

Curriculum Vitae

Biographical Data:

May 28, 2021

Loralee Fox
Alberta Health Services
Department: Integrated Supportive and Long Term Care
10101 Southport Road SW
Calgary, Alberta
T2W 3N4
(403) 690-9886
Geriatric Clinical Nurse Specialist

Academic Record:

Masters in Nursing: 2007-2009	University of Calgary
Diploma in Nursing: 1982-1984	Misericordia School of Nursing
Undergraduate courses 1982-1983	University of Winnipeg
Ophthalmic Assistant Certificate 1989-1990	SAIT
Undergraduate courses 2004 - 2007	Athabasca University

Professional Memberships:

College and Association of Registered Nurses of Alberta (CARNA)
Canadian Nursing Association (CNA)
Alberta Gerontological Nurses Association (AGNA)
Canadian Gerontological Nurses Association (CGNA)
Canadian Dementia Research and Knowledge Exchange [CDRAKE]

Awards:

Graduate Student Scholarship from Minister of Advanced Education and Technology:
2009[\$3000.00] for "exceptional academic achievement"

Applications, Posters & Publications:

Leaker, H., Fox, L., Holroyd-Leduc, J. (2018) *'Impact of Geriatric Emergency Medicine Nurses on Patient Care in the Emergency Department'* Poster Presentation, Canadian Frailty Network National Conference

Leaker, H., Fox, L., Holroyd-Leduc, J. (2020) *'The Impact of Geriatric Emergency Management Nurses on the Care of Frail Older Patients in the Emergency Department: a Systematic Review'*. Canadian Geriatric Journal. Volume 23(Issue 3): 230-236

Goodarzi, Z. et. Al. (2021) *'Virtual Interventions for Depression in Community-Dwelling Older Adults: A Systematic Review'* Journal of American Geriatrics JAGS-0506-BR-Mar-21

Co-Applicant CIHR grant application:

- Improving Cognitive Function in Persons Living with Dementia 2018 – unsuccessful
- Improving Cognitive Function in Persons Living with Dementia 2019 – unsuccessful
- CIHR Operating Grant: RESILIENCE (RESponsive Inquiry Linking IntervENTions and Caregiving Experiences Fall 2020 – successful; received \$100,000.00 support through a priority announcement for early –Career researchers (ECRs).
- CIHR Operating Grant: RESILIENCE (RESponsive Inquiry Linking IntervENTions and --Caregiving Experiences April 2021: Further funding application to complete initial systematic review and NMA - pending
- CIHR Operating Grant: DIRE: Depression In Community Residing Elders May 2020 - successful
- CIHR developing and piloting (feasibility testing) a frailty EoL care pathway 2020 Successful Candidate: Alberta Health Services: Research Challenge *'Use of in situ Simulation for Developing Acute Care Nurses' Communication Skills and Self-Confidence in Working with Persons Living With Dementia'*
- Canadian Foundation for Healthcare Improvement / Canadian Patient Safety Institute in conjunction with the CIHR, Centre for Aging and Brain Health Innovation, Saskatchewan Health Research Foundation and New Brunswick Health Research Foundation Grant: Development and Implementation of a Clinical Care Pathway for Frail Older Adults in Long-Term Care. Successful; \$150,000.00 2021(Principle Knowledge User).

Educational Activities & Certificates:

1988 - Ophthalmic Assistant Certificate from Southern Alberta Institute of Technology

2005 - Dealing with high Conflict Individuals and Families

- Home Care Ethics Introduction to principles & clinical application
- Change & Transition
- Physical Assessment of the Older Adult

2006 - Building effective working relationships

- Community Care Information system (PARIS)
- Resident Assessment Instrument for Home Care (RAI-HC): Super User
- Skin at Risk
- Chronic Pain Management
- Personal Directives
- Diabetes Workshop

2009 - CNA Certification for Gerontology

2010 - Learning Essential Approaches to Palliative (LEAP) and End of Life Care

2011 - Communities of Practice Facilitator

2012 - Cultural Diversity Workshop

- Situational Leadership Workshop

2014 - University of Tasmania Dementia MOOC

- Knowledge Translation Network (KTN) Workshop

2016 – Positive Approach to Care (PAC) Trainer certification

Project Involvement:

2006 - CCSP Mobile Pilot

- Focus Group for Home Care 5 year strategic plan

2006-2010 - CCSP Mobile Super User

2010 - Pilot Group for Validation of Nursing Care plan

2011 - 2012 - Hospital Elder Life Program (HELP)

2012 - 2013 - South Health Campus Elder Friendly Care Initiative

2013 - 2014 - Pilot Early Onset Dementia Adult Day Program

2013 - 2014 - Pilot Home Care Dementia Care Team

2013 - 2016 - Calgary Zone Elder Friendly Care Collaborative

2017 – 2018 – Collaborating with Dr. Jayna Holroyd-Leduc on App for Caregivers for persons living with dementia.

2018 – Collaborated with the Seniors Strategic Clinical Network re: improving Elder Friendly Care in Acute Care project.

2019 – present - AHS Research Challenge project 'Use of in situ Simulation for Developing Acute Care Nurses' Communication Skills and Self-Confidence in Working with Persons Living With Dementia'

Educational Leadership:

Local

Internal to AHS:

1990 - Present - Preceptor for new employees, undergraduate and graduate nursing students

2005 - Fox L, Urie K, Uppal R. Presentation to Community 'Overview of Home Care'

2005 - 2007 - Community Advisor and liaison for Family Medicine Residency program

2006 - Peer supervisor and educator for the PARIS system data entry

2008 - Presented senior focused case study to RNs, LPNs, NAs @ FMC (NICHE)

2010 - 2012: Presented NICHE 2 day curriculum (6 sessions).

- Presented Delirium / Dementia day education (6 sessions annually)
- Presented Normal Aging Changes education (4 sessions annually)
- Presented Confusion Assessment Method (8 sessions annually)

2012 - Presented Tele-health Session on the 'Confusion Assessment Method' (posted on InSite)

2012- 2020: Ongoing participation in the development of the "Enhancing Elder Friendly Care in AHS Calgary Zone": Pilot initiative fall 2012

2013-2014:

- Developed and delivered 'Normal Aging Changes' education day to Integrated Home Care in the Calgary Zone (7 full day sessions)
- Developed and delivered 'Dementia' to Integrated Home Care in the Calgary Zone (4 half day sessions)

2015 - Presented at Shades of Grey Deerfoot Inn and Casino Calgary, AB

- Medical Update Day: Rockyview General Hospital Calgary, AB
- 2016 - Zone Tele health recorded session on 'Behaviour Mapping Practice Support'
 - Tele health session for Seniors Interdisciplinary rounds
 - FMC Site champion for behavior mapping practice support
 - Volunteer at Continuing Care & Community Living Expo 2016
 - Invited speaker Southern Alberta Forensic Psychiatry Centre
 - Invited speaker for Mount Royal University 2nd year nursing students.
- 2017 - Education re: delirium / dementia to inpatient units [medical / surgical / ED / Cardiac Sciences / Allied Health]
 - Facilitated workshop to train Calgary Zone clinical nurse educators on Positive Approach to Communication when working with cognitively impaired individuals.
- 2018 - Support to train facilitators for positive approach to communication in the Calgary Zone.
- 2020 – Train Scripted Actors for simulation participation in the AHS Research Challenge.

External to AHS:

- 2008 - Master of Ceremonies for the University of Calgary's award of \$1.1 million dollars for the Brenda Stafford Centre for Excellence in Gerontological Nursing
- 2009 - Guest speaker for University of Calgary first year undergraduate nursing students 'Person Centered care / Delirium & Dementia'
- 2010 - Preceptor for University of Calgary Graduate Student Practicum
- 2010 - 2017 - Annual Presentation on 'Dementia' to AGNA Study group participants for CNA certification in Gerontology
- 2011 - Guest speaker for Mount Royal University on a Gerontological Nursing Panel
 - Provided shadow day experience for Mount Royal University 3rd year student nurse
- 2011 - 2012 Presented to University of Calgary undergraduate nursing students: 'Homecare & Transitions' N 509 (2 sessions)
- 2012 - Preceptor for University of Graduate Student N691
 - Guest speaker for University of Calgary undergraduate nursing students:

- 'Alternatives to Restraint Use' – Theory and Lab skills classes
- Guest speaker for University of Calgary undergraduate nursing students: 'Cognitive Assessment Lab'
- Provided shadow day experience for Mount Royal University 1st year student nurse
- Provided shadow day experience for Mount Royal University 3rd year student nurse
- Met with University of Calgary Assistant Dean of Nursing and Faculty member to discuss participation in the development and delivery of a new Gerontology elective
- Provided interview for two University of Calgary graduate students for course Work completion
- Guest speaker for Bow Valley College Nursing Assistants 'Dementia Basics'

- 2013 - Guest speaker for University of Calgary Graduate Students final class in Leadership
- Guest speaker for Mount Royal University - Gerontology Panel
 - Guest speaker for Bow River College Nursing Assistants - 'Dementia Basics'.
 - Guest speaker for MTG Health Academy Nursing Assistants – 'Dementia Basics'
 - Guest speaker for University of Calgary for undergraduate nursing students: 'Cognition'
 - Guest speaker for University of Calgary undergraduate nursing students: 'Gerontology'
 - Developed and delivered 'Dementia Basics' to for Victoria Order of Nurses Early Onset Dementia Adult Day Program Employees (2- 6 hour sessions)

- 2014 - Developed and delivered 'See the Person Not the Problem – Dementia Basics Workshop' (11 sessions)
- 'Train the Trainer Workshop for 'See the Person Not the Problem' to internal and External Stakeholders (3 sessions)
 - Guest speaker for University of Calgary undergraduate student nurses 'Older Adult' Course (503.46) 'See the Person Overview' (2 sessions)

- 2015 – Clinical Appointment 'Adjunct Clinical Associate' University of Calgary:
June 30, 2015 – present
- Invited panel guest Mount Royal University
 - Invited speaker Mount Royal University Geriatric Information Evening

- 2016 - Invited speaker for Alberta Therapeutic Recreation Association (ATRA)
- Invited speaker for AgeCare Seton Assisted Living & Long Term Care Facility
 - Invited speaker for Calgary Alzheimer Society Lunch & Learn
 - Invited participant for University of Calgary School of Medicine Resident half day.

- Guest lecturer at University of Calgary Faculty of Nursing 4th year nursing students.
- Invited speaker at the Kerby Centre Expo
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- 2017 - Invited speaker for Kobuki Society
- Invited speaker for University of Calgary School of Medicine Geriatric Resident academic half day
- Invited speaker for Alberta Gerontological Nurses Association Conference
- Invited speaker for University of Calgary Faculty of Nursing 4th year students.
- Invited speaker for Shades of Grey 24th Conference
- 1:1 Mentorship with family doctor regarding Positive Approach to Communication with cognitively impaired persons.
- Dementia DOME to Calgary Glencoe Club 12 week course
- Dementia DOME to Calgary Alzheimer Association
- 2018:
- Dementia DOME to Calgary Alzheimer Association
- Invited speaker for University of Calgary School of Medicine Geriatric Resident academic half day
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- 2019:
- Dementia DOME to Calgary Alzheimer Association
- Invited speaker for University of Calgary School of Medicine Geriatric Resident academic half day
- 2020:
- Invited Speaker for University of Calgary Faculty of Nursing Undergraduate Program
- Invited speaker for University of Calgary School of Medicine Geriatric Resident academic half day
- 2021:
- Invited Speaker for University of Calgary Faculty of Nursing Stackable Master Program
- Invited Speaker for University of Calgary Students Interested in Medical Sciences Club Medical Professionals Night

Provincial:

Internal to AHS:

2012 - Presented Tele-health Session on the 'Confusion Assessment Method'
(Posted on InSite)

2017 - Facilitated 'Train the Trainer' workshop for Edmonton Zone (training clinical nurse educators and clinical leads on Positive Approach to Communication when working with cognitively impaired individuals).

2018 – Supported training session for ‘Train the Trainer’ workshop for Edmonton Zone clinical nurse educator and practice lead.

External to AHS:

2014 – Presented two breakout sessions at Geriatric Update Conference Calgary, AB

2015 – Presented two workshops at the Geriatric Update Conference Calgary, AB

2016 - Invited speaker for the Calgary Therapeutics Course

2017 – Invited participant for Inter-disciplinary Rounds, U of A - Occupational Therapy Students

2018 – Presented three workshops at the Geriatric Update Conference Calgary, AB

2019 – Invited participant for Inter-disciplinary Rounds, U of A / Mount Royal University – Occupational Therapy students and Undergraduate Nursing Students.

National:

External to AHS:

2009 - Presented at the Canadian Gerontological Nursing Association Annual Conference.

2012 - Taped Tele-health Session on the ‘Confusion Assessment Method’
(Posted on the Bone and Joint Canada Website)

2015 - Presented 2 day workshop for Revera Home Health National Conference
Niagara Falls,
ON

2019 – Presentation at the Canadian Gerontological Nursing Association Annual Conference

1. Dementia DOME
2. Tailored Community Program for People Living with Dementia and their Family Caregivers

2020 - Invited speaker for Canadian Geriatrics Society Conference

- Invited speaker for Residents Day at the Canadian Geriatrics Society Conference
- Blue Water Health Geriatrician Amanda Giffen requested review of the BPSD order set

2021: - Invited speaker for the Canadian Geriatrics Society Conference Resident’s Day

Clinical Experience:

Misericordia General Hospital 1984-1985 Winnipeg, Manitoba

Seven Oakes General Hospital 1986-1987 Winnipeg, Manitoba

Dr. Vernon Fanning Centre	1987-1988	Calgary, Alberta
Alberta Health Services	1987 to present	Calgary, Alberta
-Rockyview Hospital	1987-1988	Cardiac step down unit
-Foothills Hospital	1988-1989	EENT surgery
	1989-2004	Burns & Plastics
-Care in the Community	2004 - 2010	Community care coordinator
-Foothills Hospital	2010 – 2012	Clinical Nurse Specialist – Seniors Health
-Integrated Home Care	2012- 2014	Clinical Nurse Specialist: Dementia Care Team
-Foothills Hospital	2014 – 2020	Clinical Nurse Specialist: Specialized Geriatric Services
-ISFL	2020-Present	Clinical Nurse Specialist Integrated Supportive and Long Term Care

Committee Work/ Memberships:

2009-2013: Chair for the Alberta Gerontological Nurses Association (AGNA) Calgary Chapter

2009-Present: Alberta Gerontological Nurses Association Member

2010-2011: Conference Planning Committee for AGNA annual conference

2011- 2012: Hospital Elder Life Program committee
-FMC ED Patient Care Committee

2011- 2013: Clin-Doc: alternate member
- Older Adult Working Group member
- Community of Research Exchange [C.O.R.E.] member

2011- 2015: Seniors Health Education Committee: Co-Chair 2014

2011 2015: CNS Community of Practice - Facilitator/ Co-Chair

2011 – 2019: Capacity Mentoring Committee (acute)
2011 – 2020: Calgary Zone Older Adult Working Group

2011- Present:
- Canadian Dementia Research and Knowledge Exchange [CDRAKE] member

- National Initiative for the Care of the Elderly [NICE] member

2012- 2014: Dementia Care Team Dementia Practice Guideline Working Group

2013- 2014: Workplace Violence Committee Consultant

2013 – 2015: Appropriate Use of Antipsychotics Toolkit creation working group

2013 – 2019: Elder Friendly Care Advisory Calgary Zone member

2013-Present: - Behavioral Support Alberta Advisory member

2014-2015: - Acute Care and Crisis Management Working Group
- CNS Job Description Working Group
- Capacity and Advanced Care Planning Committee

2014 - 2019: Elder Friendly Care Advisory FMC Site member (Co-Chair)

2015-2016: Inpatient Care Giver Support Group D.I.N.E.R. (Dementia Information, Networking, Education and Resources)

2015 – 2018: University of Calgary Undergraduate Planning Committee
- Behaviour Mapping Practice Support guideline: Committee Chair

2016 – 2017: University of Calgary Ad Hoc Strategic Planning Committee

2019: University of Calgary Faculty of Nursing Community of Scholarship, Teaching, Learning and Technology.

2019 – Present:

- Seniors, Palliative and Continuing Care (SPCC) Policy and Practice Committee
- Calgary Zone Patient and Family Centered Care
- Prevention of Harassment and violence Program Clinical Safety Practices Work Group (Provincial)
- Behaviour Mapping Work Group (Provincial)

Conference Attendance:

2009 - Canadian Gerontological Nurses Association in Banff, AB

2010 - Alberta Gerontological Nurses Association in Red Deer, AB

2011 - Alberta Gerontological Nurses Association in Red Deer, AB

- National Initiative for the Care of the Elderly (NICE) Knowledge Translation – Toronto, Ontario

- Shades of Grey Calgary, AB

- 2012 - Alberta Gerontological Nurses Association Calgary, AB
- 2013 - APN Leadership Conference Calgary, AB
- 2014 - APN Leadership Conference Calgary, AB
- 2015 - APN Leadership Conference Calgary, AB
 - AD PD 2015, 12th International Conference on Alzheimer's and Parkinson's Diseases Nice, France
 - Calgary Hospital Medicine Conference Calgary, AB
- 2016– Promoting Healthy Brain Aging and Preventing Dementia Banff, AB
- 2017 – Alberta Gerontological Nursing Association, Red Deer AB
 - Shades of Grey Calgary AB
- 2018 – Shades of Grey Calgary AB
 - Promoting Healthy Brain Aging and Preventing Dementia Banff, AB
- 2019 – Canadian Gerontological Nurses Association Calgary AB
- 2020 – Canadian Geriatric Society – plan for virtual meeting

Community Work:

- 2016 – Volunteer for the Continuing Care & Community Living Expo 2016
- 2017 – Speaker at Kobuku Society