

### Education

2008	PhD	Griffith University, Southport, Australia
2003	MN	Griffith University, Southport, Australia
2001	BN	Griffith University, Southport, Australia
1993	Diploma Nursing Science -Mental Health Nursing	University of Southampton, UK

### Licensure and Certification

Current	Registered Psychiatric Nurse	Alberta College of Registered Psychiatric Nurses of Alberta
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### Academic Appointments

2016-present	Associate Professor	University of Calgary, Faculty of Nursing, Calgary, AB
2014-2016	Associate Dean, Teaching and Learning	University of Calgary, Faculty of Nursing, Calgary, AB
2008-2016	Assistant Professor	University of Calgary, Faculty of Nursing, Calgary, AB

### Awards and Distinctions

2016	Early Career Award	American Educational Research Association
2015	Outstanding Publication Award	American Educational Research Association
2015	“MySupervisorSkills” Great Supervisor Award	University of Calgary, Faculty of Graduate Studies
2014	Teaching Award	University of Calgary

### Research Funding

2018-2020	<i>The refugee and newcomers emotional wellness (ReNEW) Partnership for Best Practice.</i>	\$828,000
	PI: PI: Goopy, S., Co-Is: Khazan, A., Choudhury, T., & Estefan, A.	

2018-2019	Immigration, Refugees, and Citizenship Canada <i>Weight of the world: Expert conceptualizations of the complexities of weight.</i> PI: Russell-Mayhew, S., Co-Is: Moules, N., <b>Estefan, A.</b> , Levine, M. Social Sciences and Humanities Research Council (SSHRC)	\$63,000
2016-2018	<i>Teaching and Learning Safe Medication Administration in Undergraduate Nursing Education: Identifying Critical Issues and Fostering Safe Practice.</i> PI: Hnatyshyn, T.; Co-Is: Ens T., <b>Estefan, A.</b> , Kirkpatrick M University of Calgary - Taylor Institute Teaching and Learning Grant	\$31,290
2016-2017	<i>Gay Men and Other Men Who Have Sex with Men in Alberta: Establishing a Community-Based Research Agenda to Inform Provincial HIV Prevention Initiatives.</i> PI: Oliver, B.; Co-I: <b>Estefan, A.</b> Institutes of Health Research - Catalyst Grant: HIV/AIDS Community-based Research Grant	\$32,895
2016-2017	<i>Stories That Heal: Understanding the Effects of Creating and Viewing Digital Stories with Adult Oncology Patients and Healthcare Teams.</i> PI: Laing, C.; Co-Is: <b>Estefan, A.</b> , Lang, M., Moules, N., Sinclair, S. University of Calgary- Faculty of Nursing Special Call Operating Grant	\$21,130
2016-2017	<i>Intersections: Uncovering Sites of Health in the Everyday.</i> PI: Goopy, S.; Co-Is: <b>Estefan, A.</b> , Ferreira, C. University of Calgary - Faculty of Nursing Research Endowment Award	\$12,604
2015-2017	<i>Calgary Connects: a Visual and Narrative Study of Identity and Perceptions of Self on the Calgary LRT.</i> PI: Goopy, S.; Co-Is: <b>Estefan, A.</b> , Ferreira, C. City of Calgary - Calgary Transit	\$94,000
2015-2016	<i>Understanding Experiences of Compassion in Therapeutic Relationships with People Who Self-harm.</i> PI: <b>Estefan, A.</b> ; Co-Is: Claire, C., Field, J., McCaffrey, G., Moules, N University of Calgary - Faculty of Nursing Research Endowment Award	\$10,425
2014-2016	<i>Sexuality and Adolescents with Cancer.</i> PI: Moules, N.; Co-Is: <b>Estefan, A.</b> , Field, J., Guilcher, G., Laing, C., Schulte, F., Strother, D. Alex's Lemonade Stand Foundation (USA)	\$100,000
2014-2016	<i>Stories That Heal: Understanding the Effects of Creating and Viewing Digital Stories with Pediatric Oncology Patients, Families, and Healthcare Teams.</i> PI: Laing, C.; Co-Is: <b>Estefan, A.</b> , Moules, N. University of Calgary - Faculty of Nursing Special Call Operating Grant	\$32,747
2014	<i>Annual Research Stipend.</i>	\$5,000

	PI: <b>Estefan, A.</b> University of Calgary, Faculty of Nursing Administrative Service Research Allowance	
2013-2015	<i>Examining the Effects of Childhood Cancer on the Parental Subsystem Relationship.</i> PI: <b>Moules, N.;</b> Co-Is: Estefan, A., Strother, D., Tapp, D., McCaffrey, G. Kids Cancer Care, Chair Funds	\$30,000

### Presentations, Refereed

1. Kirkpatrick, M., Hnatyshyn, T., Ens, T., **Estefan, A.**, & Patel, P. (2018, February). *Lessons learned: Administering medications in a complex environment.* Paper presented at the Western & North-Western Region Canadian Association of Schools of Nursing Conference, Calgary, Canada.
2. **Hnatyshyn, T.**, Ens, T., Kirkpatrick, M., & **Estefan, A.** (2018, February). *Teaching and learning safe medication administration in undergraduate nursing education: Identifying critical issues and fostering safe practice.* Paper presented at the Western & North-Western Region Canadian Association of Schools of Nursing Conference, Victoria, Canada.
3. **Estefan, A.**, Moules, N. J., & Laing, C. M. (2017, June). *Storying self-in-relation to family: Composing sexual identity in adolescents diagnosed with cancer.* Paper presented at the International Family Nursing Conference, Pamplona, Spain.
4. Moules, N. J., Laing, C. M., **Estefan, A.**, Schulte, F., & Guilcher, G. (2017, June). *Family is who they say they are: Boyfriends and girlfriends of adolescents and young adults experiencing cancer.* Paper presented at the International Family Nursing Conference, Pamplona, Spain.
5. Hnatyshyn, T., Ens, T., **Estefan, A.**, Kirkpatrick, M., & Patel, P. (2017, February). *Learning how to learn, learning how to teach: An action research inquiry into teaching and learning about medication errors.* Paper presented at the Western & North-Western Region Canadian Association of Schools of Nursing Conference, Victoria, Canada.
6. Moules, N. J., Laing, C. M., **Estefan, A.**, Schulte, F., & Guilcher, G. (2017, May). *Family is who they say they are: Boyfriends and girlfriends of adolescents and young adults experiencing cancer.* Paper presented at the CAPO (Canadian Association of Psychosocial Oncology) Annual Conference, Vancouver, Canada.
7. Moules, N. J., **Estefan, A.**, McCaffrey, G., Tapp, D. M., & Strother, D. (2016, October). *Taking one for the team: Examining the effects of childhood cancer on the parental relationship.* Paper presented at the 48th Congress of the International Society of Paediatric Oncology (SIOP), Dublin, Ireland.
8. Laing, C. M., Moules, N. J., **Estefan, A.**, & Lang, M. (2016, October). *Stories that heal: Using digital storytelling as a therapeutic intervention.* Paper presented at the Canadian Association of Nurses in Oncology, Calgary, Canada.
9. Laing, C. M., Moules, N. J., **Estefan, A.**, & Lang, M. (2016, May). *Stories that heal: Understanding the effects of creating and viewing digital stories with paediatric and adolescent/young adult oncology patients, families, and healthcare teams.* Workshop and paper presented at the Canadian Association of Psychosocial Oncology Conference, Halifax, Canada.
10. Moules, N. J., **Estefan, A.**, McCaffrey, G., Tapp, D. M., & Strother, D. (2014, October). *Examining the*

- effects of childhood cancer on the parental relationship*. Poster presented at the SIOP (International Society of Pediatric Oncology) 46<sup>th</sup> Congress, Toronto, Canada.
11. Goopy, S., **Estefan, A.**, & Ferreira, C. (2015, October). *A new way to care? Exploring the connections between nursing, health and public transit in Calgary*. Paper presented at the Qualitative Health Research Conference, Toronto, Canada.
  12. Moules, N. J., **Estefan, A.**, Laing, C. M., Schulte, F., Slobogian, V., Guilcher G., & Strother, D. (2015, August). *Differentiating from the family of origin: Sexuality and romantic relationships in adolescent cancer experiences*. Paper presented at the 12<sup>th</sup> Annual International Family Nursing Conference, Odense, Denmark.
  13. Moules, N. J., **Estefan, A.**, McCaffrey, G., Tapp, D. M., & Strother, D. (2015, August). *Examining the effects of childhood cancer on the parental relationship*. Poster presented at International Family Nursing Conference, Odense, Denmark.
  14. **Estefan, A.**, Huber, J., Murphy, M. S., Caine, V., & Clandinin, D. J. (2015, April). *Narrative inquiry as social justice practice*. Paper presented at the American Education Research Association Annual Meeting, Chicago, IL.
  15. Laing, C. M., Moules, N. J., & **Estefan, A.** (2014, June). *Stories that heal: Understanding the effects of creating and viewing digital stories with paediatric and adolescent/young adult oncology patients, families, and healthcare teams*. Paper presented at The Arts in Society. Rome, Italy.
  16. Huber, J., Clandinin, D. J., Caine, V., Steeves, P., **Estefan, A.**, & Murphy, M. S., (2014, June). Places of practice: Learning to think narratively. Paper presented at *Narrative Matters*, The American University of Paris, France.
  17. Moules, N. J., **Estefan, A.**, McCaffrey, G., Tapp, D. M., & Strother, D. (2014, April). *Examining the effects of childhood cancer on the parental subsystem*. Paper presented at the Canadian Association of Psychosocial Oncology Annual Conference, Winnipeg, Canada.

### Publications, Peer-Reviewed Journal Articles

1. McCall, J., Phillips, J. C., **Estefan, A.**, & Caine, V. (accepted for publication, December 2018). Exploring the experiences of staff working at an opiate assisted treatment clinical: An interpretive descriptive study. *Applied Nursing Research*.
2. Denis-Lalonde, D., Lind, C., & Estefan, A. (accepted for publication, January 2019). Beyond the buzzword: A concept analysis of harm reduction. *Research and Theory for Nursing Practice*.
3. **Estefan, A.**, Moules, N., & Laing, C. M. (in press). Composing sexuality in the midst of adolescent cancer. *Journal of Pediatric Oncology Nursing*.
4. Caine, V., **Estefan, A.**, & Clandinin, D. J. (in press). Narrative inquiry. The Sage Encyclopedia of Research Methods. Estefan, A., & Roughley, R. A. (2019). Stephen's Story: A culture infused perspective of life-making in therapeutic work with transgender clients. In N. Arthur (Ed.), *Counselling in cultural contexts*. New York, NY: Springer.
5. Laing, C. M., Moules, N. J., Sinclair, S., & **Estefan, A.** (2019). Digital storytelling as a psychosocial tool for adult oncology survivors. *Oncology Nursing Forum*, 46(2), 147-154. Doi:10.1188/19.ONF.147-154
6. Moules, N. J., & **Estefan, A.** (2018). Editorial: Watching my mother die – Objectivity and the other side of dementia. *Journal of Applied Hermeneutics*, Editorial 3.  
<https://journalhosting.ucalgary.ca/index.php/jah/article/view/57328/pdf>

7. Singh, S., & **Estefan, A.** (2018). Selecting a grounded theory approach for nursing research. *Global Qualitative Nursing Research*, 5, 1-9. doi:10.1177/2333393618799571
8. Moules, N. J., Laing, C. M., **Estefan, A.**, Schulte, F., & Guilcher, G. M. T. (2018). "Family is who they say they are": Examining the effects of cancer on the romantic partners of adolescents and young adults. *Journal of Family Nursing*, 24(3), 374-404. doi:10.1177/1074840718786985
9. Smith, J. M., **Estefan, A.**, & Caine, V. (2018). Mothers' experiences of supporting adolescent children through long-term treatment for substance use disorder. *Qualitative Health Research*, 28(4), 511-522. doi:10.1177/1049732317747554
10. Smith, J. M., & **Estefan, A.** (2014). Families parenting adolescents with substance abuse—recovering the mother's voice: A narrative literature review. *Journal of Family Nursing*, 20(4), 415-441. doi:10.1177/1074840714554397
11. Moules, N. J., Laing, C. M., **Estefan, A.**, Schulte, F., & Guilcher, G. (2018). "Family is who they say they are:" Examining the effects of cancer on the romantic partners of adolescents and young adults. *Journal of Family Nursing*. Advance online publication. doi: 10.1177/1074840718786985
12. Lind, C., **Estefan, A.**, Walsh, C., Wardle, M.-L., Ratzke, L., & Forgeron, R. (2017). I want to do good so bad: Exploring healthy capabilities of youth in conflict with the law. *AASCF Journal for Services to Children and Families*, 8, 5-25. Retrieved from <http://www.alignab.ca/align-resources/align-journal/>
13. Moules, N. J., **Estefan, A.**, Laing, C. M., Schulte, F., Guilcher, G. M. T., Field, J. C., & Strother, D. (2017). "A tribe apart": Sexuality and cancer in adolescence. *Journal of Pediatric Oncology Nursing*, 34(4), 295-308. doi:10.1177/1043454217697669
14. Caine, V., Murphy, M. S., **Estefan, A.**, Clandinin, D. J., Steeves, P., & Huber, J. (2017). Exploring the purposes of fictionalization in narrative inquiry. *Qualitative Inquiry*, 23(3), 215-221. doi:10.1177/1077800416643997
15. Caine, V., Steeves, P., Clandinin, D. J., **Estefan, A.**, Huber, J., & Murphy, M. S. (2017). Social justice practice: A narrative inquiry perspective. *The Journal of Education, Citizenship, and Social Justice* [online first.]. doi:10.1177/1746197917710235
16. Laing, C. M., Moules, N. J., **Estefan, A.**, & Lang, M. (2017). "Stories take your role away from you": Understanding the impact on health care professionals of viewing digital stories of pediatric and adolescent/young adult oncology patients. *Journal of Pediatric Oncology Nursing*, 34(4), 261-271. doi:10.1177/1043454217697023
17. Laing, C. M., Moules, N. J., **Estefan, A.**, & Lang, M. (2017). Stories that heal: Understanding the effects of creating digital stories with pediatric and adolescent/young adult oncology patients. *Journal of Pediatric Oncology Nursing*, 34(4), 272-282. doi:10.1177/1043454216688639
18. Genoway, S., Caine, V., Singh, A. E., & **Estefan, A.** (2016). Point-of-care testing in bathhouses: A narrative inquiry into the experience of receiving a positive preliminary HIV test result. *Journal of the Association of Nurses in AIDS Care*, 27(4), 430-443. doi:10.1016/j.jana.2016.01.008
19. **Estefan, A.**, Caine, V., & Clandinin, D. J. (2016). At the intersections of narrative inquiry and professional education. *Narrative Works: Issues, Investigations, and Interventions*, 6(1), 15-37. Retrieved from <https://journals.lib.unb.ca/index.php/NW/article/view/25444>
20. Moules, N. J., **Estefan, A.**, McCaffrey, G., Tapp, D. M., & Strother, D. (2016). Examining the effects of childhood cancer on the parental subsystem: Implications for parents and health care professionals- Part 3. *Journal of Family Nursing*, 22(4), 559-578. doi:10.1177/1074840716675986

21. Moules, N. J., **Estefan, A.**, McCaffrey, G., Tapp, D. M., & Strother, D. (2016). Taking one for the team: Examining the effects of childhood cancer on the parental subsystem-Part 2. *Journal of Family Nursing*, 22(4), 540-558. doi:10.1177/1074840716675985
22. Moules, N. J., **Estefan, A.**, McCaffrey, G., Tapp, D. M., & Strother, D. (2016). Differences and trading: Examining the effects of childhood cancer on the parental subsystem-Part 1. *Journal of Family Nursing*, 22(4), 515-539. doi:10.1177/1074840716668102
23. Laing, C. M., Moules, N. J., & **Estefan, A.** (2015). Stories that heal: Understanding the effects of creating and viewing digital stories with pediatric oncology patients, families, and healthcare teams. *The International Journal of Social, Political and Community Agendas in the Arts*, 9(3-4), 17-28. doi:10.18848/2326-9960/CGP/v09i3-4/36410.
24. Clandinin, J., Caine, V., **Estefan, A.**, Huber, J., Murphy, M. S., & Steeves, P. (2015). Places of practice: Learning to think narratively. *Narrative Works: Issues, Investigations, and Interventions*, 5(1), 22-39. Retrieved from <https://journals.lib.unb.ca/index.php/NW/article/view/23783/27557>
25. **Estefan, A.** (2015). "Opus hermeneuticae." The work of hermeneutics: A review of Moules, N.J., McCaffrey, G., Field, J.C., & Laing, C.M. (2015). Conducting hermeneutic research: From philosophy to practice. New York, NY: Peter lang. *Journal of Applied Hermeneutics*, Review 1. Retrieved from <https://jah.journalhosting.ucalgary.ca/jah/index.php/jah/article/view/97/pdf>

## Chapters

1. Foster, K., & **Estefan, A.** (in press). Building resilience in challenging care situations. In M. McAllister & D. L. Brien (Eds.), *Empowerment strategies for nurses: Developing resilience in practice*. New York, NY: Springer.
2. Burston, A., Tucket, A. G., & **Estefan, A.** (in press). Practicing ethical decision making. In M. McAllister & D. L. Brien (Eds.), *Empowerment strategies for nurses: Developing resilience in practice*. New York, NY: Springer.
3. **Estefan, A.**, & Roughley, R. A. (2019). Stephen's story: A culture infused perspective of life-making in therapeutic work with transgender clients. In N. Arthur (Ed.), *Counselling in cultural contexts*. New York, NY: Springer.
4. Caine, V., **Estefan, A.**, & Clandinin, D. J. (in press). Narrative inquiry. In *The Sage encyclopedia of research methods*.