



**Kara Sealock, MEd, RN**  
Senior Instructor

**FACULTY OF NURSING**  
Web Curriculum Vitae  
(5 year summary)

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### Education

2019	EdD	University of Calgary, AB
2012	MEd	University of Calgary, AB
2000	BN	University of Calgary, AB

### Licensure and Certification

Current	Registered Nurse	College and Association of Registered Nurses of Alberta
2017	Certified Canadian Nurse Educator	Canadian Association Schools of Nursing
2010-present	Certified Nurse in Critical Care Canada	Canadian Nurses Association
2003	Advanced Studies in Critical Care Nursing, Level 1	Mount Royal College

### Academic Appointments

2020-present	Senior Instructor (Tenured)	University of Calgary, Faculty of Nursing, Calgary, AB
2015-2020	Instructor (Tenure Track)	University of Calgary, Faculty of Nursing, Calgary, AB
2011-2015	Nursing Instructor	University of Calgary, Faculty of Nursing, Calgary, AB

### Non-Academic Appointments

2013-2014	Registered Nurse	Alberta Health Services, Foothills Medical Center, Unit 36, Calgary, AB
2011-present	Educator/Facilitator for NCLEX Preparation Workshops	PRIMED Educational Associates through Nurse Consultants Inc.
2000-2013	Registered Nurse	Alberta Health Services, Rockyview General Hospital, ICU/CCU, Calgary, AB

### Awards and Distinctions

2019-2020	Teaching Excellence Award (Nominated)	University of Calgary, Student's Union
2019	Pursuit of Excellence Award-	University of Calgary, Faculty of Nursing

## Committee's Choice

2018	50 Faces of UCalgary Nursing	University of Calgary, Faculty of Nursing
2015-2016	Teaching Excellence Award	University of Calgary, Student's Union
2014-2015	Teaching Excellence Award (Nominated)	University of Calgary, Student's Union

**Research Funding**

2017-2019	<i>Understanding empathic engagement of a fourth-year nursing student through narrative inquiry.</i> PI: <b>Sealock, K.</b> University of Calgary	Unfunded
2017-2018	<i>A Study on the Use of Coaching Interventions with a Nursing Student living with ADHD During a Clinical Practice Course.</i> PI: <b>Sealock, K.</b> University of Calgary	Unfunded
2016-2018	<i>Student Voices: Learning from Experiences of Students Writing NCLEX-RN to Inform Nursing Pedagogy at the University of Calgary and Beyond.</i> PI: <b>Sealock, K.</b> University of Calgary - Taylor Institute Teaching and Learning Grant	\$7,870

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**Presentations, Refereed**

1. **Sealock, K.** (May, 2021). Utilizing Position Papers to Articulate and Defend Arguments in a Fourth-Year Nursing Course. To be presented at Canadian Association Schools of Nursing Virtual Nursing Education Conference.
2. **Sealock, K.** (February, 2019). *Empathic engagement: What can be learned from relational liminal spaces.* Presented at Western-North Region Canadian Association of Schools of Nursing Conference, Edmonton, Canada.
3. **Sealock, K.** (January, 2019). *Navigating NCLEX: Planning, preparing, and executing for success.* Presented at Canadian Nursing Students Association Conference, Calgary, Canada.
4. **Sealock, K.** (May, 2018). *Understanding empathic engagement: The space between.* Presented at Canadian Association Schools of Nursing, Canadian Nursing Education Conference, Montreal, Canada.
5. **Sealock, K.** (February, 2018). *Student voices: Learning from experiences of students writing NCLEX-RN to inform nursing pedagogy at the University of Calgary and beyond.* Presented at Western-North Region Canadian Association of Schools of Nursing Conference, Calgary, Canada.
6. **Sealock, K.** (2016, November). *Honoring the uncomfortable: Transforming through contemplative practice.* Presented at the Calgary Humanities in Healthcare Symposium Conference, Calgary, Canada.
7. **Sealock, K.** (2016, November). *Utilizing the in-between to create empathic engagement.* Presented at the Calgary Humanities in Healthcare Symposium Conference, Calgary, Canada.
8. **Sealock, K., & Holmes, K.** (February, 2015) *Storytelling as a portal to deeper wisdom in the curricular studies of teaching and nursing.* Presented at The Biennial Provoking Curriculum Studies

Conference, Vancouver, Canada

### **Publications, Peer-Reviewed Journal Articles**

1. Holmes, K., & Sealock, K. (2019). Storytelling as a portal to deeper wisdom in the curriculum studies of education and nursing. *Qualitative Research Journal*, 19(2), 93-103. doi:10.1188/QRJ-D-18-00023
2. Davidson, K. M., Rourke, L., **Sealock, K. L.**, & Mak, W. Y. (2017). Coaching nursing students with attention deficit hyperactivity disorder in clinical settings: A case study. *Journal of Nursing Education and Practice*, 8(4), 10. doi:10.5430/jnep.v8n4p10
3. O'Rae, A., Langille, J., Li, A., **Sealock, K.**, & Rutherford, G. (2016). The evolving role of a clinical instructor in an integrated undergraduate nursing curriculum. *Journal of Nursing Education and Practice*, 7(4), 87. doi:10.5430/jnep.v7n4p87

### **Book and Book Chapters**

1. **Sealock, K.**, Seneviratne, C., & Swart, B. (2020). *Lilley's Pharmacology for Canadian health care practice*. (4th Canadian Edition). Toronto, ON: Mosby.
2. **Sealock, K.** (2021). Hypertension In M.A. Barry, J. Lok, & J. Tyerman. (Eds.), *Medical-surgical nursing in Canada: Assessment and management of clinical problems*. (5th Canadian ed.). Toronto, ON: Elsevier Mosby. (In Editing Phase)
3. **Sealock, K.** (2016). Hypertension In M. Barry, S. Goldsworthy, & D. Goodridge, (Eds.), *Medical-surgical nursing in Canada: Assessment and management of clinical problems*. (4th Canadian ed.). Toronto, ON: Elsevier Mosby.