranuwatchai, W., Lodha, A., McNeil, D., Mrklas, K., Palacios-Derflingher, L., Shah, V.  Canadian Institutes of Health Research - Preterm Birth Initiative | $199,812 |
| 2015-2018 | *Prediction and Understanding of Resilience in Alberta Families.*  PI: Kingston, D.; Co-PIs: Arnold, P., Greenshaw, A., McDonald, S., Tough, S.; Co-Is: Austin, M-P., **Benzies, K**., Brown, S., Chuck, A., Cui, X., deKoning, J., Dursun, S., Gartland, D., Giallo, R., Graham, S., Greiner, R., King, S., Kovalchuk, I., Lebel, C., MacMaster, F., Marsh, R., McDermott, B., Metz, G., Postovit, L-M., Pryce, C., Slater, D., Sproule, J., Wynne-Edwards, K.  Alberta Innovates- Health Solutions, Collaborative Research and Innovation Opportunities | $1.89 million |
| 2015-2018 | *Family Integrated Care in Level II NICUs: An Innovative Program for Alberta.*  PI: Lodha, A.; Co-PIs: Aziz, K., **Benzies, K.,** Shah, V.; Co-Is: Aikerman, A., Amin, H., Chari, R., Hoch, J., Isaranuwatchai, W., Larocque, J., Mrklas, K., Naugler, C., Palacios-Derflingher, L., Phillipos, E., Scotland, J., Soraisham, A., Staub, K., Stelfox, T., Suter, E., Walker-Kendall, S.  Alberta Innovates Health Solutions, Partnership for Research and Innovation in the Health System | $750,000 |
| 2015-2018 | *A Longitudinal Evaluation of an Innovative, Community-Based Multiple Intervention of Cups One World Child Development Centre: Effects on Health and Developmental Outcomes at Age 15 Following a Two-Generation Preschool Program for Vulnerable Children and Their Families*.  PI: **Benzies, K.;** Co-Is: Ginn, C., Mughal, M.K.  Max Bell Foundation | $26,811 |
| 2015-2016 | *Developing a Pregnancy-Specific Anxiety Assessment Tool: a One-Day Planning Event*.  Co-PIs: Bayrampour, H, Cook, J., Tough, S.; Co-Is: **Benzies, K**., MacQueen, G., McNeil, D. | $9,934 |
| 2014-2021 | *Alberta Birth Common Dataset (ABCD): Revealing the Origins of Child Development.*  Co-PIs: Letourneau, N., Tough, S.; Co-Is: **Benzies, K.,** Dewey, D., Giesbrecht, G.  Alberta Children’s Hospital Foundation | $1.9 million |
| 2013-2017 | *PAX and Triple P Randomized Control Trial.*  PIs: Embry, D., Prinz, R., Tough, S.; Co-Is: **Benzies, K.,** Hoglund, W., Kingston, D., Rinaldi, C., Wiebe, S.  Alberta Centre for Child, Family, and Community Research and  Alberta Health Services | $2.65 million |
| 2013-2017 | *Calgary Urban Project Society (CUPS) Prenatal to Three Program Evaluation Project.*  PI: **Benzies, K.;** Co-Is: Pruett, K., Pruett, M.  Max Bell Foundation | $200,000 |

***Peer Reviewed Publications* (\*denotes trainee)**

**In Press/Accepted**

1. Wasylak, T., **Benzies**, K. M., McNeil, D., Zanoni, P., Osiowy, K., Mullie, T., & Chuck, A. (2022, July 12). Creating value through learning health systems: The Alberta Strategic Clinical Network™ experience. *Nursing Administration Quarterly.*
2. Shafey, A., **Benzies,** K., Amin, R., Stelfox, H. T., & Shah, V. (2022, February 1). Fathers’ experiences in Alberta Family Integrated Care: A qualitative study. *Journal of Perinatal and Neonatal Nursing*.

**e-Pub Ahead of Print**

1. \*Dien, R., **Benzies**, K. M., Zanoni, P., & Kurilova, J., (2022). Alberta Family Integrated Care™ and standard care: A qualitative study of mothers’ experiences of their journeying to home from the neonatal intensive care unit. *Global Journal of Qualitative Research,* 9, 1-11. [https://doi.org/10.1177/23333936221097113](https://doi.org/10.1177%2F23333936221097113)
2. Reifferscheid, L., Marfo., E., Assis, Al., Dubé, E., MacDonald, N., Meyer, S., Bettinger, J. A., Driedger, S., M., Robinson, J., Sadarangani, M., Wilson, E. E., **Benzies**, K., Lemaire-Paquette, S., Gagneur, A., & MacDonald, S. E. (2022). COVID-19 vaccine uptake and intention during pregnancy in Canada. *Canadian Journal of Public Health,* https://doi.org/10.17269/s41997-022-00641-9.
3. \*Wollny, K., Cui, S., McNeil, D., **Benzies**, K., Parsons, S., Sajobi, T., & Metcalfe, A. (2022, January 18). Quality improvement interventions to prevent unplanned extubations in pediatric critical care: A systematic review. *Research Square.* https://orcid.org/0000-0002-7709-1030
4. \*Ringham, C. McNeil, D., & **Benzies**, K. M. (2022). The work of mothering in the NICU: A critical analysis of Alberta Family Integrated Care parent journals. *Advances in Neonatal Care.* <https://doi.org/10.1097/ANC.0000000000000984>
5. Ginn, C., Perry, R., & **Benzies**. K. (2022). Intergenerational attitudes toward child maltreatment: A mixed methods study of parents and their late adolescents following a Canadian two-generation preschool program. *Journal of Family Issues* DOI: 10.1177/0192513X211054459
6. **Benzies**, K. M., Kurilova, J. & van der Merwe, M. (2021). Parental attitudinal and behavioral change associated with prevention-focused parenting education: An interpretive description. *Health Education and Behavior.* [https://doi.org/10.1177/10901981211033233](https://doi.org/10.1177%2F10901981211033233)
7. **Benzies**, K. M., Perry, R., & Cope Williams. (2021). Influence of the COVID-19 Pandemic on Executive Skills in Canadians Experiencing Social Vulnerability: A Descriptive Study. *Health and Social Care in the Community.* DOI: 10.1111/hsc.13615
8. \*Ali, E., Letourneau, N., & **Benzies**, K. (2021). Parent-child attachment: A principle-based concept analysis. *Sage Open Nursing, 7, 1-18.* https://journals.sagepub.com/doi/pdf/10.1177/23779608211009000. Accepted March 22, 2021.
9. \*Mackay, L., Benzies, K. M., Barnard, C., & Raffin Bouchal, S. (2021, September 9). Journeying Alongside One Another: A Grounded Theory of Parents and Health Care Professionals Caring for Hospitalized Medically Fragile Infants. *Children’s Health Care.*
10. Ali, E., Letourneau, N., & **Benzies**, K. (2021, March 22). Parent-child attachment: A principle-based concept analysis. *Sage Open Nursing, 7, 1-18.* <https://journals.sagepub.com/doi/pdf/10.1177/23779608211009000>.
11. \*Dewell, S., **Benzies**, K., Ginn, C., & Seneviratne, C. (2020, October 20). Assessing knowledge of genomic concepts among Canadian nursing students and faculty. *International Journal of Nursing Education Scholarship, 17*(1), Article 20200058. [https://doi.org/https://doi.org/10.1515/ijnes-2020-0058](https://doi.org/https:/doi.org/10.1515/ijnes-2020-0058)
12. \*Anis, L., Perez, G., Letourneau, L., **Benzies**, K. M., Ewashen, C., & Hart, M. (2020, December 16) Convergent validity of three measures of reflective function: Parent Development Interview, Parental Reflective Function Questionnaire, and Reflective Function Questionnaire. *Frontiers in Psychology,* 11:574719*.* doi: 10.3389/fpsyg.2020.574719
13. Mughal, M. K., Giallo, R., Arnold, P., Kehler, H., Bright, K., **Benzies**, K., Wajid, A., & Kingston, D. (2018, December 19).Trajectories of maternal distress and risk of child developmental delays: Findings from the All Our Families (AOF) pregnancy cohort. *Journal of Affective Disorders, 248,* 1-12*.* [doi.org/10.1016/j.jad.2018.12.132](https://doi.org/10.1016/j.jad.2018.12.132)

**Published**

1. **Benzies**, K. M., Perry, R., & Cope Williams, J. (2022). Relationship between perceptions of risk of contracting COVID-19 and resilience: A cross-sectional community survey of social service providers in Canada. *Social Work in Mental Health, 20*(1), 78-91*.* <https://doi.org/10.1080/15332985.2021.1975013>
2. Perry, R., Ginn, C., Donnelly, C., & **Benzies**, K. M. (2022). Assessing resiliency in vulnerable populations: Preliminary evaluation of the CUPS Resiliency Interview Schedule and CUPS Resiliency Questionnaire. *Health and Social Care in the Community, 30,* 709-807.<http://dx.doi.org/10.1111/hsc.13202>
3. \*Mackay, L., Benzies, K. M., Raffin Bouchal, S. & Barnard, C. (2021). Parental and Health Care Professionals’ Experiences Medically Fragile Infants on Pediatric Inpatient Units. *Children’s Health Care, 51(12), 119-138.* <https://doi.org/10.1080/02739615.2021.1973900>
4. Moe, A., Kurilova, J., Afzal, A., & Benzies, K. M. (2022). Effects of Alberta Family Integrated Care (FICare) on Preterm Infant Development: Two Studies at 2 Months and between 6 and 24 Months Corrected Age. *Journal of Clinical Medicine,* 11, 1684*.* https://doi.org/10.3390/jcm11061684
5. Murphy, M., Shah, V., & Benzies, K. M. (2021). Effectiveness of Alberta Family Integrated Care on Neonatal Outcomes: A Cluster Randomized Controlled Trial. *Journal of Clinical Medicine, 10, 5871*. <https://doi.org/10.3390/jcm10245871>
6. Zanoni, P., \*Scime, N. V., **Benzies**, K. M., McNeil, D. A., Mrklas, K. (2021). Facilitators and barriers to implementation of Alberta Family Integrated Care (FICare) in Level II Neonatal Intensive Care Units (NICU): a qualitative process evaluation sub-study of a multi-centre cluster randomized controlled trial (cRCT) using the Consolidated Framework for Implementation Research (CFIR). *BMJ Open, 11,* e054938.doi:10.1136/bmjopen-2021-054938
7. Humble, R. M., Sell, H., Dubé, E., MacDonald, N. E., Robinson, J., Driedger, S. M., Sadarangani, M., Meyer, S. B., Wilson, K. M., Lemaire-Paquette, S., & MacDonald, S. (2021). Canadian parents’ perceptions of COVID-19 vaccination and intention to vaccinate their children: Results from a cross-sectional national survey. *Vaccine, 38,* 7669-7676*.* <https://doi.org/10.1016/j.vaccine.2021.10.002>
8. Brockway\*, M. L., Keys\*, E., Bright, K. S., Ginn, C., Conlon, L., Doane, S., Wilson, J., Tomfohr-Madsen, L., & Benzies, K. (2021). Top 10 (plus 1) research priorities for expectant families and those with children to age 24 months in Alberta, Canada: results from the Family Research Agenda Initiative Setting (FRAISE) priority setting partnership project. *BMJ Open*, *11*(12), e047919. [https://doi.org/10.1136/bmjopen-2020-047919](https://can01.safelinks.protection.outlook.com/?url=https%3A%2F%2Fdoi.org%2F10.1136%2Fbmjopen-2020-047919&data=04%7C01%7CStephanie.Doane%40gov.ab.ca%7C491dc08c601440fbe40a08d9bb5dfeb0%7C2bb51c06af9b42c58bf53c3b7b10850b%7C0%7C0%7C637746835554452673%7CUnknown%7CTWFpbGZsb3d8eyJWIjoiMC4wLjAwMDAiLCJQIjoiV2luMzIiLCJBTiI6Ik1haWwiLCJXVCI6Mn0%3D%7C3000&sdata=PM4sVCjg1CBPf8HProyiZaWqpOWuKsJtQ%2FxdTouTgkY%3D&reserved=0)

\*contributed equally

1. **Benzies**, K. M., Aziz, K., Shah, V., Isaranuwatchai, W., Scotland, J. Larocque, J., Mrklas, K. J., Naugler, C., Stelfox, H. T., Chari, R., Soraisham, A., Akierman, A. R., Phillipos, E., Amin, H., Hoch, J., Zanoni, P., Kurilova, J., Lodha, A., and the Alberta Family Integrated Care (FICare) Team. (2020, November 20). Effectiveness of Alberta Family Integrated Care (FICare) in Level II Neonatal Intensive Care Units (NICU) on infant and maternal outcomes: A provincial, pragmatic, cluster randomized controlled trial. *BMC Pediatrics*, 20:535. https://doi.org/10.1186/s12887-020-02438-6
2. \*Mackay, L. J., **Benzies**, K. M., Barnard, C., & Raffin Bouchal, S. (2020, August 26). Parental experiences caring for their hospitalized medically fragile infants: A description of parental stress and coping. *Canadian Journal of Nursing Research,53*(3),191-201.<https://doi.org/10.1177/0844562120954125>

# Dewell, S., Ginn, C. Benzies, K., & Seneviratne, C. (2021). Nursing student and faculty attitudes about a potential genomics-informed undergraduate curriculum. *International Journal of Nursing Education Scholarship, 18(1), 20200109*. <https://doi.org/10.1515/ijnes-2020-0109>

1. Anis, L., Benzies, K. M., Ewashen, C., Hart, M., & Letourneau, N. (2021 04 08 accepted). Fidelity assessment checklist development for community nursing research in early childhood. *Frontiers in Public Health* 582950. <https://doi.org/10.3389/fpubh.2021.582950>

# Parker, S. I. A., \*Simmons, S. M., \*Rutherford, A., Caird, J. K., & Benzies, K. M. (2021). Novice and expert nurses eye movements and peripheral intravenous catheterization success. *Clinical Simulation in Nursing, 52,* 42-48. https://doi.org/10.1016/j.ecns.2020.12.010

1. \*Keys, E., **Benzies**, K., Kirk, V., & Duffett-Leger, L. (2021). Effect of Play2Sleep on mother- and father-reported infant sleep: A mixed methods clinical trial. *Journal of* *Clinical Sleep Medicine, 18*(2), 439-452*.* DOI: [10.5664/jcsm.9618](https://doi.org/10.5664/jcsm.9618)
2. **Benzies**, K. M., Gasperowicz, M., Afzal, A., & Loewen, M. (2021). Welcome to Parenthood reduces postnatal depressive symptoms during the transition from pregnancy to 6 months postpartum in a community sample: A longitudinal evaluation. *Archives of Women’s Mental Health*, 24(3),493-501*.* <https://doi.org/10.1007/s00737-020-01083-3>
3. McNeil, D.A., Benzies, K. M., Zanoni, P., Kurilova. J. (2021). Alberta Family Integrated Care (FICare)™: From engaged clinicians in a cluster randomized controlled trial to health system partnership in scale and spread across a province. In: McCutcheon C., Reszel, J., Kothari A., Graham I.D., editors. *How We Work Together: The Integrated Knowledge Translation Research Network Casebook*. Volume 4, 16-19. Ottawa, ON: Integrated Knowledge Translation Research Network. Available from: <https://iktrn.ohri.ca/projects/casebook/>
4. Mughal, M. K., Keys, E., Ginn, C., Perry, R. L., & **Benzies**, K. M. (2020). Parenting stress, maternal perception, and child development in families experiencing adversity. *University of Calgary.* Nursing Research and Publications <http://hdl.handle.net/1880/112727>
5. \*Dewell, S., **Benzies**, K., & Ginn, C. (2020). Precision health and nursing: Seeing the familiar in the foreign. *Canadian Journal of Nursing Research, 52*(3), 199-208. <https://doi.org/10.1177/0844562120945159>
6. \*MacKay, L. J., **Benzies**, K. M., Barnard, C., & Hayden, K. A. (2020). A scoping review of parental experiences caring for their hospitalized medically fragile infants. *Acta Paediatrica, 109*(2), 266-275. [doi: org.ezproxy.lib.ucalgary.ca/10.1111/apa.14950](https://doi-org.ezproxy.lib.ucalgary.ca/10.1111/apa.14950)
7. Hunter, A., Cunningham, S., Yuen, C., \*Jensen, K., Kurilova, J., Afzal, A., & **Benzies**, K. M. (2020). Effect of a nurse-led protocol on time to treatment of partial occlusions in central venous access devices in pediatric oncology. *Journal of Pediatric Oncology Nursing, 37*(5), 305-312.<https://doi.org/10.1177/1043454220938349> Selected as feature article for CEU credits.
8. \*Brockway, M., **Benzies**, K. M., Carr, E., & Aziz, K. (2020). Does breastfeeding self-efficacy theory apply to mothers of moderate and late preterm infants? A qualitative exploration. *Journal of Clinical Nursing, 29*(15-16), 2872-2885. doi: 10.1111/jocn.15304
9. \*Anis, L., Letourneau, N., **Benzies**, K., Ewashen, C., & Hart, M. (2020). The effect of the Attachment & Child Health (ATTACH) parent training program on parent-child interaction quality and child development. *Canadian Journal of Nursing Research, 52*(2), 157-168. doi.org/10.1177/0844562119899004.
10. \*Ali, E., Letourneau, N., **Benzies**, K., Ntanda, H., Dewey, D., Campbell, T., & Giesbrecht, G. (2020). Maternal prenatal anxiety and child externalizing and internalizing behavioral problems: The moderating roles of maternal-child attachment security and child sex. *Canadian Journal of Nursing Research, 52*(2), 88-99*.* doi.org/10.1177/0844562119894184
11. \*Bright, K., Ginn, C., \*Keys, E., \*Brockway, M., Tomfohr-Madsen, L., Doane, S., & **Benzies**, K. (2020). Determining research priorities using a modified priority-setting approach and principles of participatory action research (PAR). *SAGE Research Methods Cases: Medicine and Health*. [doi.org/10.1016/j.jad.2018.12.132](https://doi.org/10.1016/j.jad.2018.12.132)
12. \*Mackay, L. J., **Benzies**, K. M., Barnard, C., & Raffin Bouchal, S. (2020). Health care professionals’ experiences of providing care to hospitalized Medically Fragile Infants and their parents. *Journal of Pediatric Nursing, 53,* 14-21*.* doi.org/10.1016/j.pedn.2020.04.016
13. Ginn, C., Mughal, K., Kline Pruett, M., Pruett, K., Perry, R. L., & **Benzies**, K. M. (2020). Engaging from both sides: Facilitating a Canadian two-generation prenatal to three (P to 3) program for families experiencing vulnerability. *Canadian Journal of Nursing Research, 52*(2), 117-128*.* doi.org/10.1177/0844562120905710.
14. Ginn, C., & **Benzies**, K. (2020). Struggling with reciprocity and compassion: Mentoring pregnant and parenting mothers experiencing vulnerability. *Qualitative Health Research, 30*(4) 504–517. [doi.org/10.1177/1049732319855961](https://doi.org/10.1177%2F1049732319855961)
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28. Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2018). Stepping stones to resiliency following a community-based two-generation preschool program. *Health and Social Care in the Community, 26*(3), 364-373*.* doi: 10.1111/hsc.12522
29. Keys, E., **Benzies**, K. M., Kirk, V., & Duffett-Leger, L. (2018). Using play to improve infant sleep: A mixed methods protocol to evaluate the effectiveness of the Play2Sleep intervention. *Frontiers in Psychiatry - Sleep and Chronobiology, 9*, 109. doi.org/10.3389/fpsyt.2018.00109
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31. Mughal, M. K., Giallo, R., Arnold, P., **Benzies**, K., Kehler, H., \*Bright, K., & Kingston, D. (2018). Trajectories of maternal stress and anxiety from pregnancy to 3 years and child development at 3 years of age: Findings from the All Our Families (AOF) pregnancy cohort. *Journal of Affective Disorder*, *234*, 318-326. doi.org/10.1016/j.jad.2018.02.095
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39. **\***Nowell, L., White, D.E., **Benzies**, K., & Rosenau, P. (2017) Factors that impact implementation of mentorship programs in nursing academia: A sequential-explanatory mixed methods study. *Journal of Nursing Education and Practice, 7*(10), 1-11. doi.org/10.5430/jnep.v7n10p1
40. \*Parker, S., **Benzies**, K., Hayden, K. A., & Lang, E. S. (2017). Effectiveness of interventions for adult peripheral intravenous catheterization: A systematic review and meta-analysis of randomized controlled trials. *International Emergency Nursing Journal, 31,* 15-21*.* doi: 10.1016/j.ienj.2016.05.004
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42. **Benzies**, K. M., Magill-Evans, J., \*Ballantyne, M., & Kurilova, J. (2017). Longitudinal patterns of early development in Canadian late preterm infants: A prospective cohort study. *Journal of Child Health Care, 21*(1), 85-93. doi: 10.1177/1367493516689167

**Presentations, Invited**

1. McNeil, D. M., Benzies, K. M., & Hicks, M. (2022, March 17). *Accelerating Evidence into Practice Partnering with the Healthcare System to Test then Scale and Spread Innovations*. Pediatric Grand Rounds. Virtual.
2. Benzies, K. M. (2021, October 14 -15). *How to Make Your Research Matter in Complex Healthcare Systems: Sustaining the Long-Term Impact of Alberta Family Integrated Care in Neonatal Intensive Care Units*. 4th International Family Integrated Care Conference (virtual).
3. Benzies, K. M. (2021, October 14-15). *Provider-Friendly E‐Learning for Healthcare Quality Improvement Initiatives*. 4th International Family Integrated Care Conference (virtual).
4. Benzies, K. M. (2021, September 24). *Family integrated care in Canada: Level II NICU model outcomes and sustainability*. Hong Kong University - Shenzhen Hospital 2021 FICare Workshop, Shenzhen, China.
5. Benzies, K. M. (2021, June 9). *Pathways to commercialization and knowledge translation* [panelist; John Winter, Chair)*.* HIPP: Digital Compass Program, Innovate Calgary.
6. Benzies, K. M. (2021, May 19). *Sustaining the long-term impact of Alberta Family Integrated Care (FICareTM): How to make your research matter in complex health systems*. 8th SCENE Symposium, Tallinn, Estonia.
7. McAuley, E., **Benzies**, K., Gignac, B. & Winter, J. Yedlin, D. (Chancellor, University of Calgary, moderator). (2021, March 16). *Community Webinar – Social Innovation.* University of Calgary, Calgary, AB. 240 registrants, 124 tuned in from Canada and USA.
8. **Benzies**, K. M. (2020, November 20). *Sustaining the long-term impact of Alberta Family Integrated Care (FICare) in neonatal intensive care units*. Sustaining Long-Term Impact in Patient Oriented Research (POR): How to make your research matter in the long term. AbSPORUnit, Virtual Conference.
9. **Benzies**, K. M., & Wilson, J. (2020, September 25). *Introduction of Alberta FICare* (1.5 hour presentation for 4-hour virtual workshop). Hong Kong University – Shenzhen Hospital, Shenzhen, China.
10. **Benzies**, K. M., Shah, V.. (2020, September 9). *Effects of Alberta Family Integrated Care (FICare) on outcomes for moderate and late preterm infants and their mothers: A provincial, pragmatic cluster randomized controlled trial* [webinar]. Children’s Healthcare Canada, Ottawa, ON.
11. Mackay, L., Barnard, C., & **Benzies**, K. M. (2020, September 9). *Journeying alongside one another: A grounded theory of parents and health care professionals caring for hospitalized medically fragile infants*. Pediatric Grand Rounds, Alberta Children’s Hospital, Calgary, AB.
12. Pexman, P., Bharwani, A., **Benzies**, K. M. (2020, February 3). *Advancing social prosperity panel.* Rozsa Centre, University of Calgary, Calgary, AB.
13. \*Brockway, M., **Benzies**, K. M., Carr, E. & Aziz, K. (2020, February 8 - 9). *Exploring breastfeeding self-efficacy theory in mothers of moderate and late preterm infants.* National FICare Conference, Calgary, AB.
14. **Benzies**, K. M. for the Alberta FICare Team. (2020, February 8-9). *Effectiveness of Alberta FICare™ in Level II NICUs on infant and maternal outcomes.* National FICare Conference, Calgary, AB.
15. \*Wilson, J. for the Alberta FICare Team. (2020, February 8 - 9). *Differences in indirect cost between families receiving Alberta FICare©™and standard care in Level II NICUs*. National FICare Conference, Calgary, AB.
16. Zanoni, P, \*Scime, N., McNeil, D., & **Benzies**, K. (2020, February 8 - 9). *Evaluating implementation of Alberta FICare©™ in Level II NICUs using the Consolidated Framework for Implementation Research*. National FICare Conference, Calgary, AB.
17. \*Shafey, A., Shah, V., **Benzies**, K., Amin, R., & Stelfox, H. T. (2020, February 9 - 10). *The experiences of fathers in a Family Integrated Care (FICare) program.* National Family Integrated Care Conference, Calgary, AB.
18. **Benzies**, K. M. (2020, January 28).*Social innovation in maternal mental health: The Welcome to Parenthood Project*. 4th Annual Graduate Student Research Symposium: Peer Beyond 2020. Calgary, AB.
19. **Benzies**, K. M. for the Alberta FICare Team. (2020, January 23). *Effects of Alberta Family Integrated Care (FICare) on outcomes for moderate and late preterm infants and their mothers: A provincial, pragmatic cluster randomized controlled trial*. Child Health Research Rounds, Calgary, AB.
20. **Benzies**, K. M. for the Alberta FICare Team. (2019, September 23). *Effect of Alberta Family Integrated Care in Level II neonatal intensive care units on maternal and preterm infant mental health at 2 months corrected age*. Alberta Association for Infant Mental Health, Seminar and Annual General Meeting, Calgary, AB.
21. **Benzies**, K. M. (2019, May 29). *Reducing the risk of postnatal depression and improving infant development: From social innovation to commercialization of Welcome to Parenthood©.* Discovery and Care Innovation for Children, Child Health Research Symposium, Calgary, AB.
22. **Benzies**, K.M. for the Alberta FICare Team. (2018, November 1 - 2). *Family Integrated Care (FICare) in Alberta Level II NICUs: Enhancing practice; improving outcomes.* [Oral presentation]. Research and Practice: Inspiring Innovation in Maternal Care Together, Maternal & Newborn Conference, Calgary, AB.
23. **Benzies**, K. M. for the Alberta FICare Team. (2018, September 9). *Maximizing Family Integrated Care (FICare) to improve outcomes in Alberta Level II NICUs.* Family Integrated Care Conference, Sydney, AUS.
24. **Benzies**, K. M. for the Alberta FICare Team. (2018, September 7). *A cluster randomized controlled trial (cRCT) of Family Integrated Care (FICare) in Level II NICUs: The Alberta saga.* NeoPaed Conference, Sydney, AUS.
25. **Benzies**, K. M. (2018, May 5). Six degrees of connection in nursing. University of Calgary, Faculty of Nursing, Alumni Luncheon, Calgary, AB.
26. **Benzies**, K. M. and the FICare Team. (2018, April 20). *Family Integrated Care (FICare) in NICUs: Two levels; two models.* Neonatal Care: It Takes a Village, Canadian Association of Neonatal Nurses Conference, Calgary, AB.
27. **Benzies**, K. M., & Loewen, M. (2017, November 23). *Welcome to Parenthood Alberta: Combining neuroscience and mentorship to improve maternal mental health*. Food for Thought: The Faculty of Nursing Breakfast Series, Calgary, AB.
28. **Benzies**, K. (2017, November 18). *Early brain development: Its effects on life-long learning and health*. Apple Talks, Your Brain Our Guide. St. Anthony Centre, Edmonton, AB.
29. \*Brockway, M., **Benzies**, K., & Hayden, K. A. (2017, October). *Interventions to improve breastfeeding self-efficacy and resultant breastfeeding rates: A systematic review and meta-analysis.* International Lactation Consultants Association. Webinar.
30. **Benzies**, K. (2017, March 14). *Unravelling the journey to Family Integrated Care in Alberta*. NICU Continuing Medical Education (CME) Day at Grand Opening of Peter Lougheed Centre NICU, Calgary, AB.
31. **Benzies**, K. (2016, March 7). *Alberta’s Early Childhood Development Policy Landscape: Situating your Research Program.* Developmental Neurosciences Grand Rounds, Alberta Children’s Hospital, Calgary, AB.

**Presentations, Refereed**

1. Dunn, S., Campbell, D. J. T., Beall, R. F., Spackman, E., Lipscombe, L., Benzies, K., McCormack, G., & Olstad, D. L. (2022, June 14 -16). *A healthy food prescription incentive program of adults with type 2 diabetes who are experiencing food insecurity: Protocol for a longitudinal qualitative study* [poster]. American Society for Nutrition. Virtual. Abstract Submission ID: **1215271**
2. Xie, Bailin, E., Jung, J., Kaur, J., Tomfohr-Madsen, L., Benzies, K., & Keys, E. (2022, May 30 – June 3). *Parenting self-efficacy for fathers of infants: A systematic review of digital parenting interventions*. CNPRM Abstract #176. Virtual.
3. Wollny K, McNeil D, Moss S, Sajobi T, Parsons SJ, Benzies K, Metcalfe A. (2022, June 14). *Predictors of Unplanned Extubations Requiring Reintubation in Pediatric Critical Care*. Society of Pediatric and Perinatal Epidemiological Research Annual Meeting, Chicago, IL, USA.
4. Xie, E. B., Jung, J., Kaur, J., Tomfohr-Madsen, L., Benzies, K., & Keys, E. (2022, June 17-19). *Digital parenting interventions for fathers of infants from conception to 12 months of age: A systematic review* [printed poster]*.* Canadian Psychological Association 83rd Annual National Convention (CPA2022). Calgary, AB. #71494
5. Wollny, K., Cui, S., McNeil, D., Benzies, K., Parsons, S., Sajobi, T., & Metcalfe, A. (2021, December 6-8). *Quality Improvement Interventions to Prevent Unplanned Extubations in Pediatric Critical Care: A Systematic Review.* Canadian Critical Care Forum. Virtual.
6. \*Shafey, A. **Benzies**, K., & Shah, V. (2021, September 23-24). *Fathers’ Experiences in Alberta Family Integrated Care.* 4th International Family Integrated Care Conference. Moving Forward with FICare: Sustainable Implementation. Virtual.
7. \*Wilson, J., Kromm, S., McNeil, D., & **Benzies**, K. (2021 October). *The co-development and validation of a measurement tool to examine the parent experience of patient- and family-centered care in the neonatal intensive care unit*. 2021 SPOR Northwest Virtual Institute.
8. \*Shafey, A. **Benzies**, K., & Shah, V. (2021, September 23-24). *Fathers’ Experiences in Alberta Family Integrated Care: A Qualitative Study.* 2021 Canadian Association of Perinatal and Women’s Health Nurses (CAPWHN) 10th Annual Conference, Virtual.
9. Zanoni, P., \*Scime, N., **Benzies**, K., McNeil, D., & Mrklas, K. (2021, September 23-24). *Understanding implementation of Alberta Family Integrated Care (AB-FICare™) in Level II Neonatal Intensive Care Units (NICU) using the Consolidated Framework for Implementation Research (CFIR)*. 2021 Canadian Association of Perinatal and Women’s Health Nurses (CAPWHN) 10th Annual Conference, Virtual.
10. **Benzies**, K., McNeil, D., Zanoni, P., & Kurilova, J. (2021, September 23-24). *Making your Quality Improvement Initiatives Sustainable within Complex Healthcare Systems*. 2021 Canadian Association of Perinatal and Women’s Health Nurses (CAPWHN) 10th Annual Conference, Virtual.
11. \*Dien, R., Benzies, K., Zanoni, P., Kurilova, J., & Ginn, C. (2021, September 23-24). *‘Journey to Home’: Exploring Mothers’ Experiences with Alberta Family Integrated Care (FICare)™ and Standard Care in Neonatal Intensive Care Units (NICUs)*. 2021 Canadian Association of Perinatal and Women’s Health Nurses (CAPWHN) 10th Annual Conference, Virtual.
12. \*Murphy, M., Benzies, K., Aziz, K., Shah, V., Lodha, A., Kurilova, J., & and Alberta FICare in Level II NICU Study Team. (2021, September 23-24). *Effectiveness of Alberta Family Integrated Care (FICare)™ on Infant Length of Stay and Other Neonatal Outcomes in Level II Neonatal Intensive Care Units (NICU): Implications for a Post-COVID Healthcare System*. 2021 Canadian Association of Perinatal and Women’s Health Nurses (CAPWHN) 10th Annual Conference, Virtual.
13. \*Wilson, J., Brockway, M., Keys, E.M., Bright, K.S., Ginn, C., Tomfohr-Madsen, L., & Benzies, K.M. (2021, September 23-24). *Employing intersectionality using patient-oriented research to explore maternal-child health priorities: Lessons from the Family Research Agenda Initiative Setting (FRAISE) Project*. 2021 Canadian Association of Perinatal and Women’s Health Nurses (CAPWHN) 10th Annual Conference, Virtual.
14. Dewell, S., **Benzies**, K., Ginn, C., & Seneviratne, C. (2021, May 3-5). *Genomic knowledge for nurses: A mixed-\*methods study of literacy and perceptions*. The CASN Canadian Virtual Education Conference 2021, Ottawa, ON.
15. \*Dewell, S., \*Dhaliwal, K., **Benzies**, K., Ginn, C., Hirst, S., & King-Shier, K. (2021, May 3-5). *Rethinking mentorship: Seeking a balance between needs and expertise.* Conference on Postsecondary Teaching and Learning, Calgary, AB.
16. \*Murphy, M., Shah, V., & **Benzies**, K. (2021, April 28*). Effectiveness of Alberta FICARE on neonatal outcomes – A cluster randomized trial* (oral presentation). 20th Annual Neonatal Research Day, Toronto, ON. Research Award.
17. \*Weisbeck, S., **Benzies**, K., McNeil, D., Ginn, C., & Chaput, K. (2021 March 11). *Women’s perceptions, beliefs, and decision-making process of consuming cannabis during pregnancy and lactation. What health professionals need to know (requested oral presentation).* Nursing Research Office/Graduate Student Conference, virtual, Faculty of Nursing, University of Calgary, Calgary, AB.
18. Paopongsawan, P. (Rocky), Shah, V., **Benzies**, K., & Churchill, P. (2021, April 30 to May 4). Experiences of Same-sex Parents Having Infants Admitted to Neonatal Intensive Care Units (NICUs) in Canada   
    Pediatric Academic Societies, virtual conference. Abstract ID: 3535678
19. Weisbeck, S., **Benzies**, K., McNeil, D., Ginn, C., & Chaput, K (2021 February 8-12). *Women’s perceptions, beliefs, and decision-making process of consuming cannabis during pregnancy and lactation.* *What health professionals need to know.* Canadian National Perinatal Research Meeting, virtual. Accepted December 22, 2020.
20. Dewell, S., **Benzies**, K., Ginn, C., & Seneviratne, C. (2021, May 3 – 6). *Genomic knowledge for nurses: A mixed-methods study of literacy and perceptions. Nursing Knowledge Within the Curriculum*. Canadian Association of Schools of Nursing, Virtual Conference.
21. Weisbeck, S., **Benzies**, K., McNeil, D., Ginn, C., & Chaput, K. (2021, March 11). *Women’s perceptions, beliefs, and decision-making process of consuming cannabis during pregnancy and lactation. What health professionals need to know (requested oral presentation).* Nursing Research Office/Graduate Student Conference, virtual, Faculty of Nursing, University of Calgary, Calgary, AB.
22. Weisbeck, S., **Benzies**, K., McNeil, D., Ginn, C., & Chaput, K. (2021, February 8-12). *Women’s perceptions, beliefs, and decision-making process of consuming cannabis during pregnancy and lactation.* *What health professionals need to know.* Canadian National Perinatal Research Meeting, virtual.
23. Wilson, J., Punian, P., Brockway, M., Keys, E., Bright, K., Ginn, C., Tomfohr-Madsen, L., & **Benzies**, K. (2020, October 13 - 20). *Top 11 research priorities for families in Alberta: A summary of the Family Research Agenda Initiative Setting (FRAISE) Project.* AB SPOR Support Unit, Virtual Institute 2020
24. **Benzies**, K.M., Aziz, K., Shah, V., Faris, P., Scotland, J., Larocque, J., Stelfox, H. T., Chari, R., Soraisham, A., & Lodha, A. (2020, November 20). *Effectiveness of Alberta Family Integrated Care on infant length of stay in level II neonatal intensive care units: A cluster randomized controlled trial*. Building Bridges - When Everyone Matters, Children’s Healthcare Canada 2020 Annual Conference, virtual conference.
25. Ringham, C., McNeil, D. & **Benzies**, K., (2020, June 1-2). *Innovative models of care in the NICU: Mapping the scale and spread of Alberta Family Integrated Care (Alberta FICareTM*. Neonatal Nursing: What’s on the Horizon. Canadian Association of Neonatal Nurses National Conference. Halifax, NS.
26. Keys, E., Kirk, V., Duffett- Leger, L., & **Benzies**, K. (2020, June 21 – 25). *Parental experiences and perceptions of infant sleep difficulties: Considerations for parenting interventions.* International Society of the Study of Behavioural Development 2020, Island of Rhodes, Greece.
27. Ringham, C., **Benzies**, K., & McNeil, D. (2020, May 26 – 29). *Mapping institutional processes to facilitate scale and spread of Alberta Family Integrated Care (Alberta FICare)****.*** Advancing Health Equity: Identifying Barriers and Solutions, Canadian Association for Health Services and Policy Research (CAJSPR Annual Conference 2020, Saskatoon, SK.
28. Shafey, A., **Benzies**, K.; Amin, R., Stelfox, H.T., & Shah, V. (2020, April 29 – May 6).*i The Experiences of Fathers in a Family Integrated Care (FICare) Program*. Pediatric Academic Society, Philadelphia, PA.
29. Dewell, S., **Benzies**, K., & Ginn, C. (2020, April 20 - 29). *Reinvigorating nursing and genomics in Canada.* Inaugural Conference Nursing, Genomics, and Healthcare, Wellcome Genome Campus, Hinxton, Cambridgeshire, UK.
30. Gosia, M., & **Benzies**, K. (2019, December 12- 13). *Grandmothers are great, and sisters and even better: Vital importance of informal social support for the mental health of first-time mothers* [Poster presentation]. Alberta Children’s Hospital Research Institute Retreat, Banff, Alberta.
31. Brockway, M., **Benzies**, K. M., Care, E., & Aziz, K. (2020, February 12 – 15). *The application of breastfeeding self-efficacy theory applied to mothers of moderate and late preterm infants: A qualitative exploration.* Presentation at the 7th Canadian National Perinatal Research Meeting, Banff, AB.
32. **Benzies**, K.M., Aziz, K., Shah, B., Lodha, A. & the Alberta FICare Study Team. (2020, February 12 – 15). *Effectiveness of Alberta Family Integrated Care (FICare)©™ in Level II Neonatal Intensive Care Units on infant and maternal outcomes: a provincial, pragmatic, cluster randomized controlled trial.* National Family Integrated Care Conference, Calgary, AB.
33. Keys, E.\*, **Benzies**, K., Kirk, V., & Duffett-Leger, L. (2019, September 25). *Effectiveness of Play2Sleep with mothers and fathers of infants aged 5 months: A mixed methods study examining the effect of an intervention designed to improve parent-child interaction on infant sleep (A-1055-0001-00855)* [Conference proceedings and oral presentation]. World Sleep Congress 2019 in Vancouver, BC.
34. Dewell, S., **Benzies**, K., Ginn, C., Seneviratne, C., & Goldsworthy, S. (2019, November 8-10). *Genomic knowledge for nurses: A mixed methods study or literacy and perceptions* [Poster presentation]. 2019 ISONG Congress: Transforming Health through Genomic Nursing, San Antonio, TX.
35. Dewell, S., Ginn, C., & **Benzies**, K. (2019, November 8-10). *Creation of an online educational hub for genomic nursing education, practice, and research* [Poster presentation]. 2019 ISONG Congress: Transforming Health through Genomic Nursing, San Antonio, TX.
36. Ringham, C., Zanoni, P., McNeil, D., & **Benzies**, K. (2019, November 8-10). *Family Integrated Care (FICare) in Level II NICUs: A critical discourse analysis of parent journals.* [Oral presentation]. 9th CAPWHN National Conference in Vancouver, BC.
37. Wilson, J., **Benzies**, K. M. & the Alberta FICare Team. (2019, November 8-10). *Differences in Indirect Cost Between Families Receiving Family Integrated Care (FICare) and Standard Care in Level II NICUs.*[Oral presentation]9th CAPWHN National Conference in Vancouver, BC.
38. Ginn, C., Brockway, M., Keys, E., Bright, K., Tomfohr-Madsen, L., & **Benzies**, K. (2019, October 8). *Welcome to the FRAISE Project!* Oral presentation at the Vanier Families in Canada Conference, University of Calgary Satellite Event, Markin MacPhail Centre, Winsport, Calgary, AB. <https://familiesincanada.ca/calgary/>
39. Ali, E., Norris, J. M., **Benzies**, K. Giesbrecht, G., & Letourneau, N. (2019, July 18 - 20). *Parent-Child Attachment: Principle-Based Concept Analysis.* International Attachment Conference, Science and Practice Over the Lifespan, Vancouver, BC.
40. Perry, R., Dolinar, R.-M., Ginn, C., **Benzies**, K., & Donnelly, C. (2019, May 9). Assessing Paths to Self-Sufficiency: CUPS Calgary Resiliency Matrix. *Adverse Childhood Experiences Summit*, Vancouver, BC.
41. Dewell, S., Ginn, C., **Benzies**, K., Goldsworthy, S., & Seneviratne, C. (2019, February 20) *Genetic and genomic knowledge for nurses: Exploring literacy and perceptions among undergraduate nursing students and faculty*. Oral presentation at the Western North-western Region Canadian Association of Schools of Nursing Annual Conference, Edmonton, AB
42. Dewell, S., Ginn, C., **Benzies**, K., & Seneviratne, C. (2019, April 30 – May 1) *Proposing innovative curriculum change: Insights from student focus groups.* Electronic poster presentation at the Conference on Postsecondary Learning and Teaching: Exploring Experiential Learning, University of Calgary, Calgary, AB
43. Brockway, M. L., **Benzies**, K. M., Kurilova, J., & Zanoni, P. (2019, July 24 - 27). *Breastfeeding self-efficacy and breastmilk feeding outcomes for moderate and late preterm infants enrolled in the Family Integrated Care (FICare) cluster randomized controlled trial.* International Lactation Consultant Associate Annual Meeting, Atlanta, GA.
44. Ringham, C., Zanoni, P., McNeil, D., & **Benzies**, K. (2019, May 5-8). *Family Integrated Care (FICare) in Level II NICUs: A critical discourse analysis of parent journals.* [Poster presentation]. Enriched Family-Enhanced Care, 2019 Council of International Neonatal Nurses Conference, Auckland, NZ.
45. Hunter, A., Dayment, S., Yuen, C., & **Benzies**, K. (2018, April).  *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Oral session presented at the Excellence in Pediatric Innovative Care Conference, Calgary, AB
46. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies**, K. (2018, May).  *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Oral and poster session presented at the Research Challenge Cohort, Red Deer, AB.
47. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies**, K. (2018, September). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions*. Poster session presented at the Association of Vascular Access Annual Scientific Meeting, Columbus, OH.
48. Hunter, A., Dayment, S., Yuen, C., Jensen, K., Afzal, A.R., & **Benzies**, K. (2018, October). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions.* Poster session presented at the Canadian Association of Paediatric Health Centres Annual Conference, Edmonton, Alberta.
49. Hunter, A., Dayment, S., Yuen, C., & **Benzies**, K. (2018, November). *Dissolving Barriers: A pediatric oncology quasi-experimental study to identify the effectiveness of a nurse-led protocol in the management of partial CVAD occlusions.* Oral session presented at the Oncology Research Day, Calgary, AB.
50. \*Lewis, R. A., **Benzies**, K., & Tonelli, M. (2018, October 25). *A case study of the barriers to the practice of Person-Centred Care within the context of hemodialysis services*. Poster Abstract 701. Kidney Week, American Society of Nephrology, San Diego, CA.
51. \*Dien, R., \*Ringham, C., \*Brockway, M., & **Benzies**, K. (2018, August 22). *Breastfeeding rates in preterm infants admitted to a Level II neonatal intensive care unit (NICU): A descriptive study*. Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
52. \*Tram, S., **Benzies**, K., Ginn, C., & Perry, R. (2018, August 22). *How a demographic review will contribute to the development of a consent form in a non-profit community-based organization.* Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
53. \*Ling, S., Zanoni, P., Kurilova, J., Smith, J., & **Benzies**, K. (2018, August 22). *Childhood adversities and depressive symptoms among mothers in the Welcome to Parenthood (W2P) program: A comparison of samples from the general and vulnerable populations*. Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
54. \*Bharadia, S., **Benzies**, K., Kurilova, J., Lesack, A., Zanoni, P., Lodha, A., & the FICare Alberta Research Team. (2018, August 13). *You’re trained for a job – Why not parenthood? Parent education and support for families participating in Family Integrated Care (FICare)*. HYRS Student Summer Research Program, Research Day, Calgary, AB.
55. Aziz, K., **Benzies**, K., Suter, E., Mrklas, K., Shah, V., Lodha, A., & Misfeldt, R. (2018, May 5 - 8). *The health care system is making “too much noise” to provide family-centred care (FCC): Health care providers’ perspectives.* Poster # 57 presented at the Pediatric Academic Societies (PAS), Toronto, ON.
56. **Benzies**, K., (2018, June 7 -9). *Baby boxes may not prevent sleep-related infant death: A collective case study of socially vulnerable families.* Paper presentated at the International Conference on Stillbirth, SIDS and Baby Survival 2018, Glasgow, UK.
57. \*Ali, E., Letourneau, N., **Benzies**, K., & Giesbrecht, G. (2018, April 27). *Prenatal anxiety and children's behavioral problems: The moderating roles of maternal-child attachment and child's sex.* Poster session presented at the University of Calgary. Women’s Mental Health Day Conference, Calgary, AB.
58. \*Keys, E. M., \*Best, I. C., & **Benzies**, K.M. (2018, May 14 – 16). *Parent-reported services, resources, and strategies to manage infant sleep difficulties at 5-months of age.* Poster session presented at the Alberta Strategy for Patient Oriented Research (SPOR) Support Unit Summer Institute, Calgary, AB.
59. **Benzies**, K., Loewen, M., & the Welcome to Parenthood Study Team. (2018, February 14 – 17). *Welcome to Parenthood™:* *Combining neuroscience and mentorship to improve maternal perinatal psychosocial health*. Poster session presented at the Canadian National Perinatal Research Meeting, Banff, AB
60. **Benzies**, K., Suter, E., Mrklas, K., Shah, V., Aziz, K., Misfeldt, R., & \*Brockway, M. (2018, February 14 – 17). *The health care system is making “too much noise” to provide family centred care: Health care provider perspectives*. Poster session presented at the Canadian National Perinatal Research Meeting, Banff, AB
61. \*Ali, E., Letourneau, N., **Benzies**, K., & Giesbrecht, G. (2018, February 13). *Prenatal anxiety and children's behavioral problems: The moderating roles of maternal-child attachment and child's sex.* Poster session presented at the Developmental Origins of Health and Disease (DOHaD) Scientific Meeting, Canadian DOHaD Society, Banff, AB.
62. \*Best, I., \*Keys, E., & **Benzies**, K. (2017, November 30). *Services, strategies, and resources parents use to manage infant sleep difficulties.* Poster presentation at the Students Union Undergraduate Research Symposium, University of Calgary, Calgary, AB.
63. \*Best, I., \*Keys, E., & **Benzies**, K. (2017, October 26). *Services, strategies, and resources parents use to manage infant sleep difficulties.*  Poster presentation at the Bachelor of Health Sciences Program Annual Research Symposium, Cumming School of Medicine, University of Calgary, Calgary, AB.
64. \*Dewell, S. L., **Benzies**, K. M., & Slater, D M. (2017, November 3 - 5). *Relationship between Psychosocial Distress in Pregnancy and a Hypothalamic-Pituitary-Adrenal (HPA) Axis Polymorphism.* Paper [# 0069] presented at the Precision Nursing through Research, Education and Practice, International Society of Nurses in Genetics ISONG, Reston, VA. Dewell was Canadian representative on panel discussion.
65. \*Ali, E., Giesbrecht, G., Letourneau, L., & **Benzies**, K. (2017, October 15 – 17). *Prenatal Anxiety and Children’s Behavioral Problems: The Moderating Roles of Maternal-Child Attachment and Child’s Sex.* Poster session presented at the International Society of Developmental Origins of Health and Disease, Rotterdam, The Netherlands.
66. \*Mughal, M. K., Giallo, R., **Benzies**, K., \*Bright, K., \*Harvalik, P., Kehler, H., McDonald S., & Kingston, D. (2017, October 15-18). *Trajectories of Maternal Anxiety and Child Development at three years.* Poster session presented at the 10th World Congress on Developmental Origins of Health and Disease (DOHaD- 2017), Rotterdam, The Netherlands
67. \*Nowell, L., White, D., **Benzies**, K., & Rosenau, P. (2017, October 11 - 14). *The emerging landscape of mentorship to support teaching, learning, and research in nursing academia.* Poster session presented at Reaching New Heights ISSOTL17, International Society for the Scholarship of Teaching and Learning, Calgary, AB.
68. \*Jensen, K., \*Wilson, J., & **Benzies**, K. (2016, August). *Family integrated care (FICare): A qualitative analysis of mothers’ experiences in a level II NICU.* Poster session presented at the Alberta Children’s Hospital Research Institute, Summer Student Research Day, Calgary, AB.
69. \*Jensen, K., \*Wilson, J., & **Benzies**, K. (2016, November). *Family integrated care (FICare): A qualitative analysis of mothers’ experiences in a level II NICU.* Paper presented at the Margaret Scott Wright Research and Innovation Day, Edmonton, AB.
70. Barnard, C., Bailey, J. A., Nettel-Aguirre, A., & **Benzies**, K. M. (2017, July 20 - 23). *Prioritizing the “Family Voice” to enhance family centered bedside rounds*. Poster session [#1 A240] presented at the Pediatric Hospital Medicine Conference, Nashville, TN.
71. **Ginn**, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2017, July 21). *Longitudinal research with Canadian families living with low income* [Recruiting and Surveying Special Populations].7th Conference of the European Survey Research Association, Universidade de Lisoba, Lisbon, Portugal.
72. Ginn, C., **Benzies**, K., Keown, L., Raffin Bouchal, S., & Thurston, B. E. (2017, July 19). *Sampling procedures in a longitudinal study following a two-generation preschool program* [Mixed Methods Sampling Procedures: Techniques, Methodological Problems, and Meta-Inferences].7th Conference of the European Survey Research Association, Universidade de Lisboa, Lisbon, Portugal.
73. \*Brockway, M., Ginn, C., Keys, E., Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, June 26-28) *The FRAISE (Family Research Agenda Initiative SEtting) Project Protocol.* Poster session presented at the Patient Oriented Research, KT Canada Summer Institute, Toronto, ON. http://ktcanada.org/wp-content/uploads/2016/12/KT-Canada\_KT-Summer-Institute\_2017\_v3-768x994.jpg
74. \*Brockway, M., Ginn, C., \*Keys, E., \*Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K (2017, June 26). *The FRAISE (Family Research Agenda Initiative SEtting) Project Protocol.* Poster session presented at the Alberta Strategy for Patient Oriented Research (SPOR) Summer Institute, Lister Hall, Edmonton, AB. https://custom.cvent.com/1E9916C3B4704AE582E66927FC173073/files/79d86c16177c417098b63cb15cbc8c75.pdf
75. Letourneau, N., Hart\*, M., Anis\*, L., Ewashen, C., **Benzies**, K., & Donnelly, C. (2017, June 28 - July 1). *Attachment and Child Health (ATTACH): A parental reflective function intervention pilot study*. Poster session presented at the Putting Attachment Theory to Work, International Attachment Conference, Institute of Education, London, UK.
76. \*Jensen, K., \*Wilson, J., & **Benzies**, K. (2017, June 1). *Family integrated care (FICare): A qualitative analysis of mothers’ experiences in a level II NICU.* Poster session presented at the Owerko Conference, Finding Mental Health in Neurodevelopmental Disorders, Calgary, AB.
77. \*Brockway, M., Ginn, C., \*Keys, E., \*Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, May 12). *The FRAISE (Family Research Agenda Initiative SEtting) project protocol.* Poster presented at the Women’s Mental Health Day Conference, Calgary, AB.

http://spotidoc.com/doc/1080760/women-s-mental-health-day---university-of-calgary

1. **\***Brockway, M., Ginn, C., Keys, E., Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K (2017, April 28 - 30). *The FRAISE (Family Research Agenda Initiative SEtting) Project Protocol.* Poster session presented at the Canadian Child Health Clinician Scientist Program 15th Annual National Symposium, Calgary, AB. http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/
2. \*Keys, E. Tomfohr-Madsen, L., **Benzies**, K., & Tough, S. (2017, June 3 - 7). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life*. Poster session [Abstract 0999] presented at the 31st Annual Meeting of the Associated Sleep Professional Sleep Societies SLEEP, Boston, MA.
3. \*Keys, E., Tomfohr-Madsen, L. M., **Benzies**, K. M., & Tough, S. (2017, April 19). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life.* Sixty second rapid oral abstract and poster session presented at the Alberta Children's Hospital Research Institute Research Symposium, Calgary, Alberta, CA. http://research4kids.ucalgary.ca/achri-symposium
4. \*Brockway, M., Ginn, C., \*Keys, E., \*Bright, K., Tomfohr-Madsen, L., Kingston, D., & **Benzies**, K. (2017, April 19) *The FRAISE (Family Research Agenda Initiative SEtting) Project Protocol*. Poster session presented at the Alberta Children’s Hospital Research Institute Annual Symposium, Calgary, AB. http://research4kids.ucalgary.ca/achri-symposium
5. \*Keys, E. Tomfohr-Madsen, L., **Benzies**, K., & Tough, S. (2017, April 27 - 30). *Maternal history of child abuse is associated with infant sleep consolidation during the first year of life*. Poster presented at the Canadian Child Health Clinician Scientist Program 15th Annual National Symposium, Calgary, Alberta. http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/
6. \*Mughal, M. K., Giallo, R., \*Bright, K., \*Harvalik, P., **Benzies**, K., McDonald S., & Kingston, D. (2017, April 27 - 30). *Trajectories of maternal anxiety and child development at three years.* Poster presented at the Canadian Child Health Clinician Scientist Program (CCHCSP) 15th Annual National Symposium, Calgary, Alberta, AB. http://cchcsp.ca/index.php/events/save-the-date-cchcsp-15th-annual-national-symposium-2017/
7. \*Wilson, J., **Benzies**, K., Isaranuwatchai, W., Shah, V., Lodha, A., Aziz, K., & the FICare team. (2017, April 8). *Differences in indirect cost between families receiving Family Integrated Care (FICare) and standard care in Level II NICUs.* Poster session presented at the 2016/2017 Markin USRP Student Research Mini-Symposium, Calgary, AB.
8. \*Mughal, M. K., Giallo, R., **Benzies**, K., & Kingston, D. (2017, February 14 - 17). *Trajectories of maternal anxiety and child development at age three years.* Poster session [P183] presented at the 4th Annual Canadian National Perinatal Research Meeting, Montebello, PQ. http://www.cnprm.org/wp-content/uploads/2017/04/CNPRM\_Program\_2017.pdf