# **CURRICULUM VITAE**

# Dr. Tanya E. Mudry, R. Psych. (#4769)

Associate Professor Educational Studies in Counselling Psychology Werklund School of Education University of Calgary Work: 403-210-6995 Email: <u>mudryt@ucalgary.ca</u>

# **EDUCATION**

#### Doctor of Philosophy, Counselling Psychology, University of Calgary (February 2017)

Dissertation: Behaviour is in the practice: Conceptualizing components of excessive behaviours using a practice framework. (Supervisor: Dr. Tom Strong)

Pre-Doctoral Internship: Ministry of Children and Family Development, Child and Youth Mental Health (CYMH), Victoria, BC.

Practicum placement: Calgary Family Therapy Centre, Calgary, AB.

#### Master of Science, Counselling Psychology, University of Calgary (November 2011)

Thesis Title: "Addiction sits in the background doing push-ups waiting for us to have a weak moment": Doing recovery from gambling problems online. (Supervisor: Dr. Tom Strong)
Practicum placements: Providence Children's Centre, Calgary, AB; South Calgary Mental Health (Adult Mental Health, Single Session Walk-in), Calgary, AB.

#### Master of Science, Centre for Health Promotion Studies, University of Alberta (June 2008) Thesis Title: Employed Mothers' Worker Ideology and Social Support Network Composition while Managing Multiple Demands in Paid and Family Work (Supervisor: Dr. Kaysi Fastlick

Managing Multiple Demands in Paid and Family Work. (Supervisor: Dr. Kaysi Eastlick Kushner)

#### Bachelor of Arts, Psychology (Sociology minor), University of Alberta (June 2003)

# FACULTY APPOINTMENTS

Associate Professor (Tenured), University of Calgary, July 2022-

Assistant Professor (Tenure track), University of Calgary, July 2018-present

Assistant Professor (Tenure track), Our Lady of the Lake University, August 2017-July 2018

Assistant Professor, Acadia University, September 2016-July 2017

# **OTHER CREDENTIALS**

Registered Psychologist, College of Alberta Psychologists (July 2017) #4769

# LEAVES

Research and Scholarship Leave July 2021-December 2021 Parental Leave July 2022-July 2023

# **RESEARCH GRANTS**

Date	Role	Title	Applicants	Agency/Grant	Amount
2022- 2023	Co-I	School counsellors' experiences with incorporating digital technologies into their counselling and guidance practice.	J Domene, D Brosseau, T Mudry	Social Science and Humanities Research Council (SSHRC) Insight Development Grant	\$74,970
2022- 2024	Co- PI	Impact of career-life and relational interventions for problem gambling and gaming.	R Hudson Breen, <b>T</b> <b>Mudry</b>	Alberta Gambling Research Institute, Development Grant	\$18,000
2021- 2023	PI	Critical care work during and after COVID-19: Exploring changing identities and practices associated with recovery from burnout.	<b>T Mudry</b> , J Domene	Social Science and Humanities Research Council (SSHRC) Insight Development Grant	\$62,990
2021- 2022	Co-I	Mapping social service provision: Communal intercultural perspectives and insights.	E Lacerda- Vandenborn, P Danyluk, <b>T</b> <b>Mudry</b>	Werklund School of Education Office of Internationalization	\$2,500
2020- 2022	PI	Critical care work during and after COVID-19.	T Mudry	University of Calgary, SSHRC Development Enhancement Grant	\$4,000
2020- 2023	PI	Family Factors: How do family members help and/or hinder recovery from substance misuse?	<b>T Mudry</b> , C Muth (no longer involved)	CIHR Research Initiative in Substance Misuse – Prairie CRISM Node. (C. Wild)	\$15,000
2020- 2022	Co-I	Overcoming cultural blindness in family therapy: Exploring opportunities for relational wellness.	I Sametband, <b>T Mudry</b>	Mount Royal University, Internal Research Grants	\$5,000
2019- 2023	PI	Establishing an International Collaborative Partnership in Recovery-Oriented Research: Outbound Fellowship to Norwegian University of Science and Technology.	T Mudry	University of Calgary, Outbound Fellowship	\$4,060
2019- 2021	PI	A Recovery-Oriented Counselling Group: Supporting Physical, Emotional, and Social	T Mudry	University of Calgary, Development and Enhancement Grant	\$1,460

		Recovery Processes of Critical Care Patients.			
2019- 2020	Co-I	Developing Cannabis Education and Harm Reduction Messages with Youth: A qualitative youth engagement research project (TRACE V).	RJ Haines-Saah, EK Jenkins, BM Gladstone, K London-Nadeau, R McNeil, T Mudry, P Ponic, C Richardson, J Valleriani, TC Wild	Canadian Institutes of Health Research (Catalyst Grant: Cannabis Research in Urgent Priority Areas)	\$124,747
2019- 2021	Co-I	Centering Student Learning through Social Justice Pedagogy in Canadian Counselling Psychology: A Collective Case Study.	K Wada, A Kassan, N Arthur, J Cohen, <b>T Mudry</b> , J Domene, S Russell- Mayhew, D Marulanda	University of Calgary, Scholarship of Teaching and Learning Grant.	\$39,950
2018- 2021	PI	A Recovery-Oriented Counselling Group: Supporting Physical, Emotional, and Social Recovery Processes of Critical Care Patients in the ICU Recovery Clinic.	T Mudry, C Job McIntosh, C Grant	Critical Care Strategic Care Network New Investigator Seed Grant Funding Competition.	\$10,000
2018- 2020	Co-I	Implementation of Social Justice Pedagogy in Counselling Psychology at the University of Calgary: Attending to Student Voices.	A Kassan, K Wada, <b>T</b> <b>Mudry</b> , J Domene, S Russell- Mayhew, N Arthur	Werklund School of Education, Scholarship of Teaching and Learning.	\$6,490
2018- 2019	PI	Developing a Peer-Support and Recovery-Oriented Collaborative-Learning Group.	T Mudry	Our Lady of the Lake University, Small Research Grant.	\$1,360
2009- 2010	PI	Motivational interviewing and solution focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta.	T Strong, <b>T</b> Mudry	Alberta Gaming Research Institute, Small Research Grant.	\$10,000
Total					\$380,527

# $*PI-Primary\ Investigator,\ Co-I-Co-Investigator$

# ACADEMIC AWARDS AND SCHOLARSHIPS

Date	Award	Awarded by	Amount
2022	Full-time Academic Staff (Assistant Professor)	University of Calgary	Nominated
2021-2022	WSE Teaching Excellence	Werklund School of Education	\$2,000
2021-2022	Award Application Grant	Werklund School of Education office of Teaching and Learning	\$700
2018-2019	Recovery to Practice (RPT)American PsychologicalTrain the Trainer AwardAssociation		\$4,000
2017-2018	Early Career Psychologist Credentialing Scholarship	National Register of Health Service Psychologists	\$395
2017	Certificate of Academic Excellence	Canadian Psychological Association	-
2017	25.55 Research Fund	Acadia University	\$3,115
2013-2016	Doctoral Award - Frederick Banting and Charles Best Canada Graduate Scholarships	Canadian Institute of Health Research	\$105,000
2011-2014	Doctoral Scholarship	Alberta Gaming Research Institute	\$70,000
2012	Graduate Travel Award	Faculty of Graduate Studies	\$1,500
2012	Best Master's Thesis Award	Canadian Counselling & Psychotherapy Association	\$100
2012	Student Conference Travel Award	Faculty of Education	\$500
2012	Research Dissemination Scholarship	Faculty of Education	\$3,165
2012	Faculty of Graduate Studies Scholarship	Faculty of Graduate Studies	\$5,305
2011-2012	Queen Elizabeth II Scholarship	Provincial	\$10,000 (declined)
2010-2011	Queen Elizabeth II Scholarship	Provincial	\$10,800 (accepted \$3,600)
2011	Travel Award	Faculty of Graduate Studies	\$500
2010	Travel Award	Educational Studies in Psychology	\$1,000
2010-2011	Masters Scholarship	Alberta Gaming Research Institute	\$13,000 + \$3,000 Research
2004-2005	Alberta Graduate Scholarship	Provincial	\$6,200
2002-2003	Millennium Bursary	National	\$2,250
2002-2003	Jason Lang Scholarship	Provincial	\$1,000
2001-2002	Jason Lang Scholarship	Provincial	\$1,000
2002-2002	Millennium Bursary	National	\$2,000
2000-2001	Jason Lang Scholarship	Provincial	\$1,000

Total (aw	\$261,030		
1999-2003	Dean's Honour Role	Faculty of Arts	
1999-2003	Undergraduate Scholarship	TransAlta Utilities	\$11,000
1999-2000	Rutherford Scholarship	Provincial	\$2,500

# SUMMARY OF SCHOLARLY WORK

Chapters	Peer-reviewed articles	Submitted publications	Refereed presentations	Non-refereed publications, webinars & media
8	15	6	71	30

\*denotes student co-authors

#### Chapters

- 8. Doyle, E., Petrovic, K., **Mudry, T**., & Anderson, M. (accepted). Reflecting on the Institutional Organization of Academic "Knowledge" as a Barrier to OER. In forthcoming *Using Open Educational Resources to Promote Social Justice*. ACRL Press.
- Gosnell, F., Mudry, T., & McLuckie, A. (2022). Relational determinants of mental health. In J. N. Lester & M. O'Reilly (Eds), *The Palgrave Encyclopedia of Critical Perspectives* on Mental Health. Springer. <u>https://doi.org/10.1007/978-3-030-12852-4</u>.
- Mudry, T. E., Vegter, V.\*, & Strong, T. (2022). Mapping possibilities: Situational analysis as a resource for education and practice in counseling. In A. E. Clarke, C. Friese, & R. Washburn (Eds), *Situational Analysis in Practice: Mapping Research with Grounded Theory* (2<sup>nd</sup> ed). Routledge. <u>https://www.routledge.com/Situational-Analysis-in-Practice-Mapping-Relationalities-Across-Disciplines/Clarke-Washburn-Friese/p/book/9780367476953</u>
- Mudry, T. (2021). Addiction and recovery as social practice. In J. N. Lester & M. O'Reilly (Eds), *The Palgrave Encyclopedia of Critical Perspectives on Mental Health*. Springer. <u>https://doi.org/10.1007/978-3-030-12852-4\_38-1</u>
- 4. **Mudry, T.**, & Gosnell, F. (2021). Relational diagnoses. In J. N. Lester & M. O'Reilly (Eds), *The Palgrave Encyclopedia of Critical Perspectives on Mental Health*. Springer. https://doi.org/10.1007/978-3-030-12852-4\_42-1
- 3. **Mudry, T.**, & Strong, T. (2020). Researching socio-material practices: Inquiries into the human/non-human interweave. In S. McNamee, M. M. Gergen, C. Camargo-Borges, & E. F. Rasera (Eds), *Sage Handbook of Social Constructionist Practice* (pp. 100-112). Sage.
- 2. **Mudry, T. E.,** Stea, J. N., & Hodgins, D. C. (2015). The psychological underpinnings of addictive behaviours. In N. el-Guebaly & H. Tavares (Eds.), *Textbook of addiction treatment: International perspectives* (pp. 1443-1473). Milano, Italy: Springer Milan. (3 citations)
- 1. **Mudry, T.,** Strong, T., & Chang, J. (2014). A life history of a PIP: Snapshots in time. In K. Tomm, S. St. George, D. Wulff, & T. Strong (Eds.), *Patterns in interpersonal interactions: Inviting relational understandings for therapeutic change* (pp. 82-102). New York, NY:

Routledge. (1 citation)

#### **Peer-Reviewed Journal Articles**

- 21. **Mudry, T. E.** (revisions requested). Addiction is in the practice: Using a practice framework to conceptualize addictive behaviours. *Canadian Journal of Counselling and Psychotherapy*.
- 20. Stone, J.\*, **Mudry, T. E.,** Mendaglio, S., & Moules, N. (submitted). Broadening the therapeutic lens: A critical review of family- and community-focused therapeutic responses to natural disasters. *Journal of Family Nursing*.
- 19. Mukred, R.\*, Kassan, A., **Mudry, T. E.**, Domene, J. F., Qureshi, M.\*, Goopy, S., & Arthur, N. (submitted). A new face in a sea of unfamiliar: An arts-based engagement ethnography of identity negotiation and school integration. *Journal of Educational Psychology*.
- 18. Mukred, R.\*, Kassan, A., **Mudry, T. E.,** Domene, J. F., Qureshi, M.\*, & Goopy, S. (submitted). Reflections on data analysis and trustworthiness in arts-based engagement ethnography. *Qualitative Psychology*.
- 17. Kassan, A., Wada, K., Cohen, J.\*, Domene, J., Marulanda, D.\*, **Mudry, T**., & Russell-Mayhew, M. (submitted). Social justice training in a Canadian counselling psychology program: A case study using a critical mental health lens. *International Journal of Healing and Critical Mental Health*.
- 16. Smith, D.J.\*, Kassan, A., **Mudry, T.E**., Domene, J.F., Mukred, R.\*, Goopy, S., & Arthur, N. (revisions requested). Experiencing school integration in Canada: An art-based engagement ethnography with newcomer youth. *American Educational Research Journal*.
- Smith, D.J.\*, Kassan, A., Mudry, T.E., Mukred, R.\*, Goopy, S., & Arthur, N. (2021). Supporting newcomer youth through the process of school integration in Canada: A brief report highlighting student voices. *Canadian Journal of Counselling and Psychotherapy*, 55(4), 484-496. <u>https://doi.org/10.47634/cjcp.v55i4.70692</u>
- Mudry, T. E, Vegter, V.\*, & Strong, T. (2021). Situational analysis mapping for transformative thinking, conceptualisation, and dialogues in counselling practice. *Counselling and Psychotherapy Research*, 21(3), 644-651. <u>https://doi.org/10.1002/capr.12351</u>
- Mudry, T. E., Strong, T., Doyle, E. M., & Sapacz, M.\* (2020). Doing recovery work together: Clients' and counsellors' social, discursive, and institutional practices. *Canadian Journal of Counselling and Psychotherapy*, 54(4), 715-737. <u>https://doi.org/10.47634/cjcp.v54i4.61222</u>
- Chang, J., Mudry, T., & Hiseler, L. E. (2020). Clinical practice and clinical supervision: Building a firm foundation. <u>*Canadian Journal of Counselling and Psychotherapy*, 54</u>, 595–616. https://doi.org/10.47634/cjcp.v54i4.70677
- 11. Brun, I.\*, Russell-Mayhew, S., & **Mudry, T.** (2020). Last word: Ending the intergenerational transmission of body dissatisfaction and disordered eating: A call to

investigate the mother-daughter relationship. *Eating Disorders*, 29(6), 591-598. <u>https://doi.org/10.1080/10640266.2020.1712635</u> (impact factor 3.222, 3 citations)

- Mudry, T., Nepustil, P., & Ness, O. (2019). The relational essence of natural recovery: Natural recovery as a relational practice. *International Journal of Mental Health and Addiction*, 17(2), 191-205. <u>https://doi.org/10.1007/s11469-018-0010-x</u> (international collaboration, impact factor 3.836, 8 citations)
- Strong, T., Sesma-Vazquez, M., Ross, K., Mudry, T., Doyle, E., & Pickering, B. (2018). Governing by expert therapeutic discourse: Expert therapeutic discourse, practices and counter-practices across six service contexts. *International Journal of Collaborative-Dialogic Practices*, 8(1), 1-19. <u>https://ijcp.files.wordpress.com/2018/10/1-strong-sesmagoverning-english-final-1-1.pdf</u> (open-access, 1 citation)
- 8. Gosnell, F., McKergow, M., Moore, B., **Mudry, T.,** & Tomm, K. (2017). A Galveston declaration. *Journal of Systemic Therapies, 36(3), 20-26.* (8 citations)
- Mudry, T. E., Strong, T., Sametband, I., Rogers-de Jong, M., Gaete, J., Merritt, S., Doyle, E., & Ross, K. (2016). Internalized Other Interviewing in relational therapy: Three discursive approaches to understanding its use and outcomes. *Journal of Marital and Family Therapy*, 42(1), 169-184. doi: 10.1111/jmft.12110. (impact factor 2.528, 9 citations)
- 6. Strong, T., St. George, S., Wulff, D., **Mudry, T.,** & Sametband, I. (2015). Differences over dollars and sense: Discourses involving money in family therapy. *Human Systems: Journal of Therapy, Consultation & Training, 26*(1), 66-85. (interdisciplinary collaboration, 2 citations)
- 5. **Mudry, T.,** Sametband, I., Strong, T., Wulff, D., Michel, J., & St. George, S. (2014). "Where I'm coming from": A discourse analysis of financial advice media. *Journal of Financial Therapy*, 5(1), 55-79. doi:10.4148/1944-9771.1055 (impact factor 2.528, interdisciplinary collaboration, 3 citation)
- 4. **Mudry, T**., & Strong, T. (2013). Doing recovery online. *Qualitative Health Research,* 23(3), 313-325. doi: 10.1177/1049732312468296 (impact factor 2.036, 28 citations)
- 3. el-Guebaly, N., **Mudry, T.,** Zohar, J., Tavares, H., & Potenza, M.N. (2012). Compulsive features in behavioral addictions: The case of pathological gambling. *Addiction, 107*(10), 1726–1734. doi: 10.1111/j.1360-0443.2011.03546.x (impact factor 5.798, international collaboration, 89 citations)
- 2. **Mudry, T. E.**, Hodgins, D. C., el-Guebaly, N., Wild, T. C., Colman, I., Patten, S. B., & Schopflocher, D. (2011). Conceptualizing excessive behaviour syndromes: A systematic review. *Current Psychiatry Reviews*, *7*, 138-151. doi:10.2174/157340011796391201 (interdisciplinary collaboration, 37 citations).
- 1. **Mudry, T**., Kushner, K.E., & Neufeld, A. (2010). Employed mothers' worker ideology and social support network composition while managing multiple demands in paid and family work. *Qualitative Health Research*, *20*(7), 905-921. doi: 10.1177/1049732310364221 (impact factor 2.036, 3 citations)

#### **Non-Refereed Articles**

- Beks, T.\*, & Mudry, T. Social justice and multicultural counselling in the time of COVID-19. (p. 25). *Kaleidoscope: Newsletter of the Counselling Psychology Section, Canadian Psychological Association.*
- 6. **Mudry, T.** (December, 2020). Awards Update. *Kaleidoscope: Newsletter of the Counselling Psychology Section, 2.* Canadian Psychological Association.
- 5. **Mudry, T.** (May, 2020). Awards Update. *Kaleidoscope: Newsletter of the Counselling Psychology Section.* Canadian Psychological Association.
- 4. **Mudry, T.** (May, 2020). Summit Reflections & Call for Feedback. *Kaleidoscope: Newsletter of the Counselling Psychology Section*. Canadian Psychological Association.
- 3. **Mudry, T.** (November 2019). Awards Update. *Kaleidoscope: Newsletter of the Counselling Psychology Section*. Canadian Psychological Association.
- el-Guebaly, N., Mudry, T., Zohar, J., Tavares, H., & Potenza, M.N. (2012). Broadening our horizon: Response to commentaries. *Addiction*, *107*(10), 1739-1740. doi: 10.1111/j.1360-0443.2011.03546.x (impact factor 5.798, international collaboration)
- 1. el-Guebaly, N., & **Mudry, T.** (2010). Problematic Internet use and the diagnostic journey. *World Psychiatry*, *9*(2), 93-94. (6 citations)

#### **Peer-Reviewed Conference Presentations**

- Fillion, C.\*, Kintzel, F.\*, Mudry, T., & Domene, J. (June 17-19, 2022). Burning Out in the Critical Care Unit: Clinicians' Experience of Burnout during the COVID-19 Pandemic. [conference presentation]. Canadian Psychological Association's 83<sup>rd</sup> Annual National Convention. Calgary, AB, Canada.
- 76. Stone, J.\*, Bonneville, D.\*, Fillion, C.\*, & Mudry, T. (June 17-19, 2022). A Group Counselling Intervention for Critical Care Survivors and Caregivers. [conference presentation]. Canadian Psychological Association's 83<sup>rd</sup> Annual National Convention. Calgary, AB, Canada.
- 75. Stone, J.\*, Mudry, T., McEwan, D.\*, Bonneville, D.\*, & Fillion, C.\* (June 17-19, 2022). *Critical Care Recovery Group: A Qualitative Exploration of Experiences from the Group.* [conference presentation]. Canadian Psychological Association's 83<sup>rd</sup> Annual National Convention. Calgary, AB, Canada.
- Fillion, C.\*, & Mudry, T. (June 17-19, 2022). Responding to COVID-19: An Exploration of Low-Income Frontline Essential Workers' Experience of the COVID-19 Pandemic. [conference presentation]. Canadian Psychological Association's 83<sup>rd</sup> Annual National Convention. Calgary, AB, Canada.
- Sapoznikow, A.\*, & Mudry, T. (June 17-19, 2022). Exploring Former Opioid Users' Perspectives on Opioid Use and the Opioid Crisis. [conference presentation]. Canadian Psychological Association's 83<sup>rd</sup> Annual National Convention. Calgary, AB, Canada.
- Sander, C.\*, Mudry, T., Sapoznikow, A.\*, & McEwan, D.\* (June 17-19, 2022). Family Factors in Recovery from Problematic Substance Use: What's Helpful and Hindering? [conference presentation]. Canadian Psychological Association's 83<sup>rd</sup> Annual National Convention. Calgary, AB, Canada.

- 71. **Mudry, T.,** Stone, J.,\* & Kintzel, F.\* (June 10, 2021). *Group counselling for ICU survivors and caregivers: Physical, emotional, and social recovery.* 82nd Canadian Psychological Association Annual National Convention, Virtual.
- 70. Wada, K., Gescher, S., Bezanson, B., Mudry, T., Marulanda, D.\*, & Kassan, A. (August 6-9, 2020). *Graduate students' experience in a social justice-oriented program: A qualitative study*. In J. M. Taylor (Chair)., Integrating social justice into teaching and learning in counseling psychology [Symposium]. American Psychological Association Annual Convention, Virtual.
- 69. **Mudry, T.** (July 30, 2020). *Supervision in the Post-Pandemic World* Panel Presentation (with Chang, J., Wallace, K., Williams, E.\*, Spowart, P.\* [moderator]). 81st Canadian Psychological Association Annual National Convention, Virtual.
- 68. **Mudry, T.** (July 19-24, 2020) *Let me help you quit: Relational practices in recovery from addictive behaviors* presentation. Symposium. 32<sup>nd</sup> International Congress of Psychology, Prague, Czech Republic. (Conference cancelled due to COVID-19)
- 67. **Mudry, T.** (July 19-24, 2020). Surviving the Intensive Care Unit: Individual and couples' meaning making during critical care recovery processes *Symposium Making meaning through diverse Recovery: Disaster, Concussion, and Critical Care Survival.* 32<sup>nd</sup> International Congress of Psychology, Prague, Czech Republic. (Conference cancelled due to COVID-19)
- Mudry, T. (May 27-30, 2020). Addressing Social Justice Training at a Programme Level

   Symposium. 81st Canadian Psychological Association Annual National Convention, Montréal, Quebec, Canada. (Conference cancelled due to COVID-19)
- 65. **Mudry, T.**, Stone, J.\*, & Kintzel, F.\*(May 27-30, 2020). *Group Counselling for ICU Survivors and Caregivers: Physical, Emotional, and Social Recovery* – 12-minute talk. 81st Canadian Psychological Association Annual National Convention, Montréal, Quebec, Canada. (Conference cancelled due to COVID-19)
- 64. Kitchenham, A.\*, Russell-Mayhew, S., Kassan, A., **Mudry, T.,** Wada, K., Marula, D.\*, Cohen, J.\*, & Domene, J. (July 4, 2019). *Scholarship of teaching and learning research in social justice pedagogy: An inter-disciplinary, reflexive conversation.* IDEAS Conference. Calgary, AB.
- 63. **Mudry, T.,** & Strong, T. (May 18, 2019). *Researching socio-material practices: Situated theoretical, methodological, and clinical considerations.* 15<sup>th</sup> International Congress of Qualitative Inquiry. Urbana-Champaign, IL.
- 62. Strong, T., **Mudry, T.,** & Vegter, V.\* (May 17, 2019). *Situational analysis mapping for transformative thinking and dialogues in Counselling Psychology.* In Situational analysis in practice II: Substantive research across disciplines. 15<sup>th</sup> International Congress of Qualitative Inquiry. Urbana-Champaign, IL.
- 61. **Mudry, T.,** Doyle, E., & Strong, T. (November 9, 2018). *Envisioning a better future for recovery practices.* Taos Institute Silver Jubilee 25 years of Innovation in Social Construction, Cancun, MX.

- 60. **Mudry, T**. (October 28, 2018). *Mapping addictive behaviour practices in session: Helping clients move from unhelpful to helpful practices*. 2018 Canadian Counselling Psychology Conference, Canadian Psychological Association, Calgary, AB.
- 59. **Mudry, T.** (October 28, 2018). *Marriage and Family Therapy and Counselling Psychology: All in the family.* 2018 Canadian Counselling Psychology Conference, Canadian Psychological Association, Calgary, AB.
- 58. **Mudry, T.**, & Morar, M.\* (June 22, 2018). *Just peer support: A recovery-oriented collaborative learning group.* American Family Therapy Association Annual Meeting: Relational activism: Supporting just relationships in family therapy. Austin, TX.
- 57. Solórzano, B., & **Mudry, T**. (April 21, 2018). *Collaborating around themes of hardship*. Life Changing Conversations: A conference and gathering. Houston, TX.
- 56. Hanson, N.\*, polanco, m., Hernandez, N.\*, Shelton, T. L.\*, **Mudry, T**., Rivera, E.\*, & Williamson, B.\* (April 20, 2018). *When therapists undergo an epistemological shift*. Life Changing Conversations: A conference and gathering. Houston, TX.
- 55. Strong, T., **Mudry, T.,** Doyle, E., & Sapacz, M.\* (May 18, 2017). *Placing addiction and recovery in a discursive, social practice framework: Helping clients inside and outside of the counselling room.* Canadian Counselling and Psychotherapy (CCPA) Conference. St. John's, NL.
- 54. **Mudry, T.,** Nepustil, P., Doyle, E., & Ness, O. (April 1, 2017). *Recovery as social practice: Supporting clients in recovery both inside and outside of the counselling relationship.* Third International Conference of Collaborative and Dialogic Practices. Conversations with and among Education, Research, Health, Social Practices, Psychotherapy. Tenerife, Spain.
- 53. **Mudry, T.** (November 3-5, 2016). Using a practice framework to find solutions to addictive behaviours. Solution Focused Brief Therapy Association Conference, Halifax, NS.
- 52. Strong, T., Wulff, D., St. George, S., Sametband, I., & **Mudry, T.** (October 16-19, 2014). *Differences over Dollars and Sense: Money Discourses in MFT*. American Association of Marriage and Family Therapy Annual Conference, Milwaukee, WI.
- 51. **Mudry, T**. E. (September 2, 2014). *The addiction is in the practice: Examining components of addictive behaviours using a practice ecology framework.* Symposium presentation: Stabilities and transitions between them: Practices and actor networks in addiction and recovery. Qualitative Research in Mental Health Conference (QRMH4). Chania, Greece.
- 50. Strong, T., Sesma-Vazquez, M., Ross, K., Mudry, T., Doyle, E., & Pickering, B. (June 27, 2014). "Expert therapeutic" discourse: A contextualized look at its influence, alternatives, and counter-practices. Workshop presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.
- 49. **Mudry, T**., & Doyle, E. (June 27, 2014). *Interviewing the intervention: What happens when you apply CBT to CBT*. Paper presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.

- 48. Doyle, E., & **Mudry, T.** (June 27, 2014). *Constructing the "client": A critical examination of institutional discourses of addiction, recovery, and treatment.* Paper presentation, Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change. Drammen, Norway.
- 47. **Mudry, T**., & Doyle, E. (May 9, 2014). *Applying a CBT intervention on the CBT Intervention*. Presentation, Canadian Counselling and Psychotherapy conference. Victoria, BC.
- 46. **Mudry, T.** (April 4, 2014). *Behaviour is in the practice: Conceptualizing components of excessive behaviours like gambling using a practice framework.* Poster, Alberta Gambling Research Institute. Banff, AB.
- 45. Ross, K., Strong, T., Sesma, M., Sarro, M., Inkster, C., & **Mudry, T.** (April 4, 2014). *Customs, cravings, and compulsions: Discourses of gambling addiction in popular media.* Poster, Alberta Gambling Research Institute. Banff, AB.
- 44. Sesma-Vazquez, M., Ross, K.H., Strong, T., & **Mudry, T.** (April 4, 2014). *Connecting with the Problem Gambler: Recognizing and responding to discursive differences in therapy.* Poster, Alberta Gambling Research Institute. Banff, AB
- 43. **Mudry, T**., Gaete Silva, J., & Merritt, S. (October 19, 2013). *Why identity work matters in the Internalized Other Interview*. Panel Presentation, North America Society for Psychotherapy Research, Memphis, TN.
- 42. **Mudry, T.** (August 6, 2013). *Identity and community co-construction: Adapting discourse analysis and ethnomethodology to analyze online forums.* Presentation, IIEMCA (International Institute for Ethnomethodology and Conversation Analysis) 2013: Technologies and Techniques, Waterloo, ON.
- 41. **Mudry, T.** (June 23, 2013). *It's all in the practice: Combining qualitative methods to analyze social practices.* Presentation, Advances in Qualitative Methods Conference: Innovation Matters in Qualitative Research Mixed Methods, Edmonton, AB.
- 40. **Mudry, T.** (June 22, 2013). *Identity co-construction online: Using discourse analysis, netnography, and ethnomethodology to analyze an online community.* Presentation, Advances in Qualitative Methods Conference: Innovation Matters in Qualitative Research Mixed Methods, Edmonton, AB.
- 39. St. George, S., & **Mudry, T.** (May 13, 2013). *Financial discourses in family therapy*. Presentation, Alberta Centre for Child, Family, and Community Research Showcase, Edmonton, AB.
- 38. Strong, T., Sametband, I., French, J., **Mudry, T**., Gaete Silva, J. (November 16, 2012). *Therapeutic dialogues beyond the constraints of a DSM monologue*. Presentation, Taos Institute Conference, San Diego, CA.
- 37. Strong, T., Sametband, I., **Mudry, T.,** Wulff, T., St. George, S., Gale, J. (November 15, 2012). *Resolving money conflicts: It's in the meaning, not the amount.* Presentation, Taos Institute Conference, San Diego, CA.

- 36. **Mudry, T.** (October 25, 2012). *Online recovery: Managing identities of addiction and recovery on an online support forum for problem gamblers*. Faculty of Education Research Colloquium, University of Calgary, AB.
- 35. St. George, S., Wulff, D., Strong, T., & **Mudry, T.** (September 14, 2012). *Financial discourses in family therapy sessions*. Workshop, American Association for Marriage and Family Therapy, Charlotte, NC.
- 34. **Mudry, T.** (July 4, 2012). *Managing identities of addiction and recovery on an online support forum for problem gamblers*. Poster, Qualitative Research in Mental Health Conference (QRMH4), Nottingham, UK.
- 33. **Mudry, T.** (June 14, 2012). *Recovery on an online support forum for problem gamblers*. Poster, Canadian Psychology Association Annual Convention, Halifax. NS.
- 32. **Mudry, T.**, Chang, J., & French, J. (June 15, 2012). *Negotiating a professional identity as a family therapist in professional psychology*. Round Table Conversation, Canadian Psychology Association Annual Convention, Halifax. NS.
- 31. **Mudry, T.**, Buzanko, C., & French, J. (May 26, 2012). *Therapists' reflections: Practice and development*. Presentation, Canadian Counselling and Psychotherapy Association Annual Conference, Reflecting on Self and Practice. Calgary, AB.
- 30. Anderson, M., Doyle, E., & **Mudry, T.** (May 26, 2012). *Paradox, stigma & questions in addiction discourse*. Presentation, Canadian Counselling and Psychotherapy Association Annual Conference, Reflecting on Self and Practice. Calgary, AB.
- 29. **Mudry, T.** (April 13, 2012). Understanding and managing addiction and recovery on an online support forum for problem gamblers. Poster, Alberta Gambling Research Institute Annual Conference, The Causes of Problem Gambling, Banff, AB.
- 28. Thannhauser, J., Domene, J., & **Mudry, T**. (October 26, 2011). *E-data: Using the Internet to enhance qualitative data collection*. Symposium presentation, 18<sup>th</sup> Qualitative Health Research (QHR) Conference, Vancouver, BC.
- Strong, T., Gaete Silva, Sametband, I., J., French, J., Mudry, T., & Doyle, E. (July 21, 2011). *Conversational identity-work and discourses of recovery*. Presentation, 19<sup>th</sup> International Congress on Personal Construct Psychology, Pushing the Boundaries of Constructivism: Collaborating Across Theories, Applications, and Methods, Boston, MA.
- 26. Deeth, S., & **Mudry, T.** (June 4, 2011). *Ethical considerations for students in program evaluation studies*. Symposium conducted at the Canadian Psychology Association Annual Convention, Toronto, ON.
- 25. **Mudry, T.** (May 19, 2011). *Leaving your office and going online: Understanding clients' use of online support for problem gambling.* Poster, Canadian Counselling and Psychotherapy Association Annual Conference, Bridging the Gap, Ottawa, ON.
- 24. **Mudry, T.** (April 8, 2011). *Understanding the use of online support for problem gambling*. Poster, Alberta Gaming Research Institute Annual Conference, Engaging the Big Questions in Gambling Studies, Banff, AB.
- 23. Strong, T., French, J., **Mudry, T.,** Sametband, I., Doyle, E., & Gaete Silva, J. (April 8, 2011). *Discourses and self-narratives of recovery: Identity work and discursive resources*.

Poster, Alberta Gaming Research Institute Annual Conference, Engaging the Big Questions in Gambling Studies, Banff, AB.

- 22. **Mudry, T.**, & Strong, T. (March 12, 2011). *What happens online stays online: Supportive interactions among participants in an online community for problem gambling*. Poster, Georgetown University Round Table (GURT) on Languages and Linguistics: Discourse 2.0, Language and New Media, Washington, DC.
- el-Guebaly, N., Hodgins, D., Mudry, T., Martin, C., Wild, C., Patten, S., Colman, I., & Schopflocher, D. (October 22, 2010). *Strategies for defining behavioral addiction*. Presentation, Canadian Society for Addiction Medicine Annual Meeting and Scientific Conference, Charlottetown, PEI. In *Canadian Journal of Addiction Medicine*, 2013, 4(3), 3-4.
- 20. **Mudry, T.** (October 13, 2010). *Netnography: An exploration of an online social support forum for problem gamblers.* Poster, Faculty of Education Graduate Student Research Poster Conference: A Celebration of Student Research, Calgary, AB.
- el-Guebaly, N., Hodgins, D., Mudry, T., Martin, C., Wild, C., Patten, S., Colman, I., & Schopflocher, D. (October 3, 2010). *Defining behavioural addictions: Research dimensions*. Presentation, International Society for Addiction Medicine 12<sup>th</sup> Annual Meeting and Scientific Conference, Milan, Italy.
- 18. **Mudry, T.,** & Strong, T. (May 7, 2010). *Motivational interviewing and solution-focused counselling with problem gamblers: Can this fit in a medically oriented mental health context?* Poster, UofC Graduate Conference, Today's Ideas, Tomorrow's Innovators, Calgary, AB.
- Mudry, T., & Strong, T. (May 6, 2010). Solution-focused and motivational interviewing approaches: How do these fit in counselling problem gamblers in medically-oriented contexts? Poster, 3<sup>rd</sup> Annual Faculty of Education Research Conference, Celebrating our Research Community, Calgary, AB.
- 16. Strong, T., & **Mudry, T.** (April 9, 2010). *Motivational interviewing and solution-focused counselling for problem gamblers: Practicing in a medically oriented mental health context.* Poster, Alberta Gaming Research Institute Annual Conference, Emergent Clinical Issues in Problem Gambling, Banff, AB.
- 15. **Mudry, T.**, Kushner, K.E., & Neufeld, A. (October 8, 2009). *Employed mothers' worker ideology and social support: Is there a connection?* Poster, Faculty of Education Graduate Student Research Poster Conference: "A Celebration of Student Research." Calgary, AB
- Martin, C., Mudry, T., Hodgins, D., & el-Guebaly, N. (September 24, 2009). Systematic literature and measurement review of behavioral addictions. Presentation, International Society of Addiction Medicine (ISAM) Annual Conference, Calgary, AB. In Canadian Journal of Addiction, 1(1), 24.
- 13. MacKay, T. L., Hodgins, D. C., Martin, C., & **Mudry, T.** (September 3, 2009). *Gambling with technology: A biopsychosocial exploration of Internet gamblers*. Poster, Gambling and Addictions Symposium, Montreal, QC.

- 12. Horch, J. D., Hodgins, D. C., Stea, J. N. & **Mudry, T.**(March 27, 2009). *Problem gambling stereotypes: Implications for stigma.* Poster, Alberta Gaming Research Institute Annual Conference, Internet Gambling, Banff, AB.
- 11. MacKay, T., Hodgins, D. C., Martin, C. & **Mudry, T.** (March 27, 2009). *Problem gambling risk factors in online and land-based gamblers: A comparative study*. Poster, Alberta Gaming Research Institute Annual Conference, Internet Gambling, Banff, AB.
- Mudry, T. (June 12, 2008). *Tobacco cessation: A priority in cancer control*. Presentation, Community Cancer Support Networks: Pre-conference Workshop, Cancer Care 2008, Edmonton, AB.
- 9. **Mudry, T.** (February 29, 2008). *Ask, advise, refer*. Presentation, 53<sup>rd</sup> Annual Scientific Assembly, Alberta College of Family Physicians, Banff, AB.
- Crockford, D., Els, C., el-Guebaly, N., Power, Y., Kunyk, D., Mudry, T., Casey, D., Hodgins, D., Smith, G., Schopflocher, D., Williams, R., Williams, V., Wood, R., & Goodyear, B. (November 17, 2007). *Addiction psychiatry II: New research: Tobacco & gambling*. Presentation, Canadian Psychiatric Association Annual Conference, Montreal, QC.
- 7. Els, C., Kunyk, D., & **Mudry, T**. (November 17, 2007). *Real-life tobacco addiction treatment in mentally ill persons*. Presentation, Canadian Psychiatric Association Annual Conference, Montreal, QC.
- 6. **Mudry, T.**, Els, C., & Kunyk, D. (October 2, 2007). *Expecting the mentally ill to quit: Are we really doing them a favour?* Presentation, National Conference on Tobacco or Health, Edmonton, AB.
- 5. Kunyk, D., Els. C., & **Mudry, T.** (September 10-11, 2007). *Implementing smoke-free policies in a Canadian health region*. Poster, Towards a Smokefree Society Conference, Edinburgh, Scotland.
- 4. Els, C., Kunyk, D., Pohar, R., **Mudry, T.,** & Kunyk, M. (May 3-5, 2007). *Tobacco reduction and cessation (TRaC) project: A collaborative approach to working with high risk populations*. Poster, Strengthening the Bond: Collaborating for Optimal Patient Care, Banff, AB.
- 3. Els, C., Selby, P., Cleary, K., **Mudry, T.**, Kunyk, D., & Kunyk, M. (July 12-15, 2006). *Tobacco training curricula to support policy reform*. Poster, World Conference on Tobacco or Health Conference, Washington, DC.
- 2. Winkler, A., **Mudry, T.**, & Stewart, M. (May 25, 2006). *The low income women smokers project: Making healthier choices together*. Presentation, Tobacco Reduction Together: Linking Research, Policy, and Practice, Edmonton, AB.
- 1. Kushner, K.E., & **Mudry, T**. (October 28, 2005). *Ideology and everyday practice in employed mothers' health decision making*. Poster, Margaret Scott Wright Research Day, Edmonton, AB.

#### Workshops, Webinars, and Invited Presentations

21. **Mudry, T.,** & Stone, J.\* (March 8, 2022). Friend or Foe? *How to create healthy relationships with digital devices in the family*. Alberta Health Services Community

Education Service. <u>https://ahamms01.https.internapcdn.net/ahamms01/Content/2022/2022-03-08-CES-Friend-or-Foe.mp4</u>

- 20. **Mudry, T.** (February 28, 2022). Conceptualizing client work from a systemic, relational, practice approach. Guest lecture in SOWK 610, UCalgary.
- 19. **Mudry, T.** (August 19, 2021). *Protecting mental health and relationships on & offline: Strategies to support students and families* [Invited Presentation]. Mental Health Academy: Improving Mental Health Literacy in a Shifting Landscape 2021, Virtual. (community, practitioner/teacher, researcher audience, 167 attendees).
- 18. **Mudry, T**. (February 8, 2021). *Addiction is in the practice: Examining addictive behaviours and helping clients become unstuck*. School and Applied Child Psychology Research Rounds. (student and faculty audience)
- Stone, J.\*, & Mudry, T. (February 2, 2021). Friend or foe? How to create healthy relationships with digital devices in the family. Alberta Health Services Community Education Service. <u>https://youtu.be/vdii\_uH8Rfc</u> (community audience, 73 attended, 310 views)
- Mudry, T., & Strong, T. (January 27, 2021). Researching socio-material practices: Inquiries into the human/non-human interweave. Meet the authors of *Sage Handbook of Social Constructionist Practice*. Sage. <u>https://youtu.be/ruelISFs970</u> (community, research, practitioner audience, 159 views)
- Stone, J.\*, & Mudry, T. (December 16, 2020). Nurturing stability in the face of uncertainty. Alberta Health Services Community Education Service. <u>https://youtu.be/gV0SQ1Gyf8I</u> (community audience, 72 attended, 175 views)
- 14. Stone, J.\*, & **Mudry, T.** (September 30, 2020). *COVID-19 and the family: What we know and what we're doing*. Networking session: Return to school and the mental health impacts. O'Brien Institute for Public Health and Mathison Centre for Mental Health Research & Education. (research, practitioner audience)
- Mudry, T., & Stone, J.\* (August 28, 2020). Supporting your family in the return to school. University of Calgary Webinar. <u>https://youtu.be/3OqwQyXkqOY</u> (community audience, 211 attended).
- 12. Invited panel participant on PhD Programs (July 9, 2019). *Thesis route and PhD: What's right for you?* Athabasca University Summer Institute. Calgary, AB. (student audience)
- 11. Invited host. (May 22, 2019). *Cannabis policy student roundtable discussion with Federal Minister Bill Blair*. Hosted by the Cumming School of Medicine and the Canadian Institutes of Health Research. Calgary, AB. (community, research, practitioner audience)
- 10. **Mudry, T.** (March 8, 2017). Movies for Mental Health, Panel Expert. Art with Impact, Acadia University. (community, research, practitioner audience)
- 9. **Mudry, T.** (November 28, 2016). *Using a practice framework to find solutions to addictive behaviours*. Valley Connection Psychologists meeting. Kentville, NS. (practitioner audience)

- 8. **Mudry, T.** (April 15, 2015). *Addiction is in the practice: Examining excessive behaviours using a social practice framework*. All Child and Youth Mental Health presentation to clinicians. Victoria, BC. (practitioner audience)
- Strong, T., Sesma, M., Ross, K., Mudry, T., Doyle, E., & Pickering, B. (June 26-28, 2014). "Expert therapeutic" discourse: A contextualized look at its influence, alternatives, and counter-practices. Workshop, *Beyond the Therapeutic State: Collaborative Practices for Individual and Social Change*. Drammen, Norway. <u>http://www.taosinstitute.net/workshopsbeyond-the-therapeutic-state</u>
- 6. Jacobsen, M., **Mudry, T.,** & Meyers, G. (November 28, 2013). *Surviving and Thriving in Your PhD Program: Research Proposal to Candidacy*. Presentation to doctoral students. Faculty of Education, Calgary, AB. (student audience)
- 5. **Mudry, T.** (May 24, 2013). *Quitting smoking*. Presentation given to Deloitte employees as part of their wellness week. Calgary, AB.
- 4. St. George, S., & **Mudry, T.** (May 23, 2013). *Financial discourses in family therapy*. Alberta Centre for Child, Family, and Community Research – Research Showcase. Edmonton, AB. <u>https://youtu.be/KDcqrO\_ugiU</u>
- 3. Olszewska, K., Carkner, J., Letourneau, N., & **Mudry, T.** (April 30, 2013). *Applying for CIHR master's and doctoral scholarships* (Panel presentation). Presentation given to students in the Faculty of Education and Faculty of Nursing.
- 2. Strong, T., Bohac-Clarke, V., & **Mudry, T.** (March 6, 2013). *How to survive the graduate student supervision relationship.* Presentation given to Faculty of Education students.
- 1. Wulff, D., Strong, T., St. George, S., **Mudry, T**., & Sametband, I. (November 26, 2012). *Overcoming financial conflicts in counseling families and couples: A workshop for counsellors*. Community workshop, Calgary, AB.

#### Media Engagement

- 5. **Mudry, T.** (June 10, 2021). Families talking about finances together. *Wealth and Wellness Podcast*. <u>https://wealth-and-wellness.captivate.fm/episode/families-talking-about-finances-together</u>
- 4. **Mudry, T.** (December 22, 2020). *5 strategies to reduce addiction-like behaviours over the holidays*. The Mike Farwell Show. 570 NEWS. https://www.570news.com/2020/12/22/tuesday-december-22nd-2020/
- 3. **Mudry, T.** (December 19, 2020). *Reducing excessive behavior over the holidays*. 660 News and CityNews (Edmonton, Vancouver). https://edmonton.citynews.ca/2020/12/19/reducing-excessive-behaviour-over-the-holidays/
- Mudry, T. (December 13, 2020). 5 strategies to reduce addiction-like behaviours over the holidays. *The Conversation*. <u>https://theconversation.com/5-strategies-to-reduce-addiction-like-behaviours-over-the-holidays-151368</u>
- Mudry, T. (2019). "Game Over." Telus VOD, Facebook and YouTube. Telus Storyhive documentary on Video Game Addiction. <u>https://www.youtube.com/watch?v=dyOLc5cl6ck&t</u>

#### **Technical Reports**

Strong, T., & Mudry, T. (2010). Motivational interviewing and solution-focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta. Technical report to the Alberta Gaming Research Institute.

#### **Manuscripts in Preparation**

- 5. Gray, S. M.\*, McMorris, C. A., **Mudry, T. E.**, & McCrimmon, A. W. (2022). An exploration of diagnostic identity for individuals on the Autistic Spectrum: A scoping review of existing literature.
- 4. Stone, J.\*, **Mudry, T.,** McEwan, D.\*, Bonneville, D.\*, & Fillion, C.\* (n.d.). *Critical Care Recovery Group: A Qualitative Exploration of Experiences from the Group.*
- 3. Sander, C.\*, **Mudry, T.**, & Sapoznikow, A.\*\* (n.d.). Family Factors in Recovery from *Problematic Substance Use: What's Helpful and Hindering?*
- 2. Fillion, C.\*, Kintzel, F.\*, **Mudry, T.,** & Domene, J. (n.d.). *Burning Out in the Critical Care Unit: Clinicians' Experience of Burnout during the COVID-19 Pandemic*
- 1. **Mudry, T.,** Stone, J.,\* & Kintzel, F.\* (n.d.). *Recovering together: A Group counselling intervention for ICU survivors and caregivers.*

# SERVICE

#### **Editorial and Review Activities**

Associate Editor, Canadian Journal of Counselling and Psychotherapy. May 2022-present. Section Co-Editor, Narratives of Aetiology and Recovery in *The Palgrave Encyclopedia of Critical Perspectives on Mental Health*. <u>https://link.springer.com/referencework/10.1007%2F978-3-030-12852-4</u>. This encyclopedia assembles a global cast of experts to present critical perspectives on the broad, interdisciplinary field of mental health. Engaging with critical and constructionist conceptions of mental health, it offers a contemporary assessment of mental health as a field, and of prevailing approaches to mental health 'disorders' and illnesses. The authors present a comprehensive assessment of mental health today while applying the core hypothesis that the very conception of mental health is made possible in and through language use. Dr. Tom Strong and I serve as editors for a section of the encyclopedia entitled "Narratives of Aetiology and Recovery." Since early 2019, we have been involved in inviting authors, reviewing their entries (ranging from 1,000 to 10,000 words), finding peer-reviewers, and editing entries. We currently have 29 entries in various stages of publication.

**Book Review Editor,** *Canadian Journal of Counselling and Psychotherapy.* October 2016-May 2022.

**Journal Reviewer,** Journal of Systemic Therapies, Qualitative Health Research, Qualitative Research, Health, Canadian School Counselling Review (formerly Alberta Counsellor), The Qualitative Report, SAGE Open, JoVE (Journal of Visual Experiments), Harm Reduction Journal.

#### Service to the Profession/Discipline

Chair, Counselling Psychology Section, Canadian Psychology Association. June 2021-July 2022.

Awards Coordinator, Counselling Psychology Section, Canadian Psychology Association.

June 2019-June 2021.

- Member, Research Committee, Calgary Family Therapy Centre. April 2020-present.
- Reviewer, COVID-19 Grant Competition, Canadian Institute for Health Research (CIHR) July 2020.
- Reviewer, **2020 Alberta Society of Intensive Care Physcians Critical Care Strategic Care Network Trainee Research Competition**. Critical Care Strategic Care Network, January 2020.
- Reviewer, **2020 Annual Conference Presentation Abstracts**. Canadian Psychological Association, January 2020.
- Observer, Canadian Institute for Health Research Observer program, Psychosocial, Sociocultural & Behavioural Determinants of Health (PB2), Ottawa, ON, June 6-7, 2019.

#### Service to the University

Member, Cannabis Research Committee, University of Calgary. July 2018-present.

- Reviewer, **Graduate Scholarship Committee**, University of Calgary, 2019-2020: 112 Indigenous and Graduate Awards.
- Reviewer, **Graduate Scholarship Committee**, University of Calgary, 2018-2019: 42 Applications for the Graduate Award Competition.
- Workshop Facilitator, Synergy Team, University of Calgary. Tanzania Maternal Newborn Child Health (MNCH) Initiative through the Regional MNCH Strengthening in Lake Zone, Tanzania and Synergy Initiatives. My role was to develop and co-lead a workshop on qualitative research and support the Tanzanian and Ugandan researchers in building capacity in qualitative research. I was in Tanzania for one week in March (March 4-8th, 2019). December 2018-2019.
- Member, **Search Committee**. Worden School of Social Work, Our Lady of the Lake University. Fall 2017.

#### Service to the Program & Faculty

- Member (elected), **Research Advisory Committee, Werklund School of Education.** Fall 2021-present.
- Member (invited by the Dean of WSE), **Integrated Services in Education Clinic Development Committee, Invited by the Dean, Werklund School of Education.** Spring 2021-present.
- Faculty Coordinator. "*What's Up Wednesday*", Werklund School of Education. Support student representatives in planning monthly meetups to foster connection among students, network with practitioners in the field, and professional development. December 2020-present.

- Member, Admissions Committee, Educational Studies in Psychology, University of Calgary. 2018-2021.
- Member, **CPA Accreditation Committee**, **Educational Studies in Psychology**, Werklund School of Education, 2018-2020.
- Member, Search Committee, Werklund School of Education. December 2018-April 2019.
- Member, **Counselling Psychology Admissions Process Sub-Committee**, Werklund School of Education, November 2018-January 2019.
- Member, **APA Accreditation Committee**, Psychology Department, Our Lady of the Lake University. Fall 2017.
- Library Representative, **Department of Psychology**, Our Lady of the Lake University. 2017-2018.

Member, Counselling Program Committee, Acadia University. 2016-2017.

Member, Research and Graduate Studies Committee, Acadia University. 2016-2017.

Instructor and Coordinator, **Faculty Fitness Program, Acadia University**. Coordinated and provided faculty with free faculty-only functional fitness classes. 2016-2017.

# **TEACHING AND SUPERVISION**

I orient towards a relational, practice-oriented pedagogy (e.g., Higgs et al., 2011; Lange, 2018; Paré & Tarragona, 2006), which privileges the process or "how," over content. I draw attention to context, language, pluralism of ideas and theories, and professional identity. I strive for curious, collaborative, and participatory processes.

Dates	Student	Degree	Thesis Title	Awards & Recognitions
	Name			
09/2021	Daniel	PhD	Exploring the	Joseph-Armand Bombardier Canadian
	O'Brien		Experiences of	Doctoral Scholarship (SSHRC*),
			Canadian Youth with	\$105,000.
			Involuntary	
			Stabilization Programs	
			for Substance Use.	
05/2021	Jezzamyn	PhD	Co-Constructing the	2021 Graduate Completion Scholarship,
	Stone		Coronavirus:	\$10,000; 2021 Philip E. Vernon Award,
			Understanding	\$2,200; 2021 Graduate Studies
			Families' Relational	Scholarship, \$2,800; 2020 Teaching
			Experiences of a Global	Assistantship Award, Council of
			Pandemic.	Canadian Departments of Psychology
				(CCDP), \$50; 2019 AGES*, \$15,000;
				2019 Graduate Student Conference

#### Graduate Student Supervision

				Travel Award, \$700. Candidacy	
				completed August 2020; Pre-Doctoral	
				Internship started August 2021.	
09/2020	Chantal	MSc	Exploring Low-Income	2021 Denise Owens Scholarship,	
	Fillion		Frontline Essential	\$3,900; 2020 SSHRC, \$17,500; AGES	
			Workers' Response to	\$11,000 (declined).	
			the COVID-19 Pandemic.		
09/2020	Dominque	MSc	Tough Talks: A	2021 University of Calgary Graduate	
0)/2020	Bonneville	WISC	Discursive Action	Studies Scholarship \$5,000;	
	201110		Method Analysis of	2021 Anita K.F. Li Graduate	
			Military Family	Scholarship, \$8,700; 2020 SSHRC,	
			Communication.	\$17,500; Mobilizing Insights in Defence	
				and Security (MINDS) Scholarship,	
				\$10,000; Faculty of Graduate Studies	
01/2020	G 11	240		Scholarship, \$18,000 (\$500 accepted).	
01/2020	Sepidar	MSc	Art in the Time of	2020 SSHRC, \$17,500.	
	Yeganeh Farid		COVID-19.		
12/2019	Vanessa	PhD	Multispecied	2020 SSHRC Doctoral Fellowship,	
12/2019	Vegter	TIL	Entanglements and	\$40,000; 2019 AGES, 15,000; 2019	
	8		Rural Mental Well-	Profiling Alberta Graduate Students	
			being.	Travel Award, \$750; 2018 Dean's	
			-	Doctoral Scholarship, \$15,000; 2018	
				Entrance Scholarship, \$15,000.	
				Candidacy completed August 2020; Pre-	
				Doctoral Internship started August	
09/2019	Christy	PhD	Investigating the	2021. 2021 AGES, \$15,000.	
09/2019	Sander	FIID	Change Practices	2021 AOES, \$15,000.	
	Builder		Associated with Living		
			a Life Free from		
			Violence.		
09/2019	Avery	MSc	Exploring Opioid Use	2022 PhD SSHRC, 2021 AGES,	
	Sapoznikow		in a Canadian Context:	\$15,000 (deferred); 2021 JCFC*,	
			A Situational Analysis	\$3000; 2020 JCFC, \$1800; 2020 AGES,	
				\$11,000; 2019 JCFC, \$1500; 2019	
05/2020-	Chantai	MSc	"We Stick Out Our	SSHRC, \$17,500 (declined). 2021 FNIGC's National Student	
05/2020- 07/2021	Chantai Minet	IVISC	Tongues"	Bursary, First National Information	
07/2021	TATHICT		De-essentializing for	Governance Centre, \$2,500; 2021	
			Decolonization: A	Dudah Cares Award, Indspire's Building	
			Storywork Study on	Brighter Futures: Bursaries,	
			Indigenous	Scholarships, & Awards, \$4,000; 2020	
			Relationality.	AGES Indigenous, \$11,000; 2019	
				Barrie I. Strafford Scholarship for	
				Interdisciplinary Studies on	
				Aging, \$20,000; 2018 ATCO	
07/2010	Christer	MSa	Eastors Influencing the	Indigenous Education Award, \$1,500.	
07/2019-08/2019	Christy Sander	MSc	Factors Influencing the Experience of		
00/2019	Sander		Reporting Sexual		
L	1		Reporting Serual		

	Violence in Post-	
	Secondary Institutions.	

\*Social Sciences and Humanities Research Council (SSHRC), Alberta Graduate Excellence Scholarship (AGES), Jewish Community Foundation Calgary Post-Secondary Education Grant (JCFC)

\*\*Scholarships included only during program of supervision.

Dates	Name	Degree	University/ Program	Supervisor	Thesis Title
07/2021	Danielle Smith	PhD	UofC Counselling Psychology	Xu Zhao	TBD
05/2021	Pooja Sohal	MSc	UofC Counselling Psychology	Kaori Wada	TBD
12/2020	Danea Laut	PhD	UofC Counselling Psychology	Sharon Robertson	Linked Lives: The Impact of Paternal PTSD on Military Youth.
04/2020	Jezzamyn Stone	PhD	UofC Counselling Psychology	Sal Mendaglio	Co-Constructing COVID-19: Understanding Families' Experiences of a Global Pandemic.
04/2020	Franzi Kintzel	PhD	UofC Counselling Psychology	José Domene	The Changing Sense of Who I Am: Social Support and Re-negotiating Identity after Sports-Related Concussions.
02/2020	Anastasia Campbell	PhD	UofC Counselling Psychology	José Domene	Maintaining the Couple within the Family: Exploring Relationship Actions and Projects during the Transition to Parenthood.
02/2020	Shawna Gray	PhD	UofC SACP*	Adam McCrimmon	TBD
01/2020	Megan Cowie	PhD	UofC Psychology	David Hodgins	Putting Contingency Management Research into Practice: A Randomized Clinical Trial of Contingency Management for Methamphetamine Use.
03/2019	Isabel Brun	PhD	UofC Counselling Psychology	Shelly Russell- Mayhew	Like Mother, Like Daughter? Understanding Maternal Intentions to End the Intergenerational Transmission of Body Dissatisfaction to Daughters.
10/2019 - 11/2020	Rabab Mukred	MSc	UofC Counselling Psychology	Anusha Kassan	Finding Ourselves Through the Clutter: An Arts-Based Engagement Ethnography with Newcomer Youth in Canada.
10/2019 - 05/2020	Danielle Smith	MSc	UofC Counselling Psychology	Anusha Kassan	Arts-Based Engagement Ethnography with Newcomer Youth in Canada: Learning from their Experiences.

#### **Graduate Student Supervisory Committees**

\*School & Applied Child Psychology (SACP)

Exam	Exam	Name	Degree	tees (as International John Construction (as International John Construction) (as International John Construction) (b) (b) (b) (b) (b) (b) (b) (b) (b) (b	Supervisor	Thesis Title
Date	Туре			Program		
07/15/ 2021	Defense	Morgan Rogers	MSc	UofC Kinesiology	Penny Werthner	The COVID-19 Pandemic and Tokyo Olympic Games Postponement: Athlete Resilience and Mental Health.
09/11/ 2020	Defense	Alicia Kassian	MSc	UofC SACP*	David Nordstokke	The Alberta Incidence Study: Predicting 'Crossover Youth' and 'Academic Difficulties' by Child, Caregiver, and Environmental Factors.
07/31/ 2020	Defense	Andrew Kim	PhD	UofC Psychology	David Hodgins	Addiction Substitution and Concurrent Recovery in Gambling Disorder: Evidence from Multiple Studies.
06/26/ 2020	Defense	Laura Richardson	MSc	UofC Counselling Psychology	Shelly Russell- Mayhew	What Kind of Teacher Will I Be? Pre-service Teachers' Hoped-for Future Selves as School Health Champions.
04/28/ 2020	Defense	Sean Covin	MSc	UofC Counselling Psychology	José Domene	Key Outcomes and Ingredients of an Adolescent Day Treatment Plan.
01/10 2020	Defense	Sanchia Bignell	MSc	UofC SACP	David Nordstokke	Are We Increasingly Disconnected in an Increasingly Connected World.
12/19/ 2019	Candid- acy	Danea Laut	PhD	UofC Counselling Psychology	Sharon Robertson	The Impact of Parental PTSD on Military Youth.
09/24/ 2019	Defense	Wendy Salvisberg	PhD	UofA Counselling Psychology	William Whelton	An Evaluation of YWCA Edmonton's GirlSpace Program.
08/20/ 2019	Defense	Angela Lambert	MSc	UofC Counselling Psychology	Shelly Russell- Mayhew	An Interpretative Phenomenological Investigation of the Experiences of Physically Active Women Living in Large Bodies.
07/17 2019	Defense	Victoria Pasyk	MSc	UofC Counselling Psychology	Sal Mendaglio	The Billable Hour and its Impact on Lawyer Subjective Wellbeing and Burnout.
07/05/ 2019	Defense	Megan Cowie	MSc	UofC Psychology	David Hodgins	Attitudes Toward Evidence-Based Practices and Their Influence on Beliefs about Contingency Management: A Survey of Addiction Treatment Providers Across Canada.

04/29/	Defense	Damandeep	MN	UofC	Sandra	Effects of Motivational
2019		Gill		Nursing	Hirst	Interviewing on Individuals
						with Diabetes: A Narrative
						Systematic Review.
03/22/	Defense	Jennifer	PhD	UofC	David	The Technical Hypothesis
2019		Swan		Psychology	Hodgins	of Motivational
						Interviewing: An
						Examination of Change
						Language in Traditional
						and Computer-based MI for
						Disordered Gamblers.
03/01/	Defense	Shannon	MSc	UofC	Sharon	"Things seemed to fall
2019		Loewen		Counselling	Cairns	apart when he was in the
				Psychology		room": Survivors'
						Representations of
						Violence, Agency, Power,
						and Resistance in their
						Online Posts.

\*School & Applied Child Psychology (SACP)

#### **Neutral Chairing: Graduate Student Examinations**

Exam Date	Exam Type	Name	Degree	Specialization
July 9, 2021	Final Thesis Oral	Payden Spowart	PhD	Counselling Psychology
May 27, 2019	PhD Candidacy Oral	Payden Spowart	PhD	Counselling Psychology

#### Visiting International Student Supervision

Lise Trangsrud, Visiting international student from Norway - University of South-Eastern Norway, January 1, 2019-May 2019.

# COURSE AND PROGRAM DEVELOPMENT

#### **Certificate Design - Relational Recovery and Wellbeing Approaches.**

**EDPS 600/601: Theories, Working Alliance, and Interventions I/II ("The Super Course").** Designed two consecutive 3-credit courses that replaced three separate courses (*Creating a Working Alliance* [EDPS 621], *Theory in Counselling Psychology* [EDPS 623], and *Counselling Interventions* [EDPS 639]).

#### Re-design of EDPS 642/644 Counselling Practicum I/II.

**Practicum development at Integrative Services in Education (ISE).** Co-developed a counselling practicum to house the first year (EDPS 647) 100-hour practicum (telepsychology services to families in Calgary).

*Strong Parents, Strong Kids Program.* Developed an 8-session counselling program, *Strong Parents, Strong Kids Program,* and therapy manual specific for the parents whom the ISE clinic would serve.

# TEACHING

#### University of Calgary, Assistant Professor, July 2018-Present

**EDPS 647: Practicum in Counselling Psychology I.** Winter 2021. Supervises counselling psychology field experience. Increases conceptual understanding of counselling psychology and develops counselling and consulting skills.

**EDPS 601: Theories, Working Alliance, and Interventions in Counselling Psychology II.** Winter 2020, 2021. A continuation of theoretical foundations and practice frameworks for the major schools of counselling psychology.

**EDPS 731: Advanced Clinical Supervision in Applied Psychology.** Fall 2020. Provides students with formal training in clinical supervision with the intent of raising an awareness of supervision models, as well as a conceptual framework and vocabulary for thinking through their supervision practice.

**EDPS 600: Theories, Working Alliance, and Interventions in Counselling Psychology I.** Fall 2019-2020. Theoretical foundations and practice frameworks for the major schools of counselling psychology.

**EDPS 793:** The Enhanced Critical Incident Technique for Qualitative Research (Independent Study Course). Spring 2020.

**EDPS 644: Counselling Practicum II.** Winter 2020. Provides an opportunity for professional development and supervised practice in a general counselling context. Students are involved in direct client work under the supervision of a qualified professional.

**EDPS 642: Counselling Practicum I.** Fall 2019. Provides an opportunity for professional development and supervised practice in a general counselling setting. Students are involved in direct work with clients under the supervision of a qualified professional.

**EDPS 611: Qualitative Research Methodologies.** Spring 2019. Advanced study of qualitative research methods for use in applied psychology and education.

**EDPS 624: Cultural and Social Justice Issues in Professional Practice.** Winter 2019. A critical examination of cultural and equity issues related to the lives of clients and the psychological professionals serving them.

**EDPS 602: Counselling Theories and Professional Practice.** Fall 2018. Engages students in a critical evaluation of a range of contemporary counselling theories and helps them begin to develop a description of their own emerging theory.

**EDPS 621: Creating a Working Alliance.** Fall 2018. Theory and practice in developing skills contributing to working alliance and problem clarification. Ethical, legal and professional issues are the context for the application of generic counselling skills in laboratory experiences.

**EDPS 625: Cultural Influences on Professional Practice.** Fall 2018. Cultural Influences on Professional Practice is designed to enhance students' professional competencies in working with individuals or groups from non-dominating populations.

#### Our Lady of the Lake University, Assistant Professor, August 2017-July 2018

**PSYC 9166: HIPs and PIPs Approach to Assessment and Treatment.** Summer 2018. Introduction to the HIPs and PIPs approach to assessment and intervention. Case conceptualization and application of the HIPs and PIPs approach in community counseling setting.

**PSYC 8384: Strengths Based Approaches to Contemporary Issues**. Summer 2018. Application of strengths-based approaches to the identification and treatment of contemporary issues such as addictive behaviors, eating disorders, homelessness, trauma, geriatrics and other. Course examines evidence-based practices and practice-based evidence for strengths-based interventions in working with individuals, couples and families experiencing these issues.

**PSYC 8330: Socio Cultural Foundations of Counseling Latinxs.** Spring 2018. Immersion experience in the cultures and language of a selected Spanish speaking country (Mexico) and their influence on the delivery of mental health delivery services. Includes lectures from professionals from mental health and related fields, and field trips to relevant sites.

**PSYC 8357: Advanced Systemic Approaches to Psychotherapy.** Winter 2018. Presentation and analysis of contemporary methods in systemic therapy. Emphasis on development of a metatheoretical perspective in psychotherapies in general and systemic therapies in particular.

**PSYC 9383: Qualitative Research Design I.** Winter 2018. Introduction to qualitative research paradigms. Focus on the understanding of designing and conducting original qualitative research relevant to the further development of counseling psychology; and on the preparation for oral and written presentations of its results. Study of the reflexive aspects of qualitative research.

**PSYC 9334, Strengths-Based Approaches in Psychotherapy.** Fall 2017. Examination of influence of social constructionism and other postmodern theories on the practice of strength-based approaches to psychotherapy. Therapeutic approaches emphasized include Narrative, MRI, HIPs & PIPs, Solution Focused, Collaborative, and Client Directed Outcome Informed (CDOI) therapies. Examination of common factors and outcome management approaches to psychotherapy research. Preparation for Doctoral Practicum.

#### Acadia University, Assistant Professor, September 2016-July 2017

**EDUC 5003, Human Development and Learning.** Summer 2017. This course focuses on human development and learning across the lifespan. A primary focus will be on the emergence and growth of self-concept and self-awareness in relation to the development of personal agency.

**EDUC 50J3, Principles of Assessment for Counselling.** Winter 2017, Spring 2017, Full-time oncampus students (weekly), Part-time off campus students (monthly). This course is designed to explore the principles, issues, and current practices in assessment as it relates to the counselling profession. Both standardized and informal measures of assessment will be explored during the course. Students will learn to critically evaluate the various assessment strategies. Emphasis will be on learning to choose assessment strategies that are most suited to the individual and the situation.

**EDUC 5066, Counselling Practicum.** Winter 2017, Full-time on-campus students (weekly). This course is at the core of the Counselling Programme at Acadia. The Seminar and Practicum assists students in the development of attitudes, awareness, knowledge and skills that collectively

contribute to the establishment of a strong counselling/therapeutic alliance in counselling/psychotherapy relationships, and to the design and implementation of appropriate, adequate, effective, and efficient counselling/psychotherapy programmes, services and treatments. The seminar class and faculty supervision components of the course afford the opportunity for students to reflect on and process their experiences with a view to enhancing professional growth and development in a climate of trust, safety, encouragement support and critical thinking.

# **EDUC 5153, Readings in Education (Expressive Writing Groups and Mental Health).** Fall 2016. The focus of this course was to examine Creative Writing Workshops as a tool for youth struggling with mental health issues such as eating disorders, low self-esteem, depression, addiction, anxiety, and violence.

**EDUC 5623, Group Counselling.** Fall 2016, Full-time on-campus students (weekly), Part-time off campus students (monthly). This course is designed to provide students with a conceptual and experiential introduction to group counselling theory, models, strategies, and techniques. It affords opportunity for the acquisition and application of values, attitudes, self-awareness, knowledge, and skills consistent with best practice in group counselling.

**EDUC 5153, Readings in Education (Addiction: Counselling and Strategies).** Fall 2016. The focus of this course is to provide the student an opportunity to conduct an in-depth examination of a topic of choice. Assignments include annotated bibliography, literature review, and manual.

**Clinical Coordinator: Fall 2017.** The role of the Clinical Coordinator is to initiate practicum planning and assist students in exploring practicum options and navigating the appropriate channels for application

# Athabasca University, Sessional Instructor

**GCAP 634, Assessment in Counselling.** Spring/Summer 2016. This online course is designed to prepare entry-level counsellors to gain necessary knowledge of general principles of assessment in counselling and to enable them to begin the practice of formal and informal assessment under supervision. Provided instruction of course content, supported student learning, and evaluated student work.

# **CLINICAL PRACTICE**

# **Registered Psychologist (Alberta) – Private Practice. February 2020 – present.**

#### Therapist & Supervisor, Calgary Family Therapy Centre. June 2020 – present.

The Calgary Family Therapy Centre is a clinical outpatient treatment program and training centre, which provides specialized services in family therapy. The Calgary Family Therapy Centre has been at the leading edge in the field of family therapy for several decades and is continually evolving by exploring, developing, and applying new patterns of therapeutic thought and action. **Experience:** Worked as a family therapist and supervised students at CFTC.

# Practicum Team Supervisor – Community Counseling Services (CCS) Clinic. September-May 2018.

The CCS offers outpatient clinical services and walk-in service for individuals, couples, and families. CCS clients reflect the diversity of the local San Antonio community: Hispanic (74%),

European American (17%), and African American (4%) of lower income status (55% under 10K, 36% between 10-25K, and 9% over 20K). Clients come to the CCS with a wide variety of problems: marriage and family challenges; abuse and violence; parents and/or teachers concerned about the problems of children and teenagers such as truancy, running away, tantrums, sexual activity, drug use, shoplifting; and assistance for situations that have been diagnosed as alcoholism, depression, schizophrenia, suicidal tendencies, psychosomatic illness, and anxiety. In addition, 20-25% of the individuals and families seen at CCS are ordered to attend therapy by a governmental agency (courts and schools) or business.

Experience: Supervised students using individual, group, and reflecting team format.

# Pre-Doctoral Internship: Saanich and Westshore Child and Youth Mental Health, Ministry of Children and Family Development. September 2014-August 2015.

Child and Youth Mental Health (CYMH) provides community-based specialized mental health services to children and youth under the age of 19 and their families on a voluntary basis. **Experience:** Conducted comprehensive diagnostic and psychoeducational assessment and treatment of children and adolescents struggling with a range of moderate to severe mental health concerns. Treatment included individual therapy (Cognitive Behaviour Therapy and play based therapy, Narrative Therapy, Dialectical Behaviour Therapy, and Interpersonal Psychotherapy), Family Therapy, and Group Therapy. Groups included: Reducing Anxiety and Depression (RAD) group for teens (CBT oriented group); First Friends (school-based social skills group for kindergarten and grade one students); Connect Parent Group (attachment based parenting group); and ADHD psychoeducation group (developed and co-presented).

#### Calgary Family Therapy Centre. September 2011–April 2012.

The Calgary Family Therapy Centre is a clinical outpatient treatment program, which provides specialized services in family therapy.

**Experience**: Conducted assessment and therapy in the context of Family Therapy, where one family member, under the age of 18, was experiencing emotional or mental health struggles.

# Adult Mental Health and Walk-In, South Calgary Health Centre, Alberta Health Services. September 2010–May 2011.

**Experience**: Provided comprehensive mental health assessment and therapy in the context of Adult Mental Health and Walk-In services.

<u>Adult Mental Health:</u> provided brief therapy (up to 12 sessions) to adult clients (18-64) using a primarily Cognitive-Behavioural approach, presenting with a wide variety of mental health problems. Main presenting problems are moderate to severe depression and anxiety. <u>Walk-In Mental Health:</u> provided single-session psychotherapy to clients of all ages on a no appointment, no referral basis. Worked on an interdisciplinary team using one-way mirrors, telephone call-ins, and reflecting teams.

#### Providence Children's Centre. January-April 2010.

Providence provides in-class resources, education and behavioural support for children with special needs via an interdisciplinary team of teachers, occupational therapists, physiotherapists, speech therapists, and psychologists.

**Experience**: Worked with children with special needs (ADHD, Autism, Gross Motor Delays and Anxiety), parents, teachers and therapists to adjust and implement interventions individualized to the child.

#### **Group Therapy Facilitation**

**Recovery Group for Critical Care Survivor and Caregivers:** Recovery oriented peer support and psychoeducation group.

Reducing Anxiety and Depression (RAD): A manualized CBT oriented group for teens.

First Friends: A manualized social skills group for kindergarten and grade one students.

Connect Parent Group: A manualized attachment-based parenting group for parents of youth.

**ADHD Workshop for Parents and Teachers**. A psychoeducation group (developed and co-facilitated).

**Tobacco Reduction and Cessation (TRaC) Group:** A 9-week group with 12 psychiatric patients. Group sessions consisted of: Psychoeducation, Relaxation techniques, Cognitive Behavioural Therapy (CBT), and Motivational Interviewing (MI), Contingency Management, and peer support (assisted in developing and facilitating).

**QuitCore:** A free smoking cessation group counselling program delivered by health professionals across Alberta. This group comprises of 90-minute sessions, 6 sessions over 9 weeks (assisted in developing and training facilitators).

**Low Income Women Smoker's Group:** empowerment based smoking cessation group program for low-income women smokers (assisted in developing and training facilitators).

#### **Assessment Training and Supervised Assessments**

Structured Clinical Interview for DSM-IV Axis I Disorders (SCID-I) Wechsler Abbreviated Scale of Intelligence (WASI) Millon Clinical Multiaxial Inventory (MCMI)-III Wechsler Intelligence Scale for Children - Fourth Edition (WISC-IV) Wechsler Individual Achievement Test -Third Edition (WIAT-III) Children's Memory Scale Beery-Buktenica Developmental Test of Visual-Motor Integration, Sixth Edition (BEERY VMI) Behavior Rating Inventory of Executive Function (BRIEF)

# **PROFESSIONAL DEVELOPMENT**

Teaching clinically oriented classes in a CPA (Canadian Psychological Association) Accredited program requires licensure as a psychologist. As a Registered Psychologist, I am required to engage in continuing education in psychology. Furthermore, continuing education, as well as clinical practice and supervision improves my teaching. As part of my professional development I have attended the following workshops and conferences (did not present).

Building a Bricolage Within our Research: Enriching and Thickening Text. Shirley Steinberg. Graduate Programs in Education spring lecture series. June 10, 2021.

Academic Portfolio Workshop. Werklund School of Education. June 8, 2021.

Riding the Lines and Overwriting in the Margins: Using Latour's Actor-Network-Theory for Rhizomatic Analysis. Kim Lenters. Graduate Programs in Education spring lecture series. June 3, 2021. Social Justice Conversations: How to Have Conversations that Move from Discomfort to Action. Canadian Psychological Association Workshop. June 2, 2021.

Wisdom of Trauma. Gabor Maté. Science & Nonduality. May-June, 2021.

- The Canadian Trauma and Addictions Conference: Helping Individuals Heal and Recover. Gabor Maté, Stanton Peele, Eboni Webb, Darryl S. Inaba, & Martin Brokenleg. Jack Hirose & Associates. May 19, 2021.
- Tech, Covid, & Kids: Reset for Healthy Habits. Shimi Kang, Mathison Centre University of Calgary Grand Rounds. February 9, 2021.
- Sleep and ADHD: A 24 Hour Disorder. Margaret Weiss. Multi-Health Systems. February 3, 2021.
- ADHD as a Risk Factor for Infection with COVID-19. Iris Manor. Multi-Health Systems. February 3, 2021.
- Lingering Maladies and Long Haulers: The Long-term Effects of COVID-19. Cumming School of Medicine. October 7, 2020.
- Lessons Learned from the Last 3 Months. COVID Corner. Cumming School of Medicine. June 24, 2020.
- Conversations on the Impact of Online/Telehealth on Counsellor Training: Education and Supervision. Ishu Ishiyama. Canadian Counselling and Psychotherapy Association. June 22, 2020.
- *The Black Box of CIHR Peer Review Committees.* OADR Grant Development Webinar. University of Calgary. June 18, 2020.
- Consequences of COVID: Impact of Isolation. Cumming School of Medicine. June 10, 2020.
- *Telehealth for Mental Health Professionals*. 2-Day Distance Therapy Training. Joni Gilberson. PESISeminar. May 22, 2020.
- Rural Health Videoconference series. Cumming School of Medicine. April-May 2020.
- Pragmatics of Ethical and Effective Telepsychology Practice Through Video Conferencing. National Register of Health Service Psychologists. Clinical webinars for health services psychologists. March 20, 2020.
- New Faculty Orientation Workshops. Werklund School of Education. 2019-2020.
- Strong Letter of Reference Writing Workshop. Faculty of Graduate Studies. September 12, 2019.
- Write Your Way to Tenure: 5 Keys to Going up for Tenure with Confidence. Cathy Mazak. August 5, 2019.

- CIHR Early Career Researcher (ECR) Observer program for the Project Grant: Spring 2019 competition. Canadian Institute for Health Research. Ottawa. June 6-7, 2019.
- Galvanizing Family Therapy 2: A Think Tank on Social Action. Invited. Galveston Island, Texas, May 30-June 1, 2019.
- Tenure and Promotion Workshop. Faculty Association, University of Calgary. April 25, 2019.
- Manage your Research Identity and Track your Impact. Christie Hurrell & Bart Lenart, University of Calgary. April 10, 2019.
- New Faculty Orientation Workshops. Werklund School of Education. 2018-2019
- Social Science and Humanities Research Council IDG workshop. University of Calgary. November 30, 2018.
- Alphabet Soup. Tabatha Wallace. Q Centre, University of Calgary. November 23, 2018.
- Culturally Responsive Practice. Jennifer Welcher, Canadian Counselling and Psychotherapy Association. August 15, 2018
- Cannabis Legalization and Youth. University of Calgary. July 26, 2018.
- *Narrative Therapy Workshop* (Full day). David Marsten. Our Lady of the Lake University. April 26, 2018.
- *The 120-minute Qualitative Research Project.* Ron Chenail. Our Lady of the Lake University. February 9, 2018.
- 19th Annual Conference, To Integration & Beyond: Creating Solutions for a Connected, Sustainable *Future*. Collaborative Family Healthcare Association, Houston, Texas. October 19-21, 2017.
- Galvanizing Family Therapy: Reclaiming and Revitalizing Collaborative Practices A Think Tank with a Focus on Action. (Invited) Galveston Island, Texas, May 4-5, 2016.
- Narrative Therapy Training: Narrative Traditions & Narrative Innovations: Philosophical Assumptions, Operating Principles, Current Practices. Gene Combs & Jill Freedman. Galveston Island, Texas, May 6-7, 2016.
- DSM-5 Overview Training. May 20, 2015 (2.75 CEC hours).
- Therapeutic Conversations 12 Narrative Therapy Conference. Vancouver. April 29-May 2, 2015.

Connect Parent Group Training. Victoria, BC. November 18-20, 2014.

Clinical Workshop: Comprehensive Cognitive Behavior Therapy for Social Anxiety Disorder to Maximize Gains. University of Calgary. September 5, 2013.

- 6th Annual Addiction Day Conference & Networking Fair. Faculty of Medicine, University of Calgary. April 19, 2013.
- 5th Annual Addiction Day Conference & Networking Fair. Faculty of Medicine, University of Calgary. April 27, 2012.
- Bruce Perry Presentation, Hull Child and Family Services. May 10, 2011.
- 4th Annual Addiction Day & Networking Fair: Innovations and Advancements. Faculty of Medicine, University of Calgary. April 29, 2011.
- *Treatment of Insomnia with Cognitive Behaviour Therapy*. Division of Psychosocial Oncology. Calgary, AB. February 22, 2011.
- *Cognitive Behaviour Therapy for Psychosis*. Paul French, Greater Manchester West NHS Foundation Trust. University of Calgary. September 14, 2010.
- 3rd Annual Addiction Day & Street Drugs Conference & Networking Fair: The Brain and Behaviour. Faculty of Medicine, University of Calgary. April 23, 2010.
- 2<sup>nd</sup> Annual Addiction Day & Networking Fair: Integration of new research and collaboration in addiction & mental health. Faculty of Medicine, University of Calgary. April 17, 2009.
- ASIST Applied Suicide Intervention Skills Training. Centre for Suicide Prevention. February 6-7, 2010.
- Training Enhancement in Applied Cessation Counselling and Health A comprehensive course on smoking cessation: Essential skills and strategies. Centre for Addiction and Mental Health (CAMH)/Alberta Cancer Board (ACB), Calgary, AB. June 14-16, 2008.
- 1<sup>st</sup> Annual Addiction Day: Broadening the concept of addiction. Faculty of Medicine, University of Calgary. April 18, 2008.

# MEMBERSHIP

- The Mathison Centre for Mental Health Research & Education, June 2020-present
- Addiction and Mental Health Research Hub, AHS, Member, May 2020-present
- Critical Care Strategic Care Network, January 2019-present
- Canadian Research Initiative in Substance Misuse (CRISM), July 2018-present
- O'Brien Institute for Public Health, 2018-present
- Taos Institute Associate, 2017-present
- Canadian Psychological Association, member at large, 2016-present
- American Family Therapy Academy, April 2018-2019
- International Positive Psychology Association
- Society for Psychotherapy Research
- Canadian Counselling and Psychotherapy Association

# **RELEVANT EMPLOYMENT EXPERIENCE**

**Research Manager, Division of Applied Psychology, University of Calgary. 2011-2012.** Financial Discourses in Family Therapy (Drs. Tom Strong, Sally St. George, and Dan Wulff - Alberta Centre for Child, Family & Community Research).

**Research Assistant, Division of Applied Psychology, University of Calgary. 2011-2012.** International Students' Transitions to Work (Dr. Nancy Arthur).

**Researcher, Division of Applied Psychology, University of Calgary. 2010-2011.** Motivational interviewing and solution focused counselling for problem gamblers: Prevalence and considerations for a mesh of clinical and administrative discourses in Alberta. (Alberta Gambling Research Institute).

**Research Assistant, Department of Psychology, University of Calgary. 2009-2010.** Addictive Behaviours Laboratory (Dr. David Hodgins).

Wellness Consultant, Organisational Health, Sykes Assistance Services. 2008-2009.

**Program Coordinator, Tobacco Control Unit, Alberta Cancer Board. 2007-2008.** Health Professional Cessation Program and Quit Core.

**Project Manager/Group Therapist, Department of Psychiatry, University of Alberta. 2006-2007.** Tobacco Reduction and Cessation (TRaC) Project (Dr. Charl Els).

**Research Assistant, Department of Psychiatry, University of Alberta. 2005-2006.** Tobacco Reduction and Cessation (TRaC) Project (Dr. Charl Els).

**Research/Program Assistant, Social Support Research Program, University of Alberta. 2004-2006.** Support Intervention for Low Income Women Smokers (Dr. Miriam Stewart).

Mapping Coordinator, North East Edmonton Community Mapping Project. 2005.

Researcher, Edmonton Regional Crime Prevention Network Project. 2005.

**Research Assistant, Faculty of Nursing, University of Alberta. 2005.** Ideology and Everyday Practice in Employed Mothers' Health Decision Making (Dr. Kaysi Eastlick Kushner).

**Research Assistant, Centre for Health Promotion Studies, University of Alberta. 2003-2004.** Research Seminar Series.

Research Assistant, Occupational Health, Department of Public Health Sciences, University of Alberta. 2003. Pesticide Use and the Health of Farmers (Dr. Nicola Cherry)

**Research Assistant, Faculty of Nursing, Summer University of Alberta. 2001**. Knowledge Utilization Studies in Practice (Dr. Carole Estabrooks).