

Education

2002	PhD	University of Alberta, Edmonton, AB
1992	MN	University of Calgary, AB
1986	BSN	University of Alberta, Edmonton, AB
1980	RN Diploma	Mount Royal College, Calgary, AB

Licensure and Certification

Current	Registered Nurse	College and Association of Registered Nurses of Alberta
2004	Hospice Palliative Care Nursing	Canadian Nurses Association

Academic Appointments

2009-present	Associate Dean, Graduate Programs	University of Calgary, Faculty of Nursing, Calgary, AB
2008-present	Associate Professor	University of Calgary, Faculty of Nursing, Calgary, AB
1994-2007	Assistant Professor	University of Calgary, Faculty of Nursing, Calgary, AB

Awards and Distinctions

2015	Leadership Award (Educator)	Alberta Nursing Education Administration
------	-----------------------------	--

Research Funding

2018-2020	<i>Conceptualizing and Operationalizing Compassion in Paediatric Oncology: The development of a Patient, Family Member and Health Care Provider Informed Theoretical Model</i> PI: Sinclair, S., CO-Is: Schilte, F., Raffin Bouchal, S , Kuhn, S., Gulchier, G., Letourneau, N., Rapoport, A., Chung, J., Fernandez, C. C-17 Round 21 Operating Fund	\$108,217
2018-2020	<i>Development of a Pediatric Model of Compassion</i>	\$50,000

	PI: Sinclair, CO-Is: Schilte, F., Raffin Bouchal, S , Letourneau, N., Kuhn, S., Gulchier, G.	
2016-2020	Faculty of Nursing Bridge Funding Competition Operating Fund <i>Development and Validation of a Patient-reported Measure of Compassionate Care.</i>	\$638,356
	PI: Sinclair, S.; Co-PI: Hack, T.; Co-Is: Barwich, D., Baxter, S., Chochinov, H., Cory, S., Dudgeon, D., Embleton, L., Forbes, H., Garland, E., Hagen, N., Harlos, M., Heyland, D., Krawczyk, M., Lechelt, L., Leget, C., McClement, S., Puchalski, C., Quail, P., Raffin Bouchal, S. , Russell, L., Selman, L., Singh, P., Sinnarajah, A., Stajduhar, K., Thompson, G.	
2015-2017	Canadian Institutes of Health Research - Project Grant <i>Healthcare Providers Understandings and Experiences of Compassion: Improving the Delivery of Healthcare Services to Alberta from the Inside-Out.</i>	\$98,000
	PI: Sinclair, S.; Co-Is: Chochinov, H., Cupchik, J., Hack, T., Hagen, N., McClement, S., Raffin Bouchal, S. , Sinnarajah, A., Stajduhar, K.	
2014-2016	MSI Foundation <i>Deep Brain Stimulation: a Quality of Life Post Intervention for Individuals with Intractable Depression: a Qualitative Study.</i>	\$88,410
	PI: Raffin Bouchal, S. ; Co-Is: Green, T., Ramasubba, R. Canadian Institutes of Health Research - Open Operating Grant	

Presentations, Refereed

1. Vandale, J., Gray, R., **Raffin Bouchal, S.**, Biondo, P., Thiessen, M., Angevine, P., Woytkiw, T., Tan, A., & Sinnarajah, A. (2018, May). *Palliative Care Early and Systematic (PACES). Assessing patient and caregiver preferences for early palliative care delivery in rural Alberta.* Poster presented at the 18th Annual Mary O'Connor Palliative and Hospice Care Conference, Calgary, Canada.
2. Leteta, B., & **Raffin Bouchal, S.** (2018, May). *Evaluating a grief workshop through the eyes of health care professionals.* Poster presented at the 18th Annual Mary O'Connor Palliative and Hospice Care Conference, Calgary, Canada.
3. Sinclair, S., Hack, T., **Raffin Bouchal, S.**, McClement, S., & Stajduhar, K. (2018, May). *Compassion without borders: Palliative care providers perspectives on challenges and facilitators to compassion.* Paper presented at the 10th World Research Congress of the EAPC, Bern, Switzerland.
4. Smith-MacDonald, L., **Raffin Bouchal, S.**, Reay, G., Ewashen, C., Konnert, C., & Sinclair, S. (2018). *Veterans Perspectives on Operational Stress Injuries: Personal and Environmental Influences.* Canadian Institute for Military & Veteran Health Research (CIMVHR) Forum Regina SK.
5. Sinclair, S., Singh, P., **Raffin Bouchal, S.**, McClement, S., Hack, T., Hagen, N., Chochinov, H. *Snakes and Ladders: Facilitators and Challenges to Providing Compassion.* Canadian Association of Psychosocial Oncology, May 31, 2018.

6. Sinclair, S., **Raffin-Bouchal, S.**, Kondejewski, J., King-Shier, K., Venturato, L., Singh, P., Smith-Macdonald, L. (2017, May). *Fact or fiction: The findings of two comprehensive and critical meta-narrative reviews of self-compassion and compassion fatigue*. Paper presented at the European Association of Palliative Care Conference, Madrid, Spain.
7. Sinclair, S., Hack, T. F., McClement, S., **Raffin-Bouchal, S.**, Hagen, N., Sinnarajah, A., Stajduhar, K., & Singh, P. (2017, May). *Compassion is a two-way street: The development of a healthcare provider model of compassion*. Poster presented at the European Association of Palliative Care Conference, Madrid, Spain.
8. Sinclair, S., **Raffin-Bouchal, S.**, Kondejewski, J., King-Shier, K., Venturato, L., Singh, P., Smith-Macdonald, L. (2017, May). *A synthesis and critical appraisal of compassion fatigue and self-compassion; the findings of two meta-narrative reviews*. Paper presented at the Canadian Association of Psychosocial Oncology National Conference, Vancouver, Canada.
9. Sinclair, S., Hack, T. F., McClement, S., **Raffin-Bouchal, S.**, Hagen, N., Sinnarajah, A., Stajduhar, K., & Singh, P. (2017, May). *An inside job: Healthcare providers perspectives on the provision of compassionate care to cancer patients at the end of life*. Paper presented at the Canadian Association of Psychosocial Oncology National Conference, Vancouver, Canada.
10. Sinclair, S., Beamer, K., Hack, T., McClement, S., **Raffin-Bouchal, S.**, Chochinov, H., & Hagen, N. (2016, October). *Peeling the onion: Patients' perspectives and experiences of the similarities and differences of sympathy, empathy, and compassion*. Poster presented at the 21st International Congress on Palliative Care, Montreal, Canada.
11. Sinclair, S., Hack, T., McClement, S., & **Raffin-Bouchal, S.** (2016, October). *Compassionate care: Bridging the gap between theory and practice*. Paper presented at the 21st International Congress on Palliative Care. Montreal, Canada.
12. Sinclair, S., Booker, R., Fung, T., Enns, B., Ager, N., McConnell, S., Beamer, K., & **Raffin Bouchal, S.** (2016, April). *The impact, importance and practice issues associated with addressing spiritual issues in an outpatient bone marrow therapy clinic: A mixed methods study*. Paper presented at the Canadian Association of Spiritual Care Conference, Vancouver, Canada.
13. Sinclair, S., McClement, S., **Raffin-Bouchal S.**, Hack T. H., Hagen N. A., & Chochinov, H. M. (2016, May). *Cultivating compassion: What do patients say about training healthcare providers?* Paper presented at the Canadian Association for Psychosocial Oncology Conference, Halifax, Canada.
14. Sinclair, S., McClement, S., **Raffin-Bouchal, S.**, Hack, T. H., Hagen, N. A., & Chochinov, H. M. (2016, May). *Codifying compassion in cancer care*. Paper presented at the Canadian Association for Psychosocial Oncology Conference, Halifax, Canada.
15. Smith-MacDonald, L. A., Sinclair, S., & **Raffin-Bouchal, S.** (2016, April). *Soul wounds: Understanding the care of veterans*. Paper presented at the Canadian Association of Spiritual Care Conference, Vancouver, Canada.
16. McConnell, S., **Raffin Bouchal, S.**, Moules, N., & Rallison, L. (2015, June). *It is not just part of the job: Nurses suffering and the role of nurse leaders in addressing the need for support*. Paper presented at the International Council of Nurses Conference, Seoul, South Korea.
17. Sinclair, S., Chochinov, H.M., Hack, T., Hagen, N., McClement, S.E., **Raffin-Bouchal, S.**, & Stajduhar, K. (2015, May). *Obtaining funding for research in existential issues: An example of a program of research on compassion in Canada*. Invited paper presented at the 14th World Congress of the European Association for Palliative Care. Copenhagen, Denmark.

18. McConnell, S., **Raffin Bouchal, S.**, Moules, N., & Rallison, L. (2014, November). *Walking alongside children with progressive life shortening illnesses-experience of pediatric acute care nurses: A literature review*. Poster presented at the 2nd International Congress on Pediatric Palliative Care-A Global Gathering, Rome, Italy.
19. Sinclair, S., **Raffin Bouchal, S.**, Chochinov, H., McClement, S., Hack, T., & Hagen, N. (2014, September). *Compassion: Patients understandings and experiences of compassion at the end of life*. Paper presented at the 20th International Congress on Palliative Care, Montreal, Canada.
20. McConnell, S., **Raffin Bouchal, S.**, Moules, N., & Rallison, L. (2014, September). *Walking alongside children with progressive life shortening illnesses-experience of pediatric acute care nurses*: Poster presented at the 20th International Congress on Palliative Care, Montreal, Canada.
21. Sinclair, S., Chochinov, H., Hack, T., Hagen, N., McClement, S., & **Raffin Bouchal, S.** (2014, June). *Compassion: Understandings from the literature and the bedside*. Poster presented at the 8th Annual Research Congress of the European Association of Palliative Care, Lleida, Spain.
22. Sinclair, S., Hack, T., McClement, S., **Raffin Bouchal, S.**, Chochinov, H., & Hagen, N. (2014, April). *Advanced cancer patients understandings and experiences of compassion*. Paper presented at the Canadian Association for Psychosocial Oncology Conference, Winnipeg, Canada.

Publications, Peer-Reviewed Journal Articles

1. Booker, R., Walker, L., **Raffin Bouchal, S.** (2019). Sexuality after hematopoietic stem cell transplantation: A mixed methods study. *European Journal of Oncology Nursing*, 39, 10-20.
2. Rasmussen, K., **Raffin Bouchal, S.**, Redlich, M., Simon, J. (2018). Duty to defend: Patient and family experiences of advance care planning conversations held prior to intensive care unit admission. *Canadian Journal of Critical Care Nursing*, 29(3), 19-25.
3. Sinclair, S., Jaggi, P., Hack, T.F., McClement, S., **Raffin Bouchal, S.**, Singh, P. (2018). Assessing the Credibility and Transferability of the Patient Compassion Model in Non-Cancer Palliative Populations. *BMC Palliative Care*, 17(108) 1-10.
4. Shaw, M., Hewson, J., Hogan, D. B., **Raffin Bouchal, S.**, & Simon, J. (2018). Characterizing readiness for advance care planning from the perspective of residents, families, and clinicians: An interpretive descriptive study in supportive living. *Gerontologist*, 58(4), 739-748. doi:10.1093/geront/gnx006.
5. Singh, P., **Raffin-Bouchal, S.**, McClement, S., Hack, T. F., Stajduhar, K., Hagen, N. A., . . . Sinclair, S. (2018). Healthcare providers' perspectives on perceived barriers and facilitators of compassion: Results from a grounded theory study. *Journal of Clinical Nursing*, 27(9-10), 2083-2097. doi:10.1111/jocn.14357
6. Sinclair, S., Singh, P., **Raffin Bouchal, S.**, McClement, S., Hack, T. F., Stajduhar, K., & Hagen, N. (2018). Compassion without borders: Palliative care providers perspectives on challenges and facilitators to compassion. *Palliative Medicine*, 32(48).
7. Booker, R., Simon, J., Biondo, P., & **Raffin Bouchal, S.** (2018). Perspectives on advance care planning in haematopoietic stem cell transplantation: A qualitative study. *International Journal of Palliative Nursing*, 24(3), 132-144. doi:10.12968/ijpn.2018.24.3.132
8. Sinclair, S., Hack, T. F., **Raffin-Bouchal, S.**, McClement, S., Stajduhar, K., Singh, P., . . . Chochinov, H. M. (2018). What are healthcare providers' understandings and experiences of compassion? The

- healthcare compassion model: A grounded theory study of healthcare providers in Canada. *BMJ Open*, 8(3), e019701. doi:10.1136/bmjopen-2017-019701
9. Ginn, C. S., Benzies, K. M., Keown, L. A., **Raffin Bouchal, S.**, & Thurston, W. E. B. (2018). Stepping stones to resiliency following a community-based two-generation Canadian preschool programme. *Health Soc Care Community*, 26(3), 364-373. doi:10.1111/hsc.12522
 10. Rosario, M. K., Premji, S. S., Nyanza, E. C., **Raffin Bouchal, S.**, & Este, D. (2017). A qualitative study of pregnancy-related anxiety among women in Tanzania. *BMJ Open*, 7(8), e016072. doi:10.1136/bmjopen-2017-016072
 11. Sinclair, S., Beamer, K., Hack, T. F., McClement, S., **Raffin Bouchal, S.**, Chochinov, H. M., & Hagen, N. A. (2017). Sympathy, empathy, and compassion: A grounded theory study of palliative care patients' understandings, experiences, and preferences. *Palliative Medicine*, 31(5), 437-447. doi:10.1177/0269216316663499
 12. Hutchison, L. A., **Raffin-Bouchal, D. S.**, Syme, C. A., Biondo, P. D., & Simon, J. E. (2017). Readiness to participate in advance care planning: A qualitative study of renal failure patients, families and healthcare providers. *Chronic Illness*, 13(3), 171-187. doi:10.1177/1742395316675023
 13. Hwang, J. J., Donnelly, T. T., Ewashen, C., McKiel, E., **Raffin Bouchal, S.**, & Kinch, J. (2017). Sociocultural influences on Arab women's participation in breast cancer screening in Qatar. *Qualitative Health Research*, 27(5), 714-726. doi:10.1177/1049732315619373
 14. Sinclair, S., Kondejewski, J., **Raffin-Bouchal, S.**, King-Shier, K. M., & Singh, P. (2017). Can self-compassion promote healthcare provider well-being and compassionate care to others? Results of a systematic review. *Applied Psychology: Health and Well-Being*, 9(2), 168-206. doi:10.1111/aphw.12086
 15. Smith-MacDonald, L., Norris, J. M., **Raffin-Bouchal, S.**, & Sinclair, S. (2017). Spirituality and mental well-being in combat veterans: A systematic review. *Military Medicine*, 182(11), e1920-e1940. doi:10.7205/milmed-d-17-00099
 16. Sinclair, S., **Raffin-Bouchal, S.**, Venturato, L., Mijovic-Kondejewski, J., & Smith-MacDonald, L. (2017). Compassion fatigue: A meta-narrative review of the healthcare literature. *International Journal of Nursing Studies*, 69, 9-24. doi:10.1016/j.ijnurstu.2017.01.003
 17. Sinclair, S., Booker, R., Fung, T., **Raffin-Bouchal, S.**, Enns, B., Beamer, K., & Ager, N. (2016). Factors associated with post-traumatic growth, quality of life, and spiritual well-being in outpatients undergoing bone marrow transplantation: A pilot study. *Oncology Nursing Forum*, 43(6), 772-780. doi:10.1188/16.ONF.772-780
 18. Sinclair, S., Norris, J. M., McConnell, S. J., Chochinov, H. M., Hack, T. F., Hagen, N. A., . . . **Raffin Bouchal, S.** (2016). Compassion: A scoping review of the healthcare literature. *BMC Palliative Care*, 15, 6. doi:10.1186/s12904-016-0080-0
 19. Sinclair, S., McClement, S., **Raffin-Bouchal, S.**, Hack, T., Hagen, N., McConnell, S., & Chochinov, H. (2016). Compassion in health care: An empirical model. *Journal of Pain and Symptom Management*, 51(2), 193-203. doi:10.1016/j.jpainsymman.2015.10.009
 20. Sinclair, S., Torres, M. B., **Raffin-Bouchal, S.**, Hack, T. F., McClement, S., Hagen, N. A., & Chochinov, H. M. (2016). Compassion training in healthcare: What are patients' perspectives on training healthcare providers? *BMC Medical Education*, 16, 169. doi:10.1186/s12909-016-0695-0

21. Zjadewicz, K., White, D., **Raffin Bouchal, S.**, & Reilly, S. (2016). Middle managers' role in quality improvement project implementation, are we all on the same page?—a review of current literature. *Safety in Health, 2*(1), 8. doi:10.1186/s40886-016-0018-5
22. Reay, G., **Raffin Bouchal, S.**, & Rankin, J. A. (2016). Staying theoretically sensitive when conducting grounded theory research. *Nurse Researcher, 24*(1), 26-30. doi:10.7748/nr.2016.e1445
23. Sinclair, S., McConnell, S., **Raffin Bouchal, S.**, Ager, N., Booker, R., Enns, B., & Fung, T. (2015). Patient and healthcare perspectives on the importance and efficacy of addressing spiritual issues within an interdisciplinary bone marrow transplant clinic: A qualitative study. *BMJ Open, 5*(11), e009392. doi:10.1136/bmjopen-2015-009392
24. **Raffin Bouchal, S.**, Rallison, L. B., Moules, N. J., & Sinclair, S. (2015). Holding on and letting go: Families' experiences of anticipatory mourning in terminal cancer. *Omega: Journal of Death & Dying, 72*(1), 42-68. doi:10.1177/0030222815574700
25. Simon, J., Porterfield, P., **Raffin Bouchal, S. R.**, & Heyland, D. (2015). 'Not yet' and 'just ask': Barriers and facilitators to advance care planning—a qualitative descriptive study of the perspectives of seriously ill, older patients and their families. *BMJ Support Palliat Care, 5*(1), 54-62. doi:10.1136/bmjspcare-2013-000487
26. Green, T., Gandhi, S., Kleissen, T., Simon, J., **Raffin-Bouchal, S.**, & Ryckborst, K. (2014). Advance care planning in stroke: Influence of time on engagement in the process. *Patient Preference and Adherence, 8*, 119-126. doi:10.2147/ppa.s54822
27. Burnett, L. N., Carr, E. C. J., Tapp, D., **Raffin Bouchal, S.**, Horch, J. D., Biernaskie, J., & Gabriel, V. (2014). Patient experiences living with split thickness skin grafts. *Burns, 40*(6), 1097-1105. doi:10.1016/j.burns.2014.03.005
28. Mannion, C. A., **Raffin-Bouchal, S.**, & Henshaw, C. J. (2014). Navigating a strange and complex environment: Experiences of Sudanese refugee women using a new nutrition resource. *Int J Womens Health, 6*, 411-422. doi:10.2147/ijwh.s56256

Chapters

1. **Raffin Bouchal, S.**, & Moules, N. J. (2017). Loss, grieving and death. In B. Kozier, G. Erb, A. Burman, K. Burke, & L. Leeseberg Stamler (Eds.), *Fundamentals of nursing: The nature of nursing practice* (4th Canadian ed., pp. 1456-1483). Toronto, Canada: Pearson Education.

Published Conference Papers and Abstracts

1. Booker, R., Simon, J., & Raffin Bouchal, S. (2016). Patient, family member, and clinician perspectives on advance care planning (ACP) in hematology and hematopoietic stem cell transplantation (HSCT). *Journal of Clinical Oncology, 34*(26), 7-7. doi:10.1200/jco.2016.34.26_suppl.7
2. Sinclair, S., Hack, T.F., McClement, S., **Raffin-Bouchal, S.** (2016). Peeling the onion: Patients' perspectives and experiences of the similarities and differences of sympathy, empathy, and compassion. *Journal of Pain and Symptom Management, 52*(6): e147-e148. doi:10.1016/j.jpainsymman.2016.10.330
3. Sinclair, S., **Raffin-Bouchal, S.**, Booker, R., Fung, T., Enns, B., Ager, N., Beamer, K., & McConnell, S. (2016). Frequenting death's doorstep: A mixed method study on issues related to patients' spiritual

well-being and their healthcare providers' ability to address spiritual needs within a bone marrow therapy clinic. *Palliative Medicine*, 30(6): 208. doi:10.1177/0269216316646056

4. Sinclair, S., McClement, S., **Raffin-Bouchal, S.**, Hack, T., Hagen, N., McConnell, S., & Chochinov, H. (2016). The nuts and bolts of compassion: A patient-informed conceptual model of compassionate care at the end of life. *Palliative Medicine*, 30(6): 354. doi:10.1177/0269216316646056
5. Sinclair, S., Norris, J., McConnell, S., **Raffin-Bouchal, S.**, Chochinov, H., Hack, T., Hagen, N., & McClement, S. (2016). Digging in the dirt: Findings and lessons learned from a comprehensive scoping review of compassion within clinical care. *Palliative Medicine*, 30(6), 206-207. doi:10.1177/0269216316646056
6. Sinclair, S., Chochinov, H.M., Hack, T., Hagen, N., McClement, S.E., & **Raffin-Bouchal, S.** (2014). Compassion: Understandings from the literature and the bedside. *Palliative Medicine*, 28(6): 628-629. doi: 10.1177/0269216314532748